

South African Masters Swimming 36th LC Champs
11-14 March 2020 at the Delville pool Germiston
Results

Event 19 Men 120-159 4x50 LC Meter Medley Relay

WORLD record: 1:42.30 W 2019-06-16 THE STAR -JPN
T FUKUI, T OSAKI, K FUKAYA, T ONO

SAMS record: 1:52.77 S 2013-03-16 Wahoo (PE)
S Thirsk, M Josephson, A Steynberg, J Erasmus

| Team | Relay | Seed Time | Finals Time | Points |
|---|-------------------------|--------------------------|----------------------------|--------|
| 1 Cape Town MSC-CPT | A | 1:58.00 | 1:59.08 | 20 |
| 1) Lalin, Luke M37 | 2) Joubert, Jacques M37 | 3) Winfield, Philip M26 | 4) Hodges, Graham M30 | |
| 29.82 | 1:01.91 (32.09) | 1:32.05 (30.14) | 1:59.08 (27.03) | |
| 2 Coelacanth MSC-TSH | B | 2:04.00 | 2:00.81 | 18 |
| 1) Crous, Kobus M38 | 2) Potgieter, Marku M28 | 3) Delagey, Vin M26 | 4) van Rooy, Corneille M31 | |
| 34.62 | 1:06.00 (31.38) | 1:32.18 (26.18) | 2:00.81 (28.63) | |
| 3 Synergy MSC-ETH | A | 2:09.00 | 2:05.08 | 16 |
| 1) Adamson, Hayden M27 | 2) Allan, Brett M39 | 3) Allan, Marc M43 | 4) van Reenen, Tyrel M39 | |
| 31.31 | 1:09.62 (38.31) | 1:34.82 (25.20) | 2:05.08 (30.26) | |
| 4 Wahoo MSC-JHB | H | 2:21.00 | 2:14.30 | 14 |
| 1) Swart, John M43 | 2) Aken, Warren M37 | 3) Spies, Pierre M30 | 4) Sheftz, Owen M43 | |
| 36.13 | 1:12.02 (35.89) | 1:42.13 (30.11) | 2:14.30 (32.17) | |
| 5 Coelacanth MSC-TSH | C | 2:36.00 | 2:28.31 | 12 |
| 1) van Zyl, Joubert M31 | 2) Smit, Theuns M38 | 3) Geldenhys, Cassel M35 | 4) Bouwer, Shaun M32 | |
| 49.42 | 1:26.39 (36.97) | 2:00.10 (33.71) | 2:28.31 (28.21) | |
| --- Coelacanth MSC-TSH | A | 2:03.00 | DQ | |
| Swimmers ages not within team age group | | | | |
| 1) Crous, Francois M42 | 2) Albertyn, Gary M51 | 3) Kok, Christoff M33 | 4) Swartz, Lambert M35 | |
| 34.39 | 1:10.81 (36.42) | 1:39.90 (29.09) | DQ (28.40) | |

Event 19 Men 160-199 4x50 LC Meter Medley Relay

WORLD record: 1:45.47 W 2017-08-18 NEVA STARS -RUS
A SHILIN, G GOGOL, A MANZHULA, V PREDKIN

SAMS record: 1:57.45 S 2012-03-17 East Coast (CT)
S Dahlmann, K Lawrenson, B Tatterson, J Taylor

| | | | | |
|----------------------------|------------------------|------------------------|----------------------------|----|
| 1 Wahoo MSC-JHB | A | 1:55.00 | 2:00.90 | 20 |
| 1) Thirsk, Simon M43 | 2) Parkin, Terence M40 | 3) Erasmus, Jaco M42 | 4) Morris, Nic M42 | |
| 29.89 | 1:01.75 (31.86) | 1:32.56 (30.81) | 2:00.90 (28.34) | |
| 2 Wahoo MSC-JHB | E | 2:14.00 | 2:17.21 | 18 |
| 1) Botes, Romeo M32 | 2) Powell, Rich M37 | 3) Collins, Stuart M46 | 4) Cloete-Hopkins, Nic M46 | |
| 38.00 | 1:15.13 (37.13) | 1:47.83 (32.70) | 2:17.21 (29.38) | |
| 3 Coelacanth MSC-TSH | A | 2:20.00 | 2:24.17 | 16 |
| 1) Papadopoulos, Terry M48 | 2) Theron, Hennie M49 | 3) Neumann, Andy M50 | 4) Carstens, FC M50 | |
| 38.68 | 1:18.10 (39.42) | 1:51.94 (33.84) | 2:24.17 (32.23) | |
| 4 Coelacanth MSC-TSH | B | 2:27.00 | 2:25.29 | 14 |
| 1) Dreyer, George M38 | 2) Swart, Matthys M44 | 3) Jacobsz, Willie M46 | 4) Williams, Jean M50 | |
| 37.41 | 1:19.91 (42.50) | 1:54.34 (34.43) | 2:25.29 (30.95) | |
| --- Free State MSC-MAN | A | 2:52.00 | SCR | |

Event 19 Men 200-239 4x50 LC Meter Medley Relay

WORLD record: 1:50.83 W 2006-08-08 COLORADO -USA
S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS

SAMS record: 1:56.13 S 2008-04-22 Cape Town (Per)
M Rudolph, T Shead, P Blackbeard, G Price

| | | | | |
|-------------------------|------------------------|-----------------------|-----------------------|----|
| 1 Cape Town MSC-CPT | A | 2:03.00 | 2:05.54 | 20 |
| 1) McLeroth, Greg M53 | 2) Gilbert, Oliver M50 | 3) Orton, Nick M57 | 4) Kruger, Harald M53 | |
| 32.35 | 1:07.29 (34.94) | 1:38.49 (31.20) | 2:05.54 (27.05) | |
| 2 Coelacanth MSC-TSH | A | 2:04.00 | 2:08.41 | 18 |
| 1) Ruck, Harald M55 | 2) vd Watt, Riaan M53 | 3) Ford, Coillard M46 | 4) Alberts, Andre M54 | |
| 30.30 | 1:06.98 (36.68) | 1:38.49 (31.51) | 2:08.41 (29.92) | |
| 3 Wahoo MSC-JHB | C | 2:09.00 | 2:15.51 | 16 |
| 1) Pieters, Jacques M47 | 2) Gasson, Martin M47 | 3) Fubbs, Matthew M48 | 4) Finn, Joel M59 | |
| 35.00 | 1:11.54 (36.54) | 1:44.13 (32.59) | 2:15.51 (31.38) | |

