

Phoenix LC Gala - 25/01/2020

Gauteng Masters Swimming

Results

Event 1 Women 35-39 400 LC Meter Freestyle

WORLD record: 4:26.17 W 10/08/1997 K.PIPES-NEILSEN USA
SAMS record: 4:45.36 S 11/08/2007 Amanda Picard (Hst)
GMS record: 5:08.30 G 10/08/2006 Rachelle Isakov (San)
 4:49.77 35-39 SAQT SAMS Colours 2019-20
 5:10.05 35-39 CGQT GMS Colours 2019-20

Name	Age	Team	Button 1	Button 2	Button 3	Finals Time	Points
1 Louw, San-Mari	35	Coelacanth MSC-TS	6:16.31			6:16.31	12

Event 1 Women 55-59 400 LC Meter Freestyle

WORLD record: 4:43.41 W 10/07/2016 Lynn MARSHALL CAN
SAMS record: 5:03.25 S 17/03/2017 Cecilia Stanford (EL) CPTW-WP
GMS record: 5:28.01 G 16/06/2012 Clare Davie (Ric)
 5:11.24 55-59 SAQT SAMS Colours 2019-20
 5:33.03 55-59 CGQT GMS Colours 2019-20

1 Dressler, Annemarie	56	Coelacanth MSC-TS	6:44.89		6:44.62	6:44.89	12
2 BRIDGES, CAROLE	58	Wahoo Masters-JH	7:39.80		7:39.73	7:39.80	10

Event 1 Women 60-64 400 LC Meter Freestyle

WORLD record: 4:59.82 W 12/08/2012 Laura VAL USA
SAMS record: 5:19.86 S 16/08/2015 Diane Coetzee (Kaz) CPTW-WP
GMS record: 5:58.00 G 08/01/2011 Marissa Rollnick (Jhb)
 5:31.01 60-64 SAQT SAMS Colours 2019-20
 5:54.18 60-64 CGQT GMS Colours 2019-20

1 MURRAY, Sandy	60	Wahoo Masters-JH	7:55.05		7:54.34	7:55.05	12
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Event 1 Women 75-79 400 LC Meter Freestyle

WORLD record: 6:12.25 W 12/07/2013 Yoshiko OSAKI JPN
SAMS record: 6:50.41 S 09/08/2014 Sue Leuner (Mon) PHOE-CG
GMS record: 6:50.41 G 09/08/2014 Sue Leuner (Mon) PHOE-CG
 7:25.02 75-79 SAQT SAMS Colours 2019-20
 7:56.17 75-79 CGQT GMS Colours 2019-20

1 JONES, ANNE	75	Phoenix MSC-JH	7:46.56		7:46.41	7:46.56 CGQT	12
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Event 1 Women 80-84 400 LC Meter Freestyle

WORLD record: 6:39.90 W 05/05/2012 Jane ASHER GBR
SAMS record: 9:08.07 S 3/2005 Mignonne Hardwich (Grm)
GMS record: 59:59.99 G Vacant
 8:02.86 80-84 SAQT SAMS Colours 2019-20
 8:36.77 80-84 CGQT GMS Colours 2019-20

1 Leuner, Sue	81	Phoenix MSC-JH	8:29.35		8:28.99	8:29.35 S CGQT	12
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Event 1 Men 40-44 400 LC Meter Freestyle

WORLD record: 4:06.74 W 24/07/2009 Erik HOCHSTEIN USA
SAMS record: 4:27.83 S 17/03/2016 Bradley Reen (Dbn) AQUB-EP
GMS record: 4:37.04 G 1992 Tyrone Tozer (Ind)
 4:22.05 40-44 SAQT SAMS Colours 2019-20
 4:40.39 40-44 CGQT GMS Colours 2019-20

1 Barkley, Norman	44	Coelacanth MSC-TS	6:14.08		6:13.81	6:14.08	12
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Event 1 Men 45-49 400 LC Meter Freestyle

WORLD record: 4:11.07 W 09/08/2009 Keith SWITZER USA
SAMS record: 4:22.69 S 17/03/2017 Gary Albertyn (EL) COEL-NT
GMS record: 4:32.65 G 10/08/2006 Gregg Price (San)
 4:26.51 45-49 SAQT SAMS Colours 2019-20
 4:45.17 45-49 CGQT GMS Colours 2019-20

1 Collins, Stuart	46	Wahoo Masters-JH	6:28.95		6:28.54	6:28.95	12
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Event 1 Men 50-54 400 LC Meter Freestyle

WORLD record:	4:15.93	W	04/08/2017	Nicolas GRANGER	USA			
SAMS record:	4:26.16	S	18/08/2019	Gary Albertyn (Gwn)	COEL-TSH			
GMS record:	4:59.09	G	19/03/1994	William Wilson				
	4:34.31			50-54 SAQT SAMS Colours 2019-20				
	4:53.51			50-54 CGQT GMS Colours 2019-20				
1	Morgan, Colin	54	Coelacanth MSC-TS	6:50.00		6:50.00		12

Event 1 Men 55-59 400 LC Meter Freestyle

WORLD record:	4:22.49	W	25/07/2009	Michael MANN	USA			
SAMS record:	4:45.91	S	24/04/2008	Doug Howieson (Per)				
GMS record:	5:03.41	G	17/03/2016	Joel Finn (Dbn)	WAHO-CG			
	4:45.48			55-59 SAQT SAMS Colours 2019-20				
	5:05.46			55-59 CGQT GMS Colours 2019-20				
1	Pretorius, Grant	58	Wahoo Masters-JH	5:37.10		5:37.10		12
2	Duncan, Ross	58	Wahoo Masters-JH	5:42.93	5:42.75	5:42.93		10

Event 1 Men 60-64 400 LC Meter Freestyle

WORLD record:	4:36.85	W	04/08/2017	Dan STEPHENSON	USA			
SAMS record:	5:00.63	S	17/03/2017	Mike Semple (EL)	MEGA-ES			
GMS record:	5:13.40	G	10/08/2006	Willie Wilson (San)				
	4:55.68			60-64 SAQT SAMS Colours 2019-20				
	5:16.38			60-64 CGQT GMS Colours 2019-20				
1	Lotkin, Roy	61	Waterborn SC - Masters-JH	6:30.98	6:30.86	6:30.98		12

