

GMS SC Championships 2020 - 21/11/2020

Gauteng Masters Swimming

Results

Event 1 Women 30-34 200 SC Meter Freestyle

WORLD record: 2:00.73 W 14/11/2018 Veronica BALSANO BRA
SAMS record: 2:16.37 S 14/10/2018 Tarryn Stanford (Stb) CPTW-CPT
GMS record: 2:27.86 G 07/03/1993 CHRIS MACKINNON
 2:10.61 30-34 SAQT SAMS Colours 2019-20
 2:19.75 30-34 CGQT GMS Colours 2019-20

Name	Age	Team	Button 1	Button 2	Button 3	Finals Time	Points
1 Strydom, Cyndi	33	Wahoo Masters-JH	2:21.96			2:21.96 G	12

Event 1 Women 35-39 200 SC Meter Freestyle

WORLD record: 2:03.12 W 25/03/2012 Hitomi MATSUDA JPN
SAMS record: 2:15.34 S 1994 A Momberg (CT)
GMS record: 2:20.39 G 29/10/2006 Rachele Isakov (Jhb)
 2:13.41 35-39 SAQT SAMS Colours 2019-20
 2:22.76 35-39 CGQT GMS Colours 2019-20

1 Theron, Sashi	36	Coelacanth MSC-TS	3:08.52			3:08.52	12
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Event 1 Women 40-44 200 SC Meter Freestyle

WORLD record: 2:05.26 W 14/12/2003 K.PIPES-NEILSEN USA
SAMS record: 2:11.26 S 17/07/2008 Amanda Picard (CT)
GMS record: 2:23.49 G 25/10/2008 Heather Morris-Eyton (Jhb)
 2:14.99 40-44 SAQT SAMS Colours 2019-20
 2:24.44 40-44 CGQT GMS Colours 2019-20

1 Wiehahn, Jana	43	Coelacanth MSC-TS	2:39.26			2:39.26	12
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Event 1 Women 55-59 200 SC Meter Freestyle

WORLD record: 2:13.58 W 28/02/2016 Lynn MARSHALL CAN
SAMS record: 2:22.15 S 25/06/2017 Cecilia Stanford (Stb) CPTW-WP
GMS record: 2:39.47 G 11/06/2006 Marissa Rollnick (Jhb)
 2:23.14 55-59 SAQT SAMS Colours 2019-20
 2:33.16 55-59 CGQT GMS Colours 2019-20

1 Kotzé, Debbie	59	Coelacanth MSC-TS	3:08.89		3:08.77	3:08.89	12
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Event 1 Women 60-64 200 SC Meter Freestyle

WORLD record: 2:15.93 W 13/10/2018 Jenny WHITELEY AUS
SAMS record: 2:26.94 S 19/07/2015 Diane Coetzee (CT) CPTW-WP
GMS record: 2:54.87 G 13/06/2015 Maureen Mons (Jhb) PHOE-CG
 2:34.37 60-64 SAQT SAMS Colours 2019-20
 2:45.18 60-64 CGQT GMS Colours 2019-20

1 Trusler, Ingrid	61	Coelacanth MSC-TS	2:39.26			2:39.26 CGQT	12
2 Murray, Sandy	60	Wahoo Masters-JH	3:38.28		3:38.05	3:38.28	10
3 Vorster, Merryll	64	Phoenix MSC-JH	3:49.72		3:49.56	3:49.72	8

Event 1 Women 65-69 200 SC Meter Freestyle

WORLD record: 2:23.26 W 18/11/2017 Laura VAL USA
SAMS record: 2:37.00 S 19/10/2014 Sanderina Kruger (Stb) CPTW-WP
GMS record: 2:51.80 G 23/07/2016 Maureen Mons (Jhb) PHOE-CG
 2:45.18 65-69 SAQT SAMS Colours 2019-20
 2:56.74 65-69 CGQT GMS Colours 2019-20

1 Mons, Maureen	69	Phoenix MSC-JH	2:56.42		2:56.27	2:56.42 CGQT	12
2 Vorwerk Marren, Ingrid	69	Coelacanth MSC-TS	4:53.09		4:52.87	4:53.09	10

Event 1 Women 70-74 200 SC Meter Freestyle

WORLD record: 2:43.60 W 20/11/2016 Diann UUSTAL USA
SAMS record: 3:15.41 S 14/01/2017 Bev Shuttleworth (Dbn) HIGH-KZ
GMS record: 59:59.99 G Vacant
 3:04.04 70-74 SAQT SAMS Colours 2019-20
 3:16.92 70-74 CGQT GMS Colours 2019-20

1 FYFE, JOYCE	73	Coelacanth MSC-TS	4:08.68			4:08.68	12
2 Lawless, Helen	71	Wahoo Masters-JH	4:20.09			4:20.09 G	10

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 1 Women 75-79 200 SC Meter Freestyle**

WORLD record: 2:51.65 W 26/01/2013 Yoshiko OSAKI
SAMS record: 3:39.15 S 29/08/2015 Sue Leuner (Jhb)
GMS record: 3:39.15 G 29/08/2015 Sue Leuner (Jhb)
 3:23.60 75-79 SAQT SAMS Colours 2019-20
 3:37.85 75-79 CGQT GMS Colours 2019-20

JPN
 PHOE-CG
 PHOE-CG

1 Rees, Jane 76 Coelacanth MSC-TS 5:47.27 5:47.72 5:47.27 12

Event 1 Women 80-84 200 SC Meter Freestyle

WORLD record: 3:00.43 W 10/02/2018 Yoshiko OSAKI
SAMS record: 4:44.60 S 24/08/2019 Ann Hanson (Jhb)
GMS record: 59:59.99 G Vacant
 3:44.73 80-84 SAQT SAMS Colours 2019-20
 4:00.46 80-84 CGQT GMS Colours 2019-20

JPN
 COEL-TSH

1 HANSON, Ann 82 Coelacanth MSC-TS 4:54.92 4:54.81 4:54.92 12

Event 1 Men 30-34 200 SC Meter Freestyle

WORLD record: 1:46.12 W 27/09/2014 Darian TOWNSEND
SAMS record: 2:04.37 S 26/11/2005 Paul Fryer (Jhb)
GMS record: 2:04.37 G 26/11/2005 Paul Fryer (Jhb)
 1:55.16 30-34 SAQT SAMS Colours 2019-20
 2:03.22 30-34 CGQT GMS Colours 2019-20

USA

1 Badenhorst, Nardus 30 Wahoo Masters-JH 2:14.30 2:14.30 12

Event 1 Men 35-39 200 SC Meter Freestyle

WORLD record: 1:51.31 W 14/12/2003 Erik HOCHSTEIN
SAMS record: 2:03.30 S 27/09/2014 Bradley Reen (PE)
GMS record: 2:06.00 G 19/05/2012 Simon Thirsk (Jhb)
 1:57.38 35-39 SAQT SAMS Colours 2019-20
 2:05.60 35-39 CGQT GMS Colours 2019-20

USA
 AQUB-EP

1 Crous, Kobus 38 Coelacanth MSC-TS 2:46.57 2:46.57 12

Event 1 Men 45-49 200 SC Meter Freestyle

WORLD record: 1:52.87 W 09/03/2012 Nicolas GRANGER
SAMS record: 2:03.78 S 9/1995 T Downes (Jhb)
GMS record: 2:19.62 G 11/06/2006 Quirin Kohler (Jhb)
 2:01.48 45-49 SAQT SAMS Colours 2019-20
 2:09.98 45-49 CGQT GMS Colours 2019-20

FRA

1 Gasson, Martin 47 Wahoo Masters-JH 2:18.63 2:18.46 2:18.37 2:18.46G 12

2 Fubbs, Matt 48 Wahoo Masters-JH 3:05.62 3:05.84 3:05.94 3:05.84 10

Event 1 Men 50-54 200 SC Meter Freestyle

WORLD record: 1:54.61 W 14/10/2011 Ambrose GAINES
SAMS record: 2:05.95 S 02/09/1999 T Downes (Jhb)
GMS record: 2:21.60 G 16/10/1994 William Wilson
 2:02.34 50-54 SAQT SAMS Colours 2019-20
 2:10.90 50-54 CGQT GMS Colours 2019-20

USA

1 Collins, Tom 53 Waterborn SC - Masters-JH 2:37.22 2:37.22 12

2 Morgan, Colin 54 Coelacanth MSC-TS 2:39.56 2:39.56 10

3 Carstens, FC 50 Coelacanth MSC-TS 2:51.44 2:51.23 2:51.44 8

Event 1 Men 55-59 200 SC Meter Freestyle

WORLD record: 1:59.08 W 21/11/2009 Michael MANN
SAMS record: 2:14.78 S 25/10/2008 Terry Downes (Jhb)
GMS record: 2:18.10 G 24/08/2019 Grant Pretorius (Jhb)
 2:09.64 55-59 SAQT SAMS Colours 2019-20
 2:18.71 55-59 CGQT GMS Colours 2019-20

USA

WAHO-JHB

1 Uitenweerde, Lourens 56 Coelacanth MSC-TS 3:03.61 3:03.36 3:03.61 12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 1 Men 70-74 200 SC Meter Freestyle**

WORLD record: 2:19.63 W 17/11/2018 Dan KIRKLAND USA
SAMS record: 2:34.95 S 13/07/2019 Terry Downes (Jhb) COEL-TSH
GMS record: 3:09.45 G 10/06/2007 Russel Wolpe (Jhb)
 2:37.52 70-74 SAQT SAMS Colours 2019-20
 12:48.55 70-74 CGQT GMS Colours 2019-20