South African Masters Swimming 36th LC Champs**11-14 March 2020 at the Delville pool Germiston****Results****(Event 19 Men 200-239 4x50 LC Meter Medley Relay)**

| | | | | | |
|-----|---------------------------------|-----------------------|-----------------------------|--------------------------|----|
| 4 | Coelacanth MSC-TSH | B | 2:20.00 | 2:23.03 | 14 |
| | 1) Rankin, Bruce M56 | 2) Potgieter, Wim M52 | 3) Durrant, Gary M54 | 4) Morgan, Colin M54 | |
| | 38.66 | 1:16.39 (37.73) | 1:50.09 (33.70) | 2:23.03 (32.94) | |
| 5 | Waterborn SC - Masters-JHB | A | 2:41.00 | 2:30.73 | 12 |
| | 1) van Olst, Marc M45 | 2) Smith, Damian M53 | 3) Bradshaw, Gary M51 | 4) Gray, Garth M58 | |
| | 38.41 | 1:25.87 (47.46) | 1:56.38 (30.51) | 2:30.73 (34.35) | |
| 6 | Masters East Gauteng Aquatics-E | A | 2:12.00 | 2:40.35 | 10 |
| | 1) Gordon-Davis, Keith M60 | 2) Stainton, Mark M49 | 3) Whistler, Brian M50 | 4) Vile, Danny M68 | |
| | 42.63 | 1:22.83 (40.20) | 1:58.05 (35.22) | 2:40.35 (42.30) | |
| 7 | Synergy MSC-ETH | A | 2:25.00 | 2:43.83 | 8 |
| | 1) Fechter, Wolfgang M59 | 2) Foster, Ted M60 | 3) Lilford, Frank M51 | 4) Upneck, Russell M64 | |
| | 50.11 | 1:38.16 (48.05) | 2:11.63 (33.47) | 2:43.83 (32.20) | |
| 8 | Cape Town MSC-CPT | B | 2:45.00 | 2:49.23 | 6 |
| | 1) Kloos, Rainer M65 | 2) Hodges, Mark M67 | 3) Farmer-Brent, Garret M30 | 4) Morrison, Allen M72 | |
| | 50.30 | 1:38.63 (48.33) | 2:10.35 (31.72) | 2:49.23 (38.88) | |
| 9 | Coelacanth MSC-TSH | C | 2:51.00 | 2:53.19 | 4 |
| | 1) Knoetze, Hugo M67 | 2) Manders, Jimmy M50 | 3) Stanton, Craig M52 | 4) van Rooy, Jacques M67 | |
| | 51.01 | 1:35.30 (44.29) | 2:11.25 (35.95) | 2:53.19 (41.94) | |
| --- | Wahoo MSC-JHB | F | 2:25.00 | NS | |

Event 19 Men 240-279 4x50 LC Meter Medley Relay

WORLD record: 1:57.46 W 2016-08-21 SARASOTA Y SHARKS -USA
S WOOD, J GROSELLE, T HEDRICK, D MARTIN

SAMS record: 2:01.52 S 2017-08-18 Cape Town (Bud) CPTW-WP
A Steynberg, G Fiser, A Roothman, T Shead

| | | | | | |
|---|---------------------------------|--------------------------|----------------------------|-------------------------|----|
| 1 | Cape Town MSC-CPT | A | 2:16.00 | 2:19.67 | 20 |
| | 1) Winfield, Mike M65 | 2) du Toit, Graham M60 | 3) Spies, Izak M66 | 4) Mayne, Duncan M50 | |
| | 35.25 | 1:13.88 (38.63) | 1:50.26 (36.38) | 2:19.67 (29.41) | |
| 2 | Phoenix MSC-JHB | A | 2:42.00 | 2:27.78 | 18 |
| | 1) Hitge, Danieli M62 | 2) Greaves, Gordon M54 | 3) Kohler, Quirin M61 | 4) vd Spuy, Keith M66 | |
| | 40.59 | 1:24.45 (43.86) | 1:56.99 (32.54) | 2:27.78 (30.79) | |
| 3 | Coelacanth MSC-TSH | A | 2:58.00 | 2:32.64 | 16 |
| | 1) Jv Vuuren, Christo M65 | 2) van Dyk, Eric M58 | 3) Jv Rensburg, Henk M60 | 4) Swart, Xan M60 | |
| | 44.80 | 1:22.44 (37.64) | 2:01.12 (38.68) | 2:32.64 (31.52) | |
| 4 | Cape Town MSC-CPT | B | 2:35.00 | 2:35.82 | 14 |
| | 1) Howieson, Doug M68 | 2) du Toit, Francois M73 | 3) Holshausen, Rod M62 | 4) Steyn, Glenn M60 | |
| | 42.58 | 1:28.87 (46.29) | 2:03.76 (34.89) | 2:35.82 (32.06) | |
| 5 | Wahoo MSC-JHB | D | 2:42.00 | 2:50.39 | 12 |
| | 1) May, Walter M75 | 2) Tustin, Royden M58 | 3) Duncan, Ross M58 | 4) Crowther, Bobbie M51 | |
| | 46.21 | 1:32.22 (46.01) | 2:20.68 (48.46) | 2:50.39 (29.71) | |
| 6 | Masters East Gauteng Aquatics-E | A | 2:55.00 | 3:01.55 | 10 |
| | 1) Gordon-Davis, Colin M65 | 2) van Dijk, Petrus M65 | 3) Kaspers, Harry M62 | 4) Nel, Andre M57 | |
| | 47.91 | 1:38.27 (50.36) | 2:25.41 (47.14) | 3:01.55 (36.14) | |
| 7 | Wahoo MSC-JHB | G | 3:01.00 | 3:15.81 | 8 |
| | 1) Selmer-Olsen, Sam M68 | 2) Harker, Guy M65 | 3) Scholtemeyer, Kobus M63 | 4) Felix, Wilhelmus M64 | |
| | 50.37 | 1:38.85 (48.48) | 2:40.00 (1:01.15) | 3:15.81 (35.81) | |