Event 1 Men 75-79 400 LC Meter Freestyle

WORLD record:	5:17.77	W	07/03/2009	David RADCLIFF	USA			
SAMS record:	6:24.03	S	16/03/2012	David McLachlan (CT)				
GMS record:	6:39.63	G	16/03/2012	Ken Williams (CT)				
	6:14.49			75-79 SAQT SAMS Colours 2019-20				
	6:37.49			75-79 CGQT GMS Colours 2019-20				
1	MAY, WALTER	75	Wahoo Masters-JH	7:48.65	7:48.61	7:48.65		12
2	MYERS, WINTON	76	Wahoo Masters-JH	7:59.10	7:59.06	7:59.10		10

Event 1 Men 80-84 400 LC Meter Freestyle

WORLD record:	5:45.21	W	23/08/2015	David RADCLIFF	USA			
SAMS record:	7:01.76	S	26/02/2017	David McLachlan (Stb)	CPTW-WP			
GMS record:	8:06.42	G	14/03/2009	Don Johnston (EL)				
	7:06.85			80-84 SAQT SAMS Colours 2019-20				
	7:36.86			80-84 CGQT GMS Colours 2019-20				
1	FYFE, DEREK	80	Coelacanth MSC-TS	7:16.03	7:15.84	7:16.03	CGQT	12
2	WOLPE, RUSSEL	83	Phoenix MSC-JH	9:55.05	9:55.02	9:55.05		10

Event 2 Women 30-34 50 LC Meter Breaststroke

WORLD record:	32.22	W	03/09/2013	Nicole HEIDEMANN	GER			
SAMS record:	33.78	S	19/03/2016	Claire Rolt (Dbn)	COEL-NT			
GMS record:	35.22	G	28/02/2002	Lizelle Haupt (Oud)				
	34.81			30-34 SAQT SAMS Colours 2019-20				
	37.25			30-34 CGQT GMS Colours 2019-20				
1	Conradie, Melissa	34	Coelacanth MSC-TS	44.31	44.10	44.31		12

Event 2 Women 45-49 50 LC Meter Breaststroke

WORLD record:	33.56	W	20/08/2017	Linley FRAME	AUS			
SAMS record:	36.55	S	13/03/2013	Heather Morris-Eyton (PE)				
GMS record:	36.55	G	13/03/2013	Heather Morris-Eyton (PE)	MDOL-CG			
	37.12			45-49 SAQT SAMS Colours 2019-20				
	39.72			45-49 CGQT GMS Colours 2019-20				
1	Cairns, Jenny	47	Coelacanth MSC-TS	46.29	46.06	46.29		12
2	Macaskill, Mandy	45	Coelacanth MSC-TS	50.27	49.89	50.27		10

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(Event 2 Women 45-49 50 LC Meter Breaststroke)

3	Pearse, Nina	45	Phoenix MSC-JH	52.95	52.72	52.95	8
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Event 2 Women 50-54 50 LC Meter Breaststroke

WORLD record:	34.18	W	13/06/2012	Monica CORO	ITA
SAMS record:	38.81	S	15/03/2018	Heather Morris-Eyton (Pta)	PHOE-JHB
GMS record:	38.81	G	15/03/2018	Heather Morris-Eyton (Pta)	PHOE-JHB
	37.94			50-54 SAQT SAMS Colours 2019-20	
	40.62			50-54 CGQT GMS Colours 2019-20	

1	OTTERMANN, EDITH	54	Cape Town MSC-CP	43.01	42.60	43.01	12
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Event 2 Women 55-59 50 LC Meter Breaststroke

WORLD record:	35.94	W	20/05/2017	Monica CORO	ITA
SAMS record:	40.73	S	27/02/2016	Cecilia Stanford (CT)	CPTW-WP
GMS record:	44.31	G	28/01/2006	Jenny Ireland (Jhb)	
	39.38			55-59 SAQT SAMS Colours 2019-20	
	42.14			55-59 CGQT GMS Colours 2019-20	

1	Smith, Ruth	56	Waterborn SC - Masters-JH	46.38		46.38	12
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Event 2 Women 65-69 50 LC Meter Breaststroke

WORLD record:	41.41	W	24/04/2016	Janette JEFFREY	AUS
SAMS record:	44.10	S	17/03/2017	Annette Thatcher (EL)	HIGH-KZ
GMS record:	49.82	G	17/03/2017	Dael Stojakovic (EL)	WATR-JHB
	44.67			65-69 SAQT SAMS Colours 2019-20	
	47.80			65-69 CGQT GMS Colours 2019-20	

1	Gooch, Joelle	65	Phoenix MSC-JH	57.17	56.74	57.17	12
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Event 2 Men 30-34 50 LC Meter Breaststroke

WORLD record:	27.97	W	26/09/2015	Ryo KOBAYASHI	JPN
SAMS record:	30.75	S	3/2003	R Smith (Dbn)	
GMS record:	32.67	G	19/03/2005	Karl Rogers (Grm)	
	29.63			30-34 SAQT SAMS Colours 2019-20	
	31.70			30-34 CGQT GMS Colours 2019-20	

1	Spies, Pierre	30	Wahoo Masters-JH	36.95	36.70	36.95	12
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Event 2 Men 35-39 50 LC Meter Breaststroke

WORLD record:	28.47	W	24/10/2009	Vladislav BRAGIN	RUS
SAMS record:	29.73	S	14/03/2012	Ryk Neethling (CT)	
GMS record:	31.94	G	1992	Tim Shead (Ind)	
	30.09			35-39 SAQT SAMS Colours 2019-20	
	32.20			35-39 CGQT GMS Colours 2019-20	

1	Powell, Rich	37	Wahoo Masters-JH	40.96	40.55	40.96	12
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Event 2 Men 45-49 50 LC Meter Breaststroke

WORLD record:	29.31	W	02/06/2018	Vladislav BRAGIN	CZE
SAMS record:	32.45	S	03/08/2010	Johan van der Merwe (Got)	
GMS record:	34.93	G	15/03/2018	Martin Gasson (Pta)	WAHO-JHB
	31.16			45-49 SAQT SAMS Colours 2019-20	
	33.34			45-49 CGQT GMS Colours 2019-20	