1 MALTBY, DEREK 73 Phoenix MSC-JH 3:20.78 3:20.63 3:20.78 CGQT 12

Event 1 Men 75-79 200 SC Meter Freestyle

WORLD record: 2:27.53 W 18/04/2009 David RADCLIFF USA
SAMS record: 3:01.01 S 04/03/2018 Jimmy Hughes (Dbn) EACS-ETH
GMS record: 3:40.94 G 17/08/2013 Russel Wolpe (Jhb) PHOE-CG
 2:49.02 75-79 SAQT SAMS Colours 2019-20
 3:00.85 75-79 CGQT GMS Colours 2019-20

1 Prior, Ronald 75 Wahoo Masters-JH 3:23.03 3:22.94 3:22.96 3:22.96 G 12

2 Myers, Winton 76 Wahoo Masters-JH 3:50.38 3:50.26 3:50.38 10

3 Jennings, Ross 75 Coelacanth MSC-TS 4:44.94 4:44.84 4:44.94 8

Event 1 Men 80-84 200 SC Meter Freestyle

WORLD record: 2:38.25 W 28/09/2014 David RADCLIFF USA
SAMS record: 3:25.02 S 23/04/2017 Dave McLachlan (CT) CPTW-WP
GMS record: 4:01.85 G 15/07/2017 Russel Wolpe (Jhb) PHOE-JHB
 3:10.02 80-84 SAQT SAMS Colours 2019-20
 3:23.32 80-84 CGQT GMS Colours 2019-20

1 FYFE, DEREK 80 Coelacanth MSC-TS 3:41.23 3:41.21 3:41.25 3:41.23 12

Event 1 Men 85-89 200 SC Meter Freestyle

WORLD record: 2:55.35 W 30/01/2016 Roberto ALBERICHE ESP
SAMS record: 4:15.50 S 9/2001 G May (Pmb)
GMS record: 6:16.66 G 11/06/2005 Jack Brink (Jhb)
 3:55.72 85-89 SAQT SAMS Colours 2019-20
 4:12.22 85-89 CGQT GMS Colours 2019-20

1 HUTCHINGS, PETER 85 Wahoo Masters-JH 6:27.10 6:27.02 6:27.10 12

Event 2 Women 30-34 50 SC Meter Butterfly

WORLD record: 27.08 W 10/01/2016 Yuka KATO JPN
SAMS record: 30.67 S 31/10/2015 Thilde Victor (Jhb) VASM-ES
GMS record: 31.40 G 16/08/2003 Claire Bolton (Jhb)
 29.03 30-34 SAQT SAMS Colours 2019-20
 31.06 30-34 CGQT GMS Colours 2019-20

1 Sullivan, Kristen 31 Wahoo Masters-JH 31.79 31.56 31.79 12

Event 2 Women 45-49 50 SC Meter Butterfly

WORLD record: 28.53 W 15/10/2017 Yuriko IKEDA JPN
SAMS record: 29.37 S 14/04/2011 Edith Ottermann (CT)
GMS record: 35.45 G 19/07/2014 Karen Kennedy (Jhb) PHOE-CG
 30.55 45-49 SAQT SAMS Colours 2019-20
 32.69 45-49 CGQT GMS Colours 2019-20

1 Struwig, Nicky 48 Coelacanth MSC-TS 45.19 45.19 12

Event 2 Women 65-69 50 SC Meter Butterfly

WORLD record: 33.06 W 19/11/2017 Laura VAL USA
SAMS record: 38.99 S 16/10/2016 Sanderina Kruger (Stb) CPTW-WP
GMS record: 52.77 G 11/06/2016 Linda Crawford (Jhb) PHOE-CG
 37.58 65-69 SAQT SAMS Colours 2019-20
 40.21 65-69 CGQT GMS Colours 2019-20

1 Lion-Cachet, Amelia 65 Free State MSC-MA 43.92 43.59 43.92 12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 2 Women 70-74 50 SC Meter Butterfly**

WORLD record:	35.12	W	05/03/2016	Diann UUSTAL			USA	
SAMS record:	41.96	S	24/10/2015	Elsa Craig (PE)			BEST-EP	
GMS record:	59:59.99	G		Vacant				
	42.66			70-74 SAQT SAMS Colours 2019-20				
	45.65			70-74 CGQT GMS Colours 2019-20				
1	CRAWFORD, LINDA		70	Phoenix MSC-JH	53.82		53.82 G	12
2	Lawless, Helen		71	Wahoo Masters-JH	54.10	53.84	54.10 G	10

Event 2 Men 18-24 50 SC Meter Butterfly

WORLD record:	0.01	W	2000	Invalid FINA age group					
SAMS record:	26.87	S	20/10/2019	Francois Rossouw (Stb)			CPTW-CPT		
GMS record:	27.54	G	17/08/2013	Justin Nicklin (Jhb)			AQUA-CG		
	24.74			18-24 SAQT SAMS Colours 2019-20					
	26.47			18-24 CGQT GMS Colours 2019-20					
1	Pakamile, Sandile		24	Wahoo Masters-JH	45.71	45.63	45.60	45.67	12

Event 2 Men 35-39 50 SC Meter Butterfly

WORLD record:	23.12	W	18/11/2018	Roland SCHOEMAN			USA	
SAMS record:	27.36	S	19/10/2014	Jay Richards (Stb)			CPTW-WP	
GMS record:	27.68	G	19/05/2012	Simon Thirsk (Jhb)				
	25.70			35-39 SAQT SAMS Colours 2019-20				
	27.50			35-39 CGQT GMS Colours 2019-20				
1	Crous, Kobus		38	Coelacanth MSC-TS	31.90		31.90	12

Event 2 Men 45-49 50 SC Meter Butterfly

WORLD record:	24.38	W	19/03/2017	Eiji NOMURA			JPN		
SAMS record:	27.25	S	16/10/2011	Bryan Tatterson (Orl-USA)					
GMS record:	27.62	G	26/11/2005	Gregg Price (Jhb)					
	26.67			45-49 SAQT SAMS Colours 2019-20					
	28.54			45-49 CGQT GMS Colours 2019-20					
1	Ford, Andrew		45	Wahoo Masters-JH	30.76		29.94	30.76	12

Event 2 Men 50-54 50 SC Meter Butterfly

WORLD record:	25.49	W	16/05/2009	Dan THOMPSON			CAN		
SAMS record:	27.93	S	21/07/2019	Robert Taylor (CT)			CPTW-CPT		
GMS record:	28.05	G	08/07/2006	Andre Steynberg (Jhb)					
	27.31			50-54 SAQT SAMS Colours 2019-20					
	29.22			50-54 CGQT GMS Colours 2019-20					
1	Smith, Damian		53	Waterborn SC - Masters-JH	39.80		39.64	39.80	12

Event 2 Men 55-59 50 SC Meter Butterfly

WORLD record:	26.45	W	18/05/2013	Dan THOMPSON			CAN		
SAMS record:	27.18	S	13/10/2019	Bryan Tatterson (Orl-USA)			SYNR-ETH		
GMS record:	28.48	G	27/10/2012	Andre Steynberg (Jhb)					
	28.12			55-59 SAQT SAMS Colours 2019-20					
	30.09			55-59 CGQT GMS Colours 2019-20					
1	Davy, Kevin		57	Wahoo Masters-JH	41.59		41.39	41.59	12

Event 2 Men 60-64 50 SC Meter Butterfly

WORLD record:	26.78	W	13/05/2017	Dan THOMPSON			CAN		
SAMS record:	30.41	S	16/09/2010	Halton Cheadle (CT)					
GMS record:	30.87	G	13/07/2019	Quirin Kohler (Jhb)			PHOE-JHB		
	29.65			60-64 SAQT SAMS Colours 2019-20					
	31.73			60-64 CGQT GMS Colours 2019-20					
1	KOHLER, QUIRIN		61	Phoenix MSC-JH	32.84		33.01	32.84	12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 2 Men 65-69 50 SC Meter Butterfly**

WORLD record: 28.65 W 03/03/2018 Doug MARTIN USA
SAMS record: 29.94 S 26/03/2017 Tim Shead (SWE) CPTW-WP
GMS record: 35.28 G 06/11/2010 John Petersen (Jhb)
 31.17 65-69 SAQT SAMS Colours 2019-20
 33.35 65-69 CGQT GMS Colours 2019-20

1	ARBUTHNOT, DAVID	67	Coelacanth MSC-TS	37.68		37.68	12
2	Pretorius, Boet	67	Coelacanth MSC-TS	43.42		43.42	10

Event 3 Women 35-39 100 SC Meter Backstroke

WORLD record: 1:00.43 W 19/11/2017 Noriko INADA USA
SAMS record: 1:08.96 S 11/2006 Marianne Kriel (CT) CPTW-WP
GMS record: 1:21.75 G 26/08/2006 Heather Morris-Eyton (Jhb)
 1:07.71 35-39 SAQT SAMS Colours 2019-20
 1:12.45 35-39 CGQT GMS Colours 2019-20

1	Hunt, Justine	39	Waterborn SC - Masters-JH	1:14.88	1:14.70	1:14.88 G	12
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Event 3 Women 55-59 100 SC Meter Backstroke

WORLD record: 1:08.33 W 20/01/2017 Karlyn PIPES USA
SAMS record: 1:17.84 S 16/10/2016 Cecilia Stanford (Stb) CPTW-WP
GMS record: 1:24.68 G 19/05/2012 Clare Davie (Jhb)
 1:16.02 55-59 SAQT SAMS Colours 2019-20
 1:21.34 55-59 CGQT GMS Colours 2019-20

1	BRIDGES, CAROLE	58	Wahoo Masters-JH	2:08.18		2:08.18	12
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Event 3 Women 65-69 100 SC Meter Backstroke

