

South African Masters Swimming

Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Men 80-84 50 Free								
1	38.96 L	F	Johnston, Don	80	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 80-84 100 Free								
1	1:38.12 L	F	Johnston, Don	80	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 80-84 200 Free								
1	3:45.91 L	F	Johnston, Don	80	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 80-84 400 Free								
1	8:06.42 L	F	Johnston, Don	80	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 80-84 50 Back								
1	1:01.27 L	F	Johnston, Don	80	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	
Men 80-84 100 Back								
1	2:26.65 L	F	Johnston, Don	80	PHOE CG	2009-03-11	SAMS 25th LC Champs @ East Lond	