1	Gasson, Martin	47	Wahoo Masters-JH	36.48	36.50	36.48	12
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2	Fubbs, Matthew	48	Wahoo Masters-JH	40.47	40.18	40.47	10
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Event 2 Men 50-54 50 LC Meter Breaststroke

WORLD record:	30.26	W	20/08/2017	Mike HODGSON	GBR
SAMS record:	32.58	S	3/2002	T. Shead (Chc)	
GMS record:	34.69	G	29/03/2003	Robert Hatherly (Dbn)	
	32.07			50-54 SAQT SAMS Colours 2019-20	
	34.31			50-54 CGQT GMS Colours 2019-20	

1	Morgan, Colin	54	Coelacanth MSC-TS	44.30	44.06	44.30	12
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Event 2 Men 65-69 50 LC Meter Breaststroke

WORLD record:	33.30	W	19/08/2016	Rick COLELLA		USA			
SAMS record:	34.30	S	15/03/2018	Tim Shead (Pta)		CPTW-CPT			
GMS record:	39.60	G	19/03/2011	Brian Nelson (Oud)					
	36.94			65-69 SAQT SAMS Colours 2019-20					
	39.53			65-69 CGQT GMS Colours 2019-20					
1	vd Spuy, Keith		66	Phoenix MSC-JH	40.94		40.79	40.94	12

Event 3 Women 55-59 200 LC Meter Backstroke

WORLD record:	2:31.79	W	19/05/2019	Ellen REYNOLDS		USA			
SAMS record:	2:50.57	S	22/03/2019	Annemarie Dressler (PE)		COEL-TSH			
GMS record:	2:54.63	G	11/06/2012	Clare Davie (Ric)					
	2:50.77			55-59 SAQT SAMS Colours 2019-20					
	3:02.72			55-59 CGQT GMS Colours 2019-20					
1	Dressler, Annemarie		56	Coelacanth MSC-TS	3:15.60		3:15.42	3:15.60	12
2	Smith, Ruth		56	Waterborn SC - Masters-JH	4:27.41		4:26.95	4:27.41	10
3	BRIDGES, CAROLE		58	Wahoo Masters-JH	4:51.50		4:51.27	4:51.50	8

Event 3 Women 70-74 200 LC Meter Backstroke

WORLD record:	3:06.24	W	24/10/2015	Margit OHLSSON		SWE			
SAMS record:	3:49.27	S	16/03/2018	Geraldine Janssens (Pta)		FINS-EZD			
GMS record:	59:59.99	G		Vacant					
	3:38.18			70-74 SAQT SAMS Colours 2019-20					
	3:53.45			70-74 CGQT GMS Colours 2019-20					
1	FYFE, JOYCE		73	Coelacanth MSC-TS	5:12.68		5:12.49	5:12.68	12

Event 3 Men 45-49 200 LC Meter Backstroke

WORLD record:	2:11.56	W	07/06/2013	Eduardo MAROCCO		BRA			
SAMS record:	2:20.56	S	04/08/2014	Gary Albertyn (Mon)		COEL-NT			
GMS record:	2:37.65	G	20/03/2015	Andrew Marshall (Jhb)		WAHO-CG			
	2:21.98			45-49 SAQT SAMS Colours 2019-20					
	2:31.92			45-49 CGQT GMS Colours 2019-20					
1	Collins, Stuart		46	Wahoo Masters-JH	3:23.89		3:23.69	3:23.89	12

Event 3 Men 75-79 200 LC Meter Backstroke

WORLD record:	2:50.25	W	30/07/2018	Richard BURNS		USA			
SAMS record:	3:18.56	S	18/02/2018	Jimmy Hughes (Dbn)		EACS-ETH			
GMS record:	3:47.76	G	19/03/2010	Patrick Galvin (Pta)					
	3:23.60			75-79 SAQT SAMS Colours 2019-20					
	3:37.85			75-79 CGQT GMS Colours 2019-20					
1	MAY, WALTER		75	Wahoo Masters-JH	3:51.67		3:51.48	3:51.67	12
2	MYERS, WINTON		76	Wahoo Masters-JH	4:47.16		4:47.09	4:47.16	10

Event 3 Men 80-84 200 LC Meter Backstroke

WORLD record:	3:15.04	W	05/08/2017	David COSTILL		USA			
SAMS record:	4:05.53	S	20/01/2019	Dave McLachlan (Stb)		CPTW-CPT			
GMS record:	4:59.10	G	01/03/2001	Jack Brink (Pta)					
	3:50.98			80-84 SAQT SAMS Colours 2019-20					
	4:07.15			80-84 CGQT GMS Colours 2019-20					
1	FYFE, DEREK		80	Coelacanth MSC-TS	4:03.53		4:03.34	4:03.53 S CGQT	12
2	GARSON, JOHN		82	Wahoo Masters-JH	6:14.13		6:13.96	6:14.13	10

Event 4 Women 45-49 50 LC Meter Butterfly

WORLD record:	28.40	W	05/08/2017	Erika BRAUN		USA			
SAMS record:	28.97	S	19/02/2011	Edith Ottermann (Pta)					
GMS record:	35.76	G	20/01/2002	Liz Spagnuolo (Grm)					
	30.79			45-49 SAQT SAMS Colours 2019-20					
	32.95			45-49 CGQT GMS Colours 2019-20					
1	Cairns, Jenny		47	Coelacanth MSC-TS	39.78		39.28	39.78	12

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(Event 4 Women 45-49 50 LC Meter Butterfly)

2	Macaskill, Mandy	45	Coelacanth MSC-TS	50.15		50.15	10
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Event 4 Women 70-74 50 LC Meter Butterfly

WORLD record:	35.02	W	05/08/2017	Diann UUSTAL	USA
SAMS record:	41.23	S	21/03/2015	Elsa Craig (Jhb)	BEST-EP
GMS record:	52.16	G	22/03/2019	Helen Lawless (PE)	WAHO-JHB
	43.06			70-74 SAQT SAMS Colours 2019-20	
	46.07			70-74 CGQT GMS Colours 2019-20	

1	LAWLESS, HELEN	71	Wahoo Masters-JH	59.01	58.79	59.01	12
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Event 4 Men 30-34 50 LC Meter Butterfly

