

## Inter Regional GMS 2020 - 07/03/2020

## Gauteng Masters Swimming

## Results

## Event 1 Women 55-59 200 LC Meter IM

**WORLD record:** 2:34.92 W 19/05/2019 Ellen REYNOLDS USA  
**SAMS record:** 2:42.29 S 17/03/2016 Cecilia Stanford (Dbn) CPTW-WP  
**GMS record:** 3:10.93 G 05/11/2011 Clare Davie (Pta)  
 2:51.38 55-59 SAQT SAMS Colours 2019-20  
 3:03.38 55-59 CGQT GMS Colours 2019-20

Name	Age	Team	Button 1	Button 2	Button 3	Finals Time	Points
1 BRIDGES, CAROLE	58	Wahoo Masters-JH	4:19.61			4:19.61	12

## Event 1 Women 65-69 200 LC Meter IM

**WORLD record:** 2:54.16 W 24/07/2016 Laura VAL USA  
**SAMS record:** 3:23.17 S 05/03/2016 Maureen Mons (Jhb) PHOE-CG  
**GMS record:** 3:23.17 G 05/03/2016 Maureen Mons (Jhb) PHOE-CG  
 3:25.69 65-69 SAQT SAMS Colours 2019-20  
 3:40.09 65-69 CGQT GMS Colours 2019-20

1 ROLLNICK, MARISSA	69	Phoenix MSC-JH	4:14.68			4:14.68	12
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## Event 1 Women 70-74 200 LC Meter IM

**WORLD record:** 3:10.64 W 25/05/2016 Brigitte MERTEN GER  
**SAMS record:** 3:20.66 S 23/03/2019 Sanderina Kruger (PE) CPTW-CPT  
**GMS record:** 59:59.99 G Vacant  
 3:45.26 70-74 SAQT SAMS Colours 2019-20  
 4:01.03 70-74 CGQT GMS Colours 2019-20

1 CRAWFORD, LINDA	70	Phoenix MSC-JH	4:13.82	4:13.75	4:13.79	4:13.79 G	12
2 LAWLESS, HELEN	71	Wahoo Masters-JH	4:31.55			4:31.55 G	10

## Event 1 Men 25-29 200 LC Meter IM

**WORLD record:** 2:03.62 W 28/04/2019 Dmitriy GORBUNOV RUS  
**SAMS record:** 2:16.03 S 3/1997 G. Albertyn (Grm)  
**GMS record:** 2:18.34 G 15/03/2013 Tyron Venter (PE) PHOE-CG  
 2:14.21 25-29 SAQT SAMS Colours 2019-20  
 2:23.60 25-29 CGQT GMS Colours 2019-20

1 Alves, Jean-Michel	25	Unattached	2:48.06			2:48.06	12
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## Event 1 Men 35-39 200 LC Meter IM

**WORLD record:** 2:07.24 W 22/04/2016 D.YABE BRA  
**SAMS record:** 2:20.99 S 17/03/2016 Simon Thirsk (Dbn) WAHO-CG  
**GMS record:** 2:20.99 G 17/03/2016 Simon Thirsk (Dbn) WAHO-CG  
 2:17.56 35-39 SAQT SAMS Colours 2019-20  
 2:27.19 35-39 CGQT GMS Colours 2019-20

1 Crous, Kobus	38	Coelacanth MSC-TS	2:43.49			2:43.49	12
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## Event 1 Men 50-54 200 LC Meter IM

**WORLD record:** 2:11.15 W 06/08/2017 Nicolas GRANGER USA  
**SAMS record:** 2:23.92 S 15/08/2019 Gary Albertyn (Gwn) COEL-TSH  
**GMS record:** 2:31.94 G 3/2000 Tyrone Tozer (CT)  
 2:25.89 50-54 SAQT SAMS Colours 2019-20  
 2:36.10 50-54 CGQT GMS Colours 2019-20

1 Neumann, Andy	50	Coelacanth MSC-TS	3:01.92			3:01.92	12
2 Jay, Willie	50	Coelacanth MSC-TS	4:09.23			4:09.23	10

## Event 2 Women 25-29 50 LC Meter Breaststroke

**WORLD record:** 31.60 W 10/07/2010 Megan JENDRICK USA  
**SAMS record:** 34.97 S 3/1999 L. Haupt (EL)  
**GMS record:** 34.97 G 18/03/1999 Lizelle Haupt (EL)  
 34.17 25-29 SAQT SAMS Colours 2019-20  
 36.56 25-29 CGQT GMS Colours 2019-20

1 Barit, Chavah	25	Wahoo Masters-JH	53.56			53.56	12
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## Inter Regional GMS 2020 - 07/03/2020

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## Event 2 Women 40-44 50 LC Meter Breaststroke

<b>WORLD record:</b>	32.47	W	19/08/2016	Katie GLENN		USA		
<b>SAMS record:</b>	35.59	S	07/11/2009	Heather Morris-Eyton (Pta)				
<b>GMS record:</b>	35.59	G	07/11/2009	Heather Morris-Eyton (Pta)				
	35.92			40-44 SAQT SAMS Colours 2019-20				
	38.43			40-44 CGQT GMS Colours 2019-20				
1	Cruickshanks, Sally-Anr	43	Phoenix MSC-JH	59.16			59.16	12

## Event 2 Women 45-49 50 LC Meter Breaststroke

<b>WORLD record:</b>	33.56	W	20/08/2017	Linley FRAME		AUS		
<b>SAMS record:</b>	36.55	S	13/03/2013	Heather Morris-Eyton (PE)				
<b>GMS record:</b>	36.55	G	13/03/2013	Heather Morris-Eyton (PE)		MDOL-CG		
	37.12			45-49 SAQT SAMS Colours 2019-20				
	39.72			45-49 CGQT GMS Colours 2019-20				
1	Struwig, Nicky	48	Coelacanth MSC-TS	50.06			50.06	12

## Event 2 Women 70-74 50 LC Meter Breaststroke

<b>WORLD record:</b>	41.67	W	22/06/2014	Monika SENFTLEBEN		GER		
<b>SAMS record:</b>	47.21	S	17/03/2017	Bev Shuttleworth (EL)		HIGH-KZ		
<b>GMS record:</b>	51.91	G	19/03/2016	Anne Jones (Dbn)		PHOE-CG		
	47.06			70-74 SAQT SAMS Colours 2019-20				
	50.35			70-74 CGQT GMS Colours 2019-20				
1	FERREIRA, MERCIA	71	Wahoo Masters-JH	1:12.71			1:12.71	12

## Event 2 Men 30-34 50 LC Meter Breaststroke

<b>WORLD record:</b>	27.97	W	26/09/2015	Ryo KOBAYASHI		JPN		
<b>SAMS record:</b>	30.75	S	3/2003	R Smith (Dbn)				
<b>GMS record:</b>	32.67	G	19/03/2005	Karl Rogers (Grm)				
	29.63			30-34 SAQT SAMS Colours 2019-20				
	31.70			30-34 CGQT GMS Colours 2019-20				
1	Spies, Pierre	30	Wahoo Masters-JH	36.26			36.26	12

## Event 2 Men 45-49 50 LC Meter Breaststroke

<b>WORLD record:</b>	29.31	W	02/06/2018	Vladislav BRAGIN		CZE		
<b>SAMS record:</b>	32.45	S	03/08/2010	Johan van der Merwe (Got)				
<b>GMS record:</b>	34.93	G	15/03/2018	Martin Gasson (Pta)		WAHO-JHB		
	31.16			45-49 SAQT SAMS Colours 2019-20				
	33.34			45-49 CGQT GMS Colours 2019-20				
1	Gasson, Martin	47	Wahoo Masters-JH	36.03			36.03	12
2	Fubbs, Matthew	48	Wahoo Masters-JH	39.27			39.27	10