Event 19 Men 280-319 4x50 LC Meter Medley Relay

WORLD record: 2:15.90 W 2019-08-09 VENTURA COUNTY MASTERS -USA
S HECK, H KERNS, G GRUBER, B ROLLINS

SAMS record: 2:29.76 S 2017-03-17 Cape Town (EL) CPTW-WP
T Shead, J du Toit, D McLachlan, T Tozer

| | | | | | |
|-----|----------------------|------------------------|-------------------------|---------------------|----|
| 1 | Coelacanth MSC-TSH | A | 2:34.00 | 2:41.96 | 20 |
| | 1) Downes, Terry M71 | 2) Pretorius, Boet M67 | 3) Arbuthnot, David M67 | 4) Fyfe, Derek M80 | |
| | 40.17 | 1:24.17 (44.00) | 2:02.32 (38.15) | 2:41.96 (39.64) | |
| --- | Phoenix MSC-JHB | B | 3:11.00 | NS | |
| | 1) Morley, John M58 | 2) Petersen, John M75 | 3) Maltby, Derek M73 | 4) Rivers, Andy M74 | |

South African Masters Swimming 36th LC Champs
11-14 March 2020 at the Delville pool Germiston
Results

(Event 19 Men 280-319 4x50 LC Meter Medley Relay)

| | | | | |
|-----|----------------------|----------------------|-------------------------|-------------------------|
| --- | Synergy MSC-ETH | A | 2:40.00 | NS |
| | 1) Cameron, Mike M84 | 2) Hughes, Jimmy M77 | 3) Bolstridge, Mike M71 | 4) Robinson, Graham M71 |
| --- | Cape Town MSC-CPT | A | 2:33.00 | SCR |

Event 19 Men 320-359 4x50 LC Meter Medley Relay

| | | | | | | | | |
|----------------------|---------------------|--------------------|----------------------|---|-------------|----------------|--|--|
| WORLD record: | 2:45.28 | W | 2014-07-19 | KAMAKURA MSC | -JPN | | | |
| | | | | M UEMURA, T TSUCHIYA, T ISHIMOTO, Y NAKANO | | | | |
| SAMS record: | 4:41.09 | S | 2017-03-17 | Coelacanth (EL) | | COEL-TS | | |
| | | | | N Muir, J Meyer, D Fyfe, A Beukes | | | | |
| 1 | Wahoo MSC-JHB | B | 3:35.00 | 4:12.85 | 20 | | | |
| | 1) Garson, John M82 | 2) Galvin, Pat M87 | 3) Myers, Winton M76 | 4) Hutchings, Peter M85 | | | | |
| | 1:02.69 | 2:01.34 (58.65) | 2:56.87 (55.53) | 4:12.85 (1:15.98) | | | | |

Event 26 Men 100-119 4x100 LC Meter Freestyle Relay

| | | | | | | | | |
|----------------------|---------------------|-------------------------|----------------------------|--|-------------|----------------|--|--|
| WORLD record: | 3:30.77 | W | 2013-06-23 | G-TRAVELERS | -JPN | | | |
| | | | | Y MURAMATSU, K MAEDA, K MAEDA, N UTSUGI | | | | |
| SAMS record: | 4:55.85 | S | 2017-03-16 | Amakhosi (EL) | | AMAK-BO | | |
| | | | | M Swartz, C Birch, T Williams, S Menjenjalo | | | | |
| 1 | Coelacanth MSC-TSH | A | 4:04.00 | 4:33.99 S | 20 | | | |
| | 1) Delagey, Vin M26 | 2) Potgieter, Marku M28 | 3) van Rooy, Corneille M31 | 4) Bouwer, Shaun M32 | | | | |
| | 28.03 | 1:00.20 (1:00.20) | 1:34.68 (34.48) | 2:12.72 (1:12.52) | | | | |
| | 2:46.27 (33.55) | 3:25.20 (1:12.48) | 3:58.34 (33.14) | 4:33.99 (1:08.79) | | | | |

Event 26 Men 120-159 4x100 LC Meter Freestyle Relay

| | | | | | | | | |
|----------------------|--------------------------|--------------------------|-----------------------------|--|-------------|----------------|--|--|
| WORLD record: | 3:28.93 | W | 2018-07-07 | GETXO | -ESP | | | |
| | | | | M BILDOSOLA, I BILDOSOLA, G ZUBIAUR, M DEBA | | | | |
| SAMS record: | 4:05.51 | S | 2017-03-16 | Cape Town (EL) | | CPTW-WP | | |
| | | | | J Louw, N Steenkamp, J Joubert, J Richards | | | | |
| 1 | Cape Town MSC-CPT | A | 3:58.00 | 4:07.80 | 20 | | | |
| | 1) Winfield, Philip M26 | 2) Lalin, Luke M37 | 3) Farmer-Brent, Garret M30 | 4) Hodges, Graham M30 | | | | |
| | 29.59 | 1:01.06 (1:01.06) | 1:28.25 (27.19) | 1:59.88 (58.82) | | | | |
| | 2:32.21 (32.33) | 3:08.20 (1:08.32) | 3:36.28 (28.08) | 4:07.80 (59.60) | | | | |
| 2 | Synergy MSC-ETH | A | 4:02.00 | 4:14.78 | 18 | | | |
| | 1) van Reenen, Tyrel M39 | 2) Allan, Brett M39 | 3) Adamson, Hayden M27 | 4) Allan, Marc M43 | | | | |
| | 32.10 | 1:09.85 (1:09.85) | 1:40.32 (30.47) | 2:16.56 (1:06.71) | | | | |
| | 2:46.77 (30.21) | 3:20.06 (1:03.50) | 3:46.08 (26.02) | 4:14.78 (54.72) | | | | |
| 3 | Coelacanth MSC-TSH | A | 4:13.00 | 4:20.04 | 16 | | | |
| | 1) Kok, Christoff M33 | 2) Geldenhys, Cassel M35 | 3) Crous, Kobus M38 | 4) Crous, Francois M42 | | | | |
| | 29.26 | 1:01.91 (1:01.91) | 1:33.07 (31.16) | 2:10.94 (1:09.03) | | | | |
| | 2:41.97 (31.03) | 3:16.48 (1:05.54) | 3:46.84 (30.36) | 4:20.04 (1:03.56) | | | | |
| --- | Wahoo MSC-JHB | E | 4:32.00 | NS | | | | |
| | 1) Botes, Romeo M32 | 2) O'Mahony, Andrew M34 | 3) Spies, Pierre M30 | 4) Aken, Warren M37 | | | | |

