

**South African Masters Swimming 35th LC Champs**  
**20-23 March 2019 at the Newton Park pool Port Elizabeth**  
**Meet Program - Wednesday afternoon**

**Event 5 Mixed 4x50 LC Meter Freestyle Relay**

| Lane                       | Team                          | Relay                       | Seed Time |
|----------------------------|-------------------------------|-----------------------------|-----------|
| <b>Heat 1 of 11 Finals</b> |                               |                             |           |
| 2                          | Coelacanth-TSH                | X280 D                      | 3:56.00   |
|                            | 1) de Lange, Stef M71         | 2) Nell, Margaret W65       |           |
|                            | 3) Rees, Jane W75             | 4) Phielix, Huibert M77     |           |
| 3                          | Fish Eagles-EDD               | X280 A                      | 3:25.00   |
|                            | 1) McDonald, Mike M74         | 2) Dixon, Judy W78          |           |
|                            | 3) Griffiths, Cheryl W75      | 4) O'Dea, Dermot M73        |           |
| 4                          | Coelacanth-TSH                | X280 C                      | 3:16.00   |
|                            | 1) Swanepoel, Pieter M70      | 2) Fyfe, Joyce W72          |           |
|                            | 3) Vorwerk Marren, Ingrid W68 | 4) Burger, Francois M70     |           |
| 5                          | Wahoo-JHB                     | X280 B                      | 3:55.00   |
|                            | 1) Hutchings, Peter M84       | 2) Thompson, Jean W68       |           |
|                            | 3) Ferreira, Mercia W70       | 4) Myers, Winton M75        |           |
| 6                          | Synergy-ETH                   | X320 A                      | 3:38.00   |
|                            | 1) Saunders, Wendy W84        | 2) Tregenna, Gill W77       |           |
|                            | 3) Saunders, Jim M82          | 4) Cameron, Mike M83        |           |
| 7                          | Coelacanth-TSH                | X320 A                      | 3:53.00   |
|                            | 1) Jennings, Ross M74         | 2) Hurwitz, Salome W77      |           |
|                            | 3) Hanson, Ann W81            | 4) Beukes, Ted M89          |           |
| <b>Heat 2 of 11 Finals</b> |                               |                             |           |
| 1                          | Wahoo-JHB                     | X280 A                      | 2:55.00   |
|                            | 1) Garson, John M81           | 2) Lawless, Helen W70       |           |
|                            | 3) Alder, Elaine W62          | 4) Mitchell, Tocher M72     |           |
| 2                          | Cape Town-CPT                 | X280 B                      | 2:38.00   |
|                            | 1) du Toit, Francois M72      | 2) Rix, Tricia W76          |           |
|                            | 3) Donnelly, Chris W62        | 4) Cheadle, Halton M70      |           |
| 3                          | Phoenix-JHB                   | X280 A                      | 2:25.40   |
|                            | 1) Davie, Clare W63           | 2) Rivers, Andy M73         |           |
|                            | 3) Jones, Anne W74            | 4) Petersen, John M74       |           |
| 4                          | Cape Town-CPT                 | X280 A                      | 2:10.00   |
|                            | 1) Kruger, Sanderina W70      | 2) McLachlan, Dave M82      |           |
|                            | 3) Coetzee, Di W64            | 4) Tozer, Tyrone M69        |           |
| 5                          | Synergy-ETH                   | X280 A                      | 2:20.00   |
|                            | 1) Hughes, Jimmy M76          | 2) Bromfield, Morag W67     |           |
|                            | 3) Thatcher, Annette W67      | 4) Bolstridge, Mike M70     |           |
| 6                          | Coelacanth-TSH                | X280 A                      | 2:34.00   |
|                            | 1) Downes, Terry M70          | 2) vd Berg, Elsje W63       |           |
|                            | 3) Sandri, Angelika W69       | 4) Fyfe, Derek M79          |           |
| 7                          | Synergy-ETH                   | X280 B                      | 2:41.00   |
|                            | 1) Clark, Rosemary W71        | 2) Shuttleworth, Bev W72    |           |
|                            | 3) Crutchley, Anthony M69     | 4) van Rooijen, Gerhard M69 |           |
| 8                          | Coelacanth-TSH                | X280 B                      | 3:11.00   |
|                            | 1) van Lingen, Franco M70     | 2) Burger, Rita W74         |           |
|                            | 3) Wild, Gail W63             | 4) Harrop-Allin, Anton M74  |           |