WORLD record: 1:13.08 W 01/12/2018 Laura VAL USA
SAMS record: 1:28.59 S 03/03/2019 Morag Bromfield (Dbn) SYN-ETH
GMS record: 2:06.77 G 03/02/1996 Caroline Kelly
 1:28.81 65-69 SAQT SAMS Colours 2019-20
 1:35.03 65-69 CGQT GMS Colours 2019-20

1	Vorwerk Marren, Ingrid	69	Coelacanth MSC-TS	2:38.62	2:38.65	2:38.63	12
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Event 3 Women 70-74 100 SC Meter Backstroke

WORLD record: 1:22.15 W 22/03/2015 Margit OHLSSON SWE
SAMS record: 1:44.76 S 27/07/2014 Lenchen Zundorf (Stb) CPTW-WP
GMS record: 59:59.99 G Vacant
 1:37.17 70-74 SAQT SAMS Colours 2019-20
 1:43.97 70-74 CGQT GMS Colours 2019-20

1	FYFE, JOYCE	73	Coelacanth MSC-TS	2:23.97		2:23.97	12
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Event 3 Women 75-79 100 SC Meter Backstroke

WORLD record: 1:27.40 W 21/07/2019 Clary MUNNS AUS
SAMS record: 1:45.43 S 08/06/2019 Geraldine Janssens (Jhb) FINS-MPD
GMS record: 1:57.66 G 13/06/2015 Sue Leuner (Jhb) PHOE-CG
 1:44.06 75-79 SAQT SAMS Colours 2019-20
 1:51.34 75-79 CGQT GMS Colours 2019-20

1	ANGELOS, MERLE	75	SYNERGY MASTERS SWIMI	2:22.25	2:22.05	2:22.25	12
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Event 3 Men 40-44 100 SC Meter Backstroke

WORLD record: 54.85 W 07/12/2008 Michael ROSS USA
SAMS record: 1:01.87 S 15/04/2018 Andreas le Roux (CT) CPTW-CPT
GMS record: 1:08.52 G 23/10/2005 Mike Kritzinger (Jhb)
 59.78 40-44 SAQT SAMS Colours 2019-20
 1:03.96 40-44 CGQT GMS Colours 2019-20

1	Hanauer, Anthony	43	Wahoo Masters-JH	2:30.36	2:30.17	2:30.36	12
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GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 3 Men 55-59 100 SC Meter Backstroke**

WORLD record:	1:00.78	W	20/10/2018	Fritz BEDFORD					USA	
SAMS record:	1:05.72	S	19/05/2012	Andre Steynberg (Jhb)						
GMS record:	1:05.72	G	19/05/2012	Andre Steynberg (Jhb)						
	1:05.48			55-59 SAQT SAMS Colours 2019-20						
	1:10.06			55-59 CGQT GMS Colours 2019-20						
1	RUCK, HARALD		55	Coelacanth MSC-TS	1:05.26	1:05.41	1:05.33	1:05.33	S SAQT	12

Event 3 Men 80-84 100 SC Meter Backstroke

WORLD record:	1:23.24	W	11/11/2017	David COSTILL					USA	
SAMS record:	1:52.31	S	14/10/2018	Dave McLachlan (Stb)					CPTW-CPT	
GMS record:	2:13.47	G	29/09/2001	Jack Brink (Jhb)						
	1:41.37			80-84 SAQT SAMS Colours 2019-20						
	1:48.36			80-84 CGQT GMS Colours 2019-20						
1	FYFE, DEREK		80	Coelacanth MSC-TS	1:44.00	1:44.01	1:44.03	1:44.01	S CGQT	12
2	GARSON, JOHN		82	Wahoo Masters-JH	2:34.95		2:34.76	2:34.95		10

Event 4 Women 30-34 100 SC Meter IM

WORLD record:	1:02.52	W	13/10/2012	Erika ERNDL					USA	
SAMS record:	1:13.38	S	27/10/2018	Cyndi Strydom (Jhb)					WAHO-JHB	
GMS record:	1:13.54	G	18/08/2018	Cindi Strydom (Jhb)					WAHO-JHB	
	1:07.03			30-34 SAQT SAMS Colours 2019-20						
	1:11.72			30-34 CGQT GMS Colours 2019-20						
1	Conradie, Melissa		34	Coelacanth MSC-TS	1:30.73		1:30.57	1:30.73		12

Event 4 Women 50-54 100 SC Meter IM

WORLD record:	1:07.85	W	07/11/2015	Anette PHILIPSSON					SWE	
SAMS record:	1:11.56	S	14/04/2011	Cecilia Stanford (CT)						
GMS record:	1:27.81	G	12/05/2007	Clare Davie (Jhb)						
	1:12.82			50-54 SAQT SAMS Colours 2019-20						
	1:17.92			50-54 CGQT GMS Colours 2019-20						
1	Kennedy, Karen		54	Waterborn SC - Masters-JH	1:32.75		1:32.57	1:32.75		12

Event 4 Women 55-59 100 SC Meter IM

WORLD record:	1:09.08	W	21/01/2017	Karlyn PIPES					USA	
SAMS record:	1:16.82	S	17/04/2016	Cecilia Stanford (CT)					CPTW-WP	
GMS record:	1:28.37	G	11/11/2000	Anne Jones (Jhb)						
	1:16.22			55-59 SAQT SAMS Colours 2019-20						
	1:21.56			55-59 CGQT GMS Colours 2019-20						
1	Dressler, Annemarie		56	Coelacanth MSC-TS	1:29.44			1:29.44		12
2	Smith, Ruth		56	Waterborn SC - Masters-JH	1:44.03		1:43.81	1:44.03		10

Event 4 Women 65-69 100 SC Meter IM

WORLD record:	1:16.67	W	19/11/2016	Laura VAL					USA	
SAMS record:	1:32.22	S	02/04/2017	Annette Thatcher (Dbn)					HIGH-KZ	
GMS record:	1:34.76	G	28/10/2017	Maureen Mons (Jhb)					PHOE-CG	
	1:28.96			65-69 SAQT SAMS Colours 2019-20						
	1:35.19			65-69 CGQT GMS Colours 2019-20						
1	Mons, Maureen		69	Phoenix MSC-JH	1:36.34			1:36.34		12
2	Lion-Cachet, Amelia		65	Free State MSC-MA	1:36.62		1:36.50	1:36.62		10

Event 4 Women 70-74 100 SC Meter IM

WORLD record:	1:23.23	W	10/12/2016	Diann UUSTAL					USA	
SAMS record:	1:36.32	S	22/10/2016	Elsa Craig (PE)					BEST-EP	
GMS record:	59:59.99	G		Vacant						
	1:35.42			70-74 SAQT SAMS Colours 2019-20						
	1:42.10			70-74 CGQT GMS Colours 2019-20						
1	Lawless, Helen		71	Wahoo Masters-JH	1:59.81			1:59.81	G	12
2	CRAWFORD, LINDA		70	Phoenix MSC-JH	2:01.49			2:01.49	G	10

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 4 Women 75-79 100 SC Meter IM**

WORLD record: 1:27.96 W 25/05/2019 Clary MUNNS AUS
SAMS record: 2:00.10 S 27/10/2018 Sue Leuner (Jhb) PHOE-JHB
GMS record: 59:59.99 G Vacant
 1:49.23 75-79 SAQT SAMS Colours 2019-20
 1:56.88 75-79 CGQT GMS Colours 2019-20

1 Rees, Jane 76 Coelacanth MSC-TS 2:50.36 2:49.91 2:50.36 12

Event 4 Men 30-34 100 SC Meter IM

WORLD record: 53.28 W 13/11/2016 Darian TOWNSEND USA
SAMS record: 1:02.47 S 10/2003 Cliff Lyne (Dbn)
GMS record: 1:03.31 G 06/12/1992 GERT HIPPER
 57.94 30-34 SAQT SAMS Colours 2019-20
 1:02.00 30-34 CGQT GMS Colours 2019-20

1 Kok, Christoff 33 Coelacanth MSC-TS 1:11.46 1:11.31 1:11.46 12

Event 4 Men 35-39 100 SC Meter IM

WORLD record: 56.31 W 24/11/2018 Takefumi KAKIZOE JPN
SAMS record: 1:02.64 S 19/05/2012 Simon Thirsk (Jhb)
GMS record: 1:02.64 G 19/05/2012 Simon Thirsk (Jhb)
 59.58 35-39 SAQT SAMS Colours 2019-20
 1:03.75 35-39 CGQT GMS Colours 2019-20

1 Crous, Kobus 38 Coelacanth MSC-TS 1:11.45 1:11.50 1:11.45 12

Event 4 Men 45-49 100 SC Meter IM

WORLD record: 57.68 W 09/03/2012 Nicolas GRANGER FRA
SAMS record: 1:05.06 S 9/2005 Gregg Price (Dbn)
GMS record: 1:05.06 G 11/09/2005 Gregg Price (Dbn)
 1:01.77 45-49 SAQT SAMS Colours 2019-20
 1:06.09 45-49 CGQT GMS Colours 2019-20

1 Ford, Andrew 45 Wahoo Masters-JH 1:16.09 1:15.97 1:15.97 12

2 Theron, Hennie 49 Coelacanth MSC-TS 1:25.41 1:25.78 1:25.41 10

Event 4 Men 50-54 100 SC Meter IM

WORLD record: 57.69 W 24/03/2017 Nicolas GRANGER FRA
SAMS record: 1:03.54 S 3/2002 T Shead (Syd)
GMS record: 1:06.10 G 19/10/2013 Gerd Hipper (Jhb) WAHO-CG
 1:03.74 50-54 SAQT SAMS Colours 2019-20
 1:08.20 50-54 CGQT GMS Colours 2019-20

1 Smith, Damian 53 Waterborn SC - Masters-JH 1:32.20 1:32.06 1:32.20 12

2 Carstens, FC 50 Coelacanth MSC-TS 1:33.87 1:33.87 1:33.87 10

Event 4 Men 70-74 100 SC Meter IM

WORLD record: 1:12.74 W 25/05/2019 Steven HECK USA
SAMS record: 1:28.52 S 01/04/2009 Dave McLachlan (CT)
GMS record: 1:37.65 G 27/10/2018 John Petersen (PE) PHOE-JHB
 1:19.76 70-74 SAQT SAMS Colours 2019-20
 1:25.34 70-74 CGQT GMS Colours 2019-20

1 MALTBY, DEREK 73 Phoenix MSC-JH 1:53.65 1:53.65 1:53.65 12

Event 4 Men 75-79 100 SC Meter IM

WORLD record: 1:17.58 W 23/07/2016 Mike FRESHLEY USA
SAMS record: 1:32.35 S 14/01/2012 David McLachlan (CT)
GMS record: 1:53.39 G 27/10/2012 Russel Wolpe (Jhb)
 1:26.97 75-79 SAQT SAMS Colours 2019-20
 1:33.06 75-79 CGQT GMS Colours 2019-20

1 Myers, Winton 76 Wahoo Masters-JH 2:01.00 2:00.77 2:01.00 12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 5 Women 18-24 50 SC Meter Breaststroke**

WORLD record:	0.01	W	2000	Invalid FINA age group					
SAMS record:	36.90	S	15/10/2006	Aletta Steenkamp (Stb)					
GMS record:	38.44	G	26/09/1999	Kathy Terwey at SAMS SC Champ	WITS				
	33.35			18-24 SAQT SAMS Colours 2019-20					
	35.68			18-24 CGQT GMS Colours 2019-20					
1	Levin, Ariella		21	Wahoo Masters-JH		43.97	43.72	43.97	12

Event 5 Women 30-34 50 SC Meter Breaststroke

WORLD record:	31.35	W	29/11/2015	Nicole HEIDEMANN	GER				
SAMS record:	34.41	S	23/07/2016	Claire Rolt (Jhb)	COEL-NT				
GMS record:	35.80	G	25/10/2014	Andrea Landau (Jhb)	PHOE-CG				
	33.94			30-34 SAQT SAMS Colours 2019-20					
	36.32			30-34 CGQT GMS Colours 2019-20					
1	Conradie, Melissa		34	Coelacanth MSC-TS		43.77	43.32	43.77	12

Event 5 Women 45-49 50 SC Meter Breaststroke

WORLD record:	33.01	W	16/07/2017	Linley FRAME	AUS				
SAMS record:	35.87	S	27/10/2012	Heather Morris-Eyton (Jhb)					
GMS record:	35.87	G	27/10/2012	Heather Morris-Eyton (Jhb)					
	35.92			45-49 SAQT SAMS Colours 2019-20					
	38.43			45-49 CGQT GMS Colours 2019-20					
1	Struwig, Nicky		48	Coelacanth MSC-TS		48.51	48.35	48.51	12

Event 5 Women 55-59 50 SC Meter Breaststroke

WORLD record:	35.15	W	09/04/2017	Monica CORO	ITA				
SAMS record:	40.61	S	30/07/2017	Cecilia Stanford (CT)	CPTW-WP				
GMS record:	47.37	G	18/08/2012	Elaine Alder (Jhb)					
	38.79			55-59 SAQT SAMS Colours 2019-20					
	41.51			55-59 CGQT GMS Colours 2019-20					
1	Smith, Ruth		56	Waterborn SC - Masters-JH		47.55	47.41	47.55	12

Event 5 Women 65-69 50 SC Meter Breaststroke

WORLD record:	40.90	W	09/05/2010	Nobuko YASUDA	JPN				
SAMS record:	43.63	S	05/03/2017	Annette Thatcher (Dbn)	HIGH-KZ				
GMS record:	48.68	G	17/06/2017	Dael Stojakovic (Jhb)	WATR-JHB				
	43.44			65-69 SAQT SAMS Colours 2019-20					
	46.48			65-69 CGQT GMS Colours 2019-20					
1	Vorwerk Marren, Ingrid		69	Coelacanth MSC-TS		1:15.67	1:15.67	1:15.67	12

Event 5 Women 70-74 50 SC Meter Breaststroke

WORLD record:	42.80	W	27/02/2005	Shoko YONEZAWA	JPN				
SAMS record:	47.78	S	05/03/2017	Bev Shuttleworth (Dbn)	HIGH-KZ				
GMS record:	1:06.38	G	06/03/1994	Greta Calitz					
	45.76			70-74 SAQT SAMS Colours 2019-20					
	48.96			70-74 CGQT GMS Colours 2019-20					
1	FERREIRA, MERCIA		71	Wahoo Masters-JH		1:11.08	1:10.90	1:11.08	12

Event 5 Men 18-24 50 SC Meter Breaststroke

WORLD record:	0.01	W	2000	Invalid FINA age group					
SAMS record:	31.26	S	12/10/2008	Reinhard van Rooijen (Pmb)					
GMS record:	33.12	G	18/08/2012	Kyle Scott (Jhb)					
	28.52			18-24 SAQT SAMS Colours 2019-20					
	30.52			18-24 CGQT GMS Colours 2019-20					
1	Pakamile, Sandile		24	Wahoo Masters-JH		1:00.68	1:00.53	1:00.68	12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 5 Men 35-39 50 SC Meter Breaststroke**

WORLD record:	26.66	W	17/11/2018	Roland SCHOEMAN	USA
SAMS record:	30.67	S	14/10/2018	Jacques Joubert (Stb)	CPTW-CPT
GMS record:	32.61	G	25/10/2008	Gary Hall (Jhb)	
	29.35			35-39 SAQT SAMS Colours 2019-20	
	31.40			35-39 CGQT GMS Colours 2019-20	

1	Crous, Kobus	38	Coelacanth MSC-TS	36.09	35.97	36.09	12
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Event 5 Men 40-44 50 SC Meter Breaststroke

WORLD record:	28.06	W	12/05/2019	Ryosuke IMAI	JPN
SAMS record:	32.01	S	10/10/2010	Cliff Lyne (Pmb)	
GMS record:	33.29	G	20/08/1994	Tim Shead	
	29.76			40-44 SAQT SAMS Colours 2019-20	
	31.84			40-44 CGQT GMS Colours 2019-20	

1	Hanauer, Anthony	43	Wahoo Masters-JH	55.22	55.06	55.22	12
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Event 5 Men 45-49 50 SC Meter Breaststroke

WORLD record:	28.83	W	20/05/2018	Hideaki TOGO	JPN
SAMS record:	31.75	S	19/08/2010	Johan van der Merwe (CT)	
GMS record:	34.08	G	29/10/2006	Gregg Price (Jhb)	
	30.42			45-49 SAQT SAMS Colours 2019-20	
	32.55			45-49 CGQT GMS Colours 2019-20	

1	Gasson, Martin	47	Wahoo Masters-JH	34.36	34.18	34.36	12
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2	Theron, Hennie	49	Coelacanth MSC-TS	39.86		39.86	10
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Event 5 Men 50-54 50 SC Meter Breaststroke

WORLD record:	29.71	W	09/04/2017	C.Arturo TRAVAINI	ITA
SAMS record:	31.72	S	3/2002	T Shead (Syd)	
GMS record:	34.94	G	01/12/2001	Robert Hatherly (Jhb)	
	31.40			50-54 SAQT SAMS Colours 2019-20	
	33.60			50-54 CGQT GMS Colours 2019-20	

1	Morgan, Colin	54	Coelacanth MSC-TS	42.13	41.98	42.13	12
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2	GREAVES, GORDON	54	Phoenix MSC-JH	45.56	45.24	45.56	10
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Event 5 Men 55-59 50 SC Meter Breaststroke

WORLD record:	29.26	W	14/04/2019	C.Arturo TRAVAINI	ITA
SAMS record:	32.36	S	18/10/2009	Tim Shead (CT)	
GMS record:	34.96	G	12/05/2007	Bob Hatherly (Jhb)	
	32.76			55-59 SAQT SAMS Colours 2019-20	
	35.05			55-59 CGQT GMS Colours 2019-20	

1	Uitenweerde, Lourens	56	Coelacanth MSC-TS	42.22	42.07	42.22	12
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2	Davy, Kevin	57	Wahoo Masters-JH	44.65	44.72	44.65	10
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Event 5 Men 65-69 50 SC Meter Breaststroke

WORLD record:	32.50	W	20/11/2016	Rick COLELLA	USA
SAMS record:	33.68	S	26/03/2017	Tim Shead (SWE)	CPTW-WP
GMS record:	39.41	G	15/05/2010	Brian Nelson (Jhb)	
	36.50			65-69 SAQT SAMS Colours 2019-20	
	39.06			65-69 CGQT GMS Colours 2019-20	

1	Pretorius, Boet	67	Coelacanth MSC-TS	43.89		43.89	12
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2	ARBUTHNOT, DAVID	67	Coelacanth MSC-TS	46.41	46.23	46.41	10
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Event 6 Women 18-24 100 SC Meter Freestyle

WORLD record:	0.01	W	2000	Invalid FINA age group	
SAMS record:	1:02.48	S	14/12/2008	Cindy Botha (Dbn)	
GMS record:	1:04.98	G	26/09/1999	Cheryl Ballard-Tremeer (Jhb)	
	58.65			18-24 SAQT SAMS Colours 2019-20	
	1:02.80			18-24 CGQT GMS Colours 2019-20	

1	Levin, Ariella	21	Wahoo Masters-JH	1:17.95	1:17.84	1:17.95	12
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GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 6 Women 30-34 100 SC Meter Freestyle**