Event 26 Men 160-199 4x100 LC Meter Freestyle Relay

| | | | | | | | | |
|----------------------|------------------------|-----------------------|---------------------|---|-------------|----------------|--|--|
| WORLD record: | 3:38.60 | W | 2011-07-03 | LONGHORN AQUATICS | -USA | | | |
| | | | | T BLESSING, M VAROZZA, A RASMUSSEN, C ECKERMAN | | | | |
| SAMS record: | 3:59.17 | S | 2016-03-18 | Aquabear (Dbn) | | AQUB-EP | | |
| | | | | B Reen, C Mowbray, PJ Duffy, K Richards | | | | |
| 1 | Wahoo MSC-JHB | A | 3:56.00 | 4:02.65 | 20 | | | |
| | 1) Thirsk, Simon M43 | 2) Gasson, Martin M47 | 3) Morris, Nic M42 | 4) Parkin, Terence M40 | | | | |
| | 28.32 | 58.76 (58.76) | 1:28.43 (29.67) | 2:02.43 (1:03.67) | | | | |
| | 2:32.77 (30.34) | 3:04.91 (1:02.48) | 3:32.12 (27.21) | 4:02.65 (57.74) | | | | |
| 2 | Wahoo MSC-JHB | D | 4:19.00 | 4:36.70 | 18 | | | |
| | 1) Collins, Stuart M46 | 2) Ford, Andrew M45 | 3) Sheftz, Owen M43 | 4) Pieters, Jacques M47 | | | | |
| | 33.69 | 1:09.90 (1:09.90) | 1:42.21 (32.31) | 2:18.77 (1:08.87) | | | | |
| | 2:54.17 (35.40) | 3:32.58 (1:13.81) | 4:03.23 (30.65) | 4:36.70 (1:04.12) | | | | |

South African Masters Swimming 36th LC Champs

11-14 March 2020 at the Delville pool Germiston

Results

(Event 26 Men 160-199 4x100 LC Meter Freestyle Relay)

| | | | | | |
|-----|--------------------------|------------------------|-----------------------|--------------------------|----|
| 3 | Coelacanth MSC-TSH | A | 4:42.00 | 4:57.41 | 16 |
| | 1) Gifford, Jason M43 | 2) du Plessis, Ian M51 | 3) Williams, Jean M50 | 4) Carstens, FC M50 | |
| | 33.10 | 1:11.54 (1:11.54) | 1:45.42 (33.88) | 2:24.24 (1:12.70) | |
| | 3:00.95 (36.71) | 3:43.11 (1:18.87) | 4:18.68 (35.57) | 4:57.41 (1:14.30) | |
| 4 | Free State MSC-MAN | A | 5:06.00 | 5:16.88 | 14 |
| | 1) Karsten Snr, Nico M58 | 2) Browning, Sias M44 | 3) Muller, Johan M50 | 4) Yazbek, Victor Dr M45 | |
| | 38.87 | 1:24.10 (1:24.10) | 2:04.53 (40.43) | 2:44.59 (1:20.49) | |
| | 3:23.67 (39.08) | 4:11.91 (1:27.32) | 4:43.31 (31.40) | 5:16.88 (1:04.97) | |
| --- | Coelacanth MSC-TSH | B | 6:35.00 | NS | |

Event 26 Men 200-239 4x100 LC Meter Freestyle Relay

WORLD record: 3:46.05 W 2017-05-14 BRESCIA ACQUARE MAFECO -ITA
M GIALDI, M TERSAR, R BRUNORI, M COLOMBO

SAMS record: 4:19.24 S 2017-03-16 Cape Town (EL) CPTW-WP
T Shead, G du Toit, G McLeRoth, H Kruger

| | | | | | |
|-----|---|-------------------------|-------------------------|-------------------------|----|
| 1 | Cape Town MSC-CPT | A | 3:58.00 | 4:07.13 S | 20 |
| | 1) Kruger, Harald M53 | 2) Taylor, Gary M57 | 3) McLeroth, Greg M53 | 4) Joubert, Jacques M37 | |
| | 30.91 | 1:02.78 (1:02.78) | 1:31.60 (28.82) | 2:03.19 (1:00.41) | |
| | 2:31.79 (28.60) | 3:04.95 (1:01.76) | 3:35.09 (30.14) | 4:07.13 (1:02.18) | |
| 2 | Coelacanth MSC-TSH | A | 4:22.00 | 4:27.96 | 18 |
| | 1) Jacobsz, Willie M46 | 2) Potgieter, Wim M52 | 3) vd Watt, Riaan M53 | 4) Albertyn, Gary M51 | |
| | 31.63 | 1:06.07 (1:06.07) | 1:38.60 (32.53) | 2:17.82 (1:11.75) | |
| | 2:48.40 (30.58) | 3:24.48 (1:06.66) | 3:54.82 (30.34) | 4:27.96 (1:03.48) | |
| 3 | Coelacanth MSC-TSH | B | 4:46.00 | 4:47.80 | 16 |
| | 1) Rankin, Bruce M56 | 2) Stanton, Craig M52 | 3) Alberts, Andre M54 | 4) Durrant, Gary M54 | |
| | 1:48.22 | 1:12.13 (1:12.13) | 3:02.74 (1:50.61) | 2:28.47 (1:16.34) | |
| | 4:12.20 (1:43.73) | 3:39.26 (1:10.79) | 4:47.80 (1:08.54) | | |
| 4 | Synergy MSC-ETH | A | 5:06.00 | 5:24.22 | 14 |
| | 1) Fechter, Wolfgang M59 | 2) Foster, Ted M60 | 3) Upneck, Russell M64 | 4) Lilford, Frank M51 | |
| | 37.58 | 1:20.51 (1:20.51) | 2:07.14 (46.63) | 2:58.05 (1:37.54) | |
| | 3:34.74 (36.69) | 4:12.14 (1:14.09) | 4:47.11 (34.97) | 5:24.22 (1:12.08) | |
| --- | Wahoo MSC-JHB | C | 4:30.00 | DQ | |
| | Swimmers ages not within team age group | | | | |
| | 1) Erasmus, Jaco M42 | 2) Duncan, Ross M58 | 3) Crowther, Bobbie M51 | 4) Fubbs, Matthew M48 | |
| | 32.27 | 1:06.02 (1:06.02) | 1:39.04 (33.02) | 2:12.72 (1:06.70) | |
| | 2:48.08 (35.36) | 3:30.75 (1:18.03) | 4:02.55 (31.80) | DQ (1:07.50) | |
| --- | Masters East Gauteng Aquatics-E | A | 5:25.00 | NS | |
| | 1) Whistler, Brian M50 | 2) van Dijk, Petrus M65 | 3) Nel, Andre M57 | 4) Kaspers, Harry M62 | |

