



# GAUTENG MASTERS SWIMMING



Email: [GautengMastersSwimming@gmail.com](mailto:GautengMastersSwimming@gmail.com)  
Web page: <http://www.samastersswimming.com>

## GMS Gala 3 October 2020

<b>Date:</b>	Saturday 3 <sup>rd</sup> October	<b>Times:</b>	
<b>Venue:</b>	Wahoo Pool	<b>PRE-ENTRY WITH PAYMENT ONLY</b>	
<b>Address</b>	Sunninghill	<b>12H00 – 12H30</b>	Start
<b>MIXED</b>	<b>Event</b>		
<b>Event No.</b>		<b>Estimated Time</b>	
<b>1</b>	200m Individual Medley		
	<b>5 Minute Break</b>		
<b>2</b>	50m Butterfly		
<b>3</b>	100m Backstroke		
<b>4</b>	100m Individual Medley		
<b>5</b>	50m Breaststroke		
<b>6</b>	100m Freestyle		
	<b>10 Minute Break</b>		
<b>7</b>	100m Breaststroke		
<b>8</b>	50m Freestyle		
<b>9</b>	50m Backstroke		
<b>10</b>	100m Butterfly		
	<b>5 Minute Break</b>		
<b>11</b>	200m Freestyle		

- A swimmer may enter a maximum of **4 events**.
- Please **circle the event number** of each event entered
- Submit for each event a recent or reasonable time, failing to do so will result in no seeding
- Please call for 3 (**three**) timekeepers when you swim, if you are attempting to break a record or qualify for South African Colours
- Pre-entry fee is **R100.00** regardless of how many events you enter
- **CLOSING DATE** for pre-entries is **Friday 2nd October 2020 - AT 14H00**
- **Payment to Gauteng Masters Swimming**
  - Nedbank – Parktown,
  - Branch Code 194405,
  - Account No: 1944058729
- **E-mail: GautengMastersSwimming@gmail.com**

**WAIVER:** - By entering, I agree that I participate at my own risk, waive any claim arising from or connected with any injury or loss that I may sustain while, or as a result of, participating in any Masters Swimming or related activity whether caused by negligence or otherwise against the Gauteng Masters swimming and South African Masters Swimming, their officers, members, employees, agents and assistants and indemnify them in respect of any claim against them arising from my participation in Masters Swimming or related activity

<b>FIRST NAME:</b>		<b>SURNAME:</b>	
<b>CLUB:</b>		<b>DATE OF BIRTH:</b>	
<b>SIGNATURE:</b>		<b>SEX (M / F)</b>	
<b>E-mail</b>		<b>Cell no</b>	