## Event 2 Men 50-54 50 LC Meter Breaststroke

<b>WORLD record:</b>	30.26	W	20/08/2017	Mike HODGSON		GBR		
<b>SAMS record:</b>	32.58	S	3/2002	T. Shead (Chc)				
<b>GMS record:</b>	34.69	G	29/03/2003	Robert Hatherly (Dbn)				
	32.07			50-54 SAQT SAMS Colours 2019-20				
	34.31			50-54 CGQT GMS Colours 2019-20				
1	Morgan, Colin	54	Coelacanth MSC-TS	42.11			42.11	12

## Event 2 Men 55-59 50 LC Meter Breaststroke

<b>WORLD record:</b>	30.51	W	13/07/2018	C.Arturo TRAVAINI		ITA		
<b>SAMS record:</b>	32.07	S	21/04/2008	Tim Shead (Per)				
<b>GMS record:</b>	34.91	G	15/03/2008	Bob Hatherly (Dbn)				
	33.26			55-59 SAQT SAMS Colours 2019-20				
	35.59			55-59 CGQT GMS Colours 2019-20				
1	Davy, Kevin	57	Unattached	45.47			45.47	12
2	de Beer, David	58	Coelacanth MSC-TS	55.51			55.51	10

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## Event 2 Men 65-69 50 LC Meter Breaststroke

WORLD record:	33.30	W	19/08/2016	Rick COLELLA	USA		
SAMS record:	34.30	S	15/03/2018	Tim Shead (Pta)	CPTW-CPT		
GMS record:	39.60	G	19/03/2011	Brian Nelson (Oud)			
	36.94			65-69 SAQT SAMS Colours 2019-20			
	39.53			65-69 CGQT GMS Colours 2019-20			
1	Coetzer, Hendrik		65	Coelacanth MSC-TS		1:11.63	12

## Event 2 Men 85-89 50 LC Meter Breaststroke

WORLD record:	45.66	W	19/06/2010	Toshio TAJIMA	JPN		
SAMS record:	55.10	S	19/09/2009	Paul Mulder (Pta)			
GMS record:	1:16.82	G	20/03/2015	Don Johnston (Jhb)	PHOE-CG		
	56.53			85-89 SAQT SAMS Colours 2019-20			
	1:00.49			85-89 CGQT GMS Colours 2019-20			
1	Galvin, Pat		87	Wahoo Masters-JH		57.14	12

## Event 3 Women 25-29 100 LC Meter Backstroke

WORLD record:	1:01.60	W	31/07/2018	Emi MORONUKI	USA		
SAMS record:	1:07.56	S	15/03/2018	Lehesta Kemp (Pta)	WATR-JHB		
GMS record:	1:07.56	G	15/03/2018	Lehesta Kemp (Pta)	WATR-JHB		
	1:08.67			25-29 SAQT SAMS Colours 2019-20			
	1:13.48			25-29 CGQT GMS Colours 2019-20			
1	Coetzer, Dida		28	Coelacanth MSC-TS		2:26.53	12

## Event 3 Women 55-59 100 LC Meter Backstroke

WORLD record:	1:11.23	W	09/07/2017	Karlynn PIPES	USA		
SAMS record:	1:18.55	S	15/06/2012	Heather Campbell (Ric)			
GMS record:	1:21.53	G	15/06/2012	Clare Davie (Ric)			
	1:19.34			55-59 SAQT SAMS Colours 2019-20			
	1:24.89			55-59 CGQT GMS Colours 2019-20			
1	BRIDGES, CAROLE		58	Wahoo Masters-JH		2:21.68	12

## Event 3 Women 70-74 100 LC Meter Backstroke

WORLD record:	1:25.20	W	09/05/2015	Margit OHLSSON	SWE		
SAMS record:	1:31.67	S	20/03/2019	Sanderina Kruger (PE)	CPTW-CPT		
GMS record:	2:45.56	G	19/03/1994	Greta Calitz			
	1:38.33			70-74 SAQT SAMS Colours 2019-20			
	1:45.21			70-74 CGQT GMS Colours 2019-20			
1	FYFE, JOYCE		73	Coelacanth MSC-TS		2:18.49	12

## Event 3 Women 75-79 100 LC Meter Backstroke

WORLD record:	1:28.96	W	27/04/2019	Clary MUNNS	AUS		
SAMS record:	1:42.02	S	20/03/2019	Geraldine Janssens (PE)	FINS-MPD		
GMS record:	1:55.83	G	18/03/2016	Sue Leuner (Mon)	PHOE-CG		
	1:47.36			75-79 SAQT SAMS Colours 2019-20			
	1:54.88			75-79 CGQT GMS Colours 2019-20			
1	Rees, Jane		76	Coelacanth MSC-TS		3:07.11	12

## Event 3 Men 18-24 100 LC Meter Backstroke

WORLD record:	0.01	W	2000	Invalid FINA age group			
SAMS record:	1:04.72	S	3/2003	S Barson (Dbn)			
GMS record:	1:07.56	G	17/03/2005	Neal Crawford (Grm)			
	59.70			18-24 SAQT SAMS Colours 2019-20			
	1:03.88			18-24 CGQT GMS Colours 2019-20			
1	Smook, Nathan		23	Unattached		1:15.63	12

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## Event 3 Men 35-39 100 LC Meter Backstroke

WORLD record: 57.91 W 19/08/2017 Ryan PINI PNG  
 SAMS record: 1:00.07 S 15/06/2012 Simon Thirsk (Ric)  
 GMS record: 1:00.76 G 19/03/2015 Simon Thirsk (Jhb) WAHO-CG  
 1:01.62 35-39 SAQT SAMS Colours 2019-20  
 1:05.93 35-39 CGQT GMS Colours 2019-20

1 Crous, Kobus 38 Coelacanth MSC-TS 1:19.78 1:19.78 12

## Event 3 Men 40-44 100 LC Meter Backstroke

WORLD record: 59.08 W 07/08/2009 Michael ROSS USA  
 SAMS record: 1:05.84 S 1992 T. Downes (Ind)  
 GMS record: 1:08.87 G 20/03/1993 TIM SHEAD  
 1:03.26 40-44 SAQT SAMS Colours 2019-20  
 1:07.69 40-44 CGQT GMS Colours 2019-20

1 Crous, Francois 42 Coelacanth MSC-TS 1:18.63 1:18.41 1:18.63 12

## Event 3 Men 45-49 100 LC Meter Backstroke

WORLD record: 1:00.13 W 08/06/2008 Steve WOOD USA  
 SAMS record: 1:03.46 S 21/03/2019 Gregory Kahn (PE) PEMA-NMA  
 GMS record: 1:10.78 G 17/03/2005 Andre Steynberg (Grm)  
 1:04.42 45-49 SAQT SAMS Colours 2019-20  
 1:08.93 45-49 CGQT GMS Colours 2019-20

1 Pieters, Jacques 47 Wahoo Masters-JH 1:22.55 1:22.55 12

2 Collins, Stuart 46 Wahoo Masters-JH 1:29.73 1:29.58 1:29.73 10

## Event 3 Men 50-54 100 LC Meter Backstroke

WORLD record: 1:01.57 W 06/08/2017 Nicolas GRANGER USA  
 SAMS record: 1:07.76 S 18/03/2016 Harald Ruck (Dbn) COEL-NT  
 GMS record: 1:08.57 G 09/08/2006 Andre Steynberg (San)  
 1:06.90 50-54 SAQT SAMS Colours 2019-20  
 1:11.58 50-54 CGQT GMS Colours 2019-20

1 CROWTHER, Bobbie 51 Wahoo Masters-JH 1:58.94 1:58.78 1:58.94 12

## Event 3 Men 70-74 100 LC Meter Backstroke

WORLD record: 1:13.49 W 06/08/2017 Hugh WILDER USA  
 SAMS record: 1:23.15 S 20/03/2019 Terry Downes (PE) COEL-TSH  
 GMS record: 1:35.16 G 16/03/2017 Walter May (EL) WAHO-CG  
 1:24.23 70-74 SAQT SAMS Colours 2019-20  
 1:30.13 70-74 CGQT GMS Colours 2019-20