Event 26 Men 240-279 4x100 LC Meter Freestyle Relay

WORLD record: 3:59.86 W 2018-08-11 COLORADO MASTERS -USA
M MANN, C PETERSEN, G SCOTT, K ANDERSON

SAMS record: 4:29.83 S 2016-03-18 Cape Town (Dbn) CPTW-WP
N Hendricks, N Cones, P Stevenson, A Roothman

| | | | | | |
|---|------------------------|-----------------------|------------------------|------------------------|----|
| 1 | Cape Town MSC-CPT | A | 4:40.00 | 4:34.37 | 20 |
| | 1) du Toit, Graham M60 | 2) Orton, Nick M57 | 3) Spies, Izak M66 | 4) Steyn, Glenn M60 | |
| | 32.82 | 1:07.43 (1:07.43) | 1:40.75 (33.32) | 2:15.66 (1:08.23) | |
| | 2:48.37 (32.71) | 3:23.76 (1:08.10) | 3:57.53 (33.77) | 4:34.37 (1:10.61) | |
| 2 | Cape Town MSC-CPT | B | 5:00.00 | 4:53.19 | 18 |
| | 1) Mayne, Duncan M50 | 2) Winfield, Mike M65 | 3) Holshausen, Rod M62 | 4) Howieson, Doug M68 | |
| | 33.11 | 1:07.44 (1:07.44) | 1:41.26 (33.82) | 2:19.13 (1:11.69) | |
| | 2:56.25 (37.12) | 3:35.73 (1:16.60) | 4:12.76 (37.03) | 4:53.19 (1:17.46) | |
| 3 | Phoenix MSC-JHB | A | 5:15.00 | 4:57.88 | 16 |
| | 1) Hitge, Danieli M62 | 2) Kohler, Quirin M61 | 3) vd Spuy, Keith M66 | 4) Greaves, Gordon M54 | |
| | 40.11 | 1:22.17 (1:22.17) | 1:56.90 (34.73) | 2:34.81 (1:12.64) | |
| | 3:09.27 (34.46) | 3:48.78 (1:13.97) | 4:22.01 (33.23) | 4:57.88 (1:09.10) | |

South African Masters Swimming 36th LC Champs**11-14 March 2020 at the Delville pool Germiston****Results****(Event 26 Men 240-279 4x100 LC Meter Freestyle Relay)**

| | | | | | |
|---|---------------------------------|----------------------------|----------------------------|-------------------------|----|
| 4 | Wahoo MSC-JHB | F | 6:10.00 | 5:26.51 | 14 |
| | 1) Tustin, Royden M58 | 2) Harker, Guy M65 | 3) Felix, Wilhelmus M64 | 4) Hickling, Glenn M59 | |
| | 34.96 | 1:14.09 (1:14.09) | 1:53.77 (39.68) | 2:37.79 (1:23.70) | |
| | 3:18.13 (40.34) | 4:02.95 (1:25.16) | 4:43.68 (40.73) | 5:26.51 (1:23.56) | |
| 5 | Coelacanth MSC-TSH | A | 6:47.00 | 5:53.46 | 12 |
| | 1) Swanepoel, Pieter M71 | 2) Theron, Hennie M49 | 3) Knoetze, Hugo M67 | 4) von Geysso, Carl M68 | |
| | 41.82 | 1:35.04 (1:35.04) | 2:10.20 (35.16) | 2:47.54 (1:12.50) | |
| | 3:32.63 (45.09) | 4:22.62 (1:35.08) | 5:05.65 (43.03) | 5:53.46 (1:30.84) | |
| 6 | Masters East Gauteng Aquatics-E | B | 6:00.25 | 6:09.17 | 10 |
| | 1) Gordon-Davis, Keith M60 | 2) Gordon-Davis, Brian M67 | 3) Gordon-Davis, Colin M65 | 4) Vile, Danny M68 | |
| | 38.61 | 1:20.87 (1:20.87) | 2:06.32 (45.45) | 2:52.59 (1:31.72) | |
| | 3:37.63 (45.04) | 4:29.48 (1:36.89) | 5:14.45 (44.97) | 6:09.17 (1:39.69) | |

Event 26 Men 280-319 4x100 LC Meter Freestyle Relay**WORLD record: 4:27.17 W 2017-06-18 PALM BEACH MASTERS -USA****L CHILDS, K LODWIG, G SCHMIDT, D QUIGGIN****SAMS record: 5:07.27 S 2017-03-16****Cape Town (EL)****CPTW-WP****D McLachlan, T Tozer, J du Toit, A Roothman**

| | | | | | |
|-----|----------------------|-----------------------|-------------------------|--------------------------|----|
| 1 | Coelacanth MSC-TSH | A | 5:30.00 | 5:27.32 | 20 |
| | 1) Downes, Terry M71 | 2) Fyfe, Derek M80 | 3) Burger, Francois M71 | 4) Jv Rensburg, Henk M60 | |
| | 33.40 | 1:09.65 (1:09.65) | 1:52.85 (43.20) | 2:40.36 (1:30.71) | |
| | 3:22.48 (42.12) | 4:13.30 (1:32.94) | 4:49.63 (36.33) | 5:27.32 (1:14.02) | |
| 2 | Phoenix MSC-JHB | B | 6:23.00 | 6:44.96 | 18 |
| | 1) Wolpe, Russel M83 | 2) Petersen, John M75 | 3) Maltby, Derek M73 | 4) Morley, John M58 | |
| | 57.95 | 2:06.55 (2:06.55) | 2:52.34 (45.79) | 3:40.59 (1:34.04) | |
| | 4:26.92 (46.33) | 5:17.14 (1:36.55) | 5:57.09 (39.95) | 6:44.96 (1:27.82) | |
| 3 | Synergy MSC-ETH | A | 5:27.00 | 7:25.32 | 16 |
| | 1) Saunders, Jim M83 | 2) Cameron, Mike M84 | 3) Robinson, Graham M71 | 4) Hughes, Jimmy M77 | |
| | 57.17 | 2:08.48 (2:08.48) | 3:00.07 (51.59) | 4:04.02 (1:55.54) | |
| | 4:53.55 (49.53) | 5:53.64 (1:49.62) | 6:35.15 (41.51) | 7:25.32 (1:31.68) | |
| --- | Cape Town MSC-CPT | A | 4:50.00 | NS | |