**Heat 3 of 11 Finals**

|   |                          |                            |         |
|---|--------------------------|----------------------------|---------|
| 2 | Amakhosi-BUF             | X240 A                     | NT      |
|   | 1) Barson, Tony M70      | 2) Briceland, Terry M88    |         |
|   | 3) Burbidge, Flo W55     | 4) van Nierop, Nicky W56   |         |
| 3 | Wahoo-JHB                | X240 A                     | 2:50.00 |
|   | 1) Selmer-Olsen, Sam M67 | 2) Gilmartin, Theresa W61  |         |
|   | 3) Adan, Marilyn W68     | 4) Felix, Martin M63       |         |
| 4 | PE Masters-NMA           | X240 B                     | 2:34.00 |
|   | 1) Hayselden, Jax W63    | 2) Searle, Francis M70     |         |
|   | 3) Harrington, Ren W66   | 4) Muller, Jacques M41     |         |
| 5 | Coelacanth-TSH           | X240 C                     | 2:36.00 |
|   | 1) Pretorius, Boet M66   | 2) Boucher, Marieke W56    |         |
|   | 3) Grobler, Jana W54     | 4) Sundelowitz, Selwyn M69 |         |
| 6 | Coelacanth-TSH           | X240 D                     | 2:58.00 |
|   | 1) Jv Rensburg, Henk M59 | 2) Bruining, Carol W59     |         |
|   | 3) Arbuthnot, Cheryl W61 | 4) von Geysso, Carl M67    |         |
| 7 | Amakhosi-BUF             | X240 B                     | NT      |
|   | 1) Briceland, Gary M59   | 2) vd Zee, Huib M72        |         |
|   | 3) Galloway, Marion W56  | 4) Pienaar, Elmarie W55    |         |

**Heat 4 of 11 Finals**

|   |                           |                          |         |
|---|---------------------------|--------------------------|---------|
| 1 | Coelacanth-TSH            | X240 B                   | 2:16.00 |
|   | 1) van Niekerk, Johan M66 | 2) Foster, Kim W60       |         |
|   | 3) Kotze, Debbie W58      | 4) van Dyk, Eric M57     |         |
| 2 | Cape Town-CPT             | X240 C                   | 2:14.00 |
|   | 1) Steyn, Glenn M59       | 2) Welgemoed, Janine W58 |         |
|   | 3) Brewis, Judy W65       | 4) du Toit, Graham M59   |         |
| 3 | Cape Town-CPT             | X240 B                   | 2:11.00 |
|   | 1) Winfield, Mike M64     | 2) Bihl, Kate W49        |         |
|   | 3) McCarney, Gail W60     | 4) Howieson, Doug M67    |         |
| 4 | Cape Town-CPT             | X240 A                   | 2:01.00 |
|   | 1) Steynberg, Andre M63   | 2) Degenaar, Jean W59    |         |
|   | 3) Stanford, Cecilia W58  | 4) Hendricks, Nigel M61  |         |
| 5 | Coelacanth-TSH            | X240 A                   | 2:07.00 |
|   | 1) Gittings, Armour M60   | 2) Trusler, Ingrid W60   |         |
|   | 3) Verryn, Sabine W58     | 4) Arbuthnot, Dave M66   |         |
| 6 | PE Masters-NMA            | X240 A                   | 2:14.00 |
|   | 1) Wessels, Gordon M63    | 2) Hains, Kerry W45      |         |
|   | 3) Rosser, Wendy W79      | 4) Burri, Markus M62     |         |
| 7 | Synergy-ETH               | X240 A                   | 2:14.00 |
|   | 1) Campbell, Heather W64  | 2) Bailey, Coleen W65    |         |
|   | 3) Upneck, Russell M63    | 4) Lilford, Frank M50    |         |
| 8 | Winelands-CPT             | X240 A                   | 2:26.00 |
|   | 1) Frost, David M61       | 2) Louw, Niki W64        |         |
|   | 3) Sharkey, Therese W64   | 4) Burger, Piet M56      |         |

