

**Frostbite 2 - 2019-06-08**  
**Gauteng Masters Swimming**  
**Results**

**Event 1 Women 18-24 400 SC Meter IM**

SAMS record: 5:40.25 S 2010-04-15 Tarryn Stanford (CT)  
 GMS record: 6:28.10 G 2006-10-29 Tracey Gardiner (Jhb)  
 5:13.30 18-24 SAQT SAMS Colours 2019-20  
 5:35.23 18-24 CGQT GMS Colours 2019-20

Name	Age	Team	Finals Time
1 Scheuble, Courtney	19	Unattached	6:05.74

**Event 1 Women 25-29 400 SC Meter IM**

SAMS record: 5:25.51 S 2011-10-16 Tarryn Stanford (CT)  
 GMS record: 5:57.39 G 1996-02-03 Rachelle Isakov  
 5:13.30 25-29 SAQT SAMS Colours 2019-20  
 5:35.23 25-29 CGQT GMS Colours 2019-20

1 Pullen, Casey	25	Unattached	6:02.38
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**Event 1 Women 65-69 400 SC Meter IM**

SAMS record: 7:16.64 S 2016-08-27 Maureen Mons (Jhb) PHOE-CG  
 GMS record: 7:16.64 G 2016-08-27 Maureen Mons (Jhb) PHOE-CG  
 7:20.06 65-69 SAQT SAMS Colours 2019-20  
 7:50.86 65-69 CGQT GMS Colours 2019-20

1 ROLLNICK, MARISSA	68	Phoenix MSC-JH	8:46.98
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**Event 1 Men 18-24 400 SC Meter IM**

SAMS record: 4:54.41 S 2010-10-16 Tyron Venter (Jhb)  
 GMS record: 5:25.91 G 2004-10-31 Werner van Staden (Jhb)  
 4:44.90 18-24 SAQT SAMS Colours 2019-20  
 5:04.84 18-24 CGQT GMS Colours 2019-20

1 Edwards, Matthew	21	Unattached	5:17.77
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**Event 1 Men 25-29 400 SC Meter IM**

SAMS record: 4:59.12 S 2015-10-31 Tyron Venter (Jhb) PHOE-CG  
 GMS record: 4:59.12 G 2015-10-31 Tyron Venter (Jhb) PHOE-CG  
 4:44.90 25-29 SAQT SAMS Colours 2019-20  
 5:04.84 25-29 CGQT GMS Colours 2019-20

1 Garreth, Prout	29	Unattached	5:34.89
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**Event 1 Men 30-34 400 SC Meter IM**

SAMS record: 5:06.62 S 2012-09-20 Dave Nel (CT)  
 GMS record: 6:09.63 G 1993-02-06 ROY LOTKIN  
 4:45.67 30-34 SAQT SAMS Colours 2019-20  
 5:05.67 30-34 CGQT GMS Colours 2019-20

1 O'Mahony, Andrew	33	Wahoo Masters-JH	7:07.06
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**Event 1 Men 45-49 400 SC Meter IM**

SAMS record: 5:07.03 S 2007-04-01 Graham du Toit (Dbn)  
 GMS record: 5:15.34 G 2006-10-29 Gregg Price (Jhb)  
 4:56.25 45-49 SAQT SAMS Colours 2019-20  
 5:16.99 45-49 CGQT GMS Colours 2019-20

1 Fubbs, Matthew	47	Wahoo Masters-JH	6:46.15
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**Event 1 Men 55-59 400 SC Meter IM**

SAMS record: 5:30.20 S 2010-10-17 Tim Shead (CT)  
 GMS record: 6:32.97 G 2006-10-29 Bob Hatherly (Jhb)  
 5:23.75 55-59 SAQT SAMS Colours 2019-20  
 5:46.41 55-59 CGQT GMS Colours 2019-20

1 Jv Rensburg, Henk	59	Coelacanth MSC-TS	6:58.51
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**Event 1 Men 65-69 400 SC Meter IM**

SAMS record: 5:49.87 S 2017-10-13 Tim Shead (Orl)

CPTW-WP

GMS record: 7:46.83 G 1996-02-03 Peter Pirow

6:10.10 65-69 SAQT SAMS Colours 2019-20

6:36.01 65-69 CGQT GMS Colours 2019-20

1 ARBUTHNOT, DAVID 66 Coelacanth MSC-TS 7:16.51

**Event 2 Women 18-24 25 SC Meter Freestyle**

1 Scheuble, Courtney 19 Unattached 14.31

2 Hyslop, Kirsty 24 Aqua Athlete-JH 16.21

**Event 2 Women 25-29 25 SC Meter Freestyle**

1 Marais, Nadine 26 Aqua Athlete-JH 14.79

**Event 2 Women 40-44 25 SC Meter Freestyle**

1 Victor-vd Berg, Yvette 40 Coelacanth MSC-TS 13.02

2 Fagan, Jaki 44 Wahoo Masters-JH 13.71

3 Slabbert, Ellois 42 Unattached 17.32

**Event 2 Women 55-59 25 SC Meter Freestyle**

1 VERRYIN, SABINE 58 Coelacanth MSC-TS 14.81

2 Cronje, Anet 58 Wahoo Masters-JH 21.04

**Event 2 Women 60-64 25 SC Meter Freestyle**

1 Jv Vuuren, Hannatjie 60 Coelacanth MSC-TS 20.22

**Event 2 Women 65-69 25 SC Meter Freestyle**

1 ROLLNICK, MARISSA 68 Phoenix MSC-JH 16.65

2 Mons, Maureen 68 Phoenix MSC-JH 17.68

**Event 2 Women 70-74 25 SC Meter Freestyle**

1 FERREIRA, MERCIA 70 Wahoo Masters-JH 22.15

**Event 2 Women 75-79 25 SC Meter Freestyle**

1 Hulley, Jane 77 Phoenix MSC-JH 20.23

**Event 2 Men 18-24 25 SC Meter Freestyle**

1 Edwards, Matthew 21 Unattached 11.91

**Event 2 Men 25-29 25 SC Meter Freestyle**

1 Spies, Pierre 29 Wahoo Masters-JH 12.59

2 Garreth, Prout 29 Unattached 12.66

**Event 2 Men 30-34 25 SC Meter Freestyle**

1 Kok, Christoff 32 Coelacanth MSC-TS 12.47

2 Swartz, Lambert 34 Coelacanth MSC-TS 12.70

3 Gal, David 33 Unattached 16.64

**Event 2 Men 35-39 25 SC Meter Freestyle**

1 Aken, Warren 36 Wahoo Masters-JH 13.52

2 Petit, Matthew 38 Phoenix MSC-JH 14.49

**Event 2 Men 40-44 25 SC Meter Freestyle**

1 Ford, Andrew 44 Wahoo Masters-JH 13.72

2 van Olst, Marc 44 Waterborn SC - Masters-JH 13.96

3 Slabbert, Quentin 42 Unattached 15.65

**Event 2 Men 45-49 25 SC Meter Freestyle**

1 Neumann, Andy 49 Coelacanth MSC-TS 13.03

2 Collins, Stuart 45 Wahoo Masters-JH 13.95

3 Gey van Pittius, Claudius 48 Coelacanth MSC-TS 14.62

4 Carstens, FC 49 Coelacanth MSC-TS 14.97

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**(Event 2 Men 45-49 25 SC Meter Freestyle)**

5	Agar, Justin	49	Unattached	15.78
6	Joubert, Charles	46	Aqua Athlete-JH	23.76

**Event 2 Men 50-54 25 SC Meter Freestyle**

1	RUCK, HARALD	54	Coelacanth MSC-TS	12.22
2	Durrant, Gary	53	Coelacanth MSC-TS	13.06
3	Collins, Tom	52	Waterborn SC - Masters-JH	14.56

**Event 2 Men 55-59 25 SC Meter Freestyle**

1	Pretorius, Grant	57	Wahoo Masters-JH	13.38
2	Duncan, Ross	57	Wahoo Masters-JH	14.18
3	Summers, Mike	59	Masters Eastern Gauteng Aqua-EK	15.18
4	Jv Rensburg, Henk	59	Coelacanth MSC-TS	16.75

**Event 2 Men 60-64 25 SC Meter Freestyle**

1	Scholtemayer, Kobus	62	Wahoo Masters-JH	18.19
2	Jv Vuuren, Christo	64	Coelacanth MSC-TS	18.26

**Event 2 Men 65-69 25 SC Meter Freestyle**

1	ARBUTHNOT, DAVID	66	Coelacanth MSC-TS	15.00
2	Pretorius, Boet	66	Coelacanth MSC-TS	15.06
3	von Geyso, Carl	67	Coelacanth MSC-TS	16.33
4	van Heerden, Carel	69	Waterborn SC - Masters-JH	18.73

**Event 2 Men 70-74 25 SC Meter Freestyle**

1	BURGER, Francois	70	Coelacanth MSC-TS	17.81
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**Event 2 Men 80-84 25 SC Meter Freestyle**

1	GARSON, JOHN	81	Wahoo Masters-JH	22.43
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**Event 3 Women 50-54 100 SC Meter Backstroke**

SAMS record: 1:15.06 S 2012-10-14 Cecilia Stanford (CT)

GMS record: 1:23.76 G 2008-06-22 Clare Davie (Jhb)

1:10.89 50-54 SAQT SAMS Colours 2019-20

1:15.85 50-54 CGQT GMS Colours 2019-20

1	Brown, Elke	50	Unattached	2:07.17
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**Event 3 Women 55-59 100 SC Meter Backstroke**

SAMS record: 1:17.84 S 2016-10-16 Cecilia Stanford (Stb)

GMS record: 1:24.68 G 2012-05-19 Clare Davie (Jhb)

1:16.02 55-59 SAQT SAMS Colours 2019-20

1:21.34 55-59 CGQT GMS Colours 2019-20

1	Dressler, Annemarie	55	Coelacanth MSC-TS	1:18.43	CGQT
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**Event 3 Women 70-74 100 SC Meter Backstroke**

SAMS record: 1:44.76 S 2014-07-27 Lenchen Zundorf (Stb)

GMS record: 59:59.99 G Vacant

1:37.17 70-74 SAQT SAMS Colours 2019-20

1:43.97 70-74 CGQT GMS Colours 2019-20

1	FYFE, JOYCE	72	Coelacanth MSC-TS	2:04.88
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**Event 3 Women 75-79 100 SC Meter Backstroke**

SAMS record: 1:53.60 S 2019-04-13 Wilij Kokott (Dbn)

GMS record: 1:57.66 G 2015-06-13 Sue Leuner (Jhb)

1:44.06 75-79 SAQT SAMS Colours 2019-20

1:51.34 75-79 CGQT GMS Colours 2019-20

1	Janssens, Geraldine	75	Fins Swimming Club - Masters-EZ	1:45.43	S CGQT
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CPTW-WP

CPTW-WP

SYNR-ETH

PHOE-CG

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**Event 3 Women 80-84 100 SC Meter Backstroke**

SAMS record: 2:56.72 S 1999-09-18 E Buck (Dbn)

GMS record: 59:59.99 G Vacant

2:00.97 80-84 SAQT SAMS Colours 2019-20

2:09.44 80-84 CGQT GMS Colours 2019-20

1 Leuner, Sue 80 Phoenix MSC-JH 2:04.55 S CGQT

**Event 3 Men 45-49 100 SC Meter Backstroke**

SAMS record: 1:06.04 S 2014-06-21 Harald Ruck (Jhb) COEL-NT

GMS record: 1:10.01 G 2005-05-15 Andre Steynberg (Jhb)

1:01.58 45-49 SAQT SAMS Colours 2019-20

1:05.89 45-49 CGQT GMS Colours 2019-20

1 Carstens, FC 49 Coelacanth MSC-TS 1:39.02

2 Agar, Justin 49 Unattached 2:00.45

**Event 3 Men 50-54 100 SC Meter Backstroke**

SAMS record: 1:05.80 S 2016-10-29 Harald Ruck (Jhb) COEL-NT

GMS record: 1:25.44 G 2007-10-28 Guy Harker (Jhb)

1:01.95 50-54 SAQT SAMS Colours 2019-20

1:06.29 50-54 CGQT GMS Colours 2019-20

1 CROWTHER, Bobbie 50 Wahoo Masters-JH 1:49.45

**Event 3 Men 80-84 100 SC Meter Backstroke**

SAMS record: 1:52.31 S 2018-10-14 Dave McLachlan (Stb) CPTW-CPT

GMS record: 2:13.47 G 2001-09-29 Jack Brink (Jhb)

1:41.37 80-84 SAQT SAMS Colours 2019-20

1:48.36 80-84 CGQT GMS Colours 2019-20

1 GARSON, JOHN 81 Wahoo Masters-JH 2:34.99

**Event 4 Women 25-29 50 SC Meter Butterfly**

SAMS record: 27.42 S 2014-10-25 Elzanne Werth (Jhb) PHOE-CG

GMS record: 27.42 G 2014-10-25 Elzanne Werth (Jhb)

28.25 25-29 SAQT SAMS Colours 2019-20

30.23 25-29 CGQT GMS Colours 2019-20

1 Pullen, Casey 25 Unattached 32.16

2 Du Preez, Nadine 25 Aqua Athlete-JH 34.02

**Event 4 Women 40-44 50 SC Meter Butterfly**

SAMS record: 29.07 S 2009-10-24 Edith Ottermann (Jhb)

GMS record: 33.47 G 1997-02-01 Liz Spagnuolo

29.82 40-44 SAQT SAMS Colours 2019-20

31.91 40-44 CGQT GMS Colours 2019-20

1 Fagan, Jaki 44 Wahoo Masters-JH 33.90

**Event 4 Women 60-64 50 SC Meter Butterfly**

SAMS record: 35.84 S 2019-05-18 Kim Foster (Jhb) COEL-TSH

GMS record: 41.62 G 2009-10-24 Helen Lawless (Jhb)

35.03 60-64 SAQT SAMS Colours 2019-20

37.48 60-64 CGQT GMS Colours 2019-20

1 FOSTER, KIM 60 Coelacanth MSC-TS 36.43 CGQT

**Event 4 Men 18-24 50 SC Meter Butterfly**

SAMS record: 26.88 S 2011-10-29 Chris Langenhoven (Jhb)

GMS record: 27.54 G 2013-08-17 Justin Nicklin (Jhb) AQUA-CG

24.74 18-24 SAQT SAMS Colours 2019-20

26.47 18-24 CGQT GMS Colours 2019-20

1 Edwards, Matthew 21 Unattached 27.02

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**Event 4 Men 25-29 50 SC Meter Butterfly**

SAMS record: 26.64 S 2018-09-16 Johannes Opperman (CT) CPTW-CPT  
 GMS record: 27.42 G 1996-10-20 Craig Jackson  
 24.74 25-29 SAQT SAMS Colours 2019-20  
 26.47 25-29 CGQT GMS Colours 2019-20

1 Garreth, Prout 29 Unattached 30.36

**Event 4 Men 30-34 50 SC Meter Butterfly**

SAMS record: 27.24 S 4-2004 David Hadenham (Dbn)  
 GMS record: 27.39 G 2007-06-10 Glenn Swart (Jhb)  
 24.87 30-34 SAQT SAMS Colours 2019-20  
 26.61 30-34 CGQT GMS Colours 2019-20

1 Kok, Christoff 32 Coelacanth MSC-TS 29.71

**Event 4 Men 35-39 50 SC Meter Butterfly**

SAMS record: 27.36 S 2014-10-19 Jay Richards (Stb) CPTW-WP  
 GMS record: 27.68 G 2012-05-19 Simon Thirsk (Jhb)  
 25.70 35-39 SAQT SAMS Colours 2019-20  
 27.50 35-39 CGQT GMS Colours 2019-20

1 Swart, Francois 36 Aqua Athlete-JH 33.80

**Event 4 Men 45-49 50 SC Meter Butterfly**

SAMS record: 27.25 S 2011-10-16 Bryan Tatterson (Flo-USA)  
 GMS record: 27.62 G 2005-11-26 Gregg Price (Jhb)  
 28.54 45-49 CGQT GMS Colours 2019-20  
 36.67 45-49 SAQT SAMS Colours 2019-20

1 Neumann, Andy 49 Coelacanth MSC-TS 32.33 SAQT  
 2 Collins, Stuart 45 Wahoo Masters-JH 32.48 SAQT  
 3 Fubbs, Matthew 47 Wahoo Masters-JH 32.83 SAQT

**Event 4 Men 50-54 50 SC Meter Butterfly**

SAMS record: 27.94 S 2014-10-19 Calvin Maughan (Stb) CPTW-WP  
 GMS record: 28.05 G 2006-07-08 Andre Steynberg (Jhb)  
 27.31 50-54 SAQT SAMS Colours 2019-20  
 29.22 50-54 CGQT GMS Colours 2019-20

1 RUCK, HARALD 54 Coelacanth MSC-TS 29.31

**Event 4 Men 55-59 50 SC Meter Butterfly**

SAMS record: 28.48 S 2012-10-27 Andre Steynberg (Jhb)  
 GMS record: 28.48 G 2012-10-27 Andre Steynberg (Jhb)  
 28.12 55-59 SAQT SAMS Colours 2019-20  
 30.09 55-59 CGQT GMS Colours 2019-20

1 Summers, Mike 59 Masters Eastern Gauteng Aqua-EK 38.46  
 2 Jv Rensburg, Henk 59 Coelacanth MSC-TS 39.75  
 3 Clifford, Tony 55 Players Masters Swimming Team-TS 40.84

**Event 4 Men 60-64 50 SC Meter Butterfly**

SAMS record: 30.41 S 2010-09-16 Halton Cheadle (CT)  
 GMS record: 33.65 G 2005-10-23 John Petersen (Jhb)  
 29.65 60-64 SAQT SAMS Colours 2019-20  
 31.73 60-64 CGQT GMS Colours 2019-20

1 KOHLER, QUIRIN 60 Phoenix MSC-JH 30.98 G CGQT  
 2 Scholtemayer, Kobus 62 Wahoo Masters-JH 55.18

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**Event 4 Men 75-79 50 SC Meter Butterfly**

<b>SAMS record:</b>	44.38	S	2016-10-16	Dave McLachlan (Stb)	CPTW-WP	
<b>GMS record:</b>	55.98	G	2012-05-19	Russel Wolpe (Jhb)		
	36.00			75-79 SAQT SAMS Colours 2019-20		
	38.52			75-79 CGQT GMS Colours 2019-20		
1	MYERS, WINTON		75	Wahoo Masters-JH		50.73 G

**Event 5 Women 18-24 50 SC Meter Breaststroke**

<b>SAMS record:</b>	36.90	S	2006-10-15	Aletta Steenkamp (Stb)		
<b>GMS record:</b>	38.44	G	1999-09-26	Kathy Terwey at SAMS SC Champ	WITS	
	33.35			18-24 SAQT SAMS Colours 2019-20		
	35.68			18-24 CGQT GMS Colours 2019-20		
1	Hyslop, Kirsty		24	Aqua Athlete-JH		46.79

**Event 5 Women 25-29 50 SC Meter Breaststroke**

<b>SAMS record:</b>	35.36	S	2007-06-10	Claire Rolt (Jhb)		
<b>GMS record:</b>	37.33	G	1996-01-14	Heather Morris-Eyton		
	33.35			25-29 SAQT SAMS Colours 2019-20		
	35.68			25-29 CGQT GMS Colours 2019-20		
1	Marais, Nadine		26	Aqua Athlete-JH		38.12

**Event 5 Women 30-34 50 SC Meter Breaststroke**

<b>SAMS record:</b>	34.41	S	2016-07-23	Claire Rolt (Jhb)	COEL-NT	
<b>GMS record:</b>	35.80	G	2014-10-25	Andrea Landau (Jhb)	PHOE-CG	
	33.94			30-34 SAQT SAMS Colours 2019-20		
	36.32			30-34 CGQT GMS Colours 2019-20		
1	Conradie, Melissa		33	Coelacanth MSC-TS		44.02

**Event 5 Women 35-39 50 SC Meter Breaststroke**

<b>SAMS record:</b>	34.59	S	2018-08-18	Claire Rolt (Jhb)	COEL-TSH	
<b>GMS record:</b>	37.37	G	2005-08-21	Heather Morris-Eyton (C.T.)		
	34.59			35-39 SAQT SAMS Colours 2019-20		
	37.01			35-39 CGQT GMS Colours 2019-20		
1	Wantenaar, Lara		38	Phoenix MSC-JH		43.53

**Event 5 Women 40-44 50 SC Meter Breaststroke**

<b>SAMS record:</b>	34.38	S	2009-10-24	Heather Morris-Eyton (Jhb)		
<b>GMS record:</b>	34.38	G	2009-10-24	Heather Morris-Eyton (Jhb)		
	35.29			40-44 SAQT SAMS Colours 2019-20		
	37.76			40-44 CGQT GMS Colours 2019-20		
1	Victor-vd Berg, Yvette		40	Coelacanth MSC-TS		35.95 CGQT
2	Slabbert, Ellois		42	Unattached		50.59
3	O'Mahony, Pearl		42	Wahoo Masters-JH		1:03.65

**Event 5 Women 45-49 50 SC Meter Breaststroke**

<b>SAMS record:</b>	35.87	S	2012-10-27	Heather Morris-Eyton (Jhb)		
<b>GMS record:</b>	35.87	G	2012-10-27	Heather Morris-Eyton (Jhb)		
	35.92			45-49 SAQT SAMS Colours 2019-20		
	38.43			45-49 CGQT GMS Colours 2019-20		
1	Coetzer, Sharon		46	Amakhosi MSC-BU		45.18

**Event 5 Women 55-59 50 SC Meter Breaststroke**

<b>SAMS record:</b>	40.61	S	2017-07-30	Cecilia Stanford (CT)	CPTW-WP	
<b>GMS record:</b>	47.37	G	2012-08-18	Elaine Alder (Jhb)		
	38.79			55-59 SAQT SAMS Colours 2019-20		
	41.51			55-59 CGQT GMS Colours 2019-20		
1	VERRYN, SABINE		58	Coelacanth MSC-TS		45.02
2	Cronje, Anet		58	Wahoo Masters-JH		1:01.69

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**Event 5 Women 60-64 50 SC Meter Breaststroke**

SAMS record: 42.84 S 2017-04-23 Terry-Ann Matley (CT) DOLP-WP  
 GMS record: 49.76 G 2006-10-29 Anne Jones (Jhb)  
 40.81 60-64 SAQT SAMS Colours 2019-20  
 43.67 60-64 CGQT GMS Colours 2019-20

1 Jv Vuuren, Hannatjie 60 Coelacanth MSC-TS 52.46  
 2 Vorster, Merryll 63 Phoenix MSC-JH 1:04.24

**Event 5 Women 70-74 50 SC Meter Breaststroke**

SAMS record: 47.78 S 2017-03-05 Bev Shuttleworth (Dbn) HIGH-KZ  
 GMS record: 1:06.38 G 1994-03-06 Greta Calitz  
 45.76 70-74 SAQT SAMS Colours 2019-20  
 48.96 70-74 CGQT GMS Colours 2019-20

1 FERREIRA, MERCIA 70 Wahoo Masters-JH 1:06.06 G

**Event 5 Women 75-79 50 SC Meter Breaststroke**

SAMS record: 54.49 S 2016-10-16 Santa van Jaarsveld (Stb) CPTW-WP  
 GMS record: 1:11.39 G 1996-03-17 Greta Calitz  
 50.71 75-79 SAQT SAMS Colours 2019-20  
 54.26 75-79 CGQT GMS Colours 2019-20

1 Hulley, Jane 77 Phoenix MSC-JH 1:06.92 G  
 2 Rees, Jane 75 Coelacanth MSC-TS 1:22.52

**Event 5 Men 25-29 50 SC Meter Breaststroke**

SAMS record: 30.25 S 2007-10-14 Brad Toerien (Pmb)  
 GMS record: 30.54 G 2012-05-19 Matthew Josephson (Jhb)  
 28.52 25-29 SAQT SAMS Colours 2019-20  
 30.52 25-29 CGQT GMS Colours 2019-20

1 Spies, Pierre 29 Wahoo Masters-JH 35.72

**Event 5 Men 30-34 50 SC Meter Breaststroke**

SAMS record: 30.61 S 2002-10-13 K Cawood (Jhb)  
 GMS record: 32.05 G 2007-05-12 Glenn Swart (Jhb)  
 28.89 30-34 SAQT SAMS Colours 2019-20  
 30.91 30-34 CGQT GMS Colours 2019-20

1 Gal, David 33 Unattached 51.02

**Event 5 Men 35-39 50 SC Meter Breaststroke**

SAMS record: 30.67 S 2018-10-14 Jacques Joubert (Stb) CPTW-CPT  
 GMS record: 32.61 G 2008-10-25 Gary Hall (Jhb)  
 29.35 35-39 SAQT SAMS Colours 2019-20  
 31.40 35-39 CGQT GMS Colours 2019-20

1 Aken, Warren 36 Wahoo Masters-JH 37.61  
 2 Swart, Francois 36 Aqua Athlete-JH 42.18  
 3 Petit, Matthew 38 Phoenix MSC-JH 46.60

**Event 5 Men 40-44 50 SC Meter Breaststroke**

SAMS record: 32.01 S 2010-10-10 Cliff Lyne (Pmb)  
 GMS record: 33.29 G 1994-08-20 Tim Shead  
 29.76 40-44 SAQT SAMS Colours 2019-20  
 31.84 40-44 CGQT GMS Colours 2019-20

1 Ford, Andrew 44 Wahoo Masters-JH 38.90

**Event 5 Men 45-49 50 SC Meter Breaststroke**

SAMS record: 31.75 S 2010-08-19 Johan van der Merwe (CT)  
 GMS record: 34.08 G 2006-10-29 Gregg Price (Jhb)  
 30.42 45-49 SAQT SAMS Colours 2019-20  
 32.55 45-49 CGQT GMS Colours 2019-20

1 Joubert, Charles 46 Aqua Athlete-JH 1:23.67

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**Event 5 Men 50-54 50 SC Meter Breaststroke**

SAMS record: 31.72 S 3-2002 T Shead (Syd)  
 GMS record: 34.94 G 2001-12-01 Robert Hatherly (Jhb)  
 31.40 50-54 SAQT SAMS Colours 2019-20  
 33.60 50-54 CGQT GMS Colours 2019-20

1 Bradshaw, Gary 50 Waterborn SC - Masters-JH 35.67

**Event 5 Men 60-64 50 SC Meter Breaststroke**

SAMS record: 33.37 S 2016-04-17 Tim Shead (CT) CPTW-WP  
 GMS record: 38.14 G 2006-06-11 Brian Nelson (Jhb)  
 34.10 60-64 SAQT SAMS Colours 2019-20  
 36.49 60-64 CGQT GMS Colours 2019-20

1 Jv Vuuren, Christo 64 Coelacanth MSC-TS 56.66

**Event 5 Men 65-69 50 SC Meter Breaststroke**

SAMS record: 33.68 S 2017-03-26 Tim Shead (SWE) CPTW-WP  
 GMS record: 39.41 G 2010-05-15 Brian Nelson (Jhb)  
 36.50 65-69 SAQT SAMS Colours 2019-20  
 39.06 65-69 CGQT GMS Colours 2019-20

1 Pretorius, Boet 66 Coelacanth MSC-TS 43.29  
 2 van Heerden, Carel 69 Waterborn SC - Masters-JH 57.92

**Event 5 Men 80-84 50 SC Meter Breaststroke**

SAMS record: 52.09 S 2018-10-14 Dave McLachlan (Stb) CPTW-CPT  
 GMS record: 59.84 G 2017-07-15 Russel Wolpe (Jhb) PHOE-JHB  
 46.32 80-84 SAQT SAMS Colours 2019-20  
 49.56 80-84 CGQT GMS Colours 2019-20

--- WOLPE, RUSSEL 82 Phoenix MSC-JH NS

**Event 6 Women 18-24 100 SC Meter Freestyle**

SAMS record: 1:02.48 S 2008-12-14 Cindy Botha (Dbn)  
 GMS record: 1:04.98 G 1999-09-26 Cheryl Ballard-Tremeer (Jhb)  
 58.65 18-24 SAQT SAMS Colours 2019-20  
 1:02.80 18-24 CGQT GMS Colours 2019-20

1 Scheuble, Courtney 19 Unattached 1:06.43  
 2 Hyslop, Kirsty 24 Aqua Athlete-JH 1:12.95

**Event 6 Women 25-29 100 SC Meter Freestyle**

SAMS record: 1:01.05 S 2013-07-20 Samantha Gunther (Jhb) PHOE-CG  
 GMS record: 1:01.05 G 2013-07-20 Samantha Gunther (Jhb) PHOE-CG  
 58.65 25-29 SAQT SAMS Colours 2019-20  
 1:02.80 25-29 CGQT GMS Colours 2019-20

1 Pullen, Casey 25 Unattached 1:06.12  
 2 Marais, Nadine 26 Aqua Athlete-JH 1:10.79  
 3 Du Preez, Nadine 25 Aqua Athlete-JH 1:12.12

**Event 6 Women 35-39 100 SC Meter Freestyle**

SAMS record: 1:00.88 S 7-2018 Thilde Victor (Bok) MEGA-EKU  
 GMS record: 1:06.27 G 2006-05-14 Rachele Isakov (Jhb)  
 1:00.25 35-39 SAQT SAMS Colours 2019-20  
 1:04.47 35-39 CGQT GMS Colours 2019-20

1 Wantenaar, Lara 38 Phoenix MSC-JH 1:10.39

**Event 6 Women 40-44 100 SC Meter Freestyle**

SAMS record: 1:02.55 S 12-2004 Bev McCarney (Dbn)  
 GMS record: 1:06.54 G 2009-06-27 Heather Morris-Eyton (Jhb)  
 1:00.81 40-44 SAQT SAMS Colours 2019-20  
 1:05.07 40-44 CGQT GMS Colours 2019-20

1 Victor-vd Berg, Yvette 40 Coelacanth MSC-TS 1:02.47 S CGQT



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**(Event 6 Women 40-44 100 SC Meter Freestyle)**

2 Fagan, Jaki 44 Wahoo Masters-JH 1:06.48 G

**Event 6 Women 50-54 100 SC Meter Freestyle**

SAMS record: 1:04.82 S 2017-10-28 Edith Ottermann (Jhb) CPTW-WP

GMS record: 1:11.90 G 2007-05-12 Clare Davie (Jhb)

1:03.56 50-54 SAQT SAMS Colours 2019-20

1:08.01 50-54 CGQT GMS Colours 2019-20

1 Brown, Elke 50 Unattached 1:42.21

**Event 6 Women 60-64 100 SC Meter Freestyle**

SAMS record: 1:08.13 S 2015-10-18 Diane Coetzee (CT) CPTW-WP

GMS record: 1:17.26 G 2011-05-15 Marissa Rollnick (Jhb)

1:10.51 60-64 SAQT SAMS Colours 2019-20

1:15.45 60-64 CGQT GMS Colours 2019-20

1 Vorster, Merryll 63 Phoenix MSC-JH 1:55.74

**Event 6 Women 65-69 100 SC Meter Freestyle**

SAMS record: 1:08.25 S 2015-09-20 Sanderina Kruger (CT) CPTW-WP

GMS record: 1:18.97 G 2016-07-23 Marissa Rollnick (Jhb) PHOE-CG

1:16.09 65-69 SAQT SAMS Colours 2019-20

1:21.42 65-69 CGQT GMS Colours 2019-20

1 ROLLNICK, MARISSA 68 Phoenix MSC-JH 1:27.63

**Event 6 Women 70-74 100 SC Meter Freestyle**

SAMS record: 1:12.04 S 2019-04-14 Sanderina Kruger (CT) CPTW-CPT

GMS record: 1:29.07 G 2016-05-07 Anne Jones (Jhb) PHOE-CG

1:21.70 70-74 SAQT SAMS Colours 2019-20

1:27.42 70-74 CGQT GMS Colours 2019-20

1 JONES, ANNE 74 Phoenix MSC-JH 1:33.52

2 FYFE, JOYCE 72 Coelacanth MSC-TS 1:52.70

**Event 6 Women 75-79 100 SC Meter Freestyle**

SAMS record: 1:29.36 S 2014-07-19 Sue Leuner (Jhb) PHOE-CG

GMS record: 1:29.36 G 2014-07-19 Sue Leuner (Jhb) PHOE-CG

1:32.56 75-79 SAQT SAMS Colours 2019-20

1:39.04 75-79 CGQT GMS Colours 2019-20

1 Rees, Jane 75 Coelacanth MSC-TS 1:59.13

**Event 6 Women 80-84 100 SC Meter Freestyle**

SAMS record: 1:35.16 S 2017-10-15 Santa van Jaarsveld (Stb) CPTW-WP

GMS record: 59:59.99 G Vacant

1:40.86 80-84 SAQT SAMS Colours 2019-20

1:47.92 80-84 CGQT GMS Colours 2019-20

1 Leuner, Sue 80 Phoenix MSC-JH 1:42.21 G CGQT

**Event 6 Men 18-24 100 SC Meter Freestyle**

SAMS record: 54.89 S 2013-10-19 Justin Nicklin (Jhb)

GMS record: 54.89 G 2013-10-19 Justin Nicklin (Jhb) AQUA-CG

51.10 18-24 SAQT SAMS Colours 2019-20

54.68 18-24 CGQT GMS Colours 2019-20

1 Edwards, Matthew 21 Unattached 57.12

**Event 6 Men 25-29 100 SC Meter Freestyle**

SAMS record: 51.60 S 2011-10-16 Chris King (CT)

GMS record: 53.81 G 1991-01-13 HEINZ WEILERT

51.10 25-29 SAQT SAMS Colours 2019-20

54.68 25-29 CGQT GMS Colours 2019-20

1 Garreth, Prout 29 Unattached 59.46

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**(Event 6 Men 25-29 100 SC Meter Freestyle)**

2 Spies, Pierre 29 Wahoo Masters-JH 1:00.47

**Event 6 Men 30-34 100 SC Meter Freestyle**

SAMS record: 54.13 S 2005-10-23 Paul Fryer (Jhb)

GMS record: 54.13 G 2005-10-23 Paul Fryer (Jhb)

50.55 30-34 SAQT SAMS Colours 2019-20

54.09 30-34 CGQT GMS Colours 2019-20

1 Swartz, Lambert 34 Coelacanth MSC-TS 1:02.26

**Event 6 Men 40-44 100 SC Meter Freestyle**

SAMS record: 52.51 S 2018-03-04 Marc Allan (Dbn) EACS-ETH

GMS record: 58.24 G 2013-05-18 Byron Dillon (Jhb) AQUA-CG

53.16 40-44 SAQT SAMS Colours 2019-20

56.88 40-44 CGQT GMS Colours 2019-20

1 van Olst, Marc 44 Waterborn SC - Masters-JH 1:08.16

2 Slabbert, Quentin 42 Unattached 1:22.70

**Event 6 Men 45-49 100 SC Meter Freestyle**

SAMS record: 54.64 S 9-1995 T Downes (Jhb)

GMS record: 1:01.87 G 2005-05-15 Quirin Kohler (Jhb)

54.45 45-49 SAQT SAMS Colours 2019-20

58.26 45-49 CGQT GMS Colours 2019-20

1 Gasson, Martin 46 Wahoo Masters-JH 1:01.87 G

2 Collins, Stuart 45 Wahoo Masters-JH 1:05.64

3 Neumann, Andy 49 Coelacanth MSC-TS 1:05.65

4 Carstens, FC 49 Coelacanth MSC-TS 1:15.24

5 Gey van Pittius, Claudius 48 Coelacanth MSC-TS 1:21.91

6 Agar, Justin 49 Unattached 1:25.51

**Event 6 Men 50-54 100 SC Meter Freestyle**

SAMS record: 54.79 S 2017-10-15 Calvin Maughan (Stb) CPTW-WP

GMS record: 1:00.24 G 2006-07-08 Andre Steynberg (Jhb)

54.70 50-54 SAQT SAMS Colours 2019-20

58.53 50-54 CGQT GMS Colours 2019-20

1 Durrant, Gary 53 Coelacanth MSC-TS 1:06.49

2 Collins, Tom 52 Waterborn SC - Masters-JH 1:09.82

3 CROWTHER, Bobbie 50 Wahoo Masters-JH 1:18.28

**Event 6 Men 55-59 100 SC Meter Freestyle**

SAMS record: 58.94 S 2012-07-14 Andre Steynberg (Jhb)

GMS record: 58.94 G 2012-07-14 Andre Steynberg (Jhb)

57.54 55-59 SAQT SAMS Colours 2019-20

1:01.57 55-59 CGQT GMS Colours 2019-20

1 Duncan, Ross 57 Wahoo Masters-JH 1:07.44

2 Summers, Mike 59 Masters Eastern Gauteng Aqua-EK 1:17.32

**Event 6 Men 60-64 100 SC Meter Freestyle**

SAMS record: 59.74 S 2009-10-24 Terry Downes (Jhb)

GMS record: 1:06.51 G 2008-08-16 Doug Wilson (Jhb)

1:00.04 60-64 SAQT SAMS Colours 2019-20

1:04.24 60-64 CGQT GMS Colours 2019-20

1 Scholtemayer, Kobus 62 Wahoo Masters-JH 1:30.13

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**Event 6 Men 65-69 100 SC Meter Freestyle**

SAMS record: 1:04.54 S 2014-05-24 Terry Downes (Jhb) COEL-NT  
 GMS record: 1:10.26 G 2003-10-11 Michael Edwards (Jhb)  
 1:03.38 65-69 SAQT SAMS Colours 2019-20  
 1:07.82 65-69 CGQT GMS Colours 2019-20

1 von Geysso, Carl 67 Coelacanth MSC-TS 1:28.11

**Event 6 Men 70-74 100 SC Meter Freestyle**

SAMS record: 1:11.02 S 2009-11-14 Gary Freeling (CT)  
 GMS record: 1:26.76 G 2007-10-28 Russel Wolpe (Jhb)  
 1:07.61 70-74 SAQT SAMS Colours 2019-20  
 1:12.34 70-74 CGQT GMS Colours 2019-20

1 DOWNES, Terry 70 Coelacanth MSC-TS 1:06.60 S SAQT  
 2 BURGER, Francois 70 Coelacanth MSC-TS 1:31.46

**Event 6 Men 80-84 100 SC Meter Freestyle**

SAMS record: 1:31.97 S 2018-11-18 Dave McLachlan (CT) CPTW-CPT  
 GMS record: 1:48.60 G 2017-07-15 Russel Wolpe (Jhb) PHOE-JHB  
 1:23.44 80-84 SAQT SAMS Colours 2019-20  
 1:29.28 80-84 CGQT GMS Colours 2019-20

--- HUTCHINGS, PETER 84 Wahoo Masters-JH NS  
 --- WOLPE, RUSSEL 82 Phoenix MSC-JH NS

**Event 7 Women 25-29 50 SC Meter Backstroke**

SAMS record: 30.07 S 9-1999 M Kriel (CT)  
 GMS record: 33.93 G 2006-10-29 Tammy Souster (Jhb)  
 30.18 25-29 SAQT SAMS Colours 2019-20  
 32.29 25-29 CGQT GMS Colours 2019-20

1 Du Preez, Nadine 25 Aqua Athlete-JH 38.32

**Event 7 Women 40-44 50 SC Meter Backstroke**

SAMS record: 32.78 S 12-2004 Bev McCarney (Dbn)  
 GMS record: 35.52 G 1987-01-01 NATHALIE BOSHOFF  
 32.20 40-44 SAQT SAMS Colours 2019-20  
 34.45 40-44 CGQT GMS Colours 2019-20

1 Slabbert, Ellois 42 Unattached 51.95

**Event 7 Women 55-59 50 SC Meter Backstroke**

SAMS record: 35.50 S 2013-10-20 Diane Coetzee (Stb) CPTW-WP  
 GMS record: 40.79 G 2012-07-14 Clare Davie (Jhb)  
 35.34 55-59 SAQT SAMS Colours 2019-20  
 37.81 55-59 CGQT GMS Colours 2019-20

1 Dressler, Annemarie 55 Coelacanth MSC-TS 37.19 CGQT

**Event 7 Women 60-64 50 SC Meter Backstroke**

SAMS record: 35.60 S 2015-04-19 Diane Coetzee (CT) CPTW-WP  
 GMS record: 45.73 G 2005-05-15 Anne Jones (Jhb) PHOE-CG  
 36.98 60-64 SAQT SAMS Colours 2019-20  
 39.57 60-64 CGQT GMS Colours 2019-20

1 GILMARTIN, Theresa 61 Wahoo Masters-JH 56.83

**Event 7 Women 70-74 50 SC Meter Backstroke**

SAMS record: 42.34 S 2019-04-14 Sanderina Kruger (CT) CPTW-CPT  
 GMS record: 50.75 G 2015-05-16 Anne Jones (Jhb) PHOE-CG  
 43.00 70-74 SAQT SAMS Colours 2019-20  
 46.01 70-74 CGQT GMS Colours 2019-20

1 FYFE, JOYCE 72 Coelacanth MSC-TS 54.49  
 2 FERREIRA, MERCIA 70 Wahoo Masters-JH 1:08.47

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**Event 7 Women 75-79 50 SC Meter Backstroke**

SAMS record: 49.85 S 2019-03-03 Wilij Kokott (Dbn)

SYNR-ETH

PHOE-CG

GMS record: 53.56 G 2015-08-29 Sue Leuner (Jhb)

47.96 75-79 SAQT SAMS Colours 2019-20

51.32 75-79 CGQT GMS Colours 2019-20

1 Janssens, Geraldine 75 Fins Swimming Club - Masters-EZ 48.51 S CGQT

**Event 7 Women 80-84 50 SC Meter Backstroke**

SAMS record: 1:22.74 S 8-1999 Elaine Buck (Dbn)

GMS record: 59:59.99 G Vacant

55.11 80-84 SAQT SAMS Colours 2019-20

58.97 80-84 CGQT GMS Colours 2019-20

1 Leuner, Sue 80 Phoenix MSC-JH 53.52 S SAQT

**Event 7 Men 35-39 50 SC Meter Backstroke**

SAMS record: 27.95 S 2012-05-19 Simon Thirsk (Jhb)

GMS record: 27.95 G 2012-05-19 Simon Thirsk (Jhb)

27.07 35-39 SAQT SAMS Colours 2019-20

28.96 35-39 CGQT GMS Colours 2019-20

1 Swart, Francois 36 Aqua Athlete-JH 38.41

**Event 7 Men 40-44 50 SC Meter Backstroke**

SAMS record: 27.45 S 2018-04-15 Andreas le Roux (CT)

CPTW-CPT

GMS record: 31.29 G 1999-09-26 Andre Steynberg

VRRR-CG

27.45 40-44 SAQT SAMS Colours 2019-20

29.37 40-44 CGQT GMS Colours 2019-20

1 van Olst, Marc 44 Waterborn SC - Masters-JH 36.84

2 Slabbert, Quentin 42 Unattached 44.84

**Event 7 Men 45-49 50 SC Meter Backstroke**

SAMS record: 28.39 S 2015-10-24 Greg Kahn (PE)

AQUB-EP

GMS record: 30.53 G 2005-11-26 Andre Steynberg (Jhb)

28.58 45-49 SAQT SAMS Colours 2019-20

30.58 45-49 CGQT GMS Colours 2019-20

1 Joubert, Charles 46 Aqua Athlete-JH 1:04.69

**Event 7 Men 50-54 50 SC Meter Backstroke**

SAMS record: 29.28 S 2016-10-29 Harald Ruck (Jhb)

COEL-NT

GMS record: 30.05 G 2006-07-08 Andre Steynberg (Jhb)

28.81 50-54 SAQT SAMS Colours 2019-20

30.83 50-54 CGQT GMS Colours 2019-20

1 RUCK, HARALD 54 Coelacanth MSC-TS 30.22 CGQT

**Event 7 Men 60-64 50 SC Meter Backstroke**

SAMS record: 33.47 S 2016-10-16 Tim Shead (Stb)

CPTW-WP

GMS record: 35.70 G 2007-06-10 Doug Wilson (Jhb)

32.10 60-64 SAQT SAMS Colours 2019-20

34.35 60-64 CGQT GMS Colours 2019-20

1 Jv Vuuren, Christo 64 Coelacanth MSC-TS 47.95

**Event 7 Men 65-69 50 SC Meter Backstroke**

SAMS record: 36.90 S 2011-01-23 Brian Stewart (Dbn)

GMS record: 44.93 G 1995-11-12 Donald Johnston

34.04 65-69 SAQT SAMS Colours 2019-20

36.42 65-69 CGQT GMS Colours 2019-20

1 Pretorius, Boet 66 Coelacanth MSC-TS 42.75

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**Event 7 Men 70-74 50 SC Meter Backstroke**

SAMS record: 38.12 S 2017-04-23 Doug Wilson (CT)  
 GMS record: 47.37 G 2012-05-19 John Garson (Jhb)  
 36.60 70-74 SAQT SAMS Colours 2019-20  
 39.16 70-74 CGQT GMS Colours 2019-20

CPTW-WP

1 BURGER, Francois 70 Coelacanth MSC-TS 52.70

**Event 7 Men 80-84 50 SC Meter Backstroke**

SAMS record: 50.47 S 1995 G May (Dbn)  
 GMS record: 54.96 G 2018-05-26 John Garson (Jhb)  
 43.94 80-84 SAQT SAMS Colours 2019-20  
 47.02 80-84 CGQT GMS Colours 2019-20

WAHO-JHB

1 GARSON, JOHN 81 Wahoo Masters-JH 1:04.01

**Event 8 Women 25-29 25 SC Meter Butterfly**

1 Marais, Nadine 26 Aqua Athlete-JH 15.53

**Event 8 Women 40-44 25 SC Meter Butterfly**

1 Victor-vd Berg, Yvette 40 Coelacanth MSC-TS 14.28

**Event 8 Women 45-49 25 SC Meter Butterfly**

1 Coetzer, Sharon 46 Amakhosi MSC-BU 18.68

**Event 8 Men 25-29 25 SC Meter Butterfly**

1 Spies, Pierre 29 Wahoo Masters-JH 13.40

**Event 8 Men 30-34 25 SC Meter Butterfly**

1 Kok, Christoff 32 Coelacanth MSC-TS 13.25  
 2 Gal, David 33 Unattached 19.26

**Event 8 Men 35-39 25 SC Meter Butterfly**

1 Aken, Warren 36 Wahoo Masters-JH 14.21

**Event 8 Men 40-44 25 SC Meter Butterfly**

1 Ford, Andrew 44 Wahoo Masters-JH 15.15

**Event 8 Men 45-49 25 SC Meter Butterfly**

1 Neumann, Andy 49 Coelacanth MSC-TS 14.75  
 2 Collins, Stuart 45 Wahoo Masters-JH 14.78  
 3 Joubert, Charles 46 Aqua Athlete-JH 32.28

**Event 8 Men 50-54 25 SC Meter Butterfly**

1 RUCK, HARALD 54 Coelacanth MSC-TS 13.30  
 2 Durrant, Gary 53 Coelacanth MSC-TS 15.38  
 3 CROWTHER, Bobbie 50 Wahoo Masters-JH 16.93

**Event 8 Men 55-59 25 SC Meter Butterfly**

1 Summers, Mike 59 Masters Eastern Gauteng Aqua-EK 16.36  
 2 Clifford, Tony 55 Players Masters Swimming Team-TS 16.66  
 3 Jv Rensburg, Henk 59 Coelacanth MSC-TS 17.98

**Event 8 Men 60-64 25 SC Meter Butterfly**

1 Scholtemayer, Kobus 62 Wahoo Masters-JH 24.54

**Event 8 Men 65-69 25 SC Meter Butterfly**

1 ARBUTHNOT, DAVID 66 Coelacanth MSC-TS 16.27  
 2 Pretorius, Boet 66 Coelacanth MSC-TS 17.97  
 3 van Heerden, Carel 69 Waterborn SC - Masters-JH 26.97

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**Event 9 Women 18-24 200 SC Meter Freestyle**

SAMS record: 2:19.10 S 2010-10-17 Tarryn Stanford (CT)  
 GMS record: 2:35.79 G 2004-11-28 Carmen Coetzee (Jhb)  
 2:09.45 18-24 SAQT SAMS Colours 2019-20  
 2:18.51 18-24 CGQT GMS Colours 2019-20

1 Hyslop, Kirsty 24 Aqua Athlete-JH 2:39.34

**Event 9 Women 30-34 200 SC Meter Freestyle**

SAMS record: 2:16.37 S 2018-10-14 Tarryn Stanford (Stb)  
 GMS record: 2:27.86 G 1993-03-07 CHRIS MACKINNON  
 2:10.61 30-34 SAQT SAMS Colours 2019-20  
 2:19.75 30-34 CGQT GMS Colours 2019-20

--- Conradie, Melissa 33 Coelacanth MSC-TS NS

**Event 9 Women 40-44 200 SC Meter Freestyle**

SAMS record: 2:11.26 S 2008-07-17 Amanda Picard (CT)  
 GMS record: 2:23.49 G 2008-10-25 Heather Morris-Eyton (Jhb)  
 2:14.99 40-44 SAQT SAMS Colours 2019-20  
 2:24.44 40-44 CGQT GMS Colours 2019-20

1 O'Mahony, Pearl 42 Wahoo Masters-JH 4:14.19

**Event 9 Women 45-49 200 SC Meter Freestyle**

SAMS record: 2:20.90 S 2012-10-27 Heather Morris-Eyton (Jhb)  
 GMS record: 2:20.90 G 2012-10-27 Heather Morris-Eyton (Jhb)  
 2:16.02 45-49 SAQT SAMS Colours 2019-20  
 2:25.54 45-49 CGQT GMS Colours 2019-20

1 Coetzer, Sharon 46 Amakhosi MSC-BU 3:40.86

**Event 9 Women 50-54 200 SC Meter Freestyle**

SAMS record: 2:19.97 S 2012-01-14 Cecilia Stanford (CT)  
 GMS record: 2:36.38 G 2008-06-22 Clare Davie (Jhb)  
 2:17.57 50-54 SAQT SAMS Colours 2019-20  
 2:27.20 50-54 CGQT GMS Colours 2019-20

1 Brown, Elke 50 Unattached 3:58.59

**Event 9 Women 60-64 200 SC Meter Freestyle**

SAMS record: 2:26.94 S 2015-07-19 Diane Coetzee (CT)  
 GMS record: 2:54.87 G 2015-06-13 Maureen Mons (Jhb)  
 2:34.37 60-64 SAQT SAMS Colours 2019-20  
 2:45.18 60-64 CGQT GMS Colours 2019-20

1 FOSTER, KIM 60 Coelacanth MSC-TS 3:19.61  
 2 Vorster, Merryll 63 Phoenix MSC-JH 4:06.92  
 3 Jv Vuuren, Hannatjie 60 Coelacanth MSC-TS 4:30.00

**Event 9 Women 65-69 200 SC Meter Freestyle**

SAMS record: 2:37.00 S 2014-10-19 Sanderina Kruger (Stb)  
 GMS record: 2:51.80 G 2016-07-23 Maureen Mons (Jhb)  
 2:45.18 65-69 SAQT SAMS Colours 2019-20  
 2:56.74 65-69 CGQT GMS Colours 2019-20

1 Mons, Maureen 68 Phoenix MSC-JH 3:00.67  
 2 ROLLNICK, MARISSA 68 Phoenix MSC-JH 3:08.34

**Event 9 Women 70-74 200 SC Meter Freestyle**

SAMS record: 3:15.41 S 2017-01-14 Bev Shuttleworth (Dbn)  
 GMS record: 59:59.99 G Vacant  
 3:04.04 70-74 SAQT SAMS Colours 2019-20  
 3:16.92 70-74 CGQT GMS Colours 2019-20

--- JONES, ANNE 74 Phoenix MSC-JH NS

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**Event 9 Women 75-79 200 SC Meter Freestyle**

<b>SAMS record:</b>	3:39.15	S	2015-08-29	Sue Leuner (Jhb)	PHOE-CG	
<b>GMS record:</b>	3:39.15	G	2015-08-29	Sue Leuner (Jhb)	PHOE-CG	
	3:23.60			75-79 SAQT SAMS Colours 2019-20		
	3:37.85			75-79 CGQT GMS Colours 2019-20		
1	Rees, Jane			75 Coelacanth MSC-TS		4:24.72

**Event 9 Men 30-34 200 SC Meter Freestyle**

<b>SAMS record:</b>	2:04.37	S	2005-11-26	Paul Fryer (Jhb)		
<b>GMS record:</b>	2:04.37	G	2005-11-26	Paul Fryer (Jhb)		
	1:55.16			30-34 SAQT SAMS Colours 2019-20		
	2:03.22			30-34 CGQT GMS Colours 2019-20		
1	O'Mahony, Andrew			33 Wahoo Masters-JH		3:33.08

**Event 9 Men 40-44 200 SC Meter Freestyle**

<b>SAMS record:</b>	2:06.18	S	2014-10-19	Barend Nortje (Stb)	CPTW-WP	
<b>GMS record:</b>	2:06.92	G	2014-06-21	Adrian Goate (Jhb)	AQUA-CG	
	1:58.52			40-44 SAQT SAMS Colours 2019-20		
	2:06.82			40-44 CGQT GMS Colours 2019-20		
1	van Olst, Marc			44 Waterborn SC - Masters-JH		2:44.58

**Event 9 Men 45-49 200 SC Meter Freestyle**

<b>SAMS record:</b>	2:03.78	S	9-1995	T Downes (Jhb)		
<b>GMS record:</b>	2:19.62	G	2006-06-11	Quirin Kohler (Jhb)		
	2:01.48			45-49 SAQT SAMS Colours 2019-20		
	2:09.98			45-49 CGQT GMS Colours 2019-20		
1	Carstens, FC			49 Coelacanth MSC-TS		2:53.79
2	Gey van Pittius, Claudius			48 Coelacanth MSC-TS		3:27.82

**Event 9 Men 50-54 200 SC Meter Freestyle**

<b>SAMS record:</b>	2:05.95	S	1999-09-02	T Downes (Jhb)		
<b>GMS record:</b>	2:21.60	G	1994-10-16	William Wilson		
	2:02.34			50-54 SAQT SAMS Colours 2019-20		
	2:10.90			50-54 CGQT GMS Colours 2019-20		
1	Collins, Tom			52 Waterborn SC - Masters-JH		2:34.06

**Event 9 Men 55-59 200 SC Meter Freestyle**

<b>SAMS record:</b>	2:14.78	S	2008-10-25	Terry Downes (Jhb)		
<b>GMS record:</b>	2:21.70	G	2016-05-07	Joel Finn (Jhb)	WAHO-CG	
	2:09.64			55-59 SAQT SAMS Colours 2019-20		
	2:18.71			55-59 CGQT GMS Colours 2019-20		
1	Pretorius, Grant			57 Wahoo Masters-JH		2:23.00
2	Duncan, Ross			57 Wahoo Masters-JH		2:32.22
3	Jv Rensburg, Henk			59 Coelacanth MSC-TS		2:46.72

**Event 9 Men 65-69 200 SC Meter Freestyle**

<b>SAMS record:</b>	2:22.15	S	2017-10-14	Tim Shead (Orl)	CPTW-WP	
<b>GMS record:</b>	3:01.79	G	1997-03-02	Peter Pirow		
	2:23.00			65-69 SAQT SAMS Colours 2019-20		
	2:33.01			65-69 CGQT GMS Colours 2019-20		
1	von Geyso, Carl			67 Coelacanth MSC-TS		3:23.08
2	Pretorius, Boet			66 Coelacanth MSC-TS		3:30.40
3	van Heerden, Carel			69 Waterborn SC - Masters-JH		4:36.96

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**Event 9 Men 70-74 200 SC Meter Freestyle**

SAMS record: 2:39.62 S 2019-01-12 Mike Bolstridge SYNR-ETH  
 GMS record: 3:09.45 G 2007-06-10 Russel Wolpe (Jhb)  
 2:37.52 70-74 SAQT SAMS Colours 2019-20  
 12:48.55 70-74 CGQT GMS Colours 2019-20

1 DOWNES, Terry 70 Coelacanth MSC-TS 3:00.74 CGQT  
 2 BURGER, Francois 70 Coelacanth MSC-TS 3:21.95 CGQT

**Event 9 Men 75-79 200 SC Meter Freestyle**

SAMS record: 3:01.01 S 2018-03-04 Jimmy Hughes (Dbn) EACS-ETH  
 GMS record: 3:40.94 G 2013-08-17 Russel Wolpe (Jhb) PHOE-CG  
 2:49.02 75-79 SAQT SAMS Colours 2019-20  
 3:00.85 75-79 CGQT GMS Colours 2019-20

1 MYERS, WINTON 75 Wahoo Masters-JH 3:30.23 G

**Event 9 Men 80-84 200 SC Meter Freestyle**

SAMS record: 3:25.02 S 2017-04-23 Dave McLachlan (CT) CPTW-WP  
 GMS record: 4:01.85 G 2017-07-15 Russel Wolpe (Jhb) PHOE-JHB  
 3:10.02 80-84 SAQT SAMS Colours 2019-20  
 3:23.32 80-84 CGQT GMS Colours 2019-20

1 GARSON, JOHN 81 Wahoo Masters-JH 5:41.80  
 --- HUTCHINGS, PETER 84 Wahoo Masters-JH NS  
 --- WOLPE, RUSSEL 82 Phoenix MSC-JH NS

**Event 10 Women 18-24 50 SC Meter Freestyle**

SAMS record: 27.84 S 2008-12-14 Cindy Botha (Dbn)  
 GMS record: 29.68 G 1999-09-26 Cheryl Ballard-Tremeer (Jhb)  
 26.49 18-24 SAQT SAMS Colours 2019-20  
 28.34 18-24 CGQT GMS Colours 2019-20

1 Scheuble, Courtney 19 Unattached 30.23  
 2 Hyslop, Kirsty 24 Aqua Athlete-JH 34.67

**Event 10 Women 25-29 50 SC Meter Freestyle**

SAMS record: 26.47 S 2014-10-25 Elzanne Werth (Jhb) PHOE-CG  
 GMS record: 26.47 G 2014-10-25 Elzanne Werth (Jhb)  
 26.49 25-29 SAQT SAMS Colours 2019-20  
 28.34 25-29 CGQT GMS Colours 2019-20

1 Marais, Nadine 26 Aqua Athlete-JH 32.79  
 2 Du Preez, Nadine 25 Aqua Athlete-JH 32.81

**Event 10 Women 35-39 50 SC Meter Freestyle**

SAMS record: 27.25 S 2004-10-31 Edith Ottermann (Jhb)  
 GMS record: 30.56 G 2007-05-12 Charmaine Montanari (Jhb)  
 27.41 35-39 SAQT SAMS Colours 2019-20  
 29.33 35-39 CGQT GMS Colours 2019-20

1 Wantenaar, Lara 38 Phoenix MSC-JH 31.88

**Event 10 Women 40-44 50 SC Meter Freestyle**

SAMS record: 26.67 S 2007-10-28 Edith Ottermann (Jhb)  
 GMS record: 29.82 G 2018-08-18 Jaki Fagan (Jhb) WAHO-JHB  
 27.43 40-44 SAQT SAMS Colours 2019-20  
 29.35 40-44 CGQT GMS Colours 2019-20

1 Victor-vd Berg, Yvette 40 Coelacanth MSC-TS 28.05 CGQT  
 2 Fagan, Jaki 44 Wahoo Masters-JH 29.75 G  
 3 Slabbert, Ellois 42 Unattached 37.22



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**Event 10 Women 55-59 50 SC Meter Freestyle**

SAMS record: 30.87 S 2017-04-23 Cecilia Stanford (CT) CPTW-WP  
 GMS record: 32.61 G 2008-06-22 Marissa Rollnick (Jhb)  
 29.65 55-59 SAQT SAMS Colours 2019-20  
 31.73 55-59 CGQT GMS Colours 2019-20

1 VERRYIN, SABINE 58 Coelacanth MSC-TS 31.93  
 2 Cronje, Anet 58 Wahoo Masters-JH 52.12

**Event 10 Women 60-64 50 SC Meter Freestyle**

SAMS record: 31.03 S 2011-04-14 Sanderina Kruger (CT)  
 GMS record: 35.75 G 2005-10-23 Anne Jones (Jhb)  
 31.46 60-64 SAQT SAMS Colours 2019-20  
 33.66 60-64 CGQT GMS Colours 2019-20

1 GILMARTIN, Theresa 61 Wahoo Masters-JH 46.95  
 2 Vorster, Merryll 63 Phoenix MSC-JH 51.55

**Event 10 Women 65-69 50 SC Meter Freestyle**

SAMS record: 31.22 S 2015-08-30 Sanderina Kruger (CT) CPTW-WP  
 GMS record: 33.85 G 2016-07-23 Marissa Rollnick (Jhb) PHOE-CG  
 33.12 65-69 SAQT SAMS Colours 2019-20  
 35.44 65-69 CGQT GMS Colours 2019-20

1 ROLLNICK, MARISSA 68 Phoenix MSC-JH 39.55

**Event 10 Women 70-74 50 SC Meter Freestyle**

SAMS record: 33.23 S 2019-04-14 Sanderina Kruger (CT) CPTW-CPT  
 GMS record: 40.52 G 2016-05-07 Anne Jones (Jhb) PHOE-CG  
 35.86 70-74 SAQT SAMS Colours 2019-20  
 38.37 70-74 CGQT GMS Colours 2019-20

1 JONES, ANNE 74 Phoenix MSC-JH 41.26  
 2 FYFE, JOYCE 72 Coelacanth MSC-TS 48.36  
 3 FERREIRA, MERCIA 70 Wahoo Masters-JH 49.89

**Event 10 Women 75-79 50 SC Meter Freestyle**

SAMS record: 40.26 S 2014-07-19 Sue Leuner (Jhb) PHOE-CG  
 GMS record: 40.26 G 2014-07-19 Sue Leuner (Jhb) PHOE-CG  
 39.75 75-79 SAQT SAMS Colours 2019-20  
 42.53 75-79 CGQT GMS Colours 2019-20

1 Hulley, Jane 77 Phoenix MSC-JH 47.47

**Event 10 Women 80-84 50 SC Meter Freestyle**

SAMS record: 1:00.59 S 2018-08-18 Ann Hanson (Jhb) COEL-TSH  
 GMS record: 59:59.99 G Vacant  
 43.70 80-84 SAQT SAMS Colours 2019-20  
 46.76 80-84 CGQT GMS Colours 2019-20

1 Leuner, Sue 80 Phoenix MSC-JH 44.67 S CGQT

**Event 10 Men 25-29 50 SC Meter Freestyle**

SAMS record: 23.61 S 2011-10-16 Chris King (CT)  
 GMS record: 23.96 G 1993-09-19 Ivor Segal  
 23.02 25-29 SAQT SAMS Colours 2019-20  
 24.63 25-29 CGQT GMS Colours 2019-20

1 Spies, Pierre 29 Wahoo Masters-JH 27.67

**Event 10 Men 30-34 50 SC Meter Freestyle**

SAMS record: 23.79 S 2005-10-23 Andrew Biram (Jhb)  
 GMS record: 23.79 G 2005-10-23 Andrew Biram (Jhb)  
 23.00 30-34 SAQT SAMS Colours 2019-20  
 24.61 30-34 CGQT GMS Colours 2019-20

1 Swartz, Lambert 34 Coelacanth MSC-TS 27.38

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**(Event 10 Men 30-34 50 SC Meter Freestyle)**

2 Kok, Christoff	32 Coelacanth MSC-TS	27.52
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**Event 10 Men 35-39 50 SC Meter Freestyle**

SAMS record:	22.48	S	2014-10-19	Ryk Neethling (Stb)	CPTW-WP
GMS record:	25.06	G	2013-08-17	Adrian Goate (Jhb)	AQUA-CG

23.68 35-39 SAQT SAMS Colours 2019-20

25.34 35-39 CGQT GMS Colours 2019-20

1 Aken, Warren	36 Wahoo Masters-JH	30.17
2 Swart, Francois	36 Aqua Athlete-JH	30.72
3 Petit, Matthew	38 Phoenix MSC-JH	35.03

**Event 10 Men 40-44 50 SC Meter Freestyle**

SAMS record:	23.62	S	2018-03-04	Marc Allan (Dbn)	EACS-ETH
GMS record:	25.89	G	2013-08-17	Byron Dillon (Jhb)	AQUA-CG

24.19 40-44 SAQT SAMS Colours 2019-20

25.88 40-44 CGQT GMS Colours 2019-20

1 Ford, Andrew	44 Wahoo Masters-JH	29.04
2 van Olst, Marc	44 Waterborn SC - Masters-JH	31.93

**Event 10 Men 45-49 50 SC Meter Freestyle**

SAMS record:	24.90	S	2011-10-16	Bryan Tatterson (Orl)
GMS record:	25.37	G	2006-10-29	Gregg Price (Jhb)

24.32 45-49 SAQT SAMS Colours 2019-20

26.02 45-49 CGQT GMS Colours 2019-20

1 Gasson, Martin	46 Wahoo Masters-JH	27.10
2 Neumann, Andy	49 Coelacanth MSC-TS	28.95
3 Collins, Stuart	45 Wahoo Masters-JH	29.32
4 Fubbs, Matthew	47 Wahoo Masters-JH	30.66
5 Gey van Pittius, Claudius	48 Coelacanth MSC-TS	40.83
6 Joubert, Charles	46 Aqua Athlete-JH	52.92

**Event 10 Men 50-54 50 SC Meter Freestyle**

SAMS record:	24.40	S	2016-04-17	Calvin Maughan (CT)	CPTW-WP
SAMS rec-eq:	24.40	S	2018-10-14	Calvin Maughan (CT)	CPTW-CPT

GMS record: 25.82 G 2006-05-14 Andre Steynberg (Jhb)

25.18 50-54 SAQT SAMS Colours 2019-20

26.94 50-54 CGQT GMS Colours 2019-20

1 Durrant, Gary	53 Coelacanth MSC-TS	29.07
2 CROWTHER, Bobbie	50 Wahoo Masters-JH	31.42

**Event 10 Men 55-59 50 SC Meter Freestyle**

SAMS record:	26.19	S	2012-07-14	Andre Steynberg (Jhb)
GMS record:	26.19	G	2012-07-14	Andre Steynberg (Jhb)

26.02 55-59 SAQT SAMS Colours 2019-20

27.84 55-59 CGQT GMS Colours 2019-20

1 Duncan, Ross	57 Wahoo Masters-JH	31.07
2 Summers, Mike	59 Masters Eastern Gauteng Aqua-EK	34.59
3 Clifford, Tony	55 Players Masters Swimming Team-TS	36.39

**Event 10 Men 60-64 50 SC Meter Freestyle**

SAMS record:	27.63	S	2009-05-16	Terry Downes (Jhb)
GMS record:	29.04	G	2007-06-10	Doug Wilson (Jhb)

26.70 60-64 SAQT SAMS Colours 2019-20

28.78 60-64 CGQT GMS Colours 2019-20

1 KOHLER, QUIRIN	60 Phoenix MSC-JH	27.82 G CGQT
2 Jv Vuuren, Christo	64 Coelacanth MSC-TS	39.48

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**Event 10 Men 65-69 50 SC Meter Freestyle**

<b>SAMS record:</b>	29.22	S	2014-06-21	<b>Terry Downes (Jhb)</b>	<b>COEL-NT</b>	
<b>GMS record:</b>	31.87	G	2010-11-27	<b>John Petersen (Jhb)</b>		
	28.23			<b>65-69 SAQT SAMS Colours 2019-20</b>		
	30.21			<b>65-69 CGQT GMS Colours 2019-20</b>		
1	von Geysso, Carl		67	Coelacanth MSC-TS		38.74
2	van Heerden, Carel		69	Waterborn SC - Masters-JH		45.62

**Event 10 Men 75-79 50 SC Meter Freestyle**

<b>SAMS record:</b>	34.69	S	2019-04-13	<b>Des Stieger (Dbn)</b>	<b>SYNR-ETH</b>	
<b>GMS record:</b>	36.89	G	2005-05-15	<b>Don Johnston (Jhb)</b>		
	31.88			<b>75-79 SAQT SAMS Colours 2019-20</b>		
	34.11			<b>75-79 CGQT GMS Colours 2019-20</b>		
1	MYERS, WINTON		75	Wahoo Masters-JH		49.65

**Event 10 Men 80-84 50 SC Meter Freestyle**

<b>SAMS record:</b>	38.31	S	4-2003	<b>Renato Selati (Dbn)</b>	<b>WAHO-JHB</b>	
<b>GMS record:</b>	45.49	G	2018-07-14	<b>John Garson (Jhb)</b>		
	34.66			<b>80-84 SAQT SAMS Colours 2019-20</b>		
	37.09			<b>80-84 CGQT GMS Colours 2019-20</b>		
1	GARSON, JOHN		81	Wahoo Masters-JH		54.03
---	HUTCHINGS, PETER		84	Wahoo Masters-JH		NS
---	WOLPE, RUSSEL		82	Phoenix MSC-JH		NS

**Event 11 Women 55-59 25 SC Meter Backstroke**

1	VERRYN, SABINE		58	Coelacanth MSC-TS		21.87
2	Cronje, Anet		58	Wahoo Masters-JH		29.63

**Event 11 Women 60-64 25 SC Meter Backstroke**

1	Vorster, Merryll		63	Phoenix MSC-JH		32.22
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**Event 11 Women 70-74 25 SC Meter Backstroke**

1	FERREIRA, MERCIA		70	Wahoo Masters-JH		32.21
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**Event 11 Men 25-29 25 SC Meter Backstroke**

1	Spies, Pierre		29	Wahoo Masters-JH		16.27
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**Event 11 Men 45-49 25 SC Meter Backstroke**

1	Joubert, Charles		46	Aqua Athlete-JH		29.48
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**Event 11 Men 50-54 25 SC Meter Backstroke**

1	RUCK, HARALD		54	Coelacanth MSC-TS		14.18
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**Event 11 Men 60-64 25 SC Meter Backstroke**

1	Jv Vuuren, Christo		64	Coelacanth MSC-TS		21.66
2	Scholtemayer, Kobus		62	Wahoo Masters-JH		22.93

**Event 11 Men 65-69 25 SC Meter Backstroke**

1	van Heerden, Carel		69	Waterborn SC - Masters-JH		27.26
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**Event 11 Men 70-74 25 SC Meter Backstroke**

1	BURGER, Francois		70	Coelacanth MSC-TS		28.35
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**Event 11 Men 80-84 25 SC Meter Backstroke**

---	GARSON, JOHN		81	Wahoo Masters-JH		NS
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**Event 12 Women 18-24 100 SC Meter IM**

SAMS record: 1:11.32 S 9-2004 Monique Beetge (Dbn)  
 GMS record: 1:15.80 G 1999-09-26 Cheryl Ballard-Tremeer (Jhb)  
 1:06.39 18-24 SAQT SAMS Colours 2019-20  
 1:11.04 18-24 CGQT GMS Colours 2019-20

1 Scheuble, Courtney 19 Unattached 1:16.50

**Event 12 Women 25-29 100 SC Meter IM**

SAMS record: 1:08.10 S 9-1999 M Kriel (CT)  
 GMS record: 1:12.49 G 2006-10-29 Tammy Souster (Jhb)  
 1:06.39 25-29 SAQT SAMS Colours 2019-20  
 1:11.04 25-29 CGQT GMS Colours 2019-20

1 Du Preez, Nadine 25 Aqua Athlete-JH 1:26.01

**Event 12 Women 35-39 100 SC Meter IM**

SAMS record: 1:10.13 S 2006-10-15 Marianne Kriel (Stb)  
 GMS record: 1:17.11 G 2006-05-14 Rachelle Isakov (Jhb)  
 1:08.70 35-39 SAQT SAMS Colours 2019-20  
 1:13.51 35-39 CGQT GMS Colours 2019-20

--- Wantenaar, Lara 38 Phoenix MSC-JH NS

**Event 12 Women 40-44 100 SC Meter IM**

SAMS record: 1:12.92 S 2008-07-17 Amanda Picard (CT)  
 GMS record: 1:14.73 G 2009-10-24 Heather Morris-Eyton (Jhb)  
 1:09.37 40-44 SAQT SAMS Colours 2019-20  
 1:14.23 40-44 CGQT GMS Colours 2019-20

1 Victor-vd Berg, Yvette 40 Coelacanth MSC-TS 1:14.14 CGQT  
 2 O'Mahony, Pearl 42 Wahoo Masters-JH 2:12.28

**Event 12 Women 65-69 100 SC Meter IM**

SAMS record: 1:32.22 S 2017-04-02 Annette Thatcher (Dbn) HIGH-KZ  
 GMS record: 1:34.76 G 2017-10-28 Maureen Mons (Jhb) PHOE-CG  
 1:28.96 65-69 SAQT SAMS Colours 2019-20  
 1:35.19 65-69 CGQT GMS Colours 2019-20

1 Mons, Maureen 68 Phoenix MSC-JH 1:38.99

**Event 12 Women 70-74 100 SC Meter IM**

SAMS record: 1:36.32 S 2016-10-22 Elsa Craig (PE) BEST-EP  
 GMS record: 59:59.99 G Vacant  
 1:35.42 70-74 SAQT SAMS Colours 2019-20  
 1:42.10 70-74 CGQT GMS Colours 2019-20

1 JONES, ANNE 74 Phoenix MSC-JH 1:56.55 G  
 2 FERREIRA, MERCIA 70 Wahoo Masters-JH 2:06.26 G

**Event 12 Women 75-79 100 SC Meter IM**

SAMS record: 2:00.10 S 2018-10-27 Sue Leuner (Jhb) PHOE-JHB  
 GMS record: 59:59.99 G Vacant  
 1:49.23 75-79 SAQT SAMS Colours 2019-20  
 1:56.88 75-79 CGQT GMS Colours 2019-20

1 Rees, Jane 75 Coelacanth MSC-TS 2:47.61

**Event 12 Men 25-29 100 SC Meter IM**

SAMS record: 1:02.12 S 2006-01-22 Ryan Spencer (Dbn)  
 GMS record: 1:04.57 G 2012-05-19 Matthew Josephson (Jhb)  
 57.60 25-29 SAQT SAMS Colours 2019-20  
 1:01.63 25-29 CGQT GMS Colours 2019-20

1 Spies, Pierre 29 Wahoo Masters-JH 1:14.12

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**Event 12 Men 30-34 100 SC Meter IM**

SAMS record: 1:02.47 S 10-2003 Cliff Lyne (Dbn)

GMS record: 1:03.31 G 1992-12-06 GERT HIPPER

57.94 30-34 SAQT SAMS Colours 2019-20

1:02.00 30-34 CGQT GMS Colours 2019-20

1	Kok, Christoff	32	Coelacanth MSC-TS	1:12.17
2	Swartz, Lambert	34	Coelacanth MSC-TS	1:16.17

**Event 12 Men 40-44 100 SC Meter IM**

SAMS record: 1:03.23 S 2019-04-13 Marc Allan (Dbn)

GMS record: 1:06.22 G 2013-06-22 Byron Dillon (Jhb)

1:00.39 40-44 SAQT SAMS Colours 2019-20

1:04.62 40-44 CGQT GMS Colours 2019-20

1	Ford, Andrew	44	Wahoo Masters-JH	1:21.80
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SYNR-ETH  
AQUA-CG**Event 12 Men 45-49 100 SC Meter IM**

SAMS record: 1:05.06 S 9-2005 Gregg Price (Dbn)

GMS record: 1:05.06 G 2005-09-11 Gregg Price (Dbn)

1:01.77 45-49 SAQT SAMS Colours 2019-20

1:06.09 45-49 CGQT GMS Colours 2019-20

1	Gasson, Martin	46	Wahoo Masters-JH	1:13.37
2	Neumann, Andy	49	Coelacanth MSC-TS	1:17.07
3	Collins, Stuart	45	Wahoo Masters-JH	1:18.55
4	Fubbs, Matthew	47	Wahoo Masters-JH	1:19.81
5	Carstens, FC	49	Coelacanth MSC-TS	1:37.25
6	Joubert, Charles	46	Aqua Athlete-JH	2:25.18

**Event 12 Men 50-54 100 SC Meter IM**

SAMS record: 1:03.54 S 3-2002 T Shead (Syd)

GMS record: 1:06.10 G 2013-10-19 Gerd Hipper (Jhb)

1:03.74 50-54 SAQT SAMS Colours 2019-20

1:08.20 50-54 CGQT GMS Colours 2019-20

1	CROWTHER, Bobbie	50	Wahoo Masters-JH	1:39.67
---	Durrant, Gary	53	Coelacanth MSC-TS	NS

WAHO-CG

**Event 12 Men 55-59 100 SC Meter IM**

SAMS record: 1:03.53 S 2007-01-26 Tim Shead (Mad)

GMS record: 1:07.90 G 2012-08-18 Andre Steynberg (Jhb)

1:05.75 55-59 SAQT SAMS Colours 2019-20

1:10.35 55-59 CGQT GMS Colours 2019-20

1	Jv Rensburg, Henk	59	Coelacanth MSC-TS	1:27.59
2	Summers, Mike	59	Masters Eastern Gauteng Aqua-EK	1:34.62
3	Clifford, Tony	55	Players Masters Swimming Team-TS	1:40.25

**Event 12 Men 60-64 100 SC Meter IM**

SAMS record: 1:06.63 S 2016-04-17 Tim Shead (CT)

GMS record: 1:19.45 G 1999-09-26 David McLachlan (Jhb)

1:10.38 60-64 SAQT SAMS Colours 2019-20

1:15.31 60-64 CGQT GMS Colours 2019-20

1	KOHLE, QUIRIN	60	Phoenix MSC-JH	1:16.13 G
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CPTW-WP

**Event 12 Men 65-69 100 SC Meter IM**

SAMS record: 1:09.38 S 2017-03-25 Tim Shead (SWE)

GMS record: 1:28.56 G 2010-10-16 John Petersen (Jhb)

1:13.43 65-69 SAQT SAMS Colours 2019-20

1:18.57 65-69 CGQT GMS Colours 2019-20

1	Pretorius, Boet	66	Coelacanth MSC-TS	1:28.62
2	ARBUTHNOT, DAVID	66	Coelacanth MSC-TS	1:30.47

CPTW-WP

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**(Event 12 Men 65-69 100 SC Meter IM)**

3 van Heerden, Carel 69 Waterborn SC - Masters-JH 2:12.68

**Event 12 Men 75-79 100 SC Meter IM**

SAMS record: 1:32.35 S 2012-01-14 David McLachlan (CT)

GMS record: 1:53.39 G 2012-10-27 Russel Wolpe (Jhb)

1:26.97 75-79 SAQT SAMS Colours 2019-20

1:33.06 75-79 CGQT GMS Colours 2019-20

1 MYERS, WINTON 75 Wahoo Masters-JH 2:15.92