Event 26 Men 320-359 4x100 LC Meter Freestyle Relay**WORLD record: 5:43.81 W 2017-07-30 MICHIGAN MASTERS -USA****J LOCKWOOD, K OLZMANN, R MARTIN, W JEFFRIES****SAMS record: 10:01.84 S 2016-03-18****Coelacanth (Dbn)****COEL-NT****T Beukes, D Fyfe, N Muir, S Theron**

| | | | | | |
|---|---------------------|--------------------|----------------------|--------------------|----|
| 1 | Wahoo MSC-JHB | B | 9:40.00 | 7:21.76 | 20 |
| | 1) Garson, John M82 | 2) Galvin, Pat M87 | 3) Myers, Winton M76 | 4) May, Walter M75 | |
| | 59.12 | 2:13.82 (2:13.82) | 3:11.35 (57.53) | 4:14.50 (2:00.68) | |
| | 5:01.39 (46.89) | 5:55.97 (1:41.47) | 6:37.33 (41.36) | 7:21.76 (1:25.79) | |

Event 32 Men 100-119 4x50 LC Meter Freestyle Relay**WORLD record: 1:31.95 W 2009-11-29 MAC-MINA -BRA****R LEITE, R TRIVINO, D BELINI, P RODIGHERI****SAMS record: 1:43.80 S 2006-03-04****Wahoo (Mal)****N Winstone, A Fok, J Thom, P Fryer**

| | | | | | |
|---|---------------------|-------------------------|----------------------------|----------------------|----|
| 1 | Coelacanth MSC-TSH | A | 1:48.00 | 1:48.02 | 20 |
| | 1) Delagey, Vin M26 | 2) Potgieter, Marku M28 | 3) van Rooy, Corneille M31 | 4) Bouwer, Shaun M32 | |
| | 25.01 | 51.58 (26.57) | 1:19.64 (28.06) | 1:48.02 (28.38) | |

South African Masters Swimming 36th LC Champs
11-14 March 2020 at the Delville pool Germiston
Results

Event 32 Men 120-159 4x50 LC Meter Freestyle Relay**WORLD record: 1:32.84 W 2018-07-08 GETXO -ESP****M BILDOSOLA, I BILDOSOLA, G ZUBIAUR, M DEBA****SAMS record: 1:39.04 S 2012-03-17 Cape Town (CT)****T Williams, M Moore, G Hall, R Neethling**

| | | | | | |
|-----|--------------------------|-------------------------|-------------------------|--------------------------|----|
| 1 | Cape Town MSC-CPT | A | 1:44.00 | 1:44.52 | 20 |
| | 1) Lalin, Luke M37 | 2) Joubert, Jacques M37 | 3) Winfield, Philip M26 | 4) Hodges, Graham M30 | |
| | 25.77 | 51.80 (26.03) | 1:18.25 (26.45) | 1:44.52 (26.27) | |
| 2 | Synergy MSC-ETH | A | 1:54.00 | 1:49.49 | 18 |
| | 1) van Reenen, Tyrel M39 | 2) Allan, Brett M39 | 3) Adamson, Hayden M27 | 4) Allan, Marc M43 | |
| | 30.53 | 58.75 (28.22) | 1:25.74 (26.99) | 1:49.49 (23.75) | |
| 3 | Coelacanth MSC-TSH | A | 1:55.00 | 1:50.92 | 16 |
| | 1) Swartz, Lambert M35 | 2) Crous, Kobus M38 | 3) Kok, Christoff M33 | 4) Geldenhys, Cassel M35 | |
| | 27.42 | 55.76 (28.34) | 1:21.65 (25.89) | 1:50.92 (29.27) | |
| 4 | Wahoo MSC-JHB | B | 1:55.00 | 1:55.08 | 14 |
| | 1) O'Mahony, Andrew M34 | 2) Ford, Andrew M45 | 3) Botes, Romeo M32 | 4) Spies, Pierre M30 | |
| | 31.63 | 59.06 (27.43) | 1:28.79 (29.73) | 1:55.08 (26.29) | |
| --- | Coelacanth MSC-TSH | B | 2:08.00 | NS | |

Event 32 Men 160-199 4x50 LC Meter Freestyle Relay**WORLD record: 1:34.92 W 2017-08-18 NEVA STARS -RUS****A SHILIN, S MEDVEDEV, A MANZHULA, V PREDKIN****SAMS record: 1:42.90 S 2018-03-17 Cape Town (Pta)****CPTW-CPT****J Richards, J Joubert, L Lalin, G McLeRoth**