**Heat 5 of 11 Finals**

|   |                             |                           |         |
|---|-----------------------------|---------------------------|---------|
| 2 | Amakhosi-BUF                | X200 A                    | NT      |
|   | 1) Webster, Craig M55       | 2) Westgate, Rod M47      |         |
|   | 3) MacKenzie, Carla W64     | 4) Dreyer, Liz W51        |         |
| 3 | Coelacanth-TSH              | X200 E                    | 4:04.00 |
|   | 1) Jay, Willie M49          | 2) Wallace, Bev W53       |         |
|   | 3) Jv Vuuren, Hannatjie W60 | 4) Townsend, Richard M53  |         |
| 4 | PE Masters-NMA              | X200 C                    | 2:35.00 |
|   | 1) Hougaard, Emil M55       | 2) Potts, Jenny W49       |         |
|   | 3) Boden, Tracey W54        | 4) Pattinson, Kenneth M55 |         |
| 5 | Coelacanth-TSH              | X200 D                    | 2:43.00 |
|   | 1) Coetzer, Hendrik M64     | 2) Struwig, Nicky W47     |         |
|   | 3) le Grange, Jacqui W48    | 4) de Beer, David M57     |         |
| 6 | Waterborn-JHB               | X200 A                    | NT      |
|   | 1) Mason, Carol W56         | 2) Grobler, Francois M51  |         |
|   | 3) Anderssen, Kim W47       | 4) Collins, Tom M52       |         |

**South African Masters Swimming 35th LC Champs**  
**20-23 March 2019 at the Newton Park pool Port Elizabeth**  
**Meet Program - Wednesday afternoon**

**Heat 6 Finals (#5 Mixed 4x50 LC Meter Freestyle Relay)**

|   |                          |                            |          |
|---|--------------------------|----------------------------|----------|
| 1 | Phoenix-JHB              | X200 A                     | 2:22.00  |
|   | 1) Hulley, Charlotte W49 | 2) Greaves, Gordon M53     |          |
|   | 3) Mons, Maureen W68     | 4) Carmona, Sergio M48     |          |
| 2 | Coelacanth-TSH           | X200 C                     | 2:17.00  |
|   | 1) Stanton, Craig M51    | 2) Sharp, Debbie W52       |          |
|   | 3) Boshoff, Anneke W47   | 4) vd Watt, Riaan M52      |          |
| 3 | Synergy-ETH              | X200 B                     | 2:12.00  |
|   | 1) Webb, Simone W40      | 2) Frenzel, Petra W50      |          |
|   | 3) Fechter, Wolfgang M58 | 4) Clark, David M52        |          |
| 4 | Coelacanth-TSH           | X200 B                     | 2:10.00  |
|   | 1) Neumann, Andy M49     | 2) Cleriehow, Rae W47      |          |
|   | 3) Dorlas, Sandra W53    | 4) Potgieter, Wim M51      |          |
| 5 | Synergy-ETH              | X200 A                     | 2:11.00  |
|   | 1) Baker, Tony M63       | 2) vd Merwe, Odette W43    |          |
|   | 3) Kruger, Sam W41       | 4) Bromfield, Brendan M53  |          |
| 6 | Cape Town-CPT            | X200 D                     | 2:16.00  |
|   | 1) Spenceley, Gordon M48 | 2) Southgate, Jennifer W52 |          |
|   | 3) Winfield, Melinda W58 | 4) Holshausen, Rod M61     |          |
| 7 | Marlins-FOR              | X200 A                     | X2:17.00 |
|   | 1) Salamon, Gabor M53    | 2) Mitchell, Zoe W52       |          |
|   | 3) Samson, Jane W53      | 4) Brinkmann, Carl M57     |          |
| 8 | PE Masters-NMA           | X200 B                     | 2:26.00  |
|   | 1) Searle, Alan M45      | 2) Lee, Les W55            |          |
|   | 3) McLellan, Jill W51    | 4) West, Ralph M58         |          |

**Heat 7 of 11 Finals**

|   |                          |                            |         |
|---|--------------------------|----------------------------|---------|
| 1 | Wahoo-JHB                | X200 A                     | 2:10.00 |
|   | 1) Fubbs, Matthew M47    | 2) Osborne, Lisa W49       |         |
|   | 3) Naude, Caren W52      | 4) Tustin, Royden M57      |         |
| 2 | PE Masters-NMA           | X200 A                     | 1:59.00 |
|   | 1) Richards, Kevin M55   | 2) Gous, Tracy W43         |         |
|   | 3) vd Merwe, Liz W50     | 4) Clarke, Brian M55       |         |
| 3 | Cape Town-CPT            | X200 B                     | 1:59.00 |
|   | 1) Turner, Andrew M46    | 2) Amner, Claire W45       |         |
|   | 3) Strauss, Marcelle W55 | 4) Orton, Nick M56         |         |
| 4 | Cape Town-CPT            | X200 A                     | 1:51.00 |
|   | 1) McLeRoth, Greg M52    | 2) Engela, Norelle W47     |         |
|   | 3) Ottermann, Edith W53  | 4) Clark, Tyrone M48       |         |
| 5 | Free State-MAN           | X200 A                     | 1:55.00 |
|   | 1) Richards, Lynette W61 | 2) Schoeman, Danie M58     |         |
|   | 3) Olivier, Lienkie W54  | 4) Venter, Henk M45        |         |
| 6 | PE Masters-NMA           | X200 R                     | 1:59.00 |
|   | 1) Reen, Brad M43        | 2) Reen, Pat W62           |         |
|   | 3) Reen, Kelli W41       | 4) Reen, Nick M65          |         |
| 7 | Coelacanth-TSH           | X200 A                     | 2:03.00 |
|   | 1) Jacobsz, Willie M45   | 2) Dressler, Annemarie W55 |         |
|   | 3) Botha, Monica W53     | 4) Ruck, Harald M54        |         |
| 8 | Cape Town-CPT            | X200 C                     | 2:10.00 |
|   | 1) Gilbert, Oliver M49   | 2) Fuchs, Mandi W55        |         |
|   | 3) Landman, Ingrid W52   | 4) Muller, Mark M44        |         |