WORLD record: 54.75 W 13/10/2012 Erika ERNDL USA
SAMS record: 1:00.46 S 30/07/2017 Lezandre Wolmarans (CT) CPTW-WP
GMS record: 1:01.86 G 24/11/2012 Andrea Landau (Jhb)
 58.94 30-34 SAQT SAMS Colours 2019-20
 1:03.12 30-34 CGQT GMS Colours 2019-20

1 Sullivan, Kristen 31 Wahoo Masters-JH 1:08.36 1:08.21 1:08.36 12

Event 6 Women 35-39 100 SC Meter Freestyle

WORLD record: 54.95 W 03/12/2006 Dara TORRES USA
SAMS record: 1:00.88 S 7/2018 Thilde Victor (Bok) MEGA-EKU
GMS record: 1:06.27 G 14/05/2006 Rachele Isakov (Jhb)
 1:00.25 35-39 SAQT SAMS Colours 2019-20
 1:04.47 35-39 CGQT GMS Colours 2019-20

1 Hunt, Justine 39 Waterborn SC - Masters-JH 1:07.68 1:07.68 12

2 Theron, Sashi 36 Coelacanth MSC-TS 1:18.43 1:18.45 1:18.43 10

Event 6 Women 55-59 100 SC Meter Freestyle

WORLD record: 1:00.61 W 20/01/2017 Karlyn PIPES USA
SAMS record: 1:06.69 S 30/07/2017 Cecilia Stanford (CT) CPTW-WP
GMS record: 1:12.90 G 14/05/2006 Marissa Rollnick (Jhb)
 1:05.92 55-59 SAQT SAMS Colours 2019-20
 1:10.53 55-59 CGQT GMS Colours 2019-20

1 Kotzé, Debbie 59 Coelacanth MSC-TS 1:26.07 1:25.93 1:26.07 12

Event 6 Women 60-64 100 SC Meter Freestyle

WORLD record: 1:02.60 W 13/10/2018 Jenny WHITELEY AUS
SAMS record: 1:08.13 S 18/10/2015 Diane Coetzee (CT) CPTW-WP
GMS record: 1:17.26 G 15/05/2011 Marissa Rollnick (Jhb)
 1:10.51 60-64 SAQT SAMS Colours 2019-20
 1:15.45 60-64 CGQT GMS Colours 2019-20

1 Vorster, Merryll 64 Phoenix MSC-JH 1:47.15 1:47.03 1:47.15 12

Event 6 Women 65-69 100 SC Meter Freestyle

WORLD record: 1:04.40 W 01/12/2017 Laura VAL USA
SAMS record: 1:08.25 S 20/09/2015 Sanderina Kruger (CT) CPTW-WP
GMS record: 1:18.97 G 23/07/2016 Marissa Rollnick (Jhb) PHOE-CG
 1:16.09 65-69 SAQT SAMS Colours 2019-20
 1:21.42 65-69 CGQT GMS Colours 2019-20

1 Lion-Cachet, Amelia 65 Free State MSC-MA 1:20.64 1:20.32 1:20.64 CGQT 12

2 ROLLNICK, MARISSA 69 Phoenix MSC-JH 1:28.69 1:28.69 10

Event 6 Women 70-74 100 SC Meter Freestyle

WORLD record: 1:12.58 W 22/05/2016 Diann UUSTAL USA
SAMS record: 1:12.04 S 14/04/2019 Sanderina Kruger (CT) CPTW-CPT
GMS record: 1:29.07 G 07/05/2016 Anne Jones (Jhb) PHOE-CG
 1:21.70 70-74 SAQT SAMS Colours 2019-20
 1:27.42 70-74 CGQT GMS Colours 2019-20

1 FYFE, JOYCE 73 Coelacanth MSC-TS 1:52.86 1:52.63 1:52.86 12

2 FERREIRA, MERCIA 71 Wahoo Masters-JH 2:02.37 2:02.11 2:02.37 10

Event 6 Women 75-79 100 SC Meter Freestyle

WORLD record: 1:18.59 W 25/03/2006 Jane ASHER GBR
SAMS record: 1:29.36 S 19/07/2014 Sue Leuner (Jhb) PHOE-CG
GMS record: 1:29.36 G 19/07/2014 Sue Leuner (Jhb) PHOE-CG
 1:32.56 75-79 SAQT SAMS Colours 2019-20
 1:39.04 75-79 CGQT GMS Colours 2019-20

1 Rees, Jane 76 Coelacanth MSC-TS 1:59.31 1:59.14 1:59.31 12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 6 Women 80-84 100 SC Meter Freestyle**

WORLD record: 1:21.29 W 20/05/2018 Yoshiko OSAKI JPN
SAMS record: 1:35.16 S 15/10/2017 Santa van Jaarsveld (Stb) CPTW-WP
GMS record: 59:59.99 G Vacant
 1:40.86 80-84 SAQT SAMS Colours 2019-20
 1:47.92 80-84 CGQT GMS Colours 2019-20

1 HANSON, Ann 82 Coelacanth MSC-TS 2:11.19 2:11.19 12

Event 6 Men 18-24 100 SC Meter Freestyle

WORLD record: 0.01 W 2000 Invalid FINA age group
SAMS record: 53.07 S 29/09/2019 Francois Rossouw (CT) TYGE-CPT
GMS record: 54.89 G 19/10/2013 Justin Nicklin (Jhb) AQUA-CG
 51.10 18-24 SAQT SAMS Colours 2019-20
 54.68 18-24 CGQT GMS Colours 2019-20

1 Pakamile, Sandile 24 Wahoo Masters-JH 1:25.08 1:24.90 1:25.08 12

Event 6 Men 30-34 100 SC Meter Freestyle

WORLD record: 47.29 W 27/11/2015 Evgeniy LAGUNOV RUS
SAMS record: 54.13 S 23/10/2005 Paul Fryer (Jhb)
GMS record: 54.13 G 23/10/2005 Paul Fryer (Jhb)
 50.55 30-34 SAQT SAMS Colours 2019-20
 54.09 30-34 CGQT GMS Colours 2019-20

1 Badenhorst, Nardus 30 Wahoo Masters-JH 1:00.42 1:00.24 1:00.42 12

Event 6 Men 50-54 100 SC Meter Freestyle

WORLD record: 51.49 W 26/03/2017 Nicolas GRANGER FRA
SAMS record: 54.79 S 15/10/2017 Calvin Maughan (Stb) CPTW-WP
GMS record: 1:00.24 G 08/07/2006 Andre Steynberg (Jhb)
 54.70 50-54 SAQT SAMS Colours 2019-20
 58.53 50-54 CGQT GMS Colours 2019-20

1 Collins, Tom 53 Waterborn SC - Masters-JH 1:11.86 1:11.86 12

2 Carstens, FC 50 Coelacanth MSC-TS 1:14.48 1:14.33 1:14.48 10

3 Morgan, Colin 54 Coelacanth MSC-TS 1:14.74 1:14.56 1:14.74 8

Event 6 Men 55-59 100 SC Meter Freestyle

WORLD record: 54.32 W 23/03/2019 Calvin MAUGHAN SWE
SAMS record: 58.94 S 14/07/2012 Andre Steynberg (Jhb)
GMS record: 58.94 G 14/07/2012 Andre Steynberg (Jhb)
 57.54 55-59 SAQT SAMS Colours 2019-20
 1:01.57 55-59 CGQT GMS Colours 2019-20

1 Uitenweerde, Lourens 56 Coelacanth MSC-TS 1:20.13 1:19.97 1:20.13 12

Event 6 Men 75-79 100 SC Meter Freestyle

WORLD record: 1:05.13 W 19/04/2009 David RADCLIFF USA
SAMS record: 1:18.30 S 13/04/2019 Des Stieger (Dbn) SYN-R-ETH
GMS record: 1:33.30 G 19/10/2013 John Garson (Jhb) WAHO-CG
 1:13.21 75-79 SAQT SAMS Colours 2019-20
 1:18.33 75-79 CGQT GMS Colours 2019-20

1 Jennings, Ross 75 Coelacanth MSC-TS 2:10.12 2:09.96 2:10.12 12

Event 6 Men 80-84 100 SC Meter Freestyle

WORLD record: 1:11.26 W 27/09/2014 David RADCLIFF USA
SAMS record: 1:31.97 S 18/11/2018 Dave McLachlan (CT) CPTW-CPT
GMS record: 1:48.60 G 15/07/2017 Russel Wolpe (Jhb) PHOE-JHB
 1:23.44 80-84 SAQT SAMS Colours 2019-20
 1:29.28 80-84 CGQT GMS Colours 2019-20

1 FYFE, DEREK 80 Coelacanth MSC-TS 1:28.20 1:28.33 1:28.30 1:28.30 S CGQT 12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 6 Men 85-89 100 SC Meter Freestyle**

WORLD record:	1:14.68	W	31/01/2016	Roberto ALBERICHE		ESP		
SAMS record:	1:48.41	S	17/02/2008	Renato Selati (Dbn)				
GMS record:	2:33.00	G	15/05/2005	Jack Brink (Jhb)				
	1:39.87			85-89 SAQT SAMS Colours 2019-20				
	1:46.86			85-89 CGQT GMS Colours 2019-20				
1	HUTCHINGS, PETER		85	Wahoo Masters-JH	2:43.98		2:43.98	12

Event 7 Women 55-59 100 SC Meter Breaststroke

WORLD record:	1:17.36	W	26/01/2019	Marzena KULIS		ITA		
SAMS record:	1:28.20	S	15/09/2016	Cecilia Stanford (CT)		CPTW-WP		
GMS record:	1:40.02	G	11/06/2006	Jenny Ireland (Jhb)				
	1:25.23			55-59 SAQT SAMS Colours 2019-20				
	1:31.20			55-59 CGQT GMS Colours 2019-20				
1	Dressler, Annemarie		56	Coelacanth MSC-TS	1:37.78	1:37.63	1:37.78	12
2	Smith, Ruth		56	Waterborn SC - Masters-JH	1:48.22		1:48.22	10
3	BRIDGES, CAROLE		58	Wahoo Masters-JH	2:11.13	2:11.00	2:11.13	8