WORLD record:	23.26	W	13/07/2013	Roland SCHOEMAN	USA
SAMS record:	26.75	S	31/01/2009	N. Moores (Shf), G Swart (Jhb)	
SAMS rec-eq:	26.75	S	31/01/2009	Glenn Swart (Jhb)	
GMS record:	26.75	G	31/01/2009	Glenn Swart (Jhb)	
	25.41			30-34 SAQT SAMS Colours 2019-20	
	27.19			30-34 CGQT GMS Colours 2019-20	

1	Kok, Christoff	33	Coelacanth MSC-TS	30.77		30.77	12
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2	Spies, Pierre	30	Wahoo Masters-JH	31.46		31.46	10
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Event 4 Men 35-39 50 LC Meter Butterfly

WORLD record:	24.14	W	15/08/2015	Kohei KAWAMOTO	USA
SAMS record:	24.69	S	17/03/2012	Ryk Neethling (CT)	
GMS record:	27.59	G	12/06/2012	Simon Thirsk (Ric)	
	25.90			35-39 SAQT SAMS Colours 2019-20	
	27.71			35-39 CGQT GMS Colours 2019-20	

1	Powell, Rich	37	Wahoo Masters-JH	35.66	35.41	35.66	12
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Event 4 Men 40-44 50 LC Meter Butterfly

WORLD record:	25.06	W	20/07/2015	Eiji NOMURA	JPN
SAMS record:	25.22	S	14/08/2019	Marc Allan (Qwn)	SYNR-ETH
GMS record:	27.40	G	20/11/2004	Gregg Price (Pta)	
	26.18			40-44 SAQT SAMS Colours 2019-20	
	28.01			40-44 CGQT GMS Colours 2019-20	

1	Barkley, Norman	44	Coelacanth MSC-TS	34.10	33.91	34.10	12
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Event 4 Men 45-49 50 LC Meter Butterfly

WORLD record:	25.39	W	17/06/2018	Eiji NOMURA	JPN
SAMS record:	26.57	S	13/03/2008	Gregg Price (Dbn)	
GMS record:	26.97	G	18/02/2006	Gregg Price (Pta)	
	26.88			45-49 SAQT SAMS Colours 2019-20	
	28.76			45-49 CGQT GMS Colours 2019-20	

1	Gasson, Martin	47	Wahoo Masters-JH	32.51	32.31	32.51	12
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Event 4 Men 60-64 50 LC Meter Butterfly

WORLD record:	27.65	W	06/05/2018	Hugo BREGMAN	NED
SAMS record:	28.77	S	17/03/2018	Andre Steynberg (Pta)	CPTW-CPT
GMS record:	32.67	G	19/03/2005	John Petersen (Grm)	
	29.73			60-64 SAQT SAMS Colours 2019-20	
	31.81			60-64 CGQT GMS Colours 2019-20	

1	KOHLER, QUIRIN	61	Phoenix MSC-JH	32.09	31.78	31.77	31.78G CGQT	12
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2	Hitge, Daniel	62	Phoenix MSC-JH	39.72		39.49	39.72	10
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Event 5 Women 30-34 50 LC Meter Freestyle

WORLD record:	25.74	W	06/06/2008	Martina MORAVCOVA			USA
SAMS record:	27.99	S	18/03/2015	Thilde Victor (Jhb)			ETSM-ES
GMS record:	28.26	G	21/03/2015	Andy Landau (Jhb)			PHOE-CG
	27.46			30-34 SAQT SAMS Colours 2019-20			
	29.38			30-34 CGQT GMS Colours 2019-20			
1	Conradie, Melissa	34	Coelacanth MSC-TS	35.23		35.23	12

Event 5 Women 35-39 50 LC Meter Freestyle

WORLD record:	25.98	W	08/08/2006	Dara TORRES			USA
SAMS record:	26.53	S	6/2004	Edith Ottermann (Ric)			
GMS record:	30.62	G	01/03/2001	Chris MacKinnon (Pta)			
	28.07			35-39 SAQT SAMS Colours 2019-20			
	30.03			35-39 CGQT GMS Colours 2019-20			
1	Wantenaar, Lara	39	Phoenix MSC-JH	33.03	32.72	33.03	12
2	Louw, San-Mari	35	Coelacanth MSC-TS	33.36	33.11	33.36	10

Event 5 Women 40-44 50 LC Meter Freestyle

WORLD record:	26.44	W	07/11/2009	Edith OTTERMANN			RSA
SAMS record:	26.44	S	07/11/2009	Edith Ottermann (Pta)			
GMS record:	29.26	G	21/03/2015	Jaki Fagan (Jhb)			PHOE-CG
	28.01			40-44 SAQT SAMS Colours 2019-20			
	29.97			40-44 CGQT GMS Colours 2019-20			
1	Cruickshanks, Sally-Anr	43	Phoenix MSC-JH	43.87	43.44	43.87	12

Event 5 Women 45-49 50 LC Meter Freestyle

WORLD record:	26.59	W	16/03/2011	Edith OTTERMANN			RSA
SAMS record:	26.59	S	16/03/2011	Edith Ottermann (Oud)			
GMS record:	30.16	G	17/03/2007	Debbie Carroll (Sas)			
	28.36			45-49 SAQT SAMS Colours 2019-20			
	30.35			45-49 CGQT GMS Colours 2019-20			
1	Cairns, Jenny	47	Coelacanth MSC-TS	38.86	38.68	38.86	12
2	Pearse, Nina	45	Phoenix MSC-JH	38.96	38.80	38.96	10
3	Macaskill, Mandy	45	Coelacanth MSC-TS	38.99	38.67	38.99	8

Event 5 Women 50-54 50 LC Meter Freestyle

WORLD record:	27.09	W	28/06/2015	Marie FUZZATI			FRA
SAMS record:	27.39	S	17/03/2018	Edith Ottermann (Pta)			CPTW-WP
GMS record:	29.95	G	15/03/2012	Debbie Carroll (CT)			
	29.19			50-54 SAQT SAMS Colours 2019-20			
	31.23			50-54 CGQT GMS Colours 2019-20			
1	OTTERMANN, EDITH	54	Cape Town MSC-CP	29.40		29.40	CGQT 12

Event 5 Women 60-64 50 LC Meter Freestyle

WORLD record:	28.90	W	17/03/2018	Jenny WHITELEY			AUS
SAMS record:	30.19	S	16/03/2011	Sanderina Kruger (Oud)			
GMS record:	33.26	G	26/02/2011	Marissa Rollnick (Jhb)			
	31.26			60-64 SAQT SAMS Colours 2019-20			
	33.45			60-64 CGQT GMS Colours 2019-20			
1	MURRAY, Sandy	60	Wahoo Masters-JH	47.80	47.41	47.80	12

