



37th SOUTH AFRICAN MASTERS SWIMMING CHAMPIONSHIPS

ENTRY FORM FOR THE OPEN WATER SWIM – 13th MARCH 2022



Venue: The Elgin River Lodge on the Palmiet River

Surname: _____ Name: _____

Gender (indicate with an X): Male: _____ Female: _____

Postal Address: _____

Date of Birth: Day: _____ Month: _____ Year: _____ Age on 31/12/2022 _____

Contact Details:

Tel: _____ Cell: _____ E-mail: _____

ID Number: _____

Club Name: _____ Region: _____

Emergency Contact number: _____

Please indicate your latest time and which event you will be entering.

| Events and Categories – Registration 10h00 | | | Latest Time |
|--|-----|----------------------------|-------------|
| Event 1 | 1Km | Mixed - Start time – 11h00 | |
| Event 2 | 3Km | Mixed - Start time – 11h30 | |

Events 1 & 2 will be swum 30 minutes apart - Swimmers entering the 1km event will be required to leave the water on completion of the 1km swim.

Swimmers entering for the 3km will only receive the time for the 3km event i.e., they will not receive a time for the 1km event as well.

Medals will be awarded for 1st, 2nd & 3rd for swimmers registered with their applicable aquatics body and with SA Masters Swimming. Competitors must be present to receive their medals.

1. It is compulsory to wear bright swimming caps.
2. Kindly complete all sections of this form. Print clearly. NB – Make a copy for your records!
3. Return your **OWS Entry Form to YOUR CLUB - together with your Pool Entry Form by 14/01/2022.** (Your **R200** entry fee for the open water must be included as part of your total fees, as provided for on the 2022 Nationals Registration Form).
4. No refunds if competitor withdraws.

Indemnity: By entering, I agree that I participate at my own risk. I waive any claim arising from or connected with any injury or loss that I may sustain while, or as a result of, participating in any Masters Swimming or related activity. Whether, caused by negligence, or otherwise, against Big Bay Events, the Western Cape Masters Swimming Association and South African Masters Swimming, their officers, members, employees, agents and assistants and indemnify them in respect of any claim against them, arising from my participation in Masters Swimming or related activity.

SIGNATURE: _____ **DATE:** _____

Note: Chalets may be booked through Rowina for Saturday night at info@elginriverlodge.co.za or 021 846 8345

The reduce rate for Sunday night 13th March 2022 for master’s swimmers and friends:

Standard chalet, accommodating two people is R1400 per night, rates are inclusive of breakfast.

Family chalet, open plan room, consisting of a king and double bunk @ R1900 per night (2 adults & 2 kids)

Weekend Rate Friday and Saturday - 2022 (minimum of two-night stay):

Standard chalet, accommodating two people is R1700 per night, rates are inclusive of breakfast.

Please note that there are no self-catering facilities in the chalets and no outside food or drink is allowed on the premises, we have a fully licensed bar and restaurant to cater to all your needs.