Event 7 Men 45-49 100 SC Meter Breaststroke

WORLD record:	1:02.22	W	17/11/2018	Steve WEST		USA		
SAMS record:	1:09.74	S	19/08/2010	Johan van der Merwe (CT)				
GMS record:	1:19.19	G	14/07/2018	Martin Gasson (Jhb)		WAHO-JHB		
	1:07.55			45-49 SAQT SAMS Colours 2019-20				
	1:12.28			45-49 CGQT GMS Colours 2019-20				
1	Fubbs, Matt		48	Wahoo Masters-JH	1:26.72	1:26.55	1:26.72	12

Event 7 Men 50-54 100 SC Meter Breaststroke

WORLD record:	1:04.28	W	06/05/2017	Nicolas GRANGER		FRA		
SAMS record:	1:09.88	S	3/2002	T Shead (Syd)				
GMS record:	1:15.96	G	29/09/2001	Robert Hatherly (Jhb)				
	1:09.66			50-54 SAQT SAMS Colours 2019-20				
	1:14.54			50-54 CGQT GMS Colours 2019-20				
1	Smith, Damian		53	Waterborn SC - Masters-JH	1:37.50	1:37.29	1:37.50	12
2	Morgan, Colin		54	Coelacanth MSC-TS	1:40.05	1:39.93	1:40.05	10
3	GREAVES, GORDON		54	Phoenix MSC-JH	1:43.80	1:43.59	1:43.80	8

Event 7 Men 55-59 100 SC Meter Breaststroke

WORLD record:	1:04.26	W	16/02/2019	C.Arturo TRAVAINI		ITA		
SAMS record:	1:10.50	S	28/01/2007	Tim Shead (Mad)				
GMS record:	1:17.16	G	29/10/2006	Bob Hatherly (Jhb)				
	1:13.18			55-59 SAQT SAMS Colours 2019-20				
	1:18.30			55-59 CGQT GMS Colours 2019-20				
1	Uitenweerde, Lourens		56	Coelacanth MSC-TS	1:31.78		1:31.78	12

Event 8 Women 18-24 50 SC Meter Freestyle

WORLD record:	0.01	W	2000	Invalid FINA age group				
SAMS record:	27.84	S	14/12/2008	Cindy Botha (Dbn)				
GMS record:	29.68	G	26/09/1999	Cheryl Ballard-Tremeer (Jhb)				
	26.49			18-24 SAQT SAMS Colours 2019-20				
	28.34			18-24 CGQT GMS Colours 2019-20				
1	Levin, Ariella		21	Wahoo Masters-JH	36.13		36.13	12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 8 Women 30-34 50 SC Meter Freestyle**

WORLD record:	25.17	W	29/11/2014	S.KNIAGININA		RUS			
SAMS record:	27.63	S	24/11/2012	Andrea Landau (Jhb)					
SAMS rec-eq:	27.63	S	31/10/2015	Thilde Victor (Jhb)		VASM-ES			
GMS record:	27.63	G	24/11/2012	Andrea Landau (Jhb)					
	26.77			30-34 SAQT SAMS Colours 2019-20					
	28.64			30-34 CGQT GMS Colours 2019-20					
1	Strydom, Cyndi		33	Wahoo Masters-JH	28.28		28.28	CGQT	12
2	Sullivan, Kristen		31	Wahoo Masters-JH	31.02		31.02		10
3	Conradie, Melissa		34	Coelacanth MSC-TS	32.79	32.56	32.79		8

Event 8 Women 35-39 50 SC Meter Freestyle

WORLD record:	25.10	W	03/12/2006	Dara TORRES		USA			
SAMS record:	27.25	S	31/10/2004	Edith Ottermann (Jhb)					
GMS record:	30.56	G	12/05/2007	Charmaine Montanari (Jhb)					
	27.41			35-39 SAQT SAMS Colours 2019-20					
	29.33			35-39 CGQT GMS Colours 2019-20					
1	Theron, Sashi		36	Coelacanth MSC-TS	34.20	33.98	34.20		12

Event 8 Women 45-49 50 SC Meter Freestyle

WORLD record:	26.29	W	13/10/2018	Erika BRAUN		USA			
SAMS record:	26.59	S	14/04/2011	Edith Ottermann (CT)					
GMS record:	30.48	G	12/05/2007	Debbie Carroll (Jhb)					
	27.96			45-49 SAQT SAMS Colours 2019-20					
	29.92			45-49 CGQT GMS Colours 2019-20					
1	Struwig, Nicky		48	Coelacanth MSC-TS	40.15		40.15		12

Event 8 Women 50-54 50 SC Meter Freestyle

WORLD record:	26.27	W	27/03/2015	M.Therese FUZZATI		FRA			
SAMS record:	27.84	S	28/10/2017	Edith Ottermann (Jhb)		CPTW-WP			
GMS record:	31.82	G	11/06/2016	Karen Kennedy (Jhb)		PHOE-CG			
	28.52			50-54 SAQT SAMS Colours 2019-20					
	30.52			50-54 CGQT GMS Colours 2019-20					
1	Kennedy, Karen		54	Waterborn SC - Masters-JH	34.30	33.92	34.30		12

Event 8 Women 60-64 50 SC Meter Freestyle

WORLD record:	28.50	W	26/05/2018	Jenny WHITELEY		AUS			
SAMS record:	31.03	S	14/04/2011	Sanderina Kruger (CT)					
GMS record:	35.75	G	23/10/2005	Anne Jones (Jhb)					
	31.46			60-64 SAQT SAMS Colours 2019-20					
	33.66			60-64 CGQT GMS Colours 2019-20					
1	Vorster, Merryll		64	Phoenix MSC-JH	49.51	49.37	49.51		12

Event 8 Women 65-69 50 SC Meter Freestyle

WORLD record:	29.30	W	19/11/2016	Laura VAL		USA			
SAMS record:	31.22	S	30/08/2015	Sanderina Kruger (CT)		CPTW-WP			
GMS record:	33.85	G	23/07/2016	Marissa Rollnick (Jhb)		PHOE-CG			
	33.12			65-69 SAQT SAMS Colours 2019-20					
	35.44			65-69 CGQT GMS Colours 2019-20					
1	ROLLNICK, MARISSA		69	Phoenix MSC-JH	38.78	38.55	38.78		12
2	Vorwerk Marren, Ingrid		69	Coelacanth MSC-TS	1:04.67	1:04.49	1:04.67		10

Event 8 Women 70-74 50 SC Meter Freestyle

WORLD record:	32.38	W	10/12/2016	Diann UUSTAL		USA			
SAMS record:	33.10	S	21/07/2019	Sanderina Kruger (CT)		CPTW-CPT			
GMS record:	40.52	G	07/05/2016	Anne Jones (Jhb)		PHOE-CG			
	35.86			70-74 SAQT SAMS Colours 2019-20					
	38.37			70-74 CGQT GMS Colours 2019-20					
1	FYFE, JOYCE		73	Coelacanth MSC-TS	50.01	49.77	50.01		12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****(Event 8 Women 70-74 50 SC Meter Freestyle)**

2	FERREIRA, MERCIA	71	Wahoo Masters-JH	57.03		57.03	10
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Event 8 Women 75-79 50 SC Meter Freestyle

WORLD record:	34.58	W	20/06/2015	Christel SCHULZ		GER
SAMS record:	40.26	S	19/07/2014	Sue Leuner (Jhb)		PHOE-CG
GMS record:	40.26	G	19/07/2014	Sue Leuner (Jhb)		PHOE-CG
	39.75			75-79 SAQT SAMS Colours 2019-20		
	42.53			75-79 CGQT GMS Colours 2019-20		

1	ANGELOS, MERLE	75	SYNERGY MASTERS SWIMI	54.00	53.80	54.00	12
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Event 8 Women 80-84 50 SC Meter Freestyle

WORLD record:	36.08	W	20/05/2018	Yoshiko OSAKI		JPN
SAMS record:	44.67	S	08/06/2019	Sue Leuner (Jhb)		PHOE-JHB
GMS record:	44.67	G	08/06/2019	Sue Leuner (Jhb)		PHOE-JHB
	43.70			80-84 SAQT SAMS Colours 2019-20		
	46.76			80-84 CGQT GMS Colours 2019-20		

1	HANSON, Ann	82	Coelacanth MSC-TS	59.49	58.98	59.49	12
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Event 8 Men 30-34 50 SC Meter Freestyle

WORLD record:	21.59	W	28/11/2015	Evgeniy LAGUNOV		RUS
SAMS record:	23.79	S	23/10/2005	Andrew Biram (Jhb)		
GMS record:	23.79	G	23/10/2005	Andrew Biram (Jhb)		
	23.00			30-34 SAQT SAMS Colours 2019-20		
	24.61			30-34 CGQT GMS Colours 2019-20		

1	Kok, Christoff	33	Coelacanth MSC-TS	26.74		26.74	12
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Event 8 Men 45-49 50 SC Meter Freestyle

WORLD record:	22.85	W	02/06/2019	Hideaki HARA		JPN
SAMS record:	24.90	S	16/10/2011	Bryan Tatterson (Orl-USA)		
GMS record:	25.37	G	29/10/2006	Gregg Price (Jhb)		
	24.32			45-49 SAQT SAMS Colours 2019-20		
	26.02			45-49 CGQT GMS Colours 2019-20		

1	Ford, Andrew	45	Wahoo Masters-JH	27.17		27.17	12
2	Gasson, Martin	47	Wahoo Masters-JH	27.55		27.55	10
3	Theron, Hennie	49	Coelacanth MSC-TS	30.82		30.82	8

