

**South African Masters Swimming 35th LC Champs**  
**20-23 March 2019 at the Newton Park pool Port Elizabeth**  
**Meet Program - Thursday afternoon**

**Event 19 Men 4x50 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 7 Finals**

3	Amakhosi-BUF	M280 A	NT
	1) Wallace, Ronald M78	2) Braithwaite, Hugh M78	
	3) vd Zee, Huib M72	4) Barson, Tony M70	
4	Waterborn-JHB	M200 A	NT
	1) Grobler, Francois M51	2) Lotkin, Roy M60	
	3) Gray, Garth M57	4) Turner, Mark M41	
5	Fish Eagles-EDD	M240 A	2:55.00
	1) Fourie, Deon M61	2) McDonald, Mike M74	
	3) O'Dea, Dermot M73	4) Weideman, Andre M48	

**Heat 2 of 7 Finals**

1	Coelacanth-TSH	M280 B	2:56.00
	1) van Lingen, Franco M70	2) Knoetze, Hugo M66	
	3) Jennings, Ross M74	4) Swanepoel, Pieter M70	
2	Wahoo-JHB	M280 A	2:40.00
	1) Mitchell, Tocher M72	2) Myers, Winton M75	
	3) Neu-Ner, Mike M72	4) Felix, Martin M63	
3	Cape Town-CPT	M280 B	2:20.00
	1) Howieson, Doug M67	2) Morrison, Allen M71	
	3) Cheadle, Halton M70	4) du Toit, Francois M72	
4	Coelacanth-TSH	M280 A	2:14.00
	1) Downes, Terry M70	2) Fyfe, Derek M79	
	3) van Niekerk, Johan M66	4) Arbuthnot, Dave M66	
5	Cape Town-CPT	M280 A	2:15.00
	1) Tozer, Tyrone M69	2) McLachlan, Dave M82	
	3) Hodges, Mark M66	4) Winfield, Mike M64	
6	Synergy-ETH	M280 A	2:24.00
	1) Hughes, Jimmy M76	2) Crutchley, Anthony M69	
	3) van Rooijen, Gerhard M69	4) Bolstridge, Mike M70	
7	Wahoo-JHB	M280 B	2:55.00
	1) Hutchings, Peter M84	2) Pryke, Michael M69	
	3) Scholtemayer, Kobus M62	4) Selmer-Olsen, Sam M67	
8	Coelacanth-TSH	M280 C	3:51.00
	1) Harrop-Allin, Anton M74	2) Phielix, Huibert M77	
	3) Beukes, Ted M89	4) de Lange, Stef M71	

**Heat 3 of 7 Finals**

2	Amakhosi-BUF	M200 A	NT
	1) Westgate, Rod M47	2) Skidmore, Kerry M53	
	3) Webster, Craig M55	4) Briceland, Gary M59	
3	MEGA-EKU	M200 A	2:12.00
	1) Summers, Mike M59	2) Nel, Andre M56	
	3) Whistler, Brian M49	4) Semple, Mike M62	
4	PE Masters-NMA	M200 B	2:30.00
	1) Henry, Marty M55	2) Hougaard, Emil M55	
	3) Pattinson, Kenneth M55	4) Ackermann, Kevin M43	

**Heat 4 of 7 Finals**

1	MEGA-EKU	M240 A	2:37.00
	1) Gordon-Davis, Colin M64	2) Vile, Danny M67	
	3) Gordon-Davis, Keith M59	4) Gordon-Davis, Brian M66	
2	PE Masters-NMA	M240 B	2:19.00
	1) Mowbray, Nick M40	2) Searle, Francis M70	
	3) Saunders, Brian M76	4) West, Ralph M58	
3	Synergy-ETH	M240 A	2:12.00
	1) Fechter, Wolfgang M58	2) Baker, Tony M63	
	3) Foster, Ted M59	4) Upneck, Russell M63	
4	Cape Town-CPT	M240 A	1:53.00
	1) Steynberg, Andre M63	2) Hendricks, Nigel M61	
	3) Orton, Nick M56	4) Cones, Nigel M64	
5	PE Masters-NMA	M240 A	2:05.00
	1) Reen, Nick M65	2) Grobler, Stoffel M55	
	3) Wessels, Gordon M63	4) Burri, Markus M62	
6	Coelacanth-TSH	M240 A	2:13.00
	1) Gittings, Armour M60	2) Pretorius, Boet M66	
	3) Jv Rensburg, Henk M59	4) van Dyk, Eric M57	
7	Phoenix-JHB	M240 A	2:22.00
	1) Petersen, John M74	2) Rivers, Andy M73	
	3) Greaves, Gordon M53	4) Carmona, Sergio M48	
8	Coelacanth-TSH	M240 B	2:48.00
	1) Burger, Francois M70	2) Coetzer, Hendrik M64	
	3) von Geyso, Carl M67	4) de Beer, David M57	