**Heat 8 of 11 Finals**

|   |                           |                          |         |
|---|---------------------------|--------------------------|---------|
| 1 | Amakhosi-BUF              | X160 A                   | NT      |
|   | 1) Rowe, Daryan M34       | 2) Skidmore, Kerry M53   |         |
|   | 3) Skidmore, Sue W51      | 4) Skidmore, Pippa W24   |         |
| 2 | Coelacanth-TSH            | X160 C                   | 2:28.00 |
|   | 1) Theron, Hennie M48     | 2) Smart, Joanne W39     |         |
|   | 3) Venter, Karen W45      | 4) Carstens, FC M49      |         |
| 3 | MEGA-EKU                  | X160 A                   | 2:19.00 |
|   | 1) van Biljon, Deidre W47 | 2) Semple, Kalan W26     |         |
|   | 3) Summers, Mike M59      | 4) Semple, Mike M62      |         |
| 4 | PE Masters-NMA            | X160 B                   | 2:06.00 |
|   | 1) Serfontein, Barry M46  | 2) Ogden, Nats W44       |         |
|   | 3) Young, Margie W45      | 4) Hough, Greg M47       |         |
| 5 | PE Masters-NMA            | X160 C                   | 2:14.00 |
|   | 1) Grobler, Stoffel M55   | 2) Viljoen, Sharon W48   |         |
|   | 3) Meintjes, Liese W47    | 4) Ackermann, Kevin M43  |         |
| 6 | Coelacanth-TSH            | X160 B                   | 2:23.00 |
|   | 1) Durrant, Gary M53      | 2) van Wyk, Talita W40   |         |
|   | 3) Isakov, Rachele W49    | 4) Rankin, Bruce M55     |         |
| 7 | Fish Eagles-EDD           | X160 A                   | 2:30.00 |
|   | 1) Fourie, Deon M61       | 2) Osborne, Tanya W46    |         |
|   | 3) Weideman, Andre M48    | 4) Bishop, Pippy W37     |         |
| 8 | Coelacanth-TSH            | X120 C                   | 2:52.00 |
|   | 1) van Wyk, Adriaan M42   | 2) Coetzer, Danielle W34 |         |
|   | 3) Johns, Catherine W38   | 4) Swart, Matthys M43    |         |

**Heat 9 of 11 Finals**

|   |                               |                              |         |
|---|-------------------------------|------------------------------|---------|
| 1 | Synergy-ETH                   | X160 B                       | 2:04.00 |
|   | 1) Irving, Done W39           | 2) Schaanick, Juanine W49    |         |
|   | 3) van Reenen, Tyrel M38      | 4) vd Westhuizen, Stefan M50 |         |
| 2 | PE Masters-NMA                | X160 A                       | 1:54.00 |
|   | 1) Bailes, Murray M37         | 2) Saporta, Antonelle W39    |         |
|   | 3) Holmes, Maria W40          | 4) Kahn, Greg M49            |         |
| 3 | Coelacanth-TSH                | X160 A                       | 1:52.00 |
|   | 1) Crous, Francois M41        | 2) Rolt, Claire W37          |         |
|   | 3) Victor-vd Berg, Yvette W40 | 4) Albertyn, Gary M50        |         |
| 4 | Free State-MAN                | X160 A                       | 1:30.00 |
|   | 1) van Niekerk, Carolyn W46   | 2) Browning, Sias M43        |         |
|   | 3) Lion-Cachet, Amelia W64    | 4) Yazbek, Victor M44        |         |
| 5 | Cape Town-CPT                 | X160 A                       | 1:51.00 |
|   | 1) Richards, Jay M42          | 2) Nurse, Kathryn W40        |         |
|   | 3) Cadiz, Perry W43           | 4) Lalin, Luke M36           |         |
| 6 | Synergy-ETH                   | X160 A                       | 1:54.00 |
|   | 1) Hambloch, Carina W40       | 2) Ralfe, Sally W46          |         |
|   | 3) du Plessis, Trevor M49     | 4) Allan, Marc M42           |         |
| 7 | Cape Town-CPT                 | X160 B                       | 1:55.00 |
|   | 1) Gale, Brad M39             | 2) King, Simone W39          |         |
|   | 3) van Breda, Bridget W44     | 4) Steenkamp, Neil M42       |         |
| 8 | Wahoo-JHB                     | X160 A                       | 2:05.00 |
|   | 1) Crowther, Bobbie M50       | 2) Jamieson, Kelly W31       |         |
|   | 3) Troup, Bianca W45          | 4) von Bardeleben, Theo M55  |         |