Event 5 Women 65-69 50 LC Meter Freestyle

WORLD record:	29.17	W	29/07/2018	Laura VAL			USA
SAMS record:	30.72	S	14/08/2015	Sanderina Kruger (Kaz)			CPTW-WP
GMS record:	33.86	G	17/03/2016	Marissa Rollnick (Dbn)			PHOE-CG
	33.23			65-69 SAQT SAMS Colours 2019-20			
	35.56			65-69 CGQT GMS Colours 2019-20			
1	Gooch, Joelle	65	Phoenix MSC-JH	45.81	45.21	45.81	12

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Event 5 Women 70-74 50 LC Meter Freestyle

WORLD record:	31.99	W	21/03/2019	Sanderina KRUGER		RSA			
SAMS record:	31.99	S	21/03/2019	Sanderina Kruger (PE)		CPTW-CPT			
GMS record:	35.39	G	17/03/2016	Anne Jones (Dbn)		PHOE-CG			
	35.39			70-74 SAQT SAMS Colours 2019-20					
	37.87			70-74 CGQT GMS Colours 2019-20					
1	LAWLESS, HELEN		71	Wahoo Masters-JH	48.96		48.44	48.96	12
2	FYFE, JOYCE		73	Coelacanth MSC-TS	51.40			51.40	10

Event 5 Women 80-84 50 LC Meter Freestyle

WORLD record:	36.61	W	15/07/2018	Yoshiko OSAKI		JPN			
SAMS record:	42.94	S	23/02/2019	Sue Leuner (Jhb)		PHOE-JHB			
GMS record:	42.94	G	23/02/2019	Sue Leuner (Jhb)		PHOE-JHB			
	42.72			80-84 SAQT SAMS Colours 2019-20					
	45.71			80-84 CGQT GMS Colours 2019-20					
1	Leuner, Sue		81	Phoenix MSC-JH	45.62			45.62	CGQT 12

Event 5 Men 30-34 50 LC Meter Freestyle

WORLD record:	22.13	W	13/07/2013	Roland SCHOEMAN		USA			
SAMS record:	24.88	S	31/01/2009	Glenn Swart (Jhb)					
GMS record:	24.88	G	31/01/2009	Glenn Swart (Jhb)					
	23.72			30-34 SAQT SAMS Colours 2019-20					
	25.38			30-34 CGQT GMS Colours 2019-20					
1	Kok, Christoff		33	Coelacanth MSC-TS	28.47		28.00	28.47	12
2	Spies, Pierre		30	Wahoo Masters-JH	28.86		28.08	28.86	10

Event 5 Men 35-39 50 LC Meter Freestyle

WORLD record:	22.76	W	20/08/2005	Mark FOSTER		GBR			
SAMS record:	23.28	S	15/03/2012	Ryk Neethling (CT)					
GMS record:	25.43	G	19/03/2016	Simon Thirsk (Dbn)		WAHO-CG			
	24.04			35-39 SAQT SAMS Colours 2019-20					
	25.72			35-39 CGQT GMS Colours 2019-20					
1	Powell, Rich		37	Wahoo Masters-JH	32.42		32.16	32.42	12
2	Petit, Matthew		39	Phoenix MSC-JH	33.92		33.74	33.92	10

Event 5 Men 45-49 50 LC Meter Freestyle

WORLD record:	23.98	W	05/07/2014	Vladimir PREDKIN		RUS			
SAMS record:	25.18	S	1994	T. Downes (Mon)					
GMS record:	25.52	G	26/02/2006	Gregg Price (Jhb)					
	25.04			45-49 SAQT SAMS Colours 2019-20					
	26.79			45-49 CGQT GMS Colours 2019-20					
1	Gasson, Martin		47	Wahoo Masters-JH	28.43		28.16	28.43	12

Event 5 Men 50-54 50 LC Meter Freestyle

WORLD record:	24.08	W	27/06/2009	Brent BARNES		JPN			
SAMS record:	24.34	S	21/03/2015	Calvin Maughan (Jhb)		CPTW-WP			
GMS record:	26.32	G	15/03/2008	Andre Steynberg (Dbn)					
	25.78			50-54 SAQT SAMS Colours 2019-20					
	27.58			50-54 CGQT GMS Colours 2019-20					
1	Manley, Mark		52	Waterborn SC - Masters-JH	31.24		30.83	31.24	12
2	Morgan, Colin		54	Coelacanth MSC-TS	34.79		34.40	34.79	10

Event 5 Men 55-59 50 LC Meter Freestyle

WORLD record:	24.45	W	19/07/2015	Brent BARNES		JPN			
SAMS record:	25.09	S	03/03/2019	Calvin Maughan (Stb)		CPT-CPT			
GMS record:	26.64	G	13/06/2012	Andre Steynberg (Ric)					
	26.52			55-59 SAQT SAMS Colours 2019-20					
	28.38			55-59 CGQT GMS Colours 2019-20					
1	Taylor, Gary		57	Cape Town MSC-CP	27.10		27.00	27.10	CGQT 12

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(Event 5 Men 55-59 50 LC Meter Freestyle)

2	Duncan, Ross	58	Wahoo Masters-JH	31.50		31.50		10
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Event 5 Men 60-64 50 LC Meter Freestyle

WORLD record:	25.23	W	07/08/2006	Richard ABRAHAMS	USA
SAMS record:	26.31	S	17/03/2015	Andre Steynberg (Dbn)	WAHO-CG
GMS record:	26.31	G	17/03/2016	Andre Steynberg (Dbn)	WAHO-CG
	27.09			60-64 SAQT SAMS Colours 2019-20	
	28.99			60-64 CGQT GMS Colours 2019-20	

1	KOHLER, QUIRIN	61	Phoenix MSC-JH	28.99	28.74	28.99	CGQT	12
2	Hitge, Daniel	62	Phoenix MSC-JH	32.67	32.43	32.67		10

Event 5 Men 65-69 50 LC Meter Freestyle

WORLD record:	26.21	W	06/07/2018	Doug MARTIN	USA
SAMS record:	29.17	S	18/03/2015	Terry Downes (Jhb)	COEL-NT
GMS record:	30.11	G	11/03/2009	Willie Wilson (EL)	
	28.65			65-69 SAQT SAMS Colours 2019-20	
	30.66			65-69 CGQT GMS Colours 2019-20	