**Heat 5 of 7 Finals**

1	Cape Town-CPT	M200 B	2:07.00
	1) Meth, Meth M27	2) Olivier, Marais M56	
	3) Kloos, Rainer M64	4) Steyn, Glenn M59	
2	Synergy-ETH	M200 A	2:01.00
	1) Bromfield, Brendan M53	2) Clark, David M52	
	3) Boule, Juan M52	4) vd Westhuizen, Stefan M50	
3	Cape Town-CPT	M200 A	1:53.00
	1) McLeRoth, Greg M52	2) Clark, Tyrone M48	
	3) Gilbert, Oliver M49	4) du Toit, Graham M59	
4	Free State-MAN	M200 A	1:45.00
	1) Kitsopoulos, Stravos M68	2) Browning, Sias M43	
	3) Muller, Johan M49	4) Yazbek, Victor M44	
5	PE Masters-NMA	M200 A	1:53.00
	1) Mowbray, Chris M43	2) Hough, Greg M47	
	3) Clarke, Brian M55	4) Richards, Kevin M55	
6	Coelacanth-TSH	M200 A	1:53.00
	1) Albertyn, Gary M50	2) Jacobsz, Willie M45	
	3) Stanton, Craig M51	4) Ruck, Harald M54	
7	Wahoo-JHB	M200 A	2:05.00
	1) Tustin, Royden M57	2) Fubbs, Matthew M47	
	3) Collins, Stuart M45	4) von Bardeleben, Theo M55	
8	Coelacanth-TSH	M200 B	2:10.00
	1) Carstens, FC M49	2) Durrant, Gary M53	
	3) Rankin, Bruce M55	4) Theron, Hennie M48	

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**Heat 6 Finals (#19 Men 4x50 LC Meter Freestyle Relay)**

1	Coelacanth-TSH	M160 B	3:07.00
	1) Coetzer, Coenraad M32	2) Swart, Matthys M43	
	3) Jay, Willie M49	4) Townsend, Richard M53	
2	PE Masters-NMA	M160 B	2:00.00
	1) Forsythe, Nicholas M42	2) Serfontein, Barry M46	
	3) Muller, Jacques M41	4) Heath, Johan M39	
3	Wahoo-JHB	M160 A	1:55.00
	1) Erasmus, Jaco M41	2) Botes, Romeo M31	
	3) Gasson, Martin M46	4) Pieters, Jacques M46	
4	Cape Town-CPT	M160 A	1:46.00
	1) Lalin, Luke M36	2) Gale, Brad M39	
	3) Turner, Andrew M46	4) Richards, Jay M42	
5	PE Masters-NMA	M160 A	1:48.00
	1) Reen, Brad M43	2) Bailes, Murray M37	
	3) Duffy, PJ M49	4) Kahn, Greg M49	
6	Synergy-ETH	M160 A	1:57.00
	1) du Plessis, Trevor M49	2) van Reenen, Tyrel M38	
	3) Lilford, Frank M50	4) Allan, Marc M42	
7	Coelacanth-TSH	M160 A	2:03.00
	1) van Wyk, Adriaan M42	2) Morgan, Colin M53	
	3) Neumann, Andy M49	4) Potgieter, Wim M51	

**Heat 7 of 7 Finals**

3	Wahoo-JHB	M120 A	2:10.00
	1) Parkin, Terence M39	2) Aken, Warren M36	
	3) O'Mahony, Andrew M33	4) Crowther, Bobbie M50	
4	Cape Town-CPT	M120 A	1:49.00
	1) Guy, Jonathan M28	2) Winfield, Philip M25	
	3) Steenkamp, Neil M42	4) Joubert, Jacques M36	
5	Coelacanth-TSH	M120 A	1:53.00
	1) Swartz, Lambert M34	2) Crous, Kobus M37	
	3) Welsh, John M41	4) Crous, Francois M41	
6	Coelacanth-TSH	M100 A	1:55.00
	1) Meyer, Arno M27	2) van Rooy, Corneille M30	
	3) Bouwer, Shaun M31	4) Potgieter, Marku M27	