**South African Masters Swimming 35th LC Champs**  
**20-23 March 2019 at the Newton Park pool Port Elizabeth**  
**Meet Program - Wednesday afternoon**

**Heat 10 Finals (#5 Mixed 4x50 LC Meter Freestyle Relay)**

|   |                               |        |                            |
|---|-------------------------------|--------|----------------------------|
| 1 | Coelacanth-TSH                | X120 B | 2:09.00                    |
|   | 1) Welsh, John M41            |        | 2) Vreenegoor, Joanne W37  |
|   | 3) van Wyk, Lee W43           |        | 4) Crous, Kobus M37        |
| 2 | PE Masters-NMA                | X120 A | 2:02.00                    |
|   | 1) Mowbray, Chris M43         |        | 2) Humphreys, Lindi W34    |
|   | 3) Henderson, Delwen W31      |        | 4) Duffy, PJ M49           |
| 3 | Wahoo-JHB                     | X120 B | 1:59.00                    |
|   | 1) McNaught, Lisa W27         |        | 2) Gasson, Martin M46      |
|   | 3) Baikie, Rivelle W27        |        | 4) Pieters, Jacques M46    |
| 4 | Cape Town-CPT                 | X120 A | 1:51.00                    |
|   | 1) Joubert, Jacques M36       |        | 2) Stanford, Tarryn W33    |
|   | 3) Abels, Fadia W27           |        | 4) Meth, Meth M27          |
| 5 | Wahoo-JHB                     | X120 A | 1:55.00                    |
|   | 1) Fagan, Jaki W44            |        | 2) Botes, Romeo M31        |
|   | 3) Strydom, Cyndi W32         |        | 4) Erasmus, Jaco M41       |
| 6 | Coelacanth-TSH                | X120 A | 1:59.00                    |
|   | 1) Swartz, Lambert M34        |        | 2) Fraatz, Barbara W53     |
|   | 3) Odendaal, Dalena W26       |        | 4) van Rooy, Corneille M30 |
| 7 | PE Masters-NMA                | X120 B | 2:04.00                    |
|   | 1) Forsythe, Nicholas M42     |        | 2) Vermeulen, Estee W26    |
|   | 3) Smith, Carmen W29          |        | 4) Lock, Brendan M49       |
| 8 | Wahoo-JHB                     | X120 C | 2:25.00                    |
|   | 1) Aken, Warren M36           |        | 2) Barit, Chavah W24       |
|   | 3) Schoeman-Struwig, Nina W30 |        | 4) Collins, Stuart M45     |

**Heat 11 of 11 Finals**

|   |                         |        |                          |
|---|-------------------------|--------|--------------------------|
| 3 | Coelacanth-TSH          | X100 B | 2:33.00                  |
|   | 1) Potgieter, Marku M27 |        | 2) Fogg, Tarryn W32      |
|   | 3) Coetzer, Dida W27    |        | 4) Coetzer, Coenraad M32 |
| 4 | Cape Town-CPT           | X100 A | 1:55.00                  |
|   | 1) Winfield, Philip M25 |        | 2) Scott, Lucy W25       |
|   | 3) Anelli, Tarryn W36   |        | 4) Guy, Jonathan M28     |
| 5 | Coelacanth-TSH          | X100 A | 2:11.00                  |
|   | 1) Meyer, Arno M27      |        | 2) Koller, Maxine W30    |
|   | 3) Ledbitter, Dawn W26  |        | 4) Boucher, Shaun M31    |