1	vd Spuy, Keith	66	Phoenix MSC-JH	32.11		32.11		12
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Event 5 Men 75-79 50 LC Meter Freestyle

WORLD record:	29.70	W	01/08/2018	Richard BURNS	USA
SAMS record:	33.47	S	15/03/2012	Ken Williams (CT)	
GMS record:	33.47	G	15/03/2012	Ken Williams (CT)	
	32.09			75-79 SAQT SAMS Colours 2019-20	
	34.34			75-79 CGQT GMS Colours 2019-20	

1	MYERS, WINTON	76	Wahoo Masters-JH	44.31		44.31		12
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Event 5 Men 80-84 50 LC Meter Freestyle

WORLD record:	31.96	W	20/05/2012	Roberto ALBERICHE	ESP
SAMS record:	36.96	S	3/2003	Renato Salati (Dbn)	
GMS record:	38.96	G	11/03/2009	Don Johnston (EL)	
	35.05			80-84 SAQT SAMS Colours 2019-20	
	38.00			80-84 CGQT GMS Colours 2019-20	

1	FYFE, DEREK	80	Coelacanth MSC-TS	40.66	40.25	40.66		12
2	GARSON, JOHN	82	Wahoo Masters-JH	52.00	51.73	52.00		10

Event 6 Women 45-49 50 LC Meter Backstroke

WORLD record:	31.02	W	18/08/2016	Cindy MABEE	CAN
SAMS record:	34.47	S	18/08/2019	Norelle Engela (Gwn)	CPTW-CPT
GMS record:	37.05	G	15/03/2008	Debbie Carroll (Dbn)	
	33.60			45-49 SAQT SAMS Colours 2019-20	
	35.95			45-49 CGQT GMS Colours 2019-20	

1	Pearse, Nina	45	Phoenix MSC-JH	49.19	48.81	49.19		12
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Event 6 Men 55-59 50 LC Meter Backstroke

WORLD record:	29.03	W	20/08/2016	Steve WOOD	USA
SAMS record:	30.48	S	16/06/2012	Andre Steynberg (Ric)	
GMS record:	30.48	G	16/06/2012	Andre Steynberg (Ric)	
	31.46			55-59 SAQT SAMS Colours 2019-20	
	33.66			55-59 CGQT GMS Colours 2019-20	

1	Pretorius, Grant	58	Wahoo Masters-JH	38.04	37.59	38.04		12
2	Duncan, Ross	58	Wahoo Masters-JH	42.78	42.55	42.78		10

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Event 6 Men 75-79 50 LC Meter Backstroke

WORLD record:	34.45	W	02/08/2018	Richard BURNS			USA	
SAMS record:	38.99	S	18/02/2018	Jimmy Hughes (Dbn)			EACS-ETH	
GMS record:	49.91	G	21/03/2019	Winton Myers (PE)			WAHO-JHB	
	40.09			75-79 SAQT SAMS Colours 2019-20				
	42.90			75-79 CGQT GMS Colours 2019-20				
1	MAY, WALTER		75	Wahoo Masters-JH	46.00	45.64	46.00 G	12
2	MYERS, WINTON		76	Wahoo Masters-JH	58.47	58.28	58.47	10

Event 6 Men 80-84 50 LC Meter Backstroke

WORLD record:	38.16	W	20/01/2013	S.SEKIKAWA			JPN	
SAMS record:	46.99	S	17/03/2016	Mike Cameron (Dbn)			EACS-KZ	
GMS record:	53.51	G	24/02/2018	John Garson (Jhb)			WAHO-JHB	
	43.80			80-84 SAQT SAMS Colours 2019-20				
	46.87			80-84 CGQT GMS Colours 2019-20				
1	GARSON, JOHN		82	Wahoo Masters-JH	1:04.88	1:04.66	1:04.88	12

Event 7 Men 40-44 200 LC Meter Butterfly

WORLD record:	2:05.55	W	11/07/2004	Dennis BAKER			USA	
SAMS record:	2:30.89	S	20/03/2015	Rowan Wittels (Jhb)			WAHO-CG	
GMS record:	2:30.89	G	20/03/2015	Rowan Wittels (Jhb)			WAHO-CG	
	2:17.98			40-44 SAQT SAMS Colours 2019-20				
	2:27.64			40-44 CGQT GMS Colours 2019-20				
1	Barkley, Norman		44	Coelacanth MSC-TS	3:10.42	3:09.98	3:10.42	12

Event 7 Men 45-49 200 LC Meter Butterfly

WORLD record:	2:06.94	W	09/08/2006	Dennis BAKER			USA	
SAMS record:	2:27.10	S	6/2004	Alan Blades (Ric)				
GMS record:	2:39.99	G	13/04/1996	Halton Cheadle				
	2:21.61			45-49 SAQT SAMS Colours 2019-20				
	2:31.52			45-49 CGQT GMS Colours 2019-20				
1	Fubbs, Matthew		48	Wahoo Masters-JH	3:34.47	3:34.27	3:34.47	12

Event 8 Women 55-59 100 LC Meter Breaststroke

WORLD record:	1:19.90	W	29/01/2017	Monica CORO			ITA	
SAMS record:	1:28.80	S	26/02/2017	Cecilia Stanford (Stb)			CPTW-WP	
GMS record:	1:39.77	G	03/03/2006	Jenny Ireland (Mal)				
	1:28.07			55-59 SAQT SAMS Colours 2019-20				
	1:34.23			55-59 CGQT GMS Colours 2019-20				
1	Smith, Ruth		56	Waterborn SC - Masters-JH	1:49.22	1:48.90	1:49.22	12
2	BRIDGES, CAROLE		58	Wahoo Masters-JH	2:20.74	2:20.45	2:20.74	10