| | | | | | |
|-----|--------------------------|--------------------------|----------------------------|----------------------------|----|
| 1 | Wahoo MSC-JHB | C | 1:50.00 | 1:51.08 | 20 |
| | 1) Thirsk, Simon M43 | 2) Morris, Nic M42 | 3) Erasmus, Jaco M42 | 4) Parkin, Terence M40 | |
| | 27.17 | 55.33 (28.16) | 1:24.42 (29.09) | 1:51.08 (26.66) | |
| 2 | Coelacanth MSC-TSH | A | 1:57.00 | 1:57.34 | 18 |
| | 1) Neumann, Andy M50 | 2) du Plessis, Ian M51 | 3) Jacobsz, Willie M46 | 4) Ford, Coillard M46 | |
| | 29.26 | 1:00.69 (31.43) | 1:28.17 (27.48) | 1:57.34 (29.17) | |
| 3 | Coelacanth MSC-TSH | B | 2:06.00 | 2:01.03 | 16 |
| | 1) Snyman, Roger M40 | 2) Theron, Hennie M49 | 3) Carstens, FC M50 | 4) Williams, Jean M50 | |
| | 28.99 | 59.50 (30.51) | 1:30.78 (31.28) | 2:01.03 (30.25) | |
| 4 | Wahoo MSC-JHB | D | 2:20.00 | 2:04.58 | 14 |
| | 1) Crowther, Bobbie M51 | 2) Collins, Stuart M46 | 3) Sheftz, Owen M43 | 4) Aken, Warren M37 | |
| | 31.72 | 1:01.79 (30.07) | 1:34.64 (32.85) | 2:04.58 (29.94) | |
| 5 | Coelacanth MSC-TSH | C | 2:10.00 | 2:04.93 | 12 |
| | 1) Gifford, Jason M43 | 2) Dreyer, George M38 | 3) Smit, Theuns M38 | 4) Morgan, Colin M54 | |
| | 31.72 | 1:02.79 (31.07) | 1:31.93 (29.14) | 2:04.93 (33.00) | |
| 6 | Free State MSC-MAN | A | 1:37.00 | 2:15.01 | 10 |
| | 1) Karsten Snr, Nico M58 | 2) Muller, Johan M50 | 3) Browning, Sias M44 | 4) Yazbek, Victor Dr M45 | |
| | 35.74 | 1:13.84 (38.10) | 1:46.08 (32.24) | 2:15.01 (28.93) | |
| --- | Wahoo MSC-JHB | H | 2:20.00 | NS | |
| | 1) Swart, John M43 | 2) Selmer-Olsen, Sam M68 | 3) Scholtemeyer, Kobus M63 | 4) Cloete-Hopkins, Nic M46 | |

Event 32 Men 200-239 4x50 LC Meter Freestyle Relay**WORLD record: 1:38.24 W 2006-08-08 COLORADO -USA****J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS****SAMS record: 1:41.28 S 2017-08-18 Cape Town (Bud)****CPTW-WP****C Maughan, R Taylor, G McLeRoth, H Kruger**

| | | | | | |
|---|-----------------------|-------------------------|----------------------|-----------------------|----|
| 1 | Coelacanth MSC-TSH | A | 1:49.00 | 1:47.38 | 20 |
| | 1) Albertyn, Gary M51 | 2) Crous, Francois M42 | 3) Durrant, Gary M54 | 4) Ruck, Harald M55 | |
| | 27.78 | 54.43 (26.65) | 1:21.83 (27.40) | 1:47.38 (25.55) | |
| 2 | Cape Town MSC-CPT | A | 1:47.00 | 1:47.39 | 18 |
| | 1) McLeroth, Greg M53 | 2) Orton, Nick M57 | 3) Taylor, Gary M57 | 4) Kruger, Harald M53 | |
| | 26.89 | 54.65 (27.76) | 1:21.20 (26.55) | 1:47.39 (26.19) | |
| 3 | Wahoo MSC-JHB | A | 2:00.00 | 1:56.25 | 16 |
| | 1) Gasson, Martin M47 | 2) Pieters, Jacques M47 | 3) Finn, Joel M59 | 4) Fubbs, Matthew M48 | |
| | 28.13 | 55.18 (27.05) | 1:26.28 (31.10) | 1:56.25 (29.97) | |

South African Masters Swimming 36th LC Champs

11-14 March 2020 at the Delville pool Germiston

Results

(Event 32 Men 200-239 4x50 LC Meter Freestyle Relay)

| | | | | | |
|-----|---------------------------------|-----------------------------|------------------------|------------------------|----|
| 4 | Coelacanth MSC-TSH | B | 1:57.00 | 1:59.94 | 14 |
| | 1) vd Watt, Riaan M53 | 2) Potgieter, Wim M52 | 3) Stanton, Craig M52 | 4) Alberts, Andre M54 | |
| | 29.62 | 59.00 (29.38) | 1:30.50 (31.50) | 1:59.94 (29.44) | |
| 5 | Waterborn SC - Masters-JHB | A | 2:04.00 | 1:59.95 | 12 |
| | 1) Bradshaw, Gary M51 | 2) Grobler, Francois M52 | 3) Glover, John M54 | 4) van Olst, Marc M45 | |
| | 29.43 | 58.95 (29.52) | 1:29.62 (30.67) | 1:59.95 (30.33) | |
| 6 | Masters East Gauteng Aquatics-E | A | 2:19.00 | 2:11.96 | 10 |
| | 1) Whistler, Brian M50 | 2) Kaspers, Harry M62 | 3) Nel, Andre M57 | 4) Stainton, Mark M49 | |
| | 31.04 | 1:05.17 (34.13) | 1:40.77 (35.60) | 2:11.96 (31.19) | |
| 7 | Synergy MSC-ETH | A | 2:17.00 | 2:14.27 | 8 |
| | 1) Fechter, Wolfgang M59 | 2) Foster, Ted M60 | 3) Upneck, Russell M64 | 4) Lilford, Frank M51 | |
| | 33.24 | 1:09.73 (36.49) | 1:43.84 (34.11) | 2:14.27 (30.43) | |
| 8 | Cape Town MSC-CPT | B | 2:16.00 | 2:15.65 | 6 |
| | 1) Kloos, Rainer M65 | 2) Farmer-Brent, Garret M30 | 3) Hodges, Mark M67 | 4) Holshausen, Rod M62 | |
| | 32.76 | 1:03.02 (30.26) | 1:40.38 (37.36) | 2:15.65 (35.27) | |
| --- | Fish Eagles MSC-EDD | A | 2:35.64 | SCR | |
| | 1) Kok, Johan M58 | 2) Schoombie, Eugene M62 | 3) Wallace, Cliff M61 | 4) Weideman, Andre M49 | |