1 Mitchell, Tocher 73 Wahoo Masters-JH 2:00.92 2:00.92 12

## Event 3 Men 75-79 100 LC Meter Backstroke

WORLD record: 1:17.17 W 31/07/2018 Richard BURNS USA  
 SAMS record: 1:29.88 S 17/02/2018 Jimmy Hughes (Dbn) EACS-ETH  
 GMS record: 1:57.59 G 14/03/2013 John Garson (PE) WAHO-CG  
 1:30.22 75-79 SAQT SAMS Colours 2019-20  
 1:36.54 75-79 CGQT GMS Colours 2019-20

1 MAY, WALTER 75 Wahoo Masters-JH 1:46.74 1:47.17 1:46.74 G 12

## Event 3 Men 80-84 100 LC Meter Backstroke

WORLD record: 1:26.44 W 19/01/2013 S.SEKIKAWA JPN  
 SAMS record: 1:44.30 S 15/02/2020 Derek Fyfe (Pta) COEL-TSH  
 GMS record: 2:14.43 G 20/03/2019 John Garson (PE) WAHO-JHB  
 1:41.44 80-84 SAQT SAMS Colours 2019-20  
 1:48.56 80-84 CGQT GMS Colours 2019-20

1 FYFE, DEREK 80 Coelacanth MSC-TS 1:45.53 1:45.53 CGQT 12

2 GARSON, JOHN 82 Wahoo Masters-JH 2:33.80 2:33.80 10

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## Event 4 Women 25-29 50 LC Meter Butterfly

**WORLD record:** 27.05 W 04/11/2018 Masako KUROKI JPN  
**SAMS record:** 27.55 S 21/03/2015 Elzanne Werth (Jhb) PHOE-CG  
**GMS record:** 27.55 G 21/03/2015 Elzanne Werth (Jhb) PHOE-CG  
 28.79 25-29 SAQT SAMS Colours 2019-20  
 30.81 25-29 CGQT GMS Colours 2019-20

1 Barit, Chavah 25 Wahoo Masters-JH 52.09 52.09 12

## Event 4 Women 65-69 50 LC Meter Butterfly

**WORLD record:** 33.34 W 15/07/2018 Laura VAL USA  
**SAMS record:** 37.93 S 11/02/2014 Sanderina Kruger (CT) CPTW-WP  
**GMS record:** 42.11 G 22/03/2019 Maureen Mons (PE) PHOE-JHB  
 37.46 65-69 SAQT SAMS Colours 2019-20  
 40.08 65-69 CGQT GMS Colours 2019-20

1 Mons, Maureen 69 Phoenix MSC-JH 46.31 46.04 46.31 12

## Event 4 Women 70-74 50 LC Meter Butterfly

**WORLD record:** 35.02 W 05/08/2017 Diann UUSTAL USA  
**SAMS record:** 41.23 S 21/03/2015 Elsa Craig (Jhb) BEST-EP  
**GMS record:** 52.16 G 22/03/2019 Helen Lawless (PE) WAHO-JHB  
 43.06 70-74 SAQT SAMS Colours 2019-20  
 46.07 70-74 CGQT GMS Colours 2019-20

1 CRAWFORD, LINDA 70 Phoenix MSC-JH 56.39 56.57 56.21 56.39 12

2 LAWLESS, HELEN 71 Wahoo Masters-JH 56.52 56.52 10

## Event 4 Men 25-29 50 LC Meter Butterfly

**WORLD record:** 23.71 W 16/08/2008 Kohei KAWAMOTO USA  
**SAMS record:** 25.87 S 16/03/2013 Chris King (PE)  
**GMS record:** 26.89 G 14/03/1991 HANS WEILERT  
 25.14 25-29 SAQT SAMS Colours 2019-20  
 26.90 25-29 CGQT GMS Colours 2019-20

1 Delagey, Vincent 26 Coelacanth MSC-TS 26.38 26.38 CGQT 12

2 Alves, Jean-Michel 25 Unattached 32.10 31.66 32.10 10

## Event 4 Men 30-34 50 LC Meter Butterfly

**WORLD record:** 23.26 W 13/07/2013 Roland SCHOEMAN USA  
**SAMS record:** 26.75 S 31/01/2009 N. Moores (Shf), G Swart (Jhb)  
**SAMS rec-eq:** 26.75 S 31/01/2009 Glenn Swart (Jhb)  
**GMS record:** 26.75 G 31/01/2009 Glenn Swart (Jhb)  
 25.41 30-34 SAQT SAMS Colours 2019-20  
 27.19 30-34 CGQT GMS Colours 2019-20

1 Kok, Christoff 33 Coelacanth MSC-TS 30.77 30.77 12

2 Spies, Pierre 30 Wahoo Masters-JH 32.19 32.19 10

## Event 4 Men 45-49 50 LC Meter Butterfly

**WORLD record:** 25.39 W 17/06/2018 Eiji NOMURA JPN  
**SAMS record:** 26.57 S 13/03/2008 Gregg Price (Dbn)  
**GMS record:** 26.97 G 18/02/2006 Gregg Price (Pta)  
 26.88 45-49 SAQT SAMS Colours 2019-20  
 28.76 45-49 CGQT GMS Colours 2019-20

1 Gasson, Martin 47 Wahoo Masters-JH 32.51 32.51 12

2 Collins, Stuart 46 Wahoo Masters-JH 37.95 37.95 10

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## Event 4 Men 50-54 50 LC Meter Butterfly

<b>WORLD record:</b>	25.88	W	16/08/2008	Paul CARTER		USA			
<b>SAMS record:</b>	27.08	S	12/08/2015	Calvin Maughan (Kaz)		CPTW-WP			
<b>GMS record:</b>	27.94	G	16/03/2007	Andre Steynberg (Sas)					
	27.48			50-54 SAQT SAMS Colours 2019-20					
	29.40			50-54 CGQT GMS Colours 2019-20					
1	Neumann, Andy		50	Coelacanth MSC-TS	34.72		34.57	34.72	12

## Event 4 Men 55-59 50 LC Meter Butterfly

<b>WORLD record:</b>	26.86	W	06/08/2009	Gary HALL		USA			
<b>SAMS record:</b>	28.04	S	15/02/2020	Harald Ruck (Pta)		COEL-TSH			
<b>GMS record:</b>	28.35	G	16/03/2013	Andre Steynberg (PE)		WAHO-CG			
	28.45			55-59 SAQT SAMS Colours 2019-20					
	30.44			55-59 CGQT GMS Colours 2019-20					
1	Davy, Kevin		57	Unattached	40.31		40.52	40.31	12
2	de Beer, David		58	Coelacanth MSC-TS	52.75		52.96	52.75	10

## Event 4 Men 60-64 50 LC Meter Butterfly

<b>WORLD record:</b>	27.65	W	06/05/2018	Hugo BREGMAN		NED			
<b>SAMS record:</b>	28.77	S	17/03/2018	Andre Steynberg (Pta)		CPTW-CPT			
<b>GMS record:</b>	31.78	G	25/01/2020	Quirin Kohler (Jhb)		PHOE-JHB			
	29.73			60-64 SAQT SAMS Colours 2019-20					
	31.81			60-64 CGQT GMS Colours 2019-20					
1	KOHLER, QUIRIN		61	Phoenix MSC-JH	32.65		32.20	32.65	12

## Event 4 Men 65-69 50 LC Meter Butterfly

<b>WORLD record:</b>	28.54	W	27/06/2009	Josep CLARET		ESP			
<b>SAMS record:</b>	30.25	S	17/03/2018	Tim Shead (Pta)		CPTW-CPT			
<b>GMS record:</b>	35.40	G	19/02/2011	John Petersen (Pta)					
	31.05			65-69 SAQT SAMS Colours 2019-20					
	33.22			65-69 CGQT GMS Colours 2019-20					
1	Selmer-Olsen, Sam		68	Wahoo Masters-JH	54.93		54.91	54.93	12

