

South African Masters Swimming 36th LC Champs Open Water

15 March 2020 at Homestead Dam Benoni

Results - Sunday morning

Event 2 Women 18-24 3k Open Water 3 Kilometre

42:49.00 18-24 OWQT SAMS Colours 2019-20

Name	Age	Team	Finals Time	Points
1 Carlisle, Caylin	20	Florida SC - Masters-JHB	54:53.00	24

Event 2 Women 25-29 3k Open Water 3 Kilometre

42:49.00 25-29 OWQT SAMS Colours 2019-20

1 Coetzer, Dida	28	Coelacanth MSC-TSH	1:18:09.00	24
2 Ledbitter, Dawn	27	Coelacanth MSC-TSH	1:20:50.00	20

Event 2 Women 30-34 3k Open Water 3 Kilometre

43:22.00 30-34 OWQT SAMS Colours 2019-20

1 Harvey, Katherine	31	Wahoo MSC-JHB	1:02:35.00	24
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Event 2 Women 35-39 3k Open Water 3 Kilometre

44:13.00 35-39 OWQT SAMS Colours 2019-20

1 Vreenegoor, Joanne	38	Coelacanth MSC-TSH	1:01:34.00	24
2 Theron, Sashi	36	Coelacanth MSC-TSH	1:06:04.00	20
--- Louw, San-Mari	35	Coelacanth MSC-TSH	NS	

Event 2 Women 40-44 3k Open Water 3 Kilometre

43:49.00 40-44 OWQT SAMS Colours 2019-20

1 Tudorich-Ghemo, Danielle	43	Waterborn SC - Masters-JHB	50:09.00	24
--- Kruger, Sam	42	Aquazone SC - Masters-ETH	NS	

Event 2 Women 45-49 3k Open Water 3 Kilometre

44:51.00 45-49 OWQT SAMS Colours 2019-20

1 Osborne, Tanya	47	Fish Eagles MSC-EDD	47:42.00	24
2 Boshoff, Anneke	48	Coelacanth MSC-TSH	48:05.00	20
3 Amner, Claire	46	Cape Town MSC-CPT	51:10.00	16
--- Zagenhagen, Karen	46	Coelacanth MSC-TSH	NS	
--- Albertyn, Megan	47	Coelacanth MSC-TSH	NS	

Event 2 Women 50-54 3k Open Water 3 Kilometre

44:33.00 50-54 OWQT SAMS Colours 2019-20

1 Kennedy, Karen	54	Waterborn SC - Masters-JHB	53:20.00	24
--- Naude, Caren	53	Waterborn SC - Masters-JHB	NS	
--- Stiemens, Marcelle	53	Synergy MSC-ETH	NS	
--- Homveld, Jade	54	Coelacanth MSC-TSH	NS	

Event 2 Women 55-59 3k Open Water 3 Kilometre

46:00.00 55-59 OWQT SAMS Colours 2019-20

1 Grobler, Jana	55	Coelacanth MSC-TSH	1:03:03.00	24
2 Verryyn, Sabine	59	Coelacanth MSC-TSH	1:03:12.00	20
3 Wallace, Mandi	59	Fish Eagles MSC-EDD	1:05:27.00	16
4 Bridges, Carole	58	Wahoo MSC-JHB	1:07:56.00	14
5 Smith, Ruth	56	Waterborn SC - Masters-JHB	1:08:45.00	12

Event 2 Women 60-64 3k Open Water 3 Kilometre

49:21.00 60-64 OWQT SAMS Colours 2019-20

1 Trusler, Ingrid	61	Coelacanth MSC-TSH	48:25.00	OWQT	24
2 O'Brien, Carol	60	Aqua Athlete AC - Masters-JHB	1:01:26.00		20
3 Castle, Karen	61	Waterborn SC - Masters-JHB	1:05:22.00		16
--- Degenaar, Jean	60	Cape Town MSC-CPT	NS		

Event 2 Women 65-69 3k Open Water 3 Kilometre

54:37.00 65-69 OWQT SAMS Colours 2019-20

1 Mons, Maureen	69	Phoenix MSC-JHB	58:18.00		24
2 Rollnick, Marissa	69	Phoenix MSC-JHB	1:01:11.00		20
--- Louw, Niki	65	Winelands MSC-CPT	NS		

South African Masters Swimming 36th LC Champs Open Water**15 March 2020 at Homestead Dam Benoni****Results - Sunday morning****Event 2 Women 70-74 3k Open Water 3 Kilometre****1:02:03.00 70-74 OWQT SAMS Colours 2019-20**

