

South African Masters Swimming 37th LC Champs

9-12 March 2022 at the UWC pool Bellville WC

Results

Event 39 Women 50-54 50 LC Meter Time Trial D4C Back

WORLD record: 31.59 W 2019-07-06 Cindy MABEE CAN
 SAMS record: 35.54 S 2014-08-09 Annemarie Dressler (Mon) COEL-NT
 34.02 50-54 SAQT SAMS Colours 2021-22

Name	Age	Team	Finals Time
- Time Trial			
1 Engela, Norelle	50	Cape Town MSC-CPT-RSA	33.90 S SAQT
2 Bihl, Kate	52	Cape Town MSC-CPT-	37.46
5 Martin, Tracy	53	Waterborn SC - Masters-JHB-	41.64
6 Mallows, Bev	52	Cape Town MSC-CPT-	42.96
7 McBey, Alison	51	Synergy MSC-ETH-	43.27

Event 39 Women 55-59 50 LC Meter Time Trial D4C Back

WORLD record: 31.99 W 2018-08-02 Holly GREEN BLAIR USA
 SAMS record: 35.66 S 2013-03-15 Diane Coetzee (PE)
 36.24 55-59 SAQT SAMS Colours 2021-22

- Time Trial			
4 Fraatz, Barbara	56	Coelacanth MSC-TSH-	39.90
8 Southgate, Jennifer	55	Cape Town MSC-CPT-	43.75

Event 39 Women 65-69 50 LC Meter Time Trial D4C Back

WORLD record: 33.59 W 2018-08-02 Laura VAL USA
 SAMS record: 38.56 S 2020-03-14 Diane Coetzee (Grm) CPTW-CPT
 40.83 65-69 SAQT SAMS Colours 2021-22

- Time Trial			
3 Coetzee, Di	67	Cape Town MSC-CPT-	38.80 SAQT

Event 40 Men 50-54 50 LC Meter Time Trial D4C Back

WORLD record: 28.58 W 2018-07-14 Rick GOULD USA
 SAMS record: 29.70 S 2016-03-17 Harald Ruck (Dbn) COEL-NT
 30.44 50-54 SAQT SAMS Colours 2021-22

- Time Trial			
5 vd Westhuizen, Stefan	53	Synergy MSC-ETH-	35.71
6 du Plessis, Trevor	52	Synergy MSC-ETH-	35.86

Event 40 Men 55-59 50 LC Meter Time Trial D4C Back

WORLD record: 29.03 W 2016-08-20 Steve WOOD USA
 SAMS record: 29.90 S 2020-03-14 Harald Ruck (Grm) COEL-TSH
 31.46 55-59 SAQT SAMS Colours 2021-22

- Time Trial			
1 Ruck, Harald	57	Coelacanth MSC-TSH-	30.86 SAQT
2 McLeRoth, Greg	55	Cape Town MSC-CPT-	31.45 SAQT
4 Kruger, Harald	55	Cape Town MSC-CPT-	35.19

Event 40 Men 60-64 50 LC Meter Time Trial D4C Back

WORLD record: 30.59 W 2019-08-10 Jamie FOWLER USA
 SAMS record: 30.66 S 2016-03-17 Andre Steynberg (Dbn) WAHO-CG
 32.97 60-64 SAQT SAMS Colours 2021-22

- Time Trial			
8 Duncan, Ross	60	Wahoo MSC-JHB-	36.59

Event 40 Men 65-69 50 LC Meter Time Trial D4C Back

WORLD record: 30.95 W 2012-07-07 Hugh WILDER USA
 SAMS record: 34.48 S 2018-03-17 Tim Shead (Pta) CPTW-CPT
 35.08 65-69 SAQT SAMS Colours 2021-22

- Time Trial			
3 Steynberg, Andrè	66	Cape Town MSC-CPT-	31.92 S SAQT
7 Winfield, Mike	67	Cape Town MSC-CPT-	36.53

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Event 41 Women 25-29 50 LC Meter Time Trial D4C Back

WORLD record: 28.39 W 2018-08-02 Emi MORONUKI USA
 SAMS record: 31.31 S 2018-03-17 Lehesta Kemp (Pta) WATR-JHB
 31.37 25-29 SAQT SAMS Colours 2021-22