Event 8 Women 65-69 100 LC Meter Breaststroke

WORLD record:	1:32.66	W	11/08/2015	Janette JEFFREY			AUS	
SAMS record:	1:39.96	S	18/03/2017	Annette Thatcher (EL)			HIGH-KZ	
GMS record:	1:47.94	G	18/03/2017	Dael Stojakovic (EL)			WATR-JHB	
	1:39.25			65-69 SAQT SAMS Colours 2019-20				
	1:46.20			65-69 CGQT GMS Colours 2019-20				
1	Gooch, Joelle		65	Phoenix MSC-JH	2:09.19	2:08.91	2:09.19	12

Event 8 Men 45-49 100 LC Meter Breaststroke

WORLD record:	1:04.99	W	24/05/2019	Steven WEST			USA	
SAMS record:	1:10.77	S	04/08/2014	Graeme Fiser (Mon)			CPTW-WP	
GMS record:	1:22.29	G	22/03/2019	Martin Gasson (PE)			WAHO-JHB	
	1:10.34			45-49 SAQT SAMS Colours 2019-20				
	1:15.26			45-49 CGQT GMS Colours 2019-20				
1	Gasson, Martin		47	Wahoo Masters-JH	1:27.59	1:27.37	1:27.59	12
2	Fubbs, Matthew		48	Wahoo Masters-JH	1:44.34	1:44.13	1:44.34	10

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Event 8 Men 65-69 100 LC Meter Breaststroke

WORLD record:	1:14.77	W	05/08/2017	Rick COLELLA			USA	
SAMS record:	1:17.52	S	15/08/2017	Tim Shead (Bud)			CPTW-WP	
GMS record:	1:28.74	G	28/02/2002	David McLachlan (Oud)				
	1:24.60			65-69 SAQT SAMS Colours 2019-20				
	1:30.52			65-69 CGQT GMS Colours 2019-20				
1	vd Spuy, Keith		66	Phoenix MSC-JH	1:38.30	1:38.10	1:38.30	12

Event 9 Women 55-59 200 LC Meter IM

WORLD record:	2:34.92	W	19/05/2019	Ellen REYNOLDS			USA	
SAMS record:	2:42.29	S	17/03/2016	Cecilia Stanford (Dbn)			CPTW-WP	
GMS record:	3:10.93	G	05/11/2011	Clare Davie (Pta)				
	2:51.38			55-59 SAQT SAMS Colours 2019-20				
	3:03.38			55-59 CGQT GMS Colours 2019-20				
1	Smith, Ruth		56	Waterborn SC - Masters-JH	4:07.35	4:07.72	4:07.35	12
2	BRIDGES, CAROLE		58	Wahoo Masters-JH	4:29.76	4:29.52	4:29.76	10

Event 9 Men 45-49 200 LC Meter IM

WORLD record:	2:10.09	W	07/08/2016	Nicolas GRANGER			USA	
SAMS record:	2:20.85	S	06/08/2014	Gary Albertyn (Mon)			COEL-NT	
GMS record:	2:27.57	G	22/06/1996	Tyrone Tozer				
	2:21.71			45-49 SAQT SAMS Colours 2019-20				
	2:31.63			45-49 CGQT GMS Colours 2019-20				
1	Fubbs, Matthew		48	Wahoo Masters-JH	3:23.34	3:22.83	3:23.34	12

Event 10 Women 35-39 100 LC Meter Freestyle

WORLD record:	58.09	W	09/07/2016	Erika ERNDL			USA	
SAMS record:	1:01.60	S	6/2004	Edith Ottermann (Ric)				
GMS record:	1:05.49	G	19/03/2005	Natasha Panzera (Grm)				
	1:01.34			35-39 SAQT SAMS Colours 2019-20				
	1:05.63			35-39 CGQT GMS Colours 2019-20				
1	Louw, San-Mari		35	Coelacanth MSC-TS	1:17.05	1:16.82	1:17.05	12
2	Wantenaar, Lara		39	Phoenix MSC-JH	1:18.16	1:17.95	1:18.16	10

Event 10 Women 45-49 100 LC Meter Freestyle

WORLD record:	57.40	W	08/08/2015	Melanie THOMAS			USA	
SAMS record:	1:03.28	S	18/02/2012	Edith Ottermann (Pta)				
GMS record:	1:06.67	G	17/03/2007	Debbie Carroll (Sas)				
	1:03.27			45-49 SAQT SAMS Colours 2019-20				
	1:07.70			45-49 CGQT GMS Colours 2019-20				
1	Pearse, Nina		45	Phoenix MSC-JH	1:28.60	1:28.78	1:28.60	12

Event 10 Women 50-54 100 LC Meter Freestyle

WORLD record:	1:00.42	W	27/06/2015	Marie FUZZATI			FRA	
SAMS record:	1:03.19	S	16/03/2017	Edith Ottermann (EL)			CPTW-WP	
GMS record:	1:04.67	G	14/03/2012	Debbie Carroll (CT)				
	1:04.65			50-54 SAQT SAMS Colours 2019-20				
	1:09.18			50-54 CGQT GMS Colours 2019-20				
1	OTTERMANN, EDITH		54	Cape Town MSC-CP	1:08.98	1:08.98	CGQT	12

Event 10 Women 60-64 100 LC Meter Freestyle

WORLD record:	1:03.83	W	05/08/2011	Laura VAL			USA	
SAMS record:	1:06.63	S	13/03/2009	Sanderina Kruger (EL)				
GMS record:	1:15.32	G	26/02/2011	Marissa Rollnick (Jhb)				
	1:10.18			60-64 SAQT SAMS Colours 2019-20				
	1:15.09			60-64 CGQT GMS Colours 2019-20				
1	MURRAY, Sandy		60	Wahoo Masters-JH	1:46.11	1:45.88	1:46.11	12

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Event 10 Women 65-69 100 LC Meter Freestyle

WORLD record:	1:04.89	W	30/07/2018	Laura VAL			USA	
SAMS record:	1:09.23	S	11/08/2015	Sanderina Kruger (Kaz)			CPTW-WP	
GMS record:	1:18.35	G	18/03/2016	Marissa Rollnick (Dbn)			PHOE-CG	
	1:17.09			65-69 SAQT SAMS Colours 2019-20				
	1:22.49			65-69 CGQT GMS Colours 2019-20				
1	Gooch, Joelle		65	Phoenix MSC-JH	1:42.09	1:41.99	1:42.09	12

