

SOUTH AFRICAN MASTERS SWIMMING COLOURS

2020/2021 *(Short course) Qualifying times*

Colours will be awarded to any swimmer achieving qualifying times as per the following table (based on **tenth** place in the 2019 FINA Top Ten listing). If the tenth time is slower than the previous year, then the time will stay constant. Therefore times will only get faster. Where there is no tenth place in an event (marked *) qualifying times have been extrapolated from a graph of the times of all the other age groups.

WOMEN 18 - 29 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	26.49	58.65	2:09.45	4:35.24	9:39.22	18:45.86
Backstroke	30.18	1:05.47	2:26.07			
Breaststroke	33.35	1:13.13	2:41.29			
Butterfly	28.25	1:04.66	2:25.39			
IM		1:06.39	2:25.17	5:13.30		

WOMEN 30 - 34 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	26.77	58.94	2:10.61	4:38.31	9:44.45	18:49.49
Backstroke	30.69	1:06.65	2:26.34			
Breaststroke	33.76	1:14.32	2:44.78			
Butterfly	29.03	1:05.19	2:29.47			
IM		1:07.03	2:26.88	5:15.30		

WOMEN 35 - 39 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	27.20	1:00.20	2:13.41	4:42.74	9:52.29	19:07.43
Backstroke	31.17	1:07.50	2:29.66			
Breaststroke	34.59	1:16.11	2:48.26			
Butterfly	29.42	1:06.24	2:32.54			
IM		1:07.94	2:29.70	5:25.62		

WOMEN 40 - 44 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	27.43	1:00.81	2:14.99	4:45.45	9:56.05	19:29.01
Backstroke	32.10	1:10.06	2:34.24			
Breaststroke	35.13	1:17.84	2:51.22			
Butterfly	29.71	1:07.00	2:37.88			
IM		1:08.88	2:32.49	5:32.79		

WOMEN 45 - 49 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	27.96	1:01.67	2:16.02	4:47.95	10:00.78	19:18.40
Backstroke	32.44	1:10.10	2:36.52			
Breaststroke	35.68	1:18.80	2:53.99			
Butterfly	30.55	1:09.33	2:40.08			
IM		1:10.28	2:35.56	5:38.55		

WOMEN 50 - 54 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	28.34	1:03.26	2:17.57	4:53.33	10:11.62	19:31.02
Backstroke	32.81	1:10.89	2:38.33			
Breaststroke	36.82	1:20.68	2:59.90			
Butterfly	31.05	1:10.39	2:43.86			
IM		1:12.82	2:39.47	5:45.35		
WOMEN 55 - 59 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	29.47	1:05.25	2:23.10	5:04.91	10:34.91	20:24.37
Backstroke	35.02	1:16.02	2:44.18			
Breaststroke	38.49	1:24.85	3:08.13			
Butterfly	32.40	1:14.37	2:52.88			
IM		1:15.90	2:46.25	6:03.89		
WOMEN 60 - 64 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	31.30	1:10.16	2:34.37	5:22.53	11:06.62	21:48.90
Backstroke	36.98	1:21.72	2:56.65			
Breaststroke	40.81	1:29.18	3:16.85			
Butterfly	34.76	1:22.80	3:18.69			
IM		1:21.15	2:58.04	6:33.65		
WOMEN 65 - 69 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	32.95	1:15.73	2:42.92	5:53.10	12:24.54	24:11.85
Backstroke	39.23	1:27.72	3:10.59			
Breaststroke	43.24	1:35.79	3:36.13			
Butterfly	37.58	1:30.25	3:30.33			
IM		1:28.41	3:13.34	7:11.84		
WOMEN 70 - 74 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	35.16	1:20.57	3:00.27	6:32.04	13:42.78	26:27.40
Backstroke	42.48	1:37.17	3:29.03			
Breaststroke	45.76	1:44.06	3:49.94			
Butterfly	40.96	1:50.33	4:16.64			
IM		1:35.42	3:33.90	8:19.99		
WOMEN 75 - 79 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	39.71	1:30.30	3:23.60	7:24.83	15:35.14	31:15.36
Backstroke	46.89	1:44.06	3:48.57			
Breaststroke	50.71	1:53.70	4:17.50			
Butterfly	49.19	2:06.38	5:17.39			
IM		1:49.23	4:09.06	9:21.22		

WOMEN 80 - 84	(Short course)					
	50m	100m	200m	400m	800m	1 500m

Freestyle	43.70	1:40.86	3:44.73	8:01.97	17:45.89	36:34.78
Backstroke	53.73	2:00.97	4:33.18			
Breaststroke	54.52	2:07.43	5:05.30			
Butterfly	1:00.76	2:58.91				
IM		2:02.61	5:15.59			

WOMEN 85 - 89	(Short course)					
	50m	100m	200m	400m	800m	1 500m

Freestyle	53.83	2:06.25	4:37.02	11:16.47		
Backstroke	1:04.94	2:21.13	5:47.25			
Breaststroke	1:10.50	2:49.40				
Butterfly	1:27.37					
IM		2:49.11	7:56.98			

WOMEN 90 - 94	(Short course)					
	50m	100m	200m	400m	800m	1 500m

Freestyle	1:12.00	3:11.81				
Backstroke	1:29.32	3:35.27				
Breaststroke	1:48.26					
Butterfly						
IM						