- Time Trial

1 Kupfer, Kristy 25 Wahoo MSC-JHB- 31.61
 4 Gillis, Nicole 27 Wahoo MSC-JHB- 35.63

Event 41 Women 35-39 50 LC Meter Time Trial D4C Back

WORLD record: 28.63 W 2016-08-18 Noriko INADA USA
 SAMS record: 31.58 S 2006-08-10 Marianne Kriel (San)
 32.56 35-39 SAQT SAMS Colours 2021-22

- Time Trial

2 Strydom, Cyndi 35 Wahoo MSC-JHB- 32.73
 5 Smith, Mariè 37 Cape Town MSC-CPT- 36.03
 7 Wolmarans, Lezandre 35 Cape Town MSC-CPT- 36.91

Event 41 Women 40-44 50 LC Meter Time Trial D4C Back

WORLD record: 29.62 W 2018-08-02 Noriko INADA USA
 SAMS record: 31.99 S 6-2004 Bev McCarney (Ric)
 33.08 40-44 SAQT SAMS Colours 2021-22

- Time Trial

8 King, Simone 42 Cape Town MSC-CPT- 37.68

Event 41 Women 45-49 50 LC Meter Time Trial D4C Back

WORLD record: 31.02 W 2016-08-18 Cindy MABEE CAN
 SAMS record: 33.42 S 2021-02-18 Perry-Ann Cadiz (Blv) CPTW-CPT
 33.53 45-49 SAQT SAMS Colours 2021-22

- Time Trial

3 Cadiz, Perry 46 Cape Town MSC-CPT-RSA 34.38
 6 Jacobs, Taryn-Leigh 46 Cape Town MSC-CPT- 36.69

Event 42 Men 18-24 50 LC Meter Time Trial D4C Back

WORLD record: 0.01 W 2000 Invalid FINA age group
 SAMS record: 29.34 S 3-1999 R. Speirs (EL)
 27.17 18-24 SAQT SAMS Colours 2021-22

- Time Trial

6 Dellieu, Pierre 24 Wahoo MSC-JHB- 31.11

Event 42 Men 25-29 50 LC Meter Time Trial D4C Back

WORLD record: 25.44 W 2016-04-03 Anton BUTYMOV RUS
 SAMS record: 26.90 S 2013-03-15 Chris King (Ric & PE)
 27.17 25-29 SAQT SAMS Colours 2021-22

- Time Trial

2 Opperman, Naudè 29 Cape Town MSC-CPT- 29.26
 7 Adamson, Hayden 29 Synergy MSC-ETH- 31.44

Event 42 Men 30-34 50 LC Meter Time Trial D4C Back

WORLD record: 25.97 W 2016-08-06 Darian TOWNSEND USA
 SAMS record: 29.51 S 2014-03-13 Schalk Malan (Blm)
 27.26 30-34 SAQT SAMS Colours 2021-22

- Time Trial

1 van Wyk, Jacques 30 Coelacanth MSC-TSH- 26.82 S SAQT

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WORLD record: 26.43 W 2017-08-20 Ryan PINI
SAMS record: 27.42 S 2013-03-15 Simon Thirsk (PE)
 28.15 35-39 SAQT SAMS Colours 2021-22

PNG

- Time Trial

3 Lalin, Luke 39 Cape Town MSC-CPT- 30.31

Event 42 Men 40-44 50 LC Meter Time Trial D4C Back

WORLD record: 27.13 W 2019-08-18 Nicholas NECKLES
SAMS record: 29.30 S 2020-03-14 Simon Thirsk (Grm)
 28.51 40-44 SAQT SAMS Colours 2021-22

BAR

WAHO-JHB

- Time Trial

4 Tyson, Matthew 41 Cape Town MSC-CPT- 30.59

Event 42 Men 45-49 50 LC Meter Time Trial D4C Back

WORLD record: 27.62 W 2021-06-06 Aleksandr SHILIN
SAMS record: 29.34 S 2019-03-22 Gregory Kahn (PE)
 29.70 45-49 SAQT SAMS Colours 2021-22

RUS

PEMA-NMA

- Time Trial

5 Allan, Marc 45 Synergy MSC-ETH- 30.97

8 Richards, Jay 45 Cape Town MSC-CPT- 31.77