

South African Masters Swimming 2007-2008 Season

Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08
Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr				
Men 45-49 25 Free								
1	12.08 S	F	Blackbeard, Paul	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
2	13.36 S	F	Hendricks, Nigel	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
3	14.47 S	F	Holshausen, Rod	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
4	14.82 S	F	Frost, David	49	WINE WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
5	14.97 S	F	Norman, John	45	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)	
6	15.83 S	F	Arendse, Mike	45	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
7	16.81 S	F	du Bruyn, Johan	47	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)	
Men 45-49 50 Free								
1	26.50 S	F	Blades, Alan	48	SEAL KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
2	26.95 S	F	Blackbeard, Paul	49	CPTW WP	2007-09-20	WPMSA (Cape Town) @ Long Street	
3	28.04 S	F	Taylor, Mark	46	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
4	28.15 S	F	Kohler, Quirin	48	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
5	28.77 S	F	Morgan, Trevor	48	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
6	28.87 S	F	Hendricks, Nigel	49	CPTW WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle	
7	29.21 S	F	Watson, Kevin	45	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
8	29.29 S	F	Davies, Richard	48	HIGH KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
9	30.48 S	F	Stonestreet, Mark	47	KWHA CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
10	31.02 S	F	Cotterell, Clive	46	WAHO CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite)	
11	31.20 S	F	Gordon-Davis, Keith	47	UN-CG CG	2007-11-24	GMS (Killer Whales) @ Linden	
12	31.50 S	F	Williams, Graham	46	HIGH KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
13	32.03 S	F	Campher, Marius	48	CPTW WP	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
14	32.06 S	F	Lammers, Gavin	48	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
15	32.07 S	F	Norman, John	45	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)	
16	32.23 S	F	Holshausen, Rod	49	CPTW WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	
17	34.07 S	F	Dreyer, Bertus	45	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)	
18	34.37 S	F	Frost, David	49	WINE WP	2007-07-19	WPMSA (Cape Town) @ Long Street	
19	34.67 S	F	Olivier, Marais	45	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street	
20	35.04 S	F	Arendse, Mike	46	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street	
21	40.42 S	F	Townsend, Michael	45	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
Men 45-49 100 Free								
1	58.16 S	F	Blackbeard, Paul	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
2	58.50 S	F	Blades, Alan	48	SEAL KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
3	1:01.29 S	F	Taylor, Mark	46	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
4	1:02.69 S	F	du Toit, Graham	48	EACS KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa	
5	1:03.48 S	F	Hendricks, Nigel	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
6	1:06.83 S	F	Stonestreet, Mark	47	KWHA CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
7	1:07.84 S	F	Watson, Kevin	45	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
8	1:10.22 S	F	Holshausen, Rod	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
9	1:12.90 S	F	Jv Rensburg, Henk	47	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
10	1:13.18 S	F	Davies, Richard	48	HIGH KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa	
11	1:13.61 S	F	Campher, Marius	48	CPTW WP	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
12	1:14.99 S	F	Frost, David	49	WINE WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
13	1:15.70 S	F	Olivier, Marais	45	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street	
14	1:16.17 S	F	Williams, Graham	46	HIGH KZ	2007-10-14	SAMS (KZNMSA) SC Champs @ Piet	
15	1:18.42 S	F	du Bruyn, Johan	47	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)	
16	1:19.37 S	F	Arendse, Mike	46	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street	
17	1:20.20 S	F	Norman, John	45	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)	
Men 45-49 200 Free								
1	2:09.25 S	F	Blades, Alan	48	SEAL KZ	2007-09-09	KZNMSA (East Coast) @ Kings Park	
2	2:34.47 S	F	Holshausen, Rod	49	CPTW WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	
3	3:05.41 S	F	Dreyer, Bertus	45	WAHO CG	2007-11-24	GMS (Killer Whales) @ Linden	
4	3:12.83 S	F	Arendse, Mike	45	CPTW WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	