MEN 18 - 29 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	22.93	50.98	1:53.37	4:06.76	8:49.10	17:09.38
Backstroke	25.98	56.58	2:08.35			
Breaststroke	28.52	1:02.79	2:21.94			
Butterfly	24.55	55.54	2:09.55			
IM		57.00	2:08.45	4:44.90		

MEN 30 - 34 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	23.00	50.55	1:55.16	4:08.74	8:48.46	17:10.40
Backstroke	25.67	57.02	2:09.31			
Breaststroke	28.89	1:03.57	2:22.95			
Butterfly	24.87	56.18	2:11.15			
IM		57.94	2:09.66	4:45.67		

MEN 35 - 39 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	23.60	52.30	1:57.29	4:10.08	8:48.60	17:17.60
Backstroke	26.99	58.90	2:11.30			
Breaststroke	29.35	1:04.70	2:24.80			
Butterfly	25.43	57.34	2:13.32			
IM		58.93	2:12.22	4:45.74		

MEN 40 - 44 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	24.19	53.16	1:58.52	4:16.36	9:05.31	17:30.84
Backstroke	27.45	59.78	2:13.72			
Breaststroke	29.76	1:05.47	2:28.15			
Butterfly	25.74	58.34	2:14.37			
IM		1:00.35	2:12.09	4:52.92		

MEN 45 - 49 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	24.32	54.45	2:01.48	4:22.31	9:12.45	17:42.67
Backstroke	28.47	1:01.58	2:15.56			
Breaststroke	30.19	1:07.55	2:30.72			
Butterfly	26.08	59.31	2:17.66			
IM		1:01.77	2:17.57	4:56.25		

MEN 50 - 54 (Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	25.00	54.70	2:02.34	4:23.00	9:13.38	18:01.36
Backstroke	28.81	1:01.95	2:16.87			
Breaststroke	31.09	1:09.07	2:35.75			
Butterfly	27.31	1:01.50	2:22.48			
IM		1:03.72	2:21.23	5:05.57		

MEN 55 - 59						
	(Short course)					
	50m	100m	200m	400m	800m	1 500m
Freestyle	25.91	57.54	2:08.68	4:40.57	9:46.44	18:58.83
Backstroke	30.19	1:05.48	2:26.87			
Breaststroke	32.67	1:13.18	2:44.19			
Butterfly	28.12	1:03.73	2:30.13			
IM		1:05.75	2:28.17	5:20.50		
MEN 60 - 64						
	(Short course)					
	50m	100m	200m	400m	800m	1 500m
Freestyle	26.70	1:00.04	2:15.98	4:50.65	10:05.49	19:17.67
Backstroke	32.10	1:10.33	2:33.59			
Breaststroke	34.03	1:17.15	2:54.95			
Butterfly	29.65	1:08.10	2:43.45			
IM		1:10.12	2:35.92	5:36.63		
MEN 65 - 69						
	(Short course)					
	50m	100m	200m	400m	800m	1 500m
Freestyle	28.23	1:03.38	2:23.00	5:05.85	10:39.99	20:39.30
Backstroke	34.04	1:14.66	2:44.05			
Breaststroke	35.81	1:19.73	3:01.75			
Butterfly	30.98	1:12.29	3:04.09			
IM		1:13.43	2:43.55	6:07.09		
MEN 70 - 74						
	(Short course)					
	50m	100m	200m	400m	800m	1 500m
Freestyle	29.84	1:07.61	2:34.95	5:38.52	11:52.36	22:54.63
Backstroke	35.98	1:22.70	3:03.92			
Breaststroke	38.63	1:28.17	3:17.63			
Butterfly	33.11	1:21.41	3:18.78			
IM		1:19.65	2:59.19	6:36.17		
MEN 75 - 79						
	(Short course)					
	50m	100m	200m	400m	800m	1 500m
Freestyle	31.88	1:13.21	2:49.02	6:16.06	13:12.99	25:58.11
Backstroke	39.21	1:28.02	3:16.40			
Breaststroke	41.53	1:34.53	3:35.65			
Butterfly	36.00	1:34.33	3:47.86			
IM		1:26.97	3:18.18	7:38.40		
MEN 80 - 84						
	(Short course)					
	50m	100m	200m	400m	800m	1 500m
Freestyle	34.66	1:21.86	3:10.82	6:57.56	14:57.34	28:40.60
Backstroke	42.89	1:38.86	3:47.41			
Breaststroke	46.32	1:44.41	3:52.00			
Butterfly	44.69	1:57.88	5:48.64			
IM		1:40.14	3:55.92	9:32.70		

MEN 85 - 89						
(Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	41.50	1:39.87	3:55.27	9:27.40	23:18.64	
Backstroke	52.53	2:00.60	4:38.68			
Breaststroke	53.73	2:02.21	5:18.81			
Butterfly	1:00.63					
IM		2:03.68				
MEN 90 - 94						
(Short course)						
	50m	100m	200m	400m	800m	1 500m
Freestyle	54.36	2:23.02	8:05.42			
Backstroke	1:08.18	2:55.87				
Breaststroke	1:14.11	3:41.17				
Butterfly						
IM						