Event 8 Men 50-54 50 SC Meter Freestyle

WORLD record:	23.38	W	18/10/2009	Rowdy GAINES		USA
SAMS record:	24.40	S	17/04/2016	Calvin Maughan (CT)		CPTW-WP
SAMS rec-eq:	24.40	S	14/10/2018	Calvin Maughan (CT)		CPTW-CPT
GMS record:	25.82	G	14/05/2006	Andre Steynberg (Jhb)		
	25.18			50-54 SAQT SAMS Colours 2019-20		
	26.94			50-54 CGQT GMS Colours 2019-20		

1	Collins, Tom	53	Waterborn SC - Masters-JH	31.38	31.24	31.38	12
2	Carstens, FC	50	Coelacanth MSC-TS	32.32	32.14	32.32	10

Event 8 Men 55-59 50 SC Meter Freestyle

WORLD record:	24.37	W	23/03/2019	Calvin MAUGHAN		SWE
SAMS record:	25.05	S	12/10/2019	Bryan Tatterson (Orl-USA)		SYNR-ETH
GMS record:	26.19	G	14/07/2012	Andre Steynberg (Jhb)		
	26.02			55-59 SAQT SAMS Colours 2019-20		
	27.84			55-59 CGQT GMS Colours 2019-20		

1	Davy, Kevin	57	Wahoo Masters-JH	34.18	33.99	34.18	12
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GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 8 Men 60-64 50 SC Meter Freestyle**

WORLD record: 24.90 W 03/12/2006 Rich ABRAHAMS USA
SAMS record: 27.63 S 16/05/2009 Terry Downes (Jhb)
GMS record: 27.86 G 13/07/2019 Quirin Kohler (Jhb) PHOE-JHB
 26.70 60-64 SAQT SAMS Colours 2019-20
 28.78 60-64 CGQT GMS Colours 2019-20

1 KOHLER, QUIRIN 61 Phoenix MSC-JH 30.61 30.61 12

Event 8 Men 65-69 50 SC Meter Freestyle

WORLD record: 25.42 W 03/03/2018 Doug MARTIN USA
SAMS record: 29.22 S 21/06/2014 Terry Downes (Jhb) COEL-NT
GMS record: 31.87 G 27/11/2010 John Petersen (Jhb)
 28.23 65-69 SAQT SAMS Colours 2019-20
 30.21 65-69 CGQT GMS Colours 2019-20

1 ARBUTHNOT, DAVID 67 Coelacanth MSC-TS 33.87 33.64 33.87 12

2 Pretorius, Boet 67 Coelacanth MSC-TS 34.71 34.57 34.71 10

Event 8 Men 75-79 50 SC Meter Freestyle

WORLD record: 29.47 W 09/02/2019 Gerhard WIELAND AUT
SAMS record: 34.69 S 13/04/2019 Des Stieger (Dbn) SYN-ETH
GMS record: 36.89 G 15/05/2005 Don Johnston (Jhb)
 31.88 75-79 SAQT SAMS Colours 2019-20
 34.11 75-79 CGQT GMS Colours 2019-20

1 Prior, Ronald 75 Wahoo Masters-JH 41.27 41.19 41.27 12

2 Myers, Winton 76 Wahoo Masters-JH 42.25 42.13 42.25 10

3 Jennings, Ross 75 Coelacanth MSC-TS 55.78 55.66 55.78 8

Event 8 Men 80-84 50 SC Meter Freestyle

WORLD record: 31.25 W 02/12/2017 Jeff FARRELL USA
SAMS record: 38.31 S 4/2003 Renato Selati (Dbn)
GMS record: 45.49 G 14/07/2018 John Garson (Jhb) WAHO-JHB
 34.66 80-84 SAQT SAMS Colours 2019-20
 37.09 80-84 CGQT GMS Colours 2019-20

1 FYFE, DEREK 80 Coelacanth MSC-TS 41.26 41.05 41.26 12

2 GARSON, JOHN 82 Wahoo Masters-JH 52.45 52.30 52.45 10

Event 9 Women 35-39 50 SC Meter Backstroke

WORLD record: 27.63 W 13/11/2016 Noriko INADA USA
SAMS record: 31.24 S 7/2006 Marianne Kriel (CT)
GMS record: 34.83 G 24/08/2019 Shirley Morris (Jhb) WAHO-JHB
 31.17 35-39 SAQT SAMS Colours 2019-20
 33.35 35-39 CGQT GMS Colours 2019-20

1 Hunt, Justine 39 Waterborn SC - Masters-JH 34.55 34.55 G 12

Event 9 Women 40-44 50 SC Meter Backstroke

WORLD record: 28.86 W 14/01/2017 R.Johanna LUOTO FIN
SAMS record: 32.78 S 12/2004 Bev McCarney (Dbn)
GMS record: 35.52 G 01/01/1987 NATHALIE BOSHOFF
 32.20 40-44 SAQT SAMS Colours 2019-20
 34.45 40-44 CGQT GMS Colours 2019-20

1 Wiehahn, Jana 43 Coelacanth MSC-TS 38.41 38.41 12

Event 9 Women 45-49 50 SC Meter Backstroke

WORLD record: 30.25 W 26/04/2014 Cindy MABEE CAN
SAMS record: 34.48 S 15/04/2018 Norelle Engela (CT) CPTW-CPT
GMS record: 36.95 G 01/01/1989 NATHALIE BOSHOFF
 32.44 45-49 SAQT SAMS Colours 2019-20
 34.71 45-49 CGQT GMS Colours 2019-20

1 Struwig, Nicky 48 Coelacanth MSC-TS 48.45 48.45 12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 9 Women 55-59 50 SC Meter Backstroke**

WORLD record:	30.12	W	05/03/2016	Leslie LIVINGSTON			USA		
SAMS record:	35.50	S	20/10/2013	Diane Coetzee (Stb)			CPTW-WP		
GMS record:	40.79	G	14/07/2012	Clare Davie (Jhb)					
	35.34			55-59 SAQT SAMS Colours 2019-20					
	37.81			55-59 CGQT GMS Colours 2019-20					
1	Smith, Ruth		56	Waterborn SC - Masters-JH	54.68		54.45	54.68	12

Event 9 Women 70-74 50 SC Meter Backstroke

WORLD record:	37.50	W	21/03/2015	Margit OHLSSON			SWE		
SAMS record:	42.34	S	14/04/2019	Sanderina Kruger (CT)			CPTW-CPT		
GMS record:	50.75	G	16/05/2015	Anne Jones (Jhb)			PHOE-CG		
	43.00			70-74 SAQT SAMS Colours 2019-20					
	46.01			70-74 CGQT GMS Colours 2019-20					
1	FERREIRA, MERCIA		71	Wahoo Masters-JH	1:12.29			1:12.29	12

Event 9 Women 75-79 50 SC Meter Backstroke

WORLD record:	39.01	W	21/07/2019	Clary MUNNS			AUS		
SAMS record:	46.73	S	13/07/2019	Geraldine Janssens (Jhb)			FINS-MPD		
GMS record:	53.56	G	29/08/2015	Sue Leuner (Jhb)			PHOE-CG		
	47.96			75-79 SAQT SAMS Colours 2019-20					
	51.32			75-79 CGQT GMS Colours 2019-20					
1	ANGELOS, MERLE		75	SYNERGY MASTERS SWIM	1:00.14			1:00.14	12

Event 9 Men 30-34 50 SC Meter Backstroke

WORLD record:	23.86	W	07/05/2017	Nelson SILVA Jr.			BRA		
SAMS record:	28.31	S	18/06/2011	Simon Thirsk (Jhb)					
GMS record:	28.31	G	18/06/2011	Simon Thirsk (Jhb)					
	25.67			30-34 SAQT SAMS Colours 2019-20					
	27.47			30-34 CGQT GMS Colours 2019-20					
1	Kok, Christoff		33	Coelacanth MSC-TS	34.58			34.58	12

Event 9 Men 55-59 50 SC Meter Backstroke

WORLD record:	27.86	W	09/12/2018	Fritz BEDFORD			USA		
SAMS record:	30.31	S	24/11/2012	Andre Steynberg (Jhb)					
GMS record:	30.31	G	24/11/2012	Andre Steynberg (Jhb)					
	30.19			55-59 SAQT SAMS Colours 2019-20					
	32.30			55-59 CGQT GMS Colours 2019-20					
1	RUCK, HARALD		55	Coelacanth MSC-TS	29.78	29.84	29.79	29.79 S SAQT	12

Event 9 Men 65-69 50 SC Meter Backstroke

WORLD record:	30.34	W	02/12/2012	Hugh WILDER			USA		
SAMS record:	36.90	S	23/01/2011	Brian Stewart (Dbn)					
GMS record:	44.93	G	12/11/1995	Donald Johnston					
	34.04			65-69 SAQT SAMS Colours 2019-20					
	36.42			65-69 CGQT GMS Colours 2019-20					
1	Pretorius, Boet		67	Coelacanth MSC-TS	45.15			45.15	12
2	ARBUTHNOT, DAVID		67	Coelacanth MSC-TS	45.19			45.19	10

Event 9 Men 80-84 50 SC Meter Backstroke

WORLD record:	37.82	W	15/11/2014	Yoshi OYAKAWA			USA		
SAMS record:	50.47	S	1995	G May (Dbn)					
GMS record:	54.96	G	26/05/2018	John Garson (Jhb)			WAHO-JHB		
	43.94			80-84 SAQT SAMS Colours 2019-20					
	47.02			80-84 CGQT GMS Colours 2019-20					
1	GARSON, JOHN		82	Wahoo Masters-JH	1:00.71		1:00.52	1:00.71	12

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 10 Women 70-74 100 SC Meter Butterfly**