**Event 20 Women 4x50 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 7 Finals**

1	Coelacanth-TSH	W280 B	3:59.00
	1) Burger, Rita W74	2) Hurwitz, Salome W77	
	3) Vorwerk Marren, Ingrid W68	4) Rees, Jane W75	
2	Synergy-ETH	W280 A	3:00.00
	1) Angelos, Merle W74	2) Tregenna, Gill W77	
	3) Clark, Rosemary W71	4) Shuttleworth, Bev W72	
3	Phoenix-JHB	W280 A	2:32.40
	1) Davie, Clare W63	2) Hulley, Jane W77	
	3) Jones, Anne W74	4) Mons, Maureen W68	
4	Coelacanth-TSH	W280 A	3:20.00
	1) Sandri, Angelika W69	2) Fyfe, Joyce W72	
	3) Hanson, Ann W81	4) Wild, Gail W63	
5	Cape Dolphins-CPT	W240 A	NT
	1) Clark, Jeannette W58	2) Matley, Terry W62	
	3) Brimble, Mairi W64	4) Young, Cheryl W60	
6	Fish Eagles-EDD	W240 A	3:30.00
	1) Dixon, Judy W78	2) Griffiths, Cheryl W75	
	3) Farrelly, Lanie W57	4) Black, Jill W62	
7	Wahoo-JHB	W240 A	3:58.00
	1) O'Mahony, Pearl W42	2) Thompson, Jean W68	
	3) Adan, Marilyn W68	4) Lawless, Helen W70	

**Heat 2 of 7 Finals**

1	Synergy-ETH	W240 A	2:52.00
	1) Schiever, Joan W58	2) Llyod, Dawn W61	
	3) Thompson, Terry W57	4) Bailey, Coleen W65	
2	Phoenix-JHB	W240 A	2:43.00
	1) Rollnick, Marissa W68	2) Crawford, Linda W69	
	3) Vorster, Merryll W63	4) Hulley, Charlotte W49	
3	Coelacanth-TSH	W240 A	2:22.00
	1) Verryn, Sabine W58	2) Trusler, Ingrid W60	
	3) vd Berg, Elsje W63	4) Foster, Kim W60	
4	Cape Town-CPT	W240 A	2:10.00
	1) Kruger, Sanderina W70	2) Degenaar, Jean W59	
	3) McCarney, Gail W60	4) Coetzee, Di W64	
5	Free State-MAN	W240 A	2:15.00
	1) Richards, Lynette W61	2) van Niekerk, Carolyn W46	
	3) Loxton, Shani W69	4) Lion-Cachet, Amelia W64	
6	Cape Town-CPT	W240 B	2:28.00
	1) Welgemoed, Janine W58	2) Winfield, Melinda W58	
	3) Donnelly, Chris W62	4) Brewis, Judy W65	
7	PE Masters-NMA	W240 A	2:43.00
	1) Hayselden, Jax W63	2) Reen, Pat W62	
	3) Rosser, Wendy W79	4) Harrington, Ren W66	
8	Synergy-ETH	W240 B	3:16.00
	1) Griffiths, Bronwen W65	2) Berridge, Barbara W68	
	3) Robinson, Sue W62	4) Goldstein, Heather W63	

**Heat 3 of 7 Finals**

3	Amakhosi-BUF	W160 B	NT
	1) Coetzer, Sharon W46	2) Louw, Adrilize W43	
	3) Prentis, Catherine W43	4) Birch, Tazlin W30	
4	Waterborn-JHB	W200 A	NT
	1) Mason, Carol W56	2) du Rand, Dawn W60	
	3) Anderssen, Kim W47	4) Stojakovic, Dael W67	
5	MEGA-EKU	W200 A	2:58.00
	1) van Biljon, Deidre W47	2) Semple, Kalan W26	
	3) Roets, Gillian W62	4) Meaker, Jane W71	
6	Amakhosi-BUF	W200 A	NT
	1) MacKenzie, Carla W64	2) Dreyer, Liz W51	
	3) Galloway, Marion W56	4) van Nierop, Nicky W56	