## Event 5 Women 25-29 50 LC Meter Freestyle

<b>WORLD record:</b>	25.42	W	15/02/2004	Annabel KOSTEN		NED			
<b>SAMS record:</b>	27.00	S	16/03/2018	Lehesta Kemp (Pta)		WATR-JHB			
<b>GMS record:</b>	27.00	G	16/03/2018	Lehesta Kemp (Pta)		WATR-JHB			
	27.17			25-29 SAQT SAMS Colours 2019-20					
	29.07			25-29 CGQT GMS Colours 2019-20					
1	Coetzer, Dida		28	Coelacanth MSC-TS	39.51		39.69	39.51	12
2	Barit, Chavah		25	Wahoo Masters-JH	42.91		43.14	42.91	10

## Event 5 Women 40-44 50 LC Meter Freestyle

<b>WORLD record:</b>	26.44	W	07/11/2009	Edith OTTERMANN		RSA			
<b>SAMS record:</b>	26.44	S	07/11/2009	Edith Ottermann (Pta)					
<b>GMS record:</b>	29.26	G	21/03/2015	Jaki Fagan (Jhb)		PHOE-CG			
	28.01			40-44 SAQT SAMS Colours 2019-20					
	29.97			40-44 CGQT GMS Colours 2019-20					
1	Cruickshanks, Sally-Anr		43	Phoenix MSC-JH	44.27			44.27	12

## Event 5 Women 45-49 50 LC Meter Freestyle

<b>WORLD record:</b>	26.59	W	16/03/2011	Edith OTTERMANN		RSA			
<b>SAMS record:</b>	26.59	S	16/03/2011	Edith Ottermann (Oud)					
<b>GMS record:</b>	30.16	G	17/03/2007	Debbie Carroll (Sas)					
	28.36			45-49 SAQT SAMS Colours 2019-20					
	30.35			45-49 CGQT GMS Colours 2019-20					
1	Pearse, Nina		45	Phoenix MSC-JH	37.42			37.42	12
2	Struwig, Nicky		48	Coelacanth MSC-TS	39.44			39.44	10

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## Event 5 Women 50-54 50 LC Meter Freestyle

<b>WORLD record:</b>	27.09	W	28/06/2015	Marie FUZZATI			FRA		
<b>SAMS record:</b>	27.39	S	17/03/2018	Edith Ottermann (Pta)			CPTW-WP		
<b>GMS record:</b>	29.95	G	15/03/2012	Debbie Carroll (CT)					
	29.19			50-54 SAQT SAMS Colours 2019-20					
	31.23			50-54 CGQT GMS Colours 2019-20					
1	Naude, Caren		53	Waterborn SC - Masters-JH	29.32		29.03	29.32 G CGQT	12

## Event 5 Women 70-74 50 LC Meter Freestyle

<b>WORLD record:</b>	31.99	W	21/03/2019	Sanderina KRUGER			RSA		
<b>SAMS record:</b>	31.99	S	21/03/2019	Sanderina Kruger (PE)			CPTW-CPT		
<b>GMS record:</b>	35.39	G	17/03/2016	Anne Jones (Dbn)			PHOE-CG		
	35.39			70-74 SAQT SAMS Colours 2019-20					
	37.87			70-74 CGQT GMS Colours 2019-20					
1	LAWLESS, HELEN		71	Wahoo Masters-JH	48.70			48.70	12
2	FYFE, JOYCE		73	Coelacanth MSC-TS	52.48			52.48	10

## Event 5 Women 75-79 50 LC Meter Freestyle

<b>WORLD record:</b>	34.85	W	03/03/2006	Jane ASHER			GBR		
<b>SAMS record:</b>	38.28	S	06/08/2014	Sue Leuner (Mon)			PHOE-CG		
<b>GMS record:</b>	38.28	G	06/08/2014	Sue Leuner (Mon)			PHOE-CG		
	39.65			75-79 SAQT SAMS Colours 2019-20					
	42.43			75-79 CGQT GMS Colours 2019-20					
1	JONES, ANNE		75	Phoenix MSC-JH	40.18	39.66	39.95	39.95 CGQT	12
2	Rees, Jane		76	Coelacanth MSC-TS	52.64			52.64	10

## Event 5 Women 80-84 50 LC Meter Freestyle

<b>WORLD record:</b>	36.61	W	15/07/2018	Yoshiko OSAKI			JPN		
<b>SAMS record:</b>	42.94	S	23/02/2019	Sue Leuner (Jhb)			PHOE-JHB		
<b>GMS record:</b>	42.94	G	23/02/2019	Sue Leuner (Jhb)			PHOE-JHB		
	42.72			80-84 SAQT SAMS Colours 2019-20					
	45.71			80-84 CGQT GMS Colours 2019-20					
1	HANSON, Ann		82	Coelacanth MSC-TS	58.88		59.21	58.88	12

## Event 5 Men 18-24 50 LC Meter Freestyle

<b>WORLD record:</b>	0.01	W	2000	Invalid FINA age group					
<b>SAMS record:</b>	25.00	S	16/03/2013	Byron Lockett (PE)					
<b>GMS record:</b>	25.85	G	24/02/2007	Tyler Morrison (Pta)					
	23.74			18-24 SAQT SAMS Colours 2019-20					
	25.40			18-24 CGQT GMS Colours 2019-20					
1	Smook, Nathan		23	Unattached	30.28		30.22	30.28	12

## Event 5 Men 25-29 50 LC Meter Freestyle

<b>WORLD record:</b>	22.30	W	18/02/2017	A.LIUKKONEN			FIN		
<b>SAMS record:</b>	23.39	S	16/03/2013	Chris King (PE)					
<b>GMS record:</b>	23.95	G	18/03/2015	Heinrich Schoeman (Jhb)			WAHO-CG		
	23.74			25-29 SAQT SAMS Colours 2019-20					
	25.40			25-29 CGQT GMS Colours 2019-20					
1	Delagey, Vincent		26	Coelacanth MSC-TS	26.02			26.02	12

## Event 5 Men 30-34 50 LC Meter Freestyle

<b>WORLD record:</b>	22.13	W	13/07/2013	Roland SCHOEMAN			USA		
<b>SAMS record:</b>	24.88	S	31/01/2009	Glenn Swart (Jhb)					
<b>GMS record:</b>	24.88	G	31/01/2009	Glenn Swart (Jhb)					
	23.72			30-34 SAQT SAMS Colours 2019-20					
	25.38			30-34 CGQT GMS Colours 2019-20					
1	Kok, Christoff		33	Coelacanth MSC-TS	28.26			28.26	12

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## Event 5 Men 35-39 50 LC Meter Freestyle

<b>WORLD record:</b>	22.76	W	20/08/2005	Mark FOSTER			GBR	
<b>SAMS record:</b>	23.28	S	15/03/2012	Ryk Neethling (CT)				
<b>GMS record:</b>	25.43	G	19/03/2016	Simon Thirsk (Dbn)			WAHO-CG	
	24.04			35-39 SAQT SAMS Colours 2019-20				
	25.72			35-39 CGQT GMS Colours 2019-20				
1	Crous, Kobus		38	Coelacanth MSC-TS	29.55	29.73	29.55	12

## Event 5 Men 40-44 50 LC Meter Freestyle

<b>WORLD record:</b>	23.25	W	15/07/2018	Hideaki HARA			JPN	
<b>SAMS record:</b>	24.26	S	21/03/2019	Marc Allan (PE)			SYNR-ETH	
<b>GMS record:</b>	25.40	G	19/03/2010	Stephen Haupt (Pta)				
	24.67			40-44 SAQT SAMS Colours 2019-20				
	26.40			40-44 CGQT GMS Colours 2019-20				
1	Crous, Francois		42	Coelacanth MSC-TS	27.20		27.20	12

