



37th SOUTH AFRICAN MASTERS SWIMMING CHAMPIONSHIPS

ENTRY FORM FOR THE OPEN WATER SWIM – 14th MARCH 2021



Venue: The Elgin River Lodge on the Palmiet River

Surname: _____ Name: _____

Gender (indicate with an X): Male: _____ Female: _____

Postal Address: _____

Date of Birth: Day: _____ Month: _____ Year: _____ Age on 31/12/2021 _____

Contact Details:

Tel: _____ Cell: _____ E-mail: _____

ID Number: _____

Club Name: _____ Region: _____

Emergency Contact number: _____

Please indicate with your latest time which event you will be entering.

Events and Categories – Registration 8:00			Latest Time
Event 1	1Km	Mixed - Staggered Start time – 10:00	
Event 2	3Km	Mixed - Staggered Start time – 11:00	

Events 1 & 2 will be swum 1 hour apart - Swimmers entering the 1km event will be required to leave the water on completion of the 1km swim.

Swimmers entering for the 3km will only receive the time for the 3km event i.e. they will not receive a time for the 1km event as well.

Medals will be awarded for 1st, 2nd & 3rd places in all Masters age groups in both events. Competitors must be present to receive their medals.

The starts will be staggered with the fastest times submitted starting ahead of the slower times submitted.

1. All SA swimmers must be registered with their applicable aquatics body and with SAMS in order to enter.
2. It is compulsory to wear bright swimming caps.
3. Kindly complete all sections of this form. Print clearly. NB – Make a copy for your records!
4. Return your **OWS Entry Form to YOUR CLUB- together with your Pool Entry Form by 15/01/2021.** (Your **R200** entry fee for the open water must be included as part of your total fees, as provided for on the 2021 Nationals Registration Form).
5. No refunds if competitor withdraws.

Indemnity: By entering, I agree that I participate at my own risk. I waive any claim arising from or connected with any injury or loss that I may sustain while, or as a result of, participating in any Masters Swimming or related activity. Whether, caused by negligence, or otherwise, against Big Bay Events, the Western Cape Masters Swimming Association and South African Masters Swimming, their officers, members, employees, agents and assistants and indemnify them in respect of any claim against them, arising from my participation in Masters Swimming or related activity.

Note: Chalets may be booked for Saturday night at info@elginriverlodge.co.za or 021 846 8345

SIGNATURE: _____ **DATE:** _____

SIGNATURE OF CLUB PRESIDENT: _____