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**Heat 4 Finals (#20 Women 4x50 LC Meter Freestyle Relay)**

1	PE Masters-NMA	W200 A	2:30.00
	1) Meintjes, Liese W47		
	3) Potts, Jenny W49		
2	Synergy-ETH	W200 B	2:18.00
	1) Frenzel, Petra W50		
	3) vd Merwe, Odette W43		
3	Synergy-ETH	W200 A	2:09.00
	1) Webb, Simone W40		
	3) Thatcher, Annette W67		
4	Cape Town-CPT	W200 A	2:03.00
	1) Ottermann, Edith W53		
	3) Amner, Claire W45		
5	Coelacanth-TSH	W200 A	2:07.00
	1) Victor-vd Berg, Yvette W40		
	3) Botha, Monica W53		
6	Cape Town-CPT	W200 B	2:17.00
	1) Gannon, Leigh W46		
	3) Fuchs, Mandi W55		
7	Coelacanth-TSH	W200 B	2:29.00
	1) Dorlas, Sandra W53		
	3) Kotze, Debbie W58		
8	Wahoo-JHB	W200 A	2:45.00
	1) Osborne, Lisa W49		
	3) Gilmartin, Theresa W61		

**Heat 5 of 7 Finals**

1	Fish Eagles-EDD	W160 A	2:55.00
	1) Roos, Moneque W36		
	3) Osborne, Tanya W46		
2	PE Masters-NMA	W160 B	2:45.00
	1) Mew, Lerryn W44		
	3) McLellan, Jill W51		
3	PE Masters-NMA	W160 A	2:15.00
	1) vd Merwe, Liz W50		
	3) Viljoen, Sharon W48		
4	Cape Town-CPT	W160 A	2:02.00
	1) Cadiz, Perry W43		
	3) King, Simone W39		
5	Synergy-ETH	W160 A	2:03.00
	1) Cook, Wendy W49		
	3) Hambloch, Carina W40		
6	Coelacanth-TSH	W160 A	2:20.00
	1) Boshoff, Anneke W47		
	3) van Wyk, Lee W43		
7	Coelacanth-TSH	W160 B	2:49.00
	1) Homveld, Jade W53		
	3) Sharp, Debbie W52		
8	Amakhosi-BUF	W160 A	NT
	1) Pienaar, Elmarie W55		
	3) Skidmore, Sue W51		

**Heat 6 of 7 Finals**

2	Coelacanth-TSH	W120 A	2:39.00
	1) Homveld, Alexis W27		
	3) Coetzer, Dida W27		
3	PE Masters-NMA	W120 A	2:03.00
	1) Holmes, Maria W40		
	3) Reen, Kelli W41		
4	Cape Town-CPT	W120 A	1:58.00
	1) Abels, Fadia W27		
	3) Stanford, Tarryn W33		
5	Wahoo-JHB	W120 A	2:00.00
	1) Fagan, Jaki W44		
	3) Baikie, Rivelle W27		
6	PE Masters-NMA	W120 B	2:14.00
	1) Gous, Tracy W43		
	3) Henderson, Delwen W31		
7	Coelacanth-TSH	W120 B	3:09.00
	1) van Wyk, Talita W40		
	3) Johns, Catherine W38		

**Heat 7 of 7 Finals**

3	PE Masters-NMA	W100 A	2:27.00
	1) Smith, Carmen W29		
	3) Coetzee, Jess W24		
4	Coelacanth-TSH	W100 A	2:20.00
	1) Koller, Maxine W30		
	3) Vreenegoor, Joanne W37		
5	Wahoo-JHB	W100 A	2:20.00
	1) McNaught, Lisa W27		
	3) Schoeman-Struwig, Nina W30		

2) Fogg, Tarryn W32
4) Struwig, Nicky W47
2) Saporta, Antonelle W39
4) Humphreys, Lindi W34
2) Scott, Lucy W25
4) Nurse, Kathryn W40
2) Troup, Bianca W45
4) Strydom, Cyndi W32
2) Hains, Kerry W45
4) Woods, Keri W37
2) Smart, Joanne W39
4) Coetzer, Danielle W34
2) Simpson, Christine W34
4) Vermeulen, Estee W26
2) Odendaal, Dalena W26
4) Ledbitter, Dawn W26
2) Barit, Chavah W24
4) Jamieson, Kelly W31