## Event 5 Men 45-49 50 LC Meter Freestyle

<b>WORLD record:</b>	23.98	W	05/07/2014	Vladimir PREDKIN			RUS	
<b>SAMS record:</b>	25.18	S	1994	T. Downes (Mon)				
<b>GMS record:</b>	25.52	G	26/02/2006	Gregg Price (Jhb)				
	25.04			45-49 SAQT SAMS Colours 2019-20				
	26.79			45-49 CGQT GMS Colours 2019-20				
1	Pieters, Jacques		47	Wahoo Masters-JH	29.07		29.07	12

## Event 5 Men 50-54 50 LC Meter Freestyle

<b>WORLD record:</b>	24.08	W	27/06/2009	Brent BARNES			JPN	
<b>SAMS record:</b>	24.34	S	21/03/2015	Calvin Maughan (Jhb)			CPTW-WP	
<b>GMS record:</b>	26.32	G	15/03/2008	Andre Steynberg (Dbn)				
	25.78			50-54 SAQT SAMS Colours 2019-20				
	27.58			50-54 CGQT GMS Colours 2019-20				
1	Neumann, Andy		50	Coelacanth MSC-TS	30.93	30.71	30.93	12
2	CROWTHER, Bobbie		51	Wahoo Masters-JH	32.57		32.57	10

## Event 5 Men 55-59 50 LC Meter Freestyle

<b>WORLD record:</b>	24.45	W	19/07/2015	Brent BARNES			JPN	
<b>SAMS record:</b>	25.09	S	03/03/2019	Calvin Maughan (Stb)			CPT-CPT	
<b>GMS record:</b>	26.64	G	13/06/2012	Andre Steynberg (Ric)				
	26.52			55-59 SAQT SAMS Colours 2019-20				
	28.38			55-59 CGQT GMS Colours 2019-20				
1	Morley, John		58	Phoenix MSC-JH	35.46	35.27	35.46	12
2	de Beer, David		58	Coelacanth MSC-TS	35.70		35.70	10
3	Davy, Kevin		57	Unattached	36.34		36.34	8

## Event 5 Men 60-64 50 LC Meter Freestyle

<b>WORLD record:</b>	25.23	W	07/08/2006	Richard ABRAHAMS			USA	
<b>SAMS record:</b>	26.31	S	17/03/2015	Andre Steynberg (Dbn)			WAHO-CG	
<b>GMS record:</b>	26.31	G	17/03/2016	Andre Steynberg (Dbn)			WAHO-CG	
	27.09			60-64 SAQT SAMS Colours 2019-20				
	28.99			60-64 CGQT GMS Colours 2019-20				
1	KOHLER, QUIRIN		61	Phoenix MSC-JH	29.56		29.56	12

## Event 5 Men 65-69 50 LC Meter Freestyle

<b>WORLD record:</b>	26.21	W	06/07/2018	Doug MARTIN			USA	
<b>SAMS record:</b>	28.14	S	18/08/2017	Tim Shead (Bud)			CPTW-CPT	
<b>GMS record:</b>	30.11	G	11/03/2009	Willie Wilson (EL)				
	28.65			65-69 SAQT SAMS Colours 2019-20				
	30.66			65-69 CGQT GMS Colours 2019-20				
1	Coetzer, Hendrik		65	Coelacanth MSC-TS	45.78	45.43	45.78	12



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## Event 5 Men 75-79 50 LC Meter Freestyle

**WORLD record:** 29.70 W 01/08/2018 Richard BURNS USA  
**SAMS record:** 33.47 S 15/03/2012 Ken Williams (CT)  
**GMS record:** 33.47 G 15/03/2012 Ken Williams (CT)  
 32.09 75-79 SAQT SAMS Colours 2019-20  
 34.34 75-79 CGQT GMS Colours 2019-20

1 MAY, WALTER 75 Wahoo Masters-JH 35.31 35.56 35.31 12

## Event 5 Men 80-84 50 LC Meter Freestyle

**WORLD record:** 31.96 W 20/05/2012 Roberto ALBERICHE ESP  
**SAMS record:** 36.96 S 3/2003 Renato Salati (Dbn)  
**GMS record:** 38.96 G 11/03/2009 Don Johnston (EL)  
 35.05 80-84 SAQT SAMS Colours 2019-20  
 38.00 80-84 CGQT GMS Colours 2019-20

1 FYFE, DEREK 80 Coelacanth MSC-TS 39.06 39.06 39.06 12

2 GARSON, JOHN 82 Wahoo Masters-JH 51.10 51.10 51.10 10

## Event 6 Women 45-49 100 LC Meter Breaststroke

**WORLD record:** 1:13.49 W 17/09/2009 Marzena KULIS ITA  
**SAMS record:** 1:19.08 S 16/03/2013 Heather Morris-Eyton (PE)  
**GMS record:** 1:19.08 G 16/03/2013 Heather Morris-Eyton (PE) MDOL-CG  
 1:21.92 45-49 SAQT SAMS Colours 2019-20  
 1:27.65 45-49 CGQT GMS Colours 2019-20

1 Struwig, Nicky 48 Coelacanth MSC-TS 1:54.61 1:54.61 1:54.61 12

## Event 6 Women 55-59 100 LC Meter Breaststroke

**WORLD record:** 1:19.90 W 29/01/2017 Monica CORO ITA  
**SAMS record:** 1:28.80 S 26/02/2017 Cecilia Stanford (Stb) CPTW-WP  
**GMS record:** 1:39.77 G 03/03/2006 Jenny Ireland (Mal)  
 1:28.07 55-59 SAQT SAMS Colours 2019-20  
 1:34.23 55-59 CGQT GMS Colours 2019-20

1 BRIDGES, CAROLE 58 Wahoo Masters-JH 2:13.69 2:13.69 2:13.69 12

## Event 6 Women 70-74 100 LC Meter Breaststroke

**WORLD record:** 1:35.93 W 02/10/2016 Nobuko YASUDA JPN  
**SAMS record:** 1:48.70 S 18/03/2017 Bev Shuttleworth (EL) HIGH-KZ  
**GMS record:** 2:25.96 G 22/03/2019 Mercia Ferreira (PE) WAHO-JHB  
 1:47.33 70-74 SAQT SAMS Colours 2019-20  
 1:54.84 70-74 CGQT GMS Colours 2019-20

1 FERREIRA, MERCIA 71 Wahoo Masters-JH 2:30.88 2:30.88 2:30.88 12

## Event 6 Women 75-79 100 LC Meter Breaststroke

**WORLD record:** 1:38.81 W 06/03/2010 Shoko YONEZAWA JPN  
**SAMS record:** 1:56.38 S 17/03/2016 Santa van Jaarsveld (Dbn) CPTW-WP  
**GMS record:** 2:39.65 G 12/04/1996 Greta Calitz  
 1:57.38 75-79 SAQT SAMS Colours 2019-20  
 2:05.60 75-79 CGQT GMS Colours 2019-20

1 Rees, Jane 76 Coelacanth MSC-TS 3:02.59 3:02.59 3:02.59 12

## Event 6 Men 25-29 100 LC Meter Breaststroke

**WORLD record:** 1:01.66 W 15/07/2018 Yuki KANAYA JPN  
**SAMS record:** 1:06.21 S 31/7/2012 Matt Josephson (CT)  
**GMS record:** 1:06.21 G 17/03/2012 Matt Josephson (CT)  
 1:05.56 25-29 SAQT SAMS Colours 2019-20  
 1:10.15 25-29 CGQT GMS Colours 2019-20

1 Alves, Jean-Michel 25 Unattached 1:23.51 1:23.51 1:23.51 12

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## Event 6 Men 30-34 100 LC Meter Breaststroke