Event 10 Women 70-74 100 LC Meter Freestyle

WORLD record:	1:11.49	W	22/03/2019	Sanderina KRUGER			RSA	
SAMS record:	1:11.49	S	22/03/2019	Sanderina Kruger (PE)			CPTW-CPT	
GMS record:	1:23.80	G	20/03/2015	Anne Jones (Jhb)			PHOE-CG	
	1:22.55			70-74 SAQT SAMS Colours 2019-20				
	1:28.33			70-74 CGQT GMS Colours 2019-20				
1	FYFE, JOYCE		73	Coelacanth MSC-TS	1:58.96	1:58.11	1:58.96	12

Event 10 Women 80-84 100 LC Meter Freestyle

WORLD record:	1:23.16	W	14/07/2018	Yoshiko OSAKI			JPN	
SAMS record:	1:34.64	S	23/02/2019	Sue Leuner (Jhb)			PHOE-JHB	
GMS record:	1:34.64	G	23/02/2019	Sue Leuner (Jhb)			PHOE-JHB	
	1:40.44			80-84 SAQT SAMS Colours 2019-20				
	1:47.47			80-84 CGQT GMS Colours 2019-20				
1	Leuner, Sue		81	Phoenix MSC-JH	1:47.58	1:47.48	1:47.58	12

Event 10 Men 30-34 100 LC Meter Freestyle

WORLD record:	49.80	W	23/07/2016	Darian TOWNSEND			USA	
SAMS record:	55.19	S	04/03/2006	Paul Fryer (Mal)				
GMS record:	55.19	G	04/03/2006	Paul Fryer (Mal)				
	52.58			30-34 SAQT SAMS Colours 2019-20				
	56.26			30-34 CGQT GMS Colours 2019-20				
1	Spies, Pierre		30	Wahoo Masters-JH	1:03.17		1:03.17	12
2	Kok, Christoff		33	Coelacanth MSC-TS	1:04.46		1:04.46	10

Event 10 Men 40-44 100 LC Meter Freestyle

WORLD record:	51.21	W	14/07/2018	Hideaki HARA			JPN	
SAMS record:	53.49	S	13/08/2019	Marc Allan (Gwn)			SYNR-ETH	
GMS record:	57.04	G	18/03/2010	Stephen Haupt (Pta)				
	54.93			40-44 SAQT SAMS Colours 2019-20				
	58.78			40-44 CGQT GMS Colours 2019-20				
1	Barkley, Norman		44	Coelacanth MSC-TS	1:13.67		1:13.67	12

Event 10 Men 50-54 100 LC Meter Freestyle

WORLD record:	54.15	W	30/06/2017	Nicolas GRANGER			FRA	
SAMS record:	54.36	S	19/03/2015	Calvin Maughan (Jhb)			CPTW-WP	
GMS record:	59.41	G	09/07/1994	William Wilson				
	57.40			50-54 SAQT SAMS Colours 2019-20				
	1:01.42			50-54 CGQT GMS Colours 2019-20				
1	Morgan, Colin		54	Coelacanth MSC-TS	1:16.78	1:16.57	1:16.78	12

Event 10 Men 55-59 100 LC Meter Freestyle

WORLD record:	56.00	W	24/02/2019	Calvin MAUGHAN			RSA	
SAMS record:	55.63	S	20/01/2019	Calvin Maughan (Stb)			CPTW-CPT	
GMS record:	59.85	G	14/03/2012	Andre Steynberg (CT)				
	59.19			55-59 SAQT SAMS Colours 2019-20				
	1:03.33			55-59 CGQT GMS Colours 2019-20				
1	Taylor, Gary		57	Cape Town MSC-CP	1:02.31		1:02.31	CGQT 12
2	Duncan, Ross		58	Wahoo Masters-JH	1:10.95		1:10.95	10

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Event 10 Men 60-64 100 LC Meter Freestyle

WORLD record:	57.79	W	14/06/2014	Jack GROSELLE		USA		
SAMS record:	59.76	S	18/03/2016	Andre Steynberg (Dbn)		WAHO-CG		
GMS record:	59.76	G	18/03/2016	Andre Steynberg (Dbn)		WAHO-CG		
	1:01.43			60-64 SAQT SAMS Colours 2019-20				
	1:05.73			60-64 CGQT GMS Colours 2019-20				
1	KOHLER, QUIRIN	61	Phoenix MSC-JH	1:07.41		1:07.41		12
2	Hitge, Daniel	62	Phoenix MSC-JH	1:15.29	1:14.88	1:15.29		10

Event 10 Men 75-79 100 LC Meter Freestyle

WORLD record:	1:06.40	W	03/03/2018	Akira FUJIMAKI		JPN		
SAMS record:	1:18.79	S	14/03/2012	Ken Williams (CT)				
GMS record:	1:18.79	G	14/03/2012	Ken Williams (CT)				
	1:13.90			75-79 SAQT SAMS Colours 2019-20				
	1:19.07			75-79 CGQT GMS Colours 2019-20				
1	MAY, WALTER	75	Wahoo Masters-JH	1:24.32	1:24.10	1:24.32		12
2	MYERS, WINTON	76	Wahoo Masters-JH	1:43.64	1:43.32	1:43.64		10

Event 10 Men 80-84 100 LC Meter Freestyle

WORLD record:	1:11.82	W	23/08/2014	David RADCLIFF		USA		
SAMS record:	1:30.20	S	1996	G. May (Shf)				
GMS record:	1:38.12	G	13/03/2009	Don Johnston (EL)				
	1:22.95			80-84 SAQT SAMS Colours 2019-20				
	1:28.76			80-84 CGQT GMS Colours 2019-20				
1	FYFE, DEREK	80	Coelacanth MSC-TS	1:31.87	1:31.67	1:31.87		12

Combined Team Scores

Combined Team Scores - Through Event 10

1. Wahoo Masters	490	2. Coelacanth Msc	356
3. Phoenix Msc	294	4. Waterborn SC - Masters	70
5. Cape Town Msc	60		

Scores - Women

Women - Team Rankings - Through Event 10

1. Coelacanth Msc	180	2. Phoenix Msc	172
3. Wahoo Masters	98	4. Waterborn SC - Masters	46
5. Cape Town Msc	36		

Scores - Men

Men - Team Rankings - Through Event 10

1. Wahoo Masters	392	2. Coelacanth Msc	176
3. Phoenix Msc	122	4. Waterborn SC - Masters	24
4. Cape Town Msc	24		