WORLD record: 1:24.03 W 30/01/2016 Judy WILSON
SAMS record: 1:54.94 S 24/10/2015 Elsa Craig (PE)
GMS record: 59:59.99 G Vacant
 1:50.76 70-74 SAQT SAMS Colours 2019-20
 1:58.51 70-74 CGQT GMS Colours 2019-20

FRA
BEST-EP

1 CRAWFORD, LINDA 70 Phoenix MSC-JH 2:07.95 2:07.95 G 12

Event 10 Men 45-49 100 SC Meter Butterfly

WORLD record: 55.07 W 18/03/2018 Eiji NOMURA
SAMS record: 1:00.47 S 16/10/2010 Bryan Tatterson (Flo-USA)
GMS record: 1:03.76 G 29/10/2006 Gregg Price (Jhb)
 59.31 45-49 SAQT SAMS Colours 2019-20
 1:03.46 45-49 CGQT GMS Colours 2019-20

JPN

1 Fubbs, Matt 48 Wahoo Masters-JH 1:19.97 1:19.97 12

Event 10 Men 50-54 100 SC Meter Butterfly

WORLD record: 56.78 W 24/03/2018 Nicolas GRANGER
SAMS record: 1:03.15 S 14/04/2019 Robert Taylor (CT)
GMS record: 1:05.42 G 29/10/2006 Andre Steynberg (Jhb)
 1:01.50 50-54 SAQT SAMS Colours 2019-20
 1:05.81 50-54 CGQT GMS Colours 2019-20

FRA
CPTW-CPT

1 Smith, Damian 53 Waterborn SC - Masters-JH 1:37.46 1:37.27 1:37.46 12

Event 11 Women 35-39 400 SC Meter Freestyle

WORLD record: 4:22.56 W 12/12/1999 K.PIPES-NEILSEN
SAMS record: 4:46.98 S 30/08/2015 Kathryn Nurse (CT)
GMS record: 4:57.81 G 23/10/2005 Rachele Isakov (Jhb)
 4:42.74 35-39 SAQT SAMS Colours 2019-20
 5:02.53 35-39 CGQT GMS Colours 2019-20

USA
CPTW-WP

1 Hunt, Justine 39 Waterborn SC - Masters-JH 5:25.35 5:25.18 5:25.35 12

2 Theron, Sashi 36 Coelacanth MSC-TS 6:53.23 6:53.03 6:53.23 10

Event 11 Women 50-54 400 SC Meter Freestyle

WORLD record: 4:34.81 W 29/01/2011 Lynn MARSHALL
SAMS record: 5:00.19 S 14/10/2012 Cecilia Stanford (CT)
GMS record: 5:24.77 G 16/08/2008 Clare Davie (Jhb)
 4:53.33 50-54 SAQT SAMS Colours 2019-20
 5:13.86 50-54 CGQT GMS Colours 2019-20

CAN

1 Kennedy, Karen 54 Waterborn SC - Masters-JH 5:37.73 5:37.58 5:37.73 12

Event 11 Women 55-59 400 SC Meter Freestyle

WORLD record: 4:37.35 W 23/01/2016 Lynn MARSHALL
SAMS record: 5:01.24 S 16/10/2016 Cecilia Stanford (Stb)
GMS record: 5:38.28 G 14/07/2012 Clare Davie (Jhb)
 5:06.83 55-59 SAQT SAMS Colours 2019-20
 5:28.31 55-59 CGQT GMS Colours 2019-20

CAN
CPTW-WP

1 Kotzé, Debbie 59 Coelacanth MSC-TS 6:41.19 6:41.01 6:41.19 12

2 BRIDGES, CAROLE 58 Wahoo Masters-JH 7:43.98 7:43.74 7:43.98 10

Event 11 Women 60-64 400 SC Meter Freestyle

WORLD record: 4:53.24 W 24/08/2013 Laura VAL
SAMS record: 5:12.25 S 30/08/2015 Diane Coetzee (CT)
GMS record: 6:03.59 G 15/05/2011 Marissa Rollnick (Jhb)
 5:22.53 60-64 SAQT SAMS Colours 2019-20
 5:45.11 60-64 CGQT GMS Colours 2019-20

USA
CPTW-WP

1 Trusler, Ingrid 61 Coelacanth MSC-TS 5:33.89 5:33.89 CGQT 12

2 Murray, Sandy 60 Wahoo Masters-JH 7:30.70 7:30.48 7:30.70 10

3 Vorster, Merryll 64 Phoenix MSC-JH 8:17.04 8:17.04 8

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Event 11 Women 65-69 400 SC Meter Freestyle**

WORLD record: 5:02.08 W 24/09/2017 Laura VAL USA
SAMS record: 5:23.00 S 26/01/2020 Diane Coetzee (SsW) CPTW-CPT
GMS record: 5:59.67 G 07/05/2016 Maureen Mons (Jhb) PHOE-CG
 5:53.10 65-69 SAQT SAMS Colours 2019-20
 6:17.82 65-69 CGQT GMS Colours 2019-20

1	Mons, Maureen	69	Phoenix MSC-JH	6:14.07	6:14.07	CGQT	12
2	ROLLNICK, MARISSA	69	Phoenix MSC-JH	6:37.11	6:37.02	6:37.11	10

Event 11 Women 75-79 400 SC Meter Freestyle

WORLD record: 6:08.74 W 19/04/2015 Yoshiko OSAKI JPN
SAMS record: 7:48.09 S 27/10/2018 Sue Leuner (Jhb) PHOE-JHB
GMS record: 59:59.99 G Vacant
 7:30.79 75-79 SAQT SAMS Colours 2019-20
 8:02.35 75-79 CGQT GMS Colours 2019-20

1	Rees, Jane	76	Coelacanth MSC-TS	9:02.93	9:02.74	9:02.93	12
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Event 11 Men 45-49 400 SC Meter Freestyle

WORLD record: 4:03.10 W 18/04/2015 Fabio CALMASINI ITA
SAMS record: 4:19.10 S 30/08/2014 Gary Albertyn (Jhb) COEL-NT
GMS record: 4:55.55 G 06/08/2005 Quirin Kohler (Jhb)
 4:22.31 45-49 SAQT SAMS Colours 2019-20
 4:40.67 45-49 CGQT GMS Colours 2019-20

1	Fubbs, Matt	48	Wahoo Masters-JH	5:25.23	5:25.13	5:25.23	12
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Event 11 Men 50-54 400 SC Meter Freestyle

WORLD record: 4:04.48 W 29/01/2017 Nicholas GRANGER FRA
SAMS record: 4:39.68 S 14/12/2014 Julian Taylor (Dbn) EACS-KZ
GMS record: 5:07.14 G 16/10/1994 William Wilson
 4:23.00 50-54 SAQT SAMS Colours 2019-20
 4:41.41 50-54 CGQT GMS Colours 2019-20

1	Collins, Tom	53	Waterborn SC - Masters-JH	5:39.29	5:39.13	5:39.29	12
2	GREAVES, GORDON	54	Phoenix MSC-JH	7:04.56	7:04.33	7:04.56	10

Event 11 Men 60-64 400 SC Meter Freestyle

WORLD record: 4:29.92 W 02/12/2017 Dan STEPHENSON USA
SAMS record: 4:54.60 S 24/10/2009 Terry Downes (Jhb)
GMS record: 5:32.34 G 16/08/2008 Doug Wilson (Jhb)
 4:50.65 60-64 SAQT SAMS Colours 2019-20
 5:11.00 60-64 CGQT GMS Colours 2019-20

1	KOHLER, QUIRIN	61	Phoenix MSC-JH	5:25.39	5:25.40	5:25.48	5:25.44 G	12
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Event 11 Men 70-74 400 SC Meter Freestyle

WORLD record: 4:56.95 W 18/11/2018 Dan KIRKLAND USA
SAMS record: 5:31.73 S 18/05/2019 Terry Downes (Jhb) COEL-TSH
GMS record: 6:44.98 G 28/10/2007 Russel Wolpe (Jhb)
 5:38.52 70-74 SAQT SAMS Colours 2019-20
 6:02.22 70-74 CGQT GMS Colours 2019-20

1	MALTBY, DEREK	73	Phoenix MSC-JH	6:48.21		6:48.21	12
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Event 11 Men 75-79 400 SC Meter Freestyle

WORLD record: 5:15.10 W 18/04/2009 David RADCLIFF USA
SAMS record: 6:20.15 S 22/04/2012 Dave McLachlan (CT)
GMS record: 7:27.97 G 27/10/2012 Russel Wolpe (Jhb)
 6:16.06 75-79 SAQT SAMS Colours 2019-20
 6:42.38 75-79 CGQT GMS Colours 2019-20

1	Prior, Ronald	75	Wahoo Masters-JH	7:16.40	7:16.31	7:16.40 G	12
2	Myers, Winton	76	Wahoo Masters-JH	8:38.09	8:38.21	8:38.09	10
3	Jennings, Ross	75	Coelacanth MSC-TS	10:10.25		10:10.25	8

GMS SC Championships 2020 - 21/11/2020**Gauteng Masters Swimming****Results****Combined Team Scores**Combined Team Scores - Through Event 11

1. Coelacanth Msc	842	2. Wahoo Masters	588
3. Phoenix Msc	242	4. Waterborn SC - Masters	224
5. Synergy Masters Swimming Club	36	6. Free State Msc	34

Scores - WomenWomen - Team Rankings - Through Event 11

1. Coelacanth Msc	408	2. Wahoo Masters	220
3. Phoenix Msc	142	4. Waterborn SC - Masters	128
5. Synergy Masters Swimming Club	36	6. Free State Msc	34

Scores - MenMen - Team Rankings - Through Event 11

1. Coelacanth Msc	434	2. Wahoo Masters	368
3. Phoenix Msc	100	4. Waterborn SC - Masters	96