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Men 45-49 400 Free								
1	5:57.92 S	F	Jv Rensburg, Henk	47	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
Men 45-49 800 Free								
1	11:17.98 S	F	Holshausen, Rod	49	CPTW WP	2007-09-20	WPMSA (Cape Town) @ Long Street	
2	11:29.80 S	F	Pfaff, Andy	47	DOLP WP	2007-09-20	WPMSA (Cape Town) @ Long Street	
Men 45-49 1500 Free								
1	23:32.21 S	F	Frost, David	49	WINE WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
Men 45-49 25 Back								
1	18.30 S	F	Holshausen, Rod	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
2	19.07 S	F	Frost, David	49	WINE WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
Men 45-49 50 Back								
1	33.28 S	F	du Toit, Graham	47	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
2	33.40 S	F	Morgan, Trevor	48	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
3	33.41 S	F	Taylor, Mark	46	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
4	38.25 S	F	Campher, Marius	48	CPTW WP	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
5	39.74 S	F	Cotterell, Clive	46	WAHO CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite	
6	49.57 S	F	Dreyer, Bertus	45	WAHO CG	2007-11-24	GMS (Killer Whales) @ Linden	
7	1:01.59 S	F	Arendse, Mike	45	CPTW WP	2007-07-19	WPMSA (Cape Town) @ Long Street	
Men 45-49 100 Back								
1	1:10.75 S	F	Taylor, Mark	47	EACS KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa	
2	1:11.84 S	F	du Toit, Graham	48	EACS KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa	
3	1:16.68 S	F	Morgan, Trevor	48	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
4	1:25.09 S	F	Campher, Marius	48	CPTW WP	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
5	1:39.34 S	F	Frost, David	49	WINE WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
Men 45-49 200 Back								
1	3:17.21 S	F	Campher, Marius	48	CPTW WP	2007-11-24	GMS (Killer Whales) @ Linden	
Men 45-49 25 Breast								
1	17.96 S	F	Hendricks, Nigel	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
2	18.51 S	F	Frost, David	49	WINE WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
3	19.88 S	F	Holshausen, Rod	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
4	20.54 S	F	Arendse, Mike	45	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
Men 45-49 50 Breast								
1	36.84 S	F	Lammers, Gavin	48	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
2	37.34 S	F	Taylor, Mark	46	EACS KZ	2007-10-14	SAMS (KZNMSA) SC Champs @ Piet	
3	38.03 S	F	Norman, John	45	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite	
4	38.56 S	F	Williams, Graham	46	HIGH KZ	2007-09-09	KZNMSA (East Coast) @ Kings Park	
5	39.07 S	F	Davies, Richard	48	HIGH KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa	
6	39.10 S	F	Hendricks, Nigel	49	CPTW WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle	
7	39.90 S	F	Folscher, Danie	49	CPTW WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	
8	41.31 S	F	Frost, David	49	WINE WP	2007-07-19	WPMSA (Cape Town) @ Long Street	
9	41.36 S	F	Reeves, Paul	49	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
10	41.56 S	F	Watson, Kevin	45	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
11	42.25 S	F	du Toit, Graham	47	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
12	42.37 S	F	Olivier, Marais	45	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street	
13	44.36 S	F	Arendse, Mike	46	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street	
14	45.22 S	F	Dreyer, Bertus	45	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite	
15	48.70 S	F	Townsend, Michael	45	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
Men 45-49 100 Breast								
1	1:16.81 S	F	du Toit, Graham	48	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
2	1:22.13 S	F	Lammers, Gavin	48	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
3	1:24.61 S	F	Folscher, Danie	49	CPTW WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	
4	1:30.12 S	F	Frost, David	49	WINE WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
5	1:31.18 S	F	Williams, Graham	46	HIGH KZ	2007-09-09	KZNMSA (East Coast) @ Kings Park	

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6	1:31.69 S	F	Davies, Richard	48	HIGH KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac
7	1:33.56 S	F	Olivier, Marais	45	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street
Men 45-49 200 Breast							
1	2:53.41 S	F	du Toit, Graham	47	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park
2	2:59.72 S	F	Folscher, Danie	49	CPTW WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle
3	4:11.80 S	F	Townsend, Michael	45	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor
Men 45-49 25 Fly							
1	13.03 S	F	Blackbeard, Paul	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops
2	14.97 S	F	Hendricks, Nigel	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops
3	15.03 S	F	Holshausen, Rod	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops
4	17.05 S	F	Frost, David	49	WINE WP	2007-11-17	WPMSA (Dolphin) @ Bishops
Men 45-49 50 Fly							
1	28.72 S	F	Blackbeard, Paul	49	CPTW WP	2007-09-20	WPMSA (Cape Town) @ Long Street
2	30.52 S	F	Taylor, Mark	46	EACS KZ	2007-10-14	SAMS (KZNMSA) SC Champs @ Piet
3	31.52 S	F	Kohler, Quirin	48	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
4	31.70 S	F	Watson, Kevin	45	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor
5	32.97 S	F	Hendricks, Nigel	49	CPTW WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle
6	33.69 S	F	Holshausen, Rod	49	CPTW WP	2007-07-19	WPMSA (Cape Town) @ Long Street
7	33.97 S	F	Davies, Richard	48	HIGH KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac
8	34.91 S	F	Gordon-Davis, Keith	47	UN-CG CG	2007-11-24	GMS (Killer Whales) @ Linden
9	35.00 S	F	Williams, Graham	46	HIGH KZ	2007-12-09	KZNMSA (Highway) @ Kings Park
10	36.66 S	F	Lammers, Gavin	48	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac
11	41.73 S	F	Dreyer, Bertus	45	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite
12	46.73 S	F	Arendse, Mike	45	CPTW WP	2007-09-20	WPMSA (Cape Town) @ Long Street
Men 45-49 100 Fly							
1	1:03.66 S	F	Blackbeard, Paul	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops
2	1:14.18 S	F	Holshausen, Rod	49	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops
Men 45-49 100 IM							
1	1:12.82 S	F	Kohler, Quirin	48	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
2	1:15.87 S	F	Hendricks, Nigel	49	CPTW WP	2007-09-20	WPMSA (Cape Town) @ Long Street
3	1:19.43 S	F	Folscher, Danie	49	CPTW WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle
4	1:19.98 S	F	Holshausen, Rod	49	CPTW WP	2007-07-19	WPMSA (Cape Town) @ Long Street
5	1:23.34 S	F	Jv Rensburg, Henk	47	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
6	1:24.96 S	F	Gordon-Davis, Keith	47	UN-CG CG	2007-11-24	GMS (Killer Whales) @ Linden
7	1:25.51 S	F	Lammers, Gavin	47	EACS KZ	2007-09-09	KZNMSA (East Coast) @ Kings Park
8	1:27.33 S	F	Campher, Marius	48	CPTW WP	2007-11-24	GMS (Killer Whales) @ Linden
9	1:30.09 S	F	Dreyer, Bertus	45	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite
10	1:38.89 S	F	du Bruyn, Johan	47	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite
11	1:46.37 S	F	Arendse, Mike	45	CPTW WP	2007-09-20	WPMSA (Cape Town) @ Long Street
Men 45-49 200 IM							
1	2:22.22 S	F	du Toit, Graham	48	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac
2	2:50.93 S	F	Folscher, Danie	49	CPTW WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle
Men 45-49 400 IM							
1	5:26.69 S	F	du Toit, Graham	48	EACS KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa