

**South African Masters Swimming 35th LC Champs**  
**20-23 March 2019 at the Newton Park pool Port Elizabeth**  
**Meet Program - Friday afternoon**

**Event 31 Women 4x50 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 7 Finals</b>			
3	Coelacanth-TSH	W280 A	3:58.00
	1) Fyfe, Joyce W72	2) Rees, Jane W75	
	3) Hurwitz, Salome W77	4) Hanson, Ann W81	
4	Phoenix-JHB	W280 A	3:00.09
	1) Davie, Clare W63	2) Jones, Anne W74	
	3) Mons, Maureen W68	4) Hulley, Jane W77	
5	Synergy-ETH	W280 A	3:27.00
	1) Angelos, Merle W74	2) Shuttleworth, Bev W72	
	3) Bailey, Coleen W65	4) Clark, Rosemary W71	
6	Synergy-ETH	W280 B	4:10.00
	1) Gray, Ann W71	2) Berridge, Barbara W68	
	3) Tregenna, Gill W77	4) Griffiths, Bronwen W65	
<b>Heat 2 of 7 Finals</b>			
2	Coelacanth-TSH	W240 C	4:14.00
	1) Vorwerk Marren, Ingrid W68	2) Keys, Elmarie W60	
	3) Sandri, Angelika W69	4) Arbuthnot, Cheryl W61	
3	Phoenix-JHB	W240 A	3:31.00
	1) Rollnick, Marissa W68	2) Hulley, Charlotte W49	
	3) Crawford, Linda W69	4) Vorster, Merryll W63	
4	Coelacanth-TSH	W240 B	3:25.00
	1) Burger, Rita W74	2) Jv Vuuren, Hannatjie W60	
	3) Homveld, Jade W53	4) Wild, Gail W63	
5	Synergy-ETH	W240 A	3:30.00
	1) Schiever, Joan W58	2) Thompson, Terry W57	
	3) Goldstein, Heather W63	4) Robinson, Sue W62	
6	Wahoo-JHB	W240 B	3:57.00
	1) Adan, Marilyn W68	2) Ferreira, Mercia W70	
	3) Thompson, Jean W68	4) Murray, Sandy W59	
7	Cape Dolphins-CPT	W240 A	NT
	1) Brimble, Mairi W64	2) Matley, Terry W62	
	3) Young, Cheryl W60	4) Clark, Jeannette W58	
<b>Heat 3 of 7 Finals</b>			
1	Fish Eagles-EDD	W240 A	3:20.00
	1) Griffiths, Cheryl W75	2) Black, Jill W62	
	3) Farrelly, Lanie W57	4) Dixon, Judy W78	
2	Coelacanth-TSH	W240 A	2:48.00
	1) Bruining, Carol W59	2) Trusler, Ingrid W60	
	3) Foster, Kim W60	4) vd Berg, Elsje W63	
3	PE Masters-NMA	W240 A	2:42.00
	1) Harrington, Ren W66	2) Viljoen, Sharon W48	
	3) Reen, Pat W62	4) Rosser, Wendy W79	
4	Cape Town-CPT	W240 A	2:19.00
	1) Coetzee, Di W64	2) Stanford, Cecilia W58	
	3) Ottermann, Edith W53	4) Kruger, Sanderina W70	
5	Cape Town-CPT	W240 B	2:41.00
	1) Degenaar, Jean W59	2) Winfield, Melinda W58	
	3) McCahey, Gail W60	4) Brewis, Judy W65	
6	Wahoo-JHB	W240 A	2:45.00
	1) Alder, Elaine W62	2) Gilmartin, Theresa W61	
	3) Lawless, Helen W70	4) Naude, Caren W52	
7	Free State-MAN	W240 A	3:01.00
	1) van Niekerk, Antoinette W71	2) van Niekerk, Carolyn W46	
	3) Lion-Cachet, Amelia W64	4) Richards, Lynette W61	
8	PE Masters-NMA	W240 B	3:21.00
	1) Blignaut, Colleen W55	2) Benjamin, Lynda W68	
	3) Hayselden, Jax W63	4) Lee, Les W55	

**Heat 4 of 7 Finals**

3	PE Masters-NMA	W160 C	4:03.00
	1) Woods, Keri W37	2) Mew, Lerryn W44	
	3) Gibbon, Heather W46	4) Barnes, Holly W46	
4	Amakhosi-BUF	W160 A	NT
	1) Birch, Tazlin W30	2) Coetzer, Sharon W46	
	3) van Nierop, Nicky W56	4) Prentis, Catherine W43	
5	Waterborn-JHB	W200 A	NT
	1) Mason, Carol W56	2) Stojakovic, Dael W67	
	3) Smith, Ruth W55	4) du Rand, Dawn W60	
6	Amakhosi-BUF	W200 A	NT
	1) Dreyer, Liz W51	2) Galloway, Marion W56	
	3) MacKenzie, Carla W64	4) Louw, Adrilize W43	

**Heat 5 of 7 Finals**

1	Coelacanth-TSH	W200 C	3:08.00
	1) Grobler, Jana W54	2) le Grange, Jacqui W48	
	3) Bouwer, Marieke W56	4) Kotze, Debbie W58	
2	PE Masters-NMA	W200 B	2:50.00
	1) Boden, Tracey W54	2) Blatti, Jenny W53	
	3) vd Merwe, Liz W50	4) Meintjes, Liese W47	
3	Cape Town-CPT	W200 A	2:29.00
	1) Bihl, Kate W49	2) Amner, Claire W45	
	3) Gannon, Leigh W46	4) Donnelly, Chris W62	
4	Synergy-ETH	W200 A	2:20.00
	1) Hambloch, Carina W40	2) Cook, Wendy W49	
	3) Campbell, Heather W64	4) Schaanick, Juanine W49	
5	Coelacanth-TSH	W200 A	2:23.00
	1) Dressler, Annemarie W55	2) Isakov, Rachele W49	
	3) Victor-vd Berg, Yvette W40	4) Verryn, Sabine W58	
6	Synergy-ETH	W200 B	2:37.00
	1) Bromfield, Morag W67	2) vd Merwe, Odette W43	
	3) Frenzel, Petra W50	4) Thatcher, Annette W67	
7	Coelacanth-TSH	W200 B	2:51.00
	1) Dorlas, Sandra W53	2) Struwig, Nicky W47	
	3) Botha, Monica W53	4) Cleriehw, Rae W47	
8	MEGA-EKU	W200 A	3:54.00
	1) van Biljon, Deidre W47	2) Roets, Gillian W62	
	3) Meaker, Jane W71	4) Semple, Kalan W26	

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**Heat 6 Finals (#31 Women 4x50 LC Meter Medley Relay)**

1	PE Masters-NMA	W160 B	3:11.00
	1) Simpson, Christine W34	2) McLellan, Jill W51	
	3) Anderton, Jenny W38	4) Potts, Jenny W49	
2	Cape Town-CPT	W160 B	2:31.00
	1) Anelli, Tarryn W36	2) Fuchs, Mandi W55	
	3) Scott, Lucy W25	4) Strauss, Marcelle W55	
3	Synergy-ETH	W160 A	2:26.00
	1) Webb, Simone W40	2) Ralfe, Sally W46	
	3) Irving, Done W39	4) Kruger, Sam W41	
4	Coelacanth-TSH	W160 A	2:14.00
	1) Boshoff, Anneke W47	2) Rolt, Claire W37	
	3) Vreenegoor, Joanne W37	4) Fraatz, Barbara W53	
5	Cape Town-CPT	W160 A	2:14.00
	1) Stanford, Tarryn W33	2) van Breda, Bridget W44	
	3) Nurse, Kathryn W40	4) Cadiz, Perry W43	
6	PE Masters-NMA	W160 A	2:31.00
	1) Ogden, Nats W44	2) Young, Margie W45	
	3) Gous, Tracy W43	4) Hains, Kerry W45	
7	Fish Eagles-EDD	W160 A	3:10.00
	1) Sheehy, Jenny W55	2) Roos, Moneque W36	
	3) Osborne, Tanya W46	4) Bishop, Pippy W37	
8	Coelacanth-TSH	W160 B	3:14.00
	1) van Wyk, Lee W43	2) Venter, Karen W45	
	3) van Wyk, Talita W40	4) Johns, Catherine W38	

**Heat 7 of 7 Finals**

1	Coelacanth-TSH	W120 A	3:14.00
	1) Fogg, Tarryn W32	2) Coetzer, Danielle W34	
	3) Koller, Maxine W30	4) Smart, Joanne W39	
2	Wahoo-JHB	W120 A	2:20.00
	1) Jamieson, Kelly W31	2) Baikie, Rivelles W27	
	3) Troup, Bianca W45	4) Fagan, Jaki W44	
3	PE Masters-NMA	W120 A	2:11.00
	1) Holmes, Maria W40	2) Humphreys, Lindi W34	
	3) Saporta, Antonelle W39	4) Reen, Kelli W41	
4	Cape Town-CPT	W120 A	2:16.00
	1) Engela, Norelle W47	2) Steenkamp, Aletta W33	
	3) King, Simone W39	4) Abels, Fadia W27	
5	Wahoo-JHB	W120 B	2:45.00
	1) Osborne, Lisa W49	2) Barit, Chavah W24	
	3) Schoeman-Struwig, Nina W30	4) McNaught, Lisa W27	
6	Coelacanth-TSH	W100 A	2:49.00
	1) Homveld, Alexis W27	2) Ledbitter, Dawn W26	
	3) Odendaal, Dalena W26	4) Coetzer, Dida W27	
7	PE Masters-NMA	W100 A	NT
	1) Vermeulen, Estee W26	2) Coetzee, Jess W24	
	3) Henderson, Delwen W31	4) Smith, Carmen W29	

**Event 32 Men 4x50 LC Meter Medley Relay**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
<b>Heat 1 of 6 Finals</b>			
1	Coelacanth-TSH	M280 C	3:58.00
	1) Harrop-Allin, Anton M74	2) Coetzer, Hendrik M64	
	3) de Beer, David M57	4) Beukes, Ted M89	
2	Wahoo-JHB	M280 B	3:10.00
	1) Myers, Winton M75	2) Neu-Ner, Mike M72	
	3) Selmer-Olsen, Sam M67	4) Mitchell, Tocher M72	
3	Synergy-ETH	M280 A	2:46.00
	1) Cameron, Mike M83	2) Foster, Ted M59	
	3) Bolstridge, Mike M70	4) van Rooijen, Gerhard M69	
4	Cape Town-CPT	M280 A	2:33.00
	1) Winfield, Mike M64	2) Tozer, Tyrone M69	
	3) McLachlan, Dave M82	4) Howieson, Doug M67	
5	Coelacanth-TSH	M280 A	2:40.00
	1) Downes, Terry M70	2) van Lingen, Franco M70	
	3) Arbutnot, Dave M66	4) Fyfe, Derek M79	
6	Wahoo-JHB	M280 A	3:05.00
	1) Garson, John M81	2) Miller, Mervyn M67	
	3) Pryke, Michael M69	4) Felix, Martin M63	
7	Coelacanth-TSH	M280 B	3:35.00
	1) Knoetze, Hugo M66	2) Jennings, Ross M74	
	3) Phielix, Huibert M77	4) Swanepoel, Pieter M70	
8	Amakhosi-BUF	M280 A	NT
	1) Briceland, Terry M88	2) Braithwaite, Hugh M78	
	3) vd Zee, Huib M72	4) Wallace, Ronald M78	
<b>Heat 2 of 6 Finals</b>			
2	Amakhosi-BUF	M160 A	NT
	1) Briceland, Gary M59	2) Webster, Craig M55	
	3) Rowe, Daryan M34	4) Westgate, Rod M47	
3	Coelacanth-TSH	M160 B	2:36.00
	1) Carstens, FC M49	2) Theron, Hennie M48	
	3) van Wyk, Adriaan M42	4) Durrant, Gary M53	
4	Waterborn-JHB	M160 A	NT
	1) van Olst, Marc M44	2) Smith, Damian M52	
	3) Turner, Mark M41	4) Collins, Tom M52	
5	MEGA-EKU	M240 B	2:58.00
	1) Kaspers, Harry M61	2) Vile, Danny M67	
	3) Semple, Mike M62	4) Nel, Andre M56	
6	Coelacanth-TSH	M240 B	3:10.00
	1) Jv Vuuren, Christo M64	2) Sundelowitz, Selwyn M69	
	3) Jv Rensburg, Henk M59	4) Burger, Francois M70	

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**Heat 3 Finals (#32 Men 4x50 LC Meter Medley Relay)**

1	MEGA-EKU	M240 A	2:52.00
	1) Gordon-Davis, Keith M59	2) Gordon-Davis, Colin M64	
	3) Summers, Mike M59	4) Gordon-Davis, Brian M66	
2	Cape Town-CPT	M240 B	2:41.00
	1) Morrison, Allen M71	2) Olivier, Marais M56	
	3) Hodges, Mark M66	4) Kloos, Rainer M64	
3	Coelacanth-TSH	M240 A	2:27.00
	1) Gittings, Armour M60	2) van Dyk, Eric M57	
	3) Pretorius, Boet M66	4) van Niekerk, Johan M66	
4	Cape Town-CPT	M240 A	2:08.00
	1) Orton, Nick M56	2) du Toit, Graham M59	
	3) Steynberg, Andre M63	4) Cones, Nigel M64	
5	PE Masters-NMA	M240 A	2:17.00
	1) Reen, Nick M65	2) McLellan, Neil M60	
	3) Clarke, Brian M55	4) Burri, Markus M62	
6	Synergy-ETH	M240 A	2:29.00
	1) Hughes, Jimmy M76	2) Baker, Tony M63	
	3) Bromfield, Brendan M53	4) Upneck, Russell M63	
7	Phoenix-JHB	M240 A	2:49.00
	1) Maltby, Derek M72	2) Greaves, Gordon M53	
	3) Petersen, John M74	4) Carmona, Sergio M48	
8	PE Masters-NMA	M240 B	2:56.00
	1) Searle, Francis M70	2) van Rensburg, Wade M44	
	3) Wessels, Gordon M63	4) Saunders, Brian M76	

**Heat 4 of 6 Finals**

1	PE Masters-NMA	M200 C	2:50.00
	1) Searle, Alan M45	2) Pattinson, Kenneth M55	
	3) Hougaard, Emil M55	4) Barnes, Mark M53	
2	Synergy-ETH	M200 A	2:23.00
	1) Boulle, Juan M52	2) Fechter, Wolfgang M58	
	3) Clark, David M52	4) van Reenen, Tyrel M38	
3	Cape Town-CPT	M200 B	2:14.00
	1) Spenceley, Gordon M48	2) Hendricks, Nigel M61	
	3) Steenkamp, Neil M42	4) Steyn, Glenn M59	
4	Cape Town-CPT	M200 A	2:05.00
	1) McLeRoth, Greg M52	2) Gilbert, Oliver M49	
	3) Holshausen, Rod M61	4) Turner, Andrew M46	
5	PE Masters-NMA	M200 A	2:13.00
	1) Richards, Kevin M55	2) Lock, Brendan M49	
	3) Hough, Greg M47	4) Duffy, PJ M49	
6	Coelacanth-TSH	M200 A	2:18.00
	1) Rankin, Bruce M55	2) Stanton, Craig M51	
	3) Neumann, Andy M49	4) vd Watt, Riaan M52	
7	PE Masters-NMA	M200 B	2:43.00
	1) Grobler, Stoffel M55	2) Forsythe, Nicholas M42	
	3) Henry, Marty M55	4) West, Ralph M58	
8	Coelacanth-TSH	M200 B	3:40.00
	1) Swart, Matthys M43	2) Townsend, Richard M53	
	3) Jay, Willie M49	4) von Geysso, Carl M67	

**Heat 5 of 6 Finals**

1	Wahoo-JHB	M160 B	2:15.00
	1) Collins, Stuart M45	2) Aken, Warren M36	
	3) O'Mahony, Andrew M33	4) Tustin, Royden M57	
2	Free State-MAN	M160 A	2:10.00
	1) Muller, Johan M49	2) Venter, Henk M45	
	3) Yazbek, Victor M44	4) Browning, Sias M43	
3	Synergy-ETH	M160 A	2:09.00
	1) du Plessis, Trevor M49	2) vd Westhuizen, Stefan M50	
	3) Lilford, Frank M50	4) Allan, Marc M42	
4	Cape Town-CPT	M160 A	1:57.00
	1) Lalin, Luke M36	2) Joubert, Jacques M36	
	3) Clark, Tyrone M48	4) Richards, Jay M42	
5	PE Masters-NMA	M160 A	2:01.00
	1) Kahn, Greg M49	2) Bailes, Murray M37	
	3) Heath, Johan M39	4) Reen, Brad M43	
6	Coelacanth-TSH	M160 A	2:10.00
	1) Albertyn, Gary M50	2) Potgieter, Wim M51	
	3) Welsh, John M41	4) Swartz, Lambert M34	
7	Wahoo-JHB	M160 A	2:15.00
	1) Pieters, Jacques M46	2) Gasson, Martin M46	
	3) von Bardeleben, Theo M55	4) Crowther, Bobbie M50	
8	PE Masters-NMA	M160 B	2:16.00
	1) Muller, Jacques M41	2) Ackermann, Kevin M43	
	3) Serfontein, Barry M46	4) Mowbray, Chris M43	

**Heat 6 of 6 Finals**

3	Coelacanth-TSH	M120 B	2:20.00
	1) Bouwer, Shaun M31	2) van Rooy, Corneille M30	
	3) Crous, Kobus M37	4) Jacobsz, Willie M45	
4	Coelacanth-TSH	M120 A	1:57.00
	1) Ruck, Harald M54	2) Potgieter, Marku M27	
	3) Meyer, Arno M27	4) Crous, Francois M41	
5	Wahoo-JHB	M120 A	2:10.00
	1) Botes, Romeo M31	2) Parkin, Terence M39	
	3) Fubbs, Matthew M47	4) Erasmus, Jaco M41	
6	Cape Town-CPT	M100 A	2:04.00
	1) Guy, Jonathan M28	2) Meth, Meth M27	
	3) Gale, Brad M39	4) Winfield, Philip M25	