1 Crawford, Linda 70 Phoenix MSC-JHB 1:06:36.00 24

Event 2 Women 75-79 3k Open Water 3 Kilometre**1:08:50.00 75-79 OWQT SAMS Colours 2019-20**

1 Rees, Jane 76 Coelacanth MSC-TSH 1:38:18.00 24

Event 2 Men 35-39 3k Open Water 3 Kilometre**39:33.00 35-39 OWQT SAMS Colours 2019-20**

1 Geldenhys, Cassel 35 Coelacanth MSC-TSH 49:51.00 24

--- Barson, Shaun 38 Florida SC - Masters-JHB NS

Event 2 Men 40-44 3k Open Water 3 Kilometre**40:08.00 40-44 OWQT SAMS Colours 2019-20**

1 Parkin, Terence 40 Wahoo MSC-JHB 46:26.00 24

2 Gifford, Jason 43 Coelacanth MSC-TSH 51:25.00 20

--- Sheftz, Owen 43 Wahoo MSC-JHB NS

--- Swart, John 43 Wahoo MSC-JHB NS

--- Kruger, Denver 41 Aquazone SC - Masters-ETH NS

--- Morris, Nic 42 Wahoo MSC-JHB NS

Event 2 Men 45-49 3k Open Water 3 Kilometre**39:42.00 45-49 OWQT SAMS Colours 2019-20**

1 Ford, Coillard 46 Coelacanth MSC-TSH 42:38.00 24

2 Jacobsz, Willie 46 Coelacanth MSC-TSH 59:09.00 20

3 du Toit, Stephanus 48 Coelacanth MSC-TSH 1:06:19.00 16

--- Papadopoulos, Terry 48 Coelacanth MSC-TSH NS

--- Ford, Andrew 45 Wahoo MSC-JHB NS

Event 2 Men 50-54 3k Open Water 3 Kilometre**41:18.00 50-54 OWQT SAMS Colours 2019-20**

1 Albertyn, Gary 51 Coelacanth MSC-TSH 42:35.00 24

2 Glover, John 54 Waterborn SC - Masters-JHB 46:25.00 20

3 Neumann, Andy 50 Coelacanth MSC-TSH 59:11.00 16

4 Alberts, Andre 54 Coelacanth MSC-TSH 1:04:47.00 14

5 Williams, Jean 50 Coelacanth MSC-TSH 1:17:13.00 12

6 Jay, Willie 50 Coelacanth MSC-TSH 1:38:24.00 10

--- Smith, Damian 53 Waterborn SC - Masters-JHB NS

--- Greaves, Gordon 54 Phoenix MSC-JHB NS

--- Carstens, FC 50 Coelacanth MSC-TSH NS

--- Grobler, Francois 52 Waterborn SC - Masters-JHB NS

Event 2 Men 55-59 3k Open Water 3 Kilometre**43:49.00 55-59 OWQT SAMS Colours 2019-20**

1 Duncan, Ross 58 Wahoo MSC-JHB 51:29.00 24

2 Pretorius, Johann 57 Coelacanth MSC-TSH 57:52.00 20

--- Tustin, Royden 58 Wahoo MSC-JHB NS

Event 2 Men 60-64 3k Open Water 3 Kilometre**45:12.00 60-64 OWQT SAMS Colours 2019-20**

1 Upneck, Russell 64 Synergy MSC-ETH 49:45.00 24

2 Hurwitz, Neriell 60 Wahoo MSC-JHB 54:30.00 20

3 Lotkin, Roy 61 Waterborn SC - Masters-JHB 1:03:15.00 16

--- Wallace, Cliff 61 Fish Eagles MSC-EDD NS

Event 2 Men 65-69 3k Open Water 3 Kilometre**48:32.00 65-69 OWQT SAMS Colours 2019-20**

1 Spies, Izak 66 Cape Town MSC-CPT 48:39.00 24

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2	Keeling, Guy	67	Coelacanth MSC-TSH	1:03:05.00	20
3	Knoetze, Hugo	67	Coelacanth MSC-TSH	1:18:00.00	16
---	Louw, Attie	67	Winelands MSC-CPT	NS	

Event 2 Men 70-74 3k Open Water 3 Kilometre**51:44.00 70-74 OWQT SAMS Colours 2019-20**

---	Maltby, Derek	73	Phoenix MSC-JHB	NS	
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Event 2 Men 80-84 3k Open Water 3 Kilometre**1:06:52.00 80-84 OWQT SAMS Colours 2019-20**

1	Fyfe, Derek	80	Coelacanth MSC-TSH	1:07:53.00	24
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