**WORLD record:** 1:02.39 W 27/09/2015 Ryo KOBAYASHI JPN  
**SAMS record:** 1:09.85 S 12/03/2009 Brett Petersen (EL)  
**GMS record:** 1:12.13 G 11/2002 Gary Coetzee (Syd)  
 1:06.42 30-34 SAQT SAMS Colours 2019-20  
 1:11.07 30-34 CGQT GMS Colours 2019-20

1 Spies, Pierre 30 Wahoo Masters-JH 1:25.76 1:25.76 12

## Event 6 Men 45-49 100 LC Meter Breaststroke

**WORLD record:** 1:04.99 W 24/05/2019 Steven WEST USA  
**SAMS record:** 1:10.77 S 04/08/2014 Graeme Fiser (Mon) CPTW-WP  
**GMS record:** 1:22.29 G 22/03/2019 Martin Gasson (PE) WAHO-JHB  
 1:10.34 45-49 SAQT SAMS Colours 2019-20  
 1:15.26 45-49 CGQT GMS Colours 2019-20

1 Fubbs, Matthew 48 Wahoo Masters-JH 1:31.25 1:31.25 12

## Event 6 Men 50-54 100 LC Meter Breaststroke

**WORLD record:** 1:06.98 W 15/08/2014 David GUTHRIE USA  
**SAMS record:** 1:11.69 S 17/03/2016 Graeme Fiser (Dbn) CPTW-WP  
**GMS record:** 1:16.64 G 28/03/2003 Robert Hatherly (Dbn)  
 1:12.39 50-54 SAQT SAMS Colours 2019-20  
 1:17.46 50-54 CGQT GMS Colours 2019-20

1 Morgan, Colin 54 Coelacanth MSC-TS 1:39.02 1:39.23 1:39.02 12

## Event 7 Women 45-49 50 LC Meter Backstroke

**WORLD record:** 31.02 W 18/08/2016 Cindy MABEE CAN  
**SAMS record:** 34.47 S 18/08/2019 Norelle Engela (Gwn) CPTW-CPT  
**GMS record:** 37.05 G 15/03/2008 Debbie Carroll (Dbn)  
 33.60 45-49 SAQT SAMS Colours 2019-20  
 35.95 45-49 CGQT GMS Colours 2019-20

1 Pearse, Nina 45 Phoenix MSC-JH 47.81 48.05 47.81 12

## Event 7 Women 70-74 50 LC Meter Backstroke

**WORLD record:** 38.69 W 24/10/2015 Margit OHLSSON SWE  
**SAMS record:** 41.44 S 21/03/2019 Sanderina Kruger (PE) CPTW-CPT  
**GMS record:** 46.22 G 19/03/2015 Anne Jones (Jhb) PHOE-CG  
 44.00 70-74 SAQT SAMS Colours 2019-20  
 47.08 70-74 CGQT GMS Colours 2019-20

1 FYFE, JOYCE 73 Coelacanth MSC-TS 56.68 56.53 56.68 12

2 FERREIRA, MERCIA 71 Wahoo Masters-JH 1:11.58 1:11.58 10

## Event 7 Women 80-84 50 LC Meter Backstroke

**WORLD record:** 45.67 W 16/07/2018 Yoshiko OSAKI JPN  
**SAMS record:** 54.14 S 09/03/2019 Sue Leuner (Jhb) PHOE-JHB  
**GMS record:** 54.14 G 09/03/2019 Sue Leuner (Jhb) PHOE-JHB  
 53.49 80-84 SAQT SAMS Colours 2019-20  
 57.23 80-84 CGQT GMS Colours 2019-20

1 HANSON, Ann 82 Coelacanth MSC-TS 1:22.20 1:22.20 12

## Event 7 Men 18-24 50 LC Meter Backstroke

**WORLD record:** 0.01 W 2000 Invalid FINA age group  
**SAMS record:** 29.34 S 3/1999 R. Speirs (EL)  
**GMS record:** 30.65 G 18/03/2005 Neal Crawford (Grm)  
 27.50 18-24 SAQT SAMS Colours 2019-20  
 29.43 18-24 CGQT GMS Colours 2019-20

1 Smook, Nathan 23 Unattached 34.89 34.89 12

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**Event 7 Men 35-39 50 LC Meter Backstroke**

<b>WORLD record:</b>	26.43	W	20/08/2017	Ryan PINI				PNG	
<b>SAMS record:</b>	27.42	S	15/03/2013	Simon Thirsk (PE)					
<b>GMS record:</b>	27.42	G	15/03/2013	Simon Thirsk (PE)				WAHO-CG	
	28.21			35-39 SAQT SAMS Colours 2019-20					
	30.18			35-39 CGQT GMS Colours 2019-20					
1	Crous, Kobus		38	Coelacanth MSC-TS	35.46			35.46	12

**Event 7 Men 40-44 50 LC Meter Backstroke**

<b>WORLD record:</b>	27.27	W	18/08/2017	Aleksandr SHILIN				RUS	
<b>SAMS record:</b>	29.51	S	12/03/2009	Harald Ruck (EL)					
<b>GMS record:</b>	31.23	G	17/03/2016	Lain Schutte (Dbn)				PHOE-CG	
	28.96			40-44 SAQT SAMS Colours 2019-20					
	30.99			40-44 CGQT GMS Colours 2019-20					
1	Crous, Francois		42	Coelacanth MSC-TS	35.97		35.43	35.97	12

**Event 7 Men 45-49 50 LC Meter Backstroke**

<b>WORLD record:</b>	27.67	W	20/08/2017	Serkan ATASAY				TUR	
<b>SAMS record:</b>	29.34	S	22/03/2019	Gregory Kahn (PE)				PEMA-NMA	
<b>GMS record:</b>	30.54	G	3/2002	Andre Steynberg (Che)					
	29.70			45-49 SAQT SAMS Colours 2019-20					
	31.78			45-49 CGQT GMS Colours 2019-20					
1	Pieters, Jacques		47	Wahoo Masters-JH	38.77		38.99	38.77	12
2	Collins, Stuart		46	Wahoo Masters-JH	41.56		41.38	41.56	10

**Event 7 Men 50-54 50 LC Meter Backstroke**

<b>WORLD record:</b>	28.58	W	14/07/2018	Rick GOULD				USA	
<b>SAMS record:</b>	29.70	S	17/03/2016	Harald Ruck (Dbn)				COEL-NT	
<b>GMS record:</b>	30.16	G	10/08/2006	Andre Steynberg (San)					
	30.44			50-54 SAQT SAMS Colours 2019-20					
	32.57			50-54 CGQT GMS Colours 2019-20					
1	CROWTHER, Bobbie		51	Wahoo Masters-JH	52.00			52.00	12

**Event 7 Men 65-69 50 LC Meter Backstroke**

<b>WORLD record:</b>	30.95	W	07/07/2012	Hugh WILDER				USA	
<b>SAMS record:</b>	34.48	S	17/03/2018	Tim Shead (Pta)				CPTW-CPT	
<b>GMS record:</b>	37.68	G	12/03/2009	Willie Wilson (EL)					
	35.41			65-69 SAQT SAMS Colours 2019-20					
	37.89			65-69 CGQT GMS Colours 2019-20					
1	Coetzer, Hendrik		65	Coelacanth MSC-TS	59.38		59.19	59.38	12

**Event 7 Men 70-74 50 LC Meter Backstroke**

<b>WORLD record:</b>	33.58	W	04/08/2017	Hugh WILDER				USA	
<b>SAMS record:</b>	38.49	S	15/03/2013	Jimmy Hughes (PE)					
<b>GMS record:</b>	43.15	G	19/03/2015	Walter May (Jhb)				WAHO-CG	
	37.25			70-74 SAQT SAMS Colours 2019-20					
	39.86			70-74 CGQT GMS Colours 2019-20					
1	Mitchell, Tocher		73	Wahoo Masters-JH	55.72			55.72	12