Event 32 Men 240-279 4x50 LC Meter Freestyle Relay**WORLD record: 1:42.40 W 2016-08-19 SARASOTA Y SHARKS -USA****S WOOD, D MARTIN, T HEDRICK, J GROSELLE****SAMS record: 1:49.16 S 2017-08-18 Cape Town (Bud) CPTW-WP****T Shead, A Steynberg, A Roothman, G Fiser**

| | | | | | |
|-----|----------------------------|-------------------------|--------------------------|------------------------|----|
| 1 | Cape Town MSC-CPT | A | 1:58.00 | 2:03.08 | 20 |
| | 1) Spies, Izak M66 | 2) du Toit, Graham M60 | 3) du Toit, Francois M73 | 4) Gilbert, Oliver M50 | |
| | 30.43 | 1:00.35 (29.92) | 1:34.49 (34.14) | 2:03.08 (28.59) | |
| 2 | Coelacanth MSC-TSH | A | 2:03.00 | 2:04.03 | 18 |
| | 1) van Dyk, Eric M58 | 2) Arbuthnot, David M67 | 3) Downes, Terry M71 | 4) Rankin, Bruce M56 | |
| | 30.29 | 1:01.80 (31.51) | 1:32.61 (30.81) | 2:04.03 (31.42) | |
| 3 | Cape Town MSC-CPT | B | 2:10.00 | 2:06.20 | 16 |
| | 1) Steyn, Glenn M60 | 2) Howieson, Doug M68 | 3) Mayne, Duncan M50 | 4) Winfield, Mike M65 | |
| | 32.44 | 1:06.15 (33.71) | 1:35.61 (29.46) | 2:06.20 (30.59) | |
| 4 | Wahoo MSC-JHB | F | 2:35.00 | 2:07.71 | 14 |
| | 1) Tustin, Royden M58 | 2) Duncan, Ross M58 | 3) Harker, Guy M65 | 4) Hickling, Glenn M59 | |
| | 32.23 | 1:02.13 (29.90) | 1:34.05 (31.92) | 2:07.71 (33.66) | |
| 5 | Phoenix MSC-JHB | A | 2:15.00 | 2:11.08 | 12 |
| | 1) Hitge, Danieli M62 | 2) Kohler, Quirin M61 | 3) vd Spuy, Keith M66 | 4) Greaves, Gordon M54 | |
| | 36.98 | 1:08.19 (31.21) | 1:39.23 (31.04) | 2:11.08 (31.85) | |
| 6 | Coelacanth MSC-TSH | B | 2:48.00 | 2:22.52 | 10 |
| | 1) Pretorius, Johann M57 | 2) Knoetze, Hugo M67 | 3) Jv Rensburg, Henk M60 | 4) Swart, Xan M60 | |
| | 36.15 | 1:16.10 (39.95) | 1:50.94 (34.84) | 2:22.52 (31.58) | |
| 7 | Waterborn SC - Masters-JHB | A | 2:44.00 | 2:41.94 | 8 |
| | 1) Wallace, Ronald M79 | 2) Lotkin, Roy M61 | 3) Smith, Damian M53 | 4) Gray, Garth M58 | |
| | 48.01 | 1:30.02 (42.01) | 2:08.24 (38.22) | 2:41.94 (33.70) | |
| --- | Wahoo MSC-JHB | E | 2:50.00 | NS | |

Event 32 Men 280-319 4x50 LC Meter Freestyle Relay**WORLD record: 1:56.91 W 2014-08-15 GOLD COAST MASTERS -USA****D QUIGGIN, D PAINTER, K LODWIG, L CHILDS****SAMS record: 2:12.53 S 2019-03-21 Coelacanth (PE) COEL-TSH****T Downes, D Fyfe, J van Niekerk, D Arbuthnot**

| | | | | | |
|---|-------------------------|------------------------|----------------------|--------------------------|----|
| 1 | Coelacanth MSC-TSH | A | 2:34.00 | 2:33.20 | 20 |
| | 1) Burger, Francois M71 | 2) Pretorius, Boet M67 | 3) Fyfe, Derek M80 | 4) Swanepoel, Pieter M71 | |
| | 40.13 | 1:14.66 (34.53) | 1:53.26 (38.60) | 2:33.20 (39.94) | |
| 2 | Phoenix MSC-JHB | B | 2:41.00 | 2:48.82 | 18 |
| | 1) Wolpe, Russel M83 | 2) Petersen, John M75 | 3) Maltby, Derek M73 | 4) Morley, John M58 | |
| | 52.96 | 1:30.11 (37.15) | 2:15.08 (44.97) | 2:48.82 (33.74) | |

**South African Masters Swimming 36th LC Champs
11-14 March 2020 at the Delville pool Germiston**

Results

(Event 32 Men 280-319 4x50 LC Meter Freestyle Relay)

| | | | | | |
|-----|---------------------------------|-------------------------|----------------------------|----------------------------|----|
| 3 | Synergy MSC-ETH | A | 2:20.00 | 2:55.24 | 16 |
| | 1) Saunders, Jim M83 | 2) Cameron, Mike M84 | 3) Robinson, Graham M71 | 4) Hughes, Jimmy M77 | |
| | 53.64 | 1:38.83 (45.19) | 2:19.16 (40.33) | 2:55.24 (36.08) | |
| 4 | Masters East Gauteng Aquatics-E | A | 3:00.00 | 3:31.47 | 14 |
| | 1) Vile, Danny M68 | 2) Naude, Sarel M82 | 3) Gordon-Davis, Brian M67 | 4) Gordon-Davis, Colin M65 | |
| | 41.89 | 2:14.17 (1:32.28) | 2:52.20 (38.03) | 3:31.47 (39.27) | |
| 5 | Coelacanth MSC-TSH | B | 4:34.00 | 3:34.49 | 12 |
| | 1) Harrop-Allin, Anton M75 | 2) von Geysso, Carl M68 | 3) van Renen, Owen M73 | 4) van Rooy, Jacques M67 | |
| | 45.60 | 1:23.98 (38.38) | 2:51.55 (1:27.57) | 3:34.49 (42.94) | |
| --- | Cape Town MSC-CPT | A | 2:14.00 | NS | |

Event 32 Men 320-359 4x50 LC Meter Freestyle Relay

WORLD record: 2:20.89 W 2003-07-21 JUEI CLUB -JPN
S SHIDA, K NAKAMURA, K SHIRAYAMA, I TAMURA
SAMS record: 4:00.09 S 2014-03-15 Coelacanth (Blm)
A Beukes, S Theron, M Mulder, W Duncombe

| | | | | | |
|---|---------------------|-------------------------|----------------------|--------------------|----|
| 1 | Wahoo MSC-JHB | G | 3:55.00 | 2:58.38 | 20 |
| | 1) Garson, John M82 | 2) Hutchings, Peter M85 | 3) Myers, Winton M76 | 4) Galvin, Pat M87 | |
| | 49.98 | 1:42.74 (52.76) | 2:23.82 (41.08) | 2:58.38 (34.56) | |