

## South African Masters Swimming

### Individual Top Times

Times since: 01-May-08 Times until: 30-Apr-09

Number of Top Times: All Show Short Course Only

Time	P/F/S	Name	Age/Yr				
<b>Women 35-39 25 Free</b>							
1	13.91 S	F	Dolkens, Jenni	37	WAHO CG	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit)
2	16.04 S	F	Gow, Melanie	36	DOLP WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
3	16.30 S	F	Neethling, Priscilla	38	WINE WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
<b>Women 35-39 50 Free</b>							
1	29.00 S	F	Anderson, Deborah	37	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road
2	29.81 S	F	Isakov, Rachelle	38	CPTW WP	2008-10-01	SAMS (Consol.) SC Champs @ variou
3	30.74 S	F	Denny, Nicky	35	DOLP WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos
4	31.13 S	F	Dolkens, Jenni	37	WAHO CG	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit)
5	34.57 S	F	Gow, Melanie	36	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou
<b>Women 35-39 100 Free</b>							
1	1:05.75 S	F	Anderson, Deborah	37	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa
2	1:07.19 S	F	Denny, Nicky	35	DOLP WP	2008-09-18	WPMSA (Cape Town) @ Long Street
3	1:11.44 S	F	Dolkens, Jenni	37	WAHO CG	2008-06-22	GMS (Wahoo) @ Wahoo AC (Frostbit)
4	1:17.13 S	F	Gow, Melanie	36	DOLP WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
5	1:23.08 S	F	Neethling, Priscilla	38	WINE WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
<b>Women 35-39 200 Free</b>							
1	2:24.50 S	F	Anderson, Deborah	37	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park
2	2:50.78 S	F	Gow, Melanie	36	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou
<b>Women 35-39 400 Free</b>							
1	5:18.34 S	F	Anderson, Deborah	37	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road
<b>Women 35-39 800 Free</b>							
1	12:23.07 S	F	Gow, Melanie	36	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou
<b>Women 35-39 50 Back</b>							
1	37.49 S	F	Dolkens, Jenni	37	WAHO CG	2008-05-17	GMS (Wahoo) @ Wahoo AC (Frostbit)
<b>Women 35-39 25 Breast</b>							
1	20.54 S	F	Neethling, Priscilla	38	WINE WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
<b>Women 35-39 50 Breast</b>							
1	37.53 S	F	Stott, Britt	37	DOLP WP	2009-04-01	WPMSA @ Long Street
2	37.77 S	F	Denny, Nicky	35	DOLP WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos
3	40.19 S	F	Anderson, Deborah	37	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa
<b>Women 35-39 100 Breast</b>							
1	1:24.13 S	F	Stott, Britt	36	DOLP WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos
2	1:24.53 S	F	Denny, Nicky	35	DOLP WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos
3	1:44.90 S	F	Neethling, Priscilla	38	WINE WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
<b>Women 35-39 200 Breast</b>							
1	2:59.45 S	F	Stott, Britt	36	DOLP WP	2008-09-18	WPMSA (Cape Town) @ Long Street
<b>Women 35-39 25 Fly</b>							
1	18.18 S	F	Neethling, Priscilla	38	WINE WP	2008-11-15	WPMSA (Cape Dolphin) @ Rondebos
<b>Women 35-39 50 Fly</b>							
1	31.48 S	F	Isakov, Rachelle	38	CPTW WP	2008-10-01	SAMS (Consol.) SC Champs @ variou
2	32.28 S	F	Anderson, Deborah	37	EACS KZ	2009-03-29	KZNMSA (Highway) @ Gordon Road
3	34.41 S	F	Dolkens, Jenni	37	WAHO CG	2008-08-16	GMS SC Champs @ Wahoo AC
4	35.67 S	F	Denny, Nicky	35	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou
5	36.08 S	F	Stott, Britt	36	DOLP WP	2008-09-18	WPMSA (Cape Town) @ Long Street
<b>Women 35-39 100 Fly</b>							
1	1:10.65 S	F	Isakov, Rachelle	38	CPTW WP	2008-10-01	SAMS (Consol.) SC Champs @ variou
<b>Women 35-39 100 IM</b>							
1	1:15.07 S	F	Anderson, Deborah	37	EACS KZ	2008-09-07	KZNMSA (East Coast) @ Kings Park
2	1:16.50 S	F	Stott, Britt	37	DOLP WP	2009-04-01	WPMSA @ Long Street
3	1:17.15 S	F	Denny, Nicky	35	DOLP WP	2008-10-01	SAMS (Consol.) SC Champs @ variou

## South African Masters Swimming

---

### Individual Top Times

Times since: 01-May-08    Times until: 30-Apr-09

Number of Top Times: All    Show Short Course Only

	Time	P/F/S	Name	Age/Yr				
<b>Women 35-39 200 IM</b>								
1	2:48.32 S	F	Stott, Britt	36	DOLP WP	2008-08-17	WPMSA (Cape Dolphin) @ Stellenbos	
2	2:49.11 S	F	Anderson, Deborah	37	EACS KZ	2008-12-14	KZNMSA (East Coast) @ Gordon Roa	
<b>Women 35-39 400 IM</b>								
1	5:29.27 S	F	Isakov, Rachelle	38	CPTW WP	2008-10-01	SAMS (Consol.) SC Champs @ variou	
2	6:07.21 S	F	Anderson, Deborah	37	EACS KZ	2008-10-01	SAMS (Consol.) SC Champs @ variou	