**Event 7 Men 75-79 50 LC Meter Backstroke**

<b>WORLD record:</b>	34.45	W	02/08/2018	Richard BURNS				USA	
<b>SAMS record:</b>	38.99	S	18/02/2018	Jimmy Hughes (Dbn)				EACS-ETH	
<b>GMS record:</b>	49.91	G	21/03/2019	Winton Myers (PE)				WAHO-JHB	
	40.09			75-79 SAQT SAMS Colours 2019-20					
	42.90			75-79 CGQT GMS Colours 2019-20					
1	MAY, WALTER		75	Wahoo Masters-JH	48.68			48.68 G	12

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## Event 7 Men 80-84 50 LC Meter Backstroke

<b>WORLD record:</b>	38.16	W	20/01/2013	S.SEKIKAWA		JPN		
<b>SAMS record:</b>	46.99	S	17/03/2016	Mike Cameron (Dbn)		EACS-KZ		
<b>GMS record:</b>	53.51	G	24/02/2018	John Garson (Jhb)		WAHO-JHB		
	43.80			80-84 SAQT SAMS Colours 2019-20				
	46.87			80-84 CGQT GMS Colours 2019-20				
1	FYFE, DEREK		80	Coelacanth MSC-TS	48.27		48.27	12
2	GARSON, JOHN		82	Wahoo Masters-JH	59.58	59.73	59.58	10

## Event 8 Women 70-74 100 LC Meter Butterfly

<b>WORLD record:</b>	1:24.55	W	06/08/2014	Judy WILSON		GBR		
<b>SAMS record:</b>	1:53.61	S	19/03/2015	Elsa Craig (Jhb)		BEST-EP		
<b>GMS record:</b>	2:14.21	G	21/03/2019	Helen Lawless (PE)		WAHO-JHB		
	1:50.44			70-74 SAQT SAMS Colours 2019-20				
	1:58.17			70-74 CGQT GMS Colours 2019-20				
1	LAWLESS, HELEN		71	Wahoo Masters-JH	2:19.59		2:19.59	12

## Event 8 Men 45-49 100 LC Meter Butterfly

<b>WORLD record:</b>	56.85	W	11/08/2002	Paul CARTER		USA		
<b>SAMS record:</b>	1:01.00	S	15/03/2008	Gregg Price (Dbn)				
<b>GMS record:</b>	1:01.69	G	07/08/2006	Gregg Price (San)				
	1:00.49			45-49 SAQT SAMS Colours 2019-20				
	1:04.72			45-49 CGQT GMS Colours 2019-20				
1	Fubbs, Matthew		48	Wahoo Masters-JH	1:22.93		1:22.93	12

## Event 8 Men 50-54 100 LC Meter Butterfly

<b>WORLD record:</b>	57.23	W	15/08/2008	Paul CARTER		USA		
<b>SAMS record:</b>	1:01.63	S	21/04/2008	Paul Blackbeard (Per)				
<b>GMS record:</b>	1:04.23	G	17/03/2007	Andre Steynberg (Sas)				
	1:03.58			50-54 SAQT SAMS Colours 2019-20				
	1:08.03			50-54 CGQT GMS Colours 2019-20				
1	Neumann, Andy		50	Coelacanth MSC-TS	1:23.83		1:23.83	12

## Event 9 Women 25-29 100 LC Meter Freestyle

<b>WORLD record:</b>	56.96	W	11/08/2015	Emma GAGE		GBR		
<b>SAMS record:</b>	59.50	S	11/06/2012	Samantha Gunther (Ric)				
<b>GMS record:</b>	59.50	G	11/06/2012	Samantha Gunther (Ric)				
	59.20			25-29 SAQT SAMS Colours 2019-20				
	1:03.34			25-29 CGQT GMS Colours 2019-20				
1	Coetzer, Dida		28	Coelacanth MSC-TS	1:32.54	1:33.00	1:32.54	12

## Event 9 Women 40-44 100 LC Meter Freestyle

<b>WORLD record:</b>	58.04	W	08/06/2013	Erika BRAUN		USA		
<b>SAMS record:</b>	1:00.39	S	6/2004	Bev McCarney (Ric)				
<b>GMS record:</b>	1:04.38	G	28/02/2002	Debbie Carroll (Oud)				
	1:02.48			40-44 SAQT SAMS Colours 2019-20				
	1:06.85			40-44 CGQT GMS Colours 2019-20				
1	Cruickshanks, Sally-Anr		43	Phoenix MSC-JH	1:48.00	1:47.00	1:48.00	12

## Event 9 Women 45-49 100 LC Meter Freestyle

<b>WORLD record:</b>	57.40	W	08/08/2015	Melanie THOMAS		USA		
<b>SAMS record:</b>	1:03.28	S	18/02/2012	Edith Ottermann (Pta)				
<b>GMS record:</b>	1:06.67	G	17/03/2007	Debbie Carroll (Sas)				
	1:03.27			45-49 SAQT SAMS Colours 2019-20				
	1:07.70			45-49 CGQT GMS Colours 2019-20				
1	Pearse, Nina		45	Phoenix MSC-JH	1:27.80	1:27.96	1:27.80	12

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## Event 9 Women 55-59 100 LC Meter Freestyle

**WORLD record:** 1:02.02 W 16/08/2008 Laura VAL USA  
**SAMS record:** 1:07.07 S 16/03/2017 Cecilia Stanford (EL) CPTW-WP  
**GMS record:** 1:13.46 G 26/02/2011 Clare Davie (Jhb)  
 1:06.92 55-59 SAQT SAMS Colours 2019-20  
 1:11.60 55-59 CGQT GMS Colours 2019-20

1 BRIDGES, CAROLE 58 Wahoo Masters-JH 1:44.32 1:44.32 12

## Event 9 Women 65-69 100 LC Meter Freestyle

**WORLD record:** 1:04.89 W 30/07/2018 Laura VAL USA  
**SAMS record:** 1:09.23 S 11/08/2015 Sanderina Kruger (Kaz) CPTW-WP  
**GMS record:** 1:18.35 G 18/03/2016 Marissa Rollnick (Dbn) PHOE-CG  
 1:17.09 65-69 SAQT SAMS Colours 2019-20  
 1:22.49 65-69 CGQT GMS Colours 2019-20

1 ROLLNICK, MARISSA 69 Phoenix MSC-JH 1:25.91 1:26.66 1:25.91 12

## Event 9 Women 70-74 100 LC Meter Freestyle

**WORLD record:** 1:11.49 W 22/03/2019 Sanderina KRUGER RSA  
**SAMS record:** 1:11.49 S 22/03/2019 Sanderina Kruger (PE) CPTW-CPT  
**GMS record:** 1:23.80 G 20/03/2015 Anne Jones (Jhb) PHOE-CG  
 1:22.55 70-74 SAQT SAMS Colours 2019-20  
 1:28.33 70-74 CGQT GMS Colours 2019-20

1 FYFE, JOYCE 73 Coelacanth MSC-TS 2:00.38 2:00.25 2:00.38 12

2 FERREIRA, MERCIA 71 Wahoo Masters-JH 2:06.01 2:06.01 10

## Event 9 Women 75-79 100 LC Meter Freestyle

**WORLD record:** 1:19.71 W 19/07/2014 Yoshiko OSAKI JPN  
**SAMS record:** 1:26.34 S 04/08/2014 Sue Leuner (Mon) PHOE-CG  
**GMS record:** 1:26.34 G 04/08/2014 Sue Leuner (Mon) PHOE-CG  
 1:33.36 75-79 SAQT SAMS Colours 2019-20  
 1:39.90 75-79 CGQT GMS Colours 2019-20

1 JONES, ANNE 75 Phoenix MSC-JH 1:31.38 1:31.30 1:31.30 1:31.30 SAQT 12

2 Rees, Jane 76 Coelacanth MSC-TS 2:00.16 2:00.16 10

## Event 9 Women 80-84 100 LC Meter Freestyle

**WORLD record:** 1:23.16 W 14/07/2018 Yoshiko OSAKI JPN  
**SAMS record:** 1:34.64 S 23/02/2019 Sue Leuner (Jhb) PHOE-JHB  
**GMS record:** 1:34.64 G 23/02/2019 Sue Leuner (Jhb) PHOE-JHB  
 1:40.44 80-84 SAQT SAMS Colours 2019-20  
 1:47.47 80-84 CGQT GMS Colours 2019-20

1 HANSON, Ann 82 Coelacanth MSC-TS 2:10.37 2:10.20 2:10.37 12

## Event 9 Men 18-24 100 LC Meter Freestyle

**WORLD record:** 0.01 W 2000 Invalid FINA age group  
**SAMS record:** 55.46 S 2/2002 M. Moore (Oud)  
**GMS record:** 59.88 G 01/03/2001 Louis Oosthuizen (Pta)  
 52.86 18-24 SAQT SAMS Colours 2019-20  
 56.56 18-24 CGQT GMS Colours 2019-20

1 Smook, Nathan 23 Unattached 1:09.33 1:09.48 1:09.33 12

## Event 9 Men 25-29 100 LC Meter Freestyle

**WORLD record:** 50.45 W 07/06/2013 Matthew MCGINNIS USA  
**SAMS record:** 52.16 S 13/03/2013 Chris King (PE)  
**GMS record:** 54.45 G 1990 Hans Weilert (CT)  
 52.86 25-29 SAQT SAMS Colours 2019-20  
 56.56 25-29 CGQT GMS Colours 2019-20

1 Delagey, Vincent 26 Coelacanth MSC-TS 59.52 59.52 12

2 Alves, Jean-Michel 25 Unattached 1:08.00 1:08.00 10

## Inter Regional GMS 2020 - 07/03/2020

## Gauteng Masters Swimming

## Results

## Event 9 Men 30-34 100 LC Meter Freestyle

WORLD record: 49.80 W 23/07/2016 Darian TOWNSEND USA  
 SAMS record: 55.19 S 04/03/2006 Paul Fryer (Mal)  
 GMS record: 55.19 G 04/03/2006 Paul Fryer (Mal)

52.58 30-34 SAQT SAMS Colours 2019-20  
 56.26 30-34 CGQT GMS Colours 2019-20

1	Spies, Pierre	30	Wahoo Masters-JH	1:02.45		1:02.45	12
2	Kok, Christoff	33	Coelacanth MSC-TS	1:03.58	1:03.47	1:03.58	10

## Event 9 Men 40-44 100 LC Meter Freestyle

WORLD record: 51.21 W 14/07/2018 Hideaki HARA JPN  
 SAMS record: 53.49 S 13/08/2019 Marc Allan (Gwn) SYN-ETH  
 GMS record: 57.04 G 18/03/2010 Stephen Haupt (Pta)

54.93 40-44 SAQT SAMS Colours 2019-20  
 58.78 40-44 CGQT GMS Colours 2019-20

1	Crous, Francois	42	Coelacanth MSC-TS	1:03.40		1:03.40	12
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## Event 9 Men 45-49 100 LC Meter Freestyle

WORLD record: 53.66 W 15/08/2017 Valter KALAUS HUN  
 SAMS record: 55.66 S 1994 T. Downes (Mon)  
 GMS record: 57.48 G 04/03/2006 Gregg Price (Mal)

55.74 45-49 SAQT SAMS Colours 2019-20  
 59.64 45-49 CGQT GMS Colours 2019-20

1	Gasson, Martin	47	Wahoo Masters-JH	1:05.71	1:05.86	1:05.71	12
2	Pieters, Jacques	47	Wahoo Masters-JH	1:07.42		1:07.42	10
3	Collins, Stuart	46	Wahoo Masters-JH	1:12.12		1:12.12	8

## Event 9 Men 50-54 100 LC Meter Freestyle

WORLD record: 54.15 W 30/06/2017 Nicolas GRANGER FRA  
 SAMS record: 54.36 S 19/03/2015 Calvin Maughan (Jhb) CPTW-WP  
 GMS record: 59.41 G 09/07/1994 William Wilson

57.40 50-54 SAQT SAMS Colours 2019-20  
 1:01.42 50-54 CGQT GMS Colours 2019-20

1	Morgan, Colin	54	Coelacanth MSC-TS	1:17.16		1:17.16	12
2	CROWTHER, Bobbie	51	Wahoo Masters-JH	1:22.64	1:22.84	1:22.64	10

## Event 9 Men 55-59 100 LC Meter Freestyle

WORLD record: 56.00 W 24/02/2019 Calvin MAUGHAN RSA  
 SAMS record: 55.63 S 20/01/2019 Calvin Maughan (Stb) CPTW-CPT  
 GMS record: 59.85 G 14/03/2012 Andre Steynberg (CT)

59.19 55-59 SAQT SAMS Colours 2019-20  
 1:03.33 55-59 CGQT GMS Colours 2019-20

1	Morley, John	58	Phoenix MSC-JH	1:25.97		1:25.97	12
2	de Beer, David	58	Coelacanth MSC-TS	1:28.14		1:28.14	10

## Event 9 Men 70-74 100 LC Meter Freestyle

WORLD record: 1:03.32 W 08/08/2015 David QUIGGIN USA  
 SAMS record: 1:07.36 S 22/03/2019 Terry Downes (PE) COEL-TSH  
 GMS record: 1:17.19 G 20/03/2015 Walter May (Jhb) WAHO-CG

1:08.51 70-74 SAQT SAMS Colours 2019-20  
 1:13.31 70-74 CGQT GMS Colours 2019-20

1	Mitchell, Tocher	73	Wahoo Masters-JH	1:35.53	1:35.31	1:35.53	12
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## Inter Regional GMS 2020 - 07/03/2020

## Gauteng Masters Swimming

## Results

## Event 9 Men 75-79 100 LC Meter Freestyle

WORLD record: 1:06.40 W 03/03/2018 Akira FUJIMAKI JPN  
 SAMS record: 1:18.79 S 14/03/2012 Ken Williams (CT)  
 GMS record: 1:18.79 G 14/03/2012 Ken Williams (CT)  
 1:13.90 75-79 SAQT SAMS Colours 2019-20  
 1:19.07 75-79 CGQT GMS Colours 2019-20

1	MAY, WALTER	75	Wahoo Masters-JH	1:21.80	1:21.68	1:21.80	12
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## Event 9 Men 80-84 100 LC Meter Freestyle

WORLD record: 1:11.82 W 23/08/2014 David RADCLIFF USA  
 SAMS record: 1:27.92 S 15/02/2020 Derek Fyfe (Pta) COEL-TSH  
 GMS record: 1:38.12 G 13/03/2009 Don Johnston (EL)  
 1:22.95 80-84 SAQT SAMS Colours 2019-20  
 1:28.76 80-84 CGQT GMS Colours 2019-20

1	FYFE, DEREK	80	Coelacanth MSC-TS	1:27.38	1:27.56	1:27.38 S CGQT	12
2	GARSON, JOHN	82	Wahoo Masters-JH	2:21.05		2:21.05	10

## Combined Team Scores

## Combined Team Scores - Through Event 9

1.	Coelacanth Msc	580	2.	Wahoo Masters	562
3.	Phoenix Msc	204	4.	Unattached	124
5.	Waterborn SC - Masters	12			

## Scores - Women

## Women - Team Rankings - Through Event 9

1.	Coelacanth Msc	196	2.	Wahoo Masters	170
3.	Phoenix Msc	156	4.	Waterborn SC - Masters	12

## Scores - Men

## Men - Team Rankings - Through Event 9

1.	Wahoo Masters	392	2.	Coelacanth Msc	384
3.	Unattached	124	4.	Phoenix Msc	48