

## South African Masters Swimming 2007-2008 Season

### Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08  
Number of Top Times: All Show Short Course Only

Time	P/F/S	Name	Age/Yr				
<b>Women 40-44 25 Free</b>							
1	13.61 S	F	Nel, Annette	40	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops
2	13.91 S	F	Strauss, Marcelle	43	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops
3	15.27 S	F	Zambetti, Deane	44	WAHO CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite)
4	15.33 S	F	Lecuona, Jacqui	43	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)
5	16.51 S	F	Alexander, Lalla	41	WAHO CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite)
6	16.86 S	F	Venter, Marli	41	PHOE CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)
<b>Women 40-44 50 Free</b>							
1	26.67 S	F	Ottermann, Edith	41	CPTW WP	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
2	28.63 S	F	Daniel, Wilma	40	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park
3	29.45 S	F	Strauss, Marcelle	44	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street
4	30.89 S	F	Strydom, Caren	40	EACS KZ	2007-10-14	SAMS (KZNMSA) SC Champs @ Piet
5	32.25 S	F	Southgate, Jennifer	40	UN-WP WP	2007-07-19	WPMSA (Cape Town) @ Long Street
6	32.39 S	F	Samson, Jane	41	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
7	33.42 S	F	Zambetti, Deane	44	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)
8	33.70 S	F	Curtis, Alison	43	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
9	34.88 S	F	Ebing, Lisa	41	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park
10	35.12 S	F	Lee, Les	44	EACS KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa
11	36.16 S	F	Fuchs, Mandi	43	DOLP WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo
12	36.25 S	F	Ruck, Celeste	42	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
13	37.10 S	F	Alexander, Lalla	41	WAHO CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite)
14	37.23 S	F	Venter, Marli	41	PHOE CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite)
15	37.93 S	F	Price, Nici	44	DOLP WP	2007-07-19	WPMSA (Cape Town) @ Long Street
16	40.94 S	F	Lourens, Gina	44	DOLP WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle
17	43.00 S	F	Bloem, Renette	44	DOLP WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo
18	53.86 S	F	Winterbottom, Desire	44	UN-CG CG	2007-11-24	GMS (Killer Whales) @ Linden
<b>Women 40-44 100 Free</b>							
1	1:03.94 S	F	Daniel, Wilma	40	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park
2	1:04.19 S	F	Nel, Annette	40	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops
3	1:04.26 S	F	Ottermann, Edith	41	CPTW WP	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
4	1:05.59 S	F	Strauss, Marcelle	44	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street
5	1:08.13 S	F	Mower, Conny	41	EACS KZ	2007-09-09	KZNMSA (East Coast) @ Kings Park
6	1:09.25 S	F	Strydom, Caren	41	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac
7	1:10.96 S	F	Southgate, Jennifer	40	UN-WP WP	2007-07-19	WPMSA (Cape Town) @ Long Street
8	1:14.33 S	F	Bouwer, Marieke	44	COEL NT	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)
9	1:16.28 S	F	Fuchs, Mandi	44	DOLP WP	2008-04-10	WPMSA (Cape Town) @ Long Street
10	1:18.82 S	F	Ebing, Lisa	42	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac
11	1:20.19 S	F	Lee, Les	44	EACS KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa
12	1:24.69 S	F	Price, Nici	44	DOLP WP	2007-07-19	WPMSA (Cape Town) @ Long Street
13	1:28.02 S	F	Bloem, Renette	44	DOLP WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle
14	1:28.15 S	F	Lourens, Gina	44	DOLP WP	2007-07-19	WPMSA (Cape Town) @ Long Street
15	1:33.13 S	F	Ruck, Celeste	42	COEL NT	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite)
<b>Women 40-44 200 Free</b>							
1	2:19.43 S	F	Daniel, Wilma	40	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park
2	2:32.30 S	F	Strauss, Marcelle	43	CPTW WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo
3	2:37.47 S	F	Strydom, Caren	40	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park
4	2:55.95 S	F	Fuchs, Mandi	43	DOLP WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo
5	3:12.31 S	F	Bloem, Renette	44	DOLP WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo
<b>Women 40-44 400 Free</b>							
1	6:08.16 S	F	Fuchs, Mandi	43	DOLP WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle
2	6:15.39 S	F	Curtis, Alison	43	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /
3	6:22.47 S	F	Lourens, Gina	44	DOLP WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle
4	6:28.54 S	F	Uys, Mandy	44	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor
5	6:31.13 S	F	Bloem, Renette	44	DOLP WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle

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<b>Women 40-44 800 Free</b>								
1	12:28.29 S	F	Fuchs, Mandi	43	DOLP WP	2007-09-20	WPMSA (Cape Town) @ Long Street	
<b>Women 40-44 1500 Free</b>								
1	24:24.38 S	F	Fuchs, Mandi	43	DOLP WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
<b>Women 40-44 25 Back</b>								
1	16.83 S	F	Nel, Annette	40	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
<b>Women 40-44 50 Back</b>								
1	39.12 S	F	Strydom, Caren	41	EACS KZ	2008-02-17	KZNMSA (East Coast) @ Gordon Roa	
2	39.78 S	F	Bouwer, Marieke	44	COEL NT	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite	
3	39.91 S	F	Southgate, Jennifer	40	UN-WP WP	2007-07-19	WPMSA (Cape Town) @ Long Street	
4	43.06 S	F	Hore, Hayley	44	HIGH KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
5	43.56 S	F	Venter, Marli	41	PHOE CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite	
6	44.65 S	F	Curtis, Alison	43	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
7	44.67 S	F	Zambetti, Deane	44	WAHO CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
8	49.20 S	F	Alexander, Lalla	41	WAHO CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite	
<b>Women 40-44 100 Back</b>								
1	1:25.24 S	F	Strydom, Caren	40	EACS KZ	2007-10-14	SAMS (KZNMSA) SC Champs @ Piet	
2	1:26.40 S	F	Oelofse, Mariette	41	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
3	1:33.91 S	F	Curtis, Alison	43	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
4	1:37.79 S	F	Venter, Marli	41	PHOE CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite	
5	2:17.23 S	F	McGregor, Gill	42	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
<b>Women 40-44 200 Back</b>								
1	3:09.18 S	F	Lecuona, Jacqui	43	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite	
2	3:51.97 S	F	Bloem, Renette	44	DOLP WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	
<b>Women 40-44 25 Breast</b>								
1	18.34 S	F	Strauss, Marcelle	43	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
2	18.78 S	F	Nel, Annette	40	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
<b>Women 40-44 50 Breast</b>								
1	39.62 S	F	Morris-Eyton, Heather	40	PHOE CG	2007-11-24	GMS (Killer Whales) @ Linden	
2	39.66 S	F	Strauss, Marcelle	44	CPTW WP	2008-04-10	WPMSA (Cape Town) @ Long Street	
3	41.79 S	F	Samson, Jane	41	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
4	43.69 S	F	Zambetti, Deane	44	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite	
5	44.84 S	F	Ebing, Lisa	41	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
6	51.47 S	F	Bloem, Renette	44	DOLP WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	
7	53.09 S	F	Venter, Marli	41	PHOE CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite	
<b>Women 40-44 100 Breast</b>								
1	1:27.50 S	F	Strauss, Marcelle	43	CPTW WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	
2	1:40.50 S	F	Ebing, Lisa	42	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
3	1:44.30 S	F	Zambetti, Deane	44	WAHO CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite	
4	1:46.00 S	F	Bloem, Renette	44	DOLP WP	2007-08-19	WPMSA (Cape Dolphins) @ Stellenbo	
<b>Women 40-44 200 Breast</b>								
1	3:38.00 S	F	Bloem, Renette	44	DOLP WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle	
2	3:42.52 S	F	Ebing, Lisa	41	EACS KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
<b>Women 40-44 25 Fly</b>								
1	15.32 S	F	Nel, Annette	40	CPTW WP	2007-11-17	WPMSA (Dolphin) @ Bishops	
<b>Women 40-44 50 Fly</b>								
1	29.55 S	F	Ottermann, Edith	41	CPTW WP	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
2	36.16 S	F	Samson, Jane	41	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
3	36.27 S	F	Strauss, Marcelle	43	CPTW WP	2007-09-20	WPMSA (Cape Town) @ Long Street	
4	37.56 S	F	Ebing, Lisa	42	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
5	38.47 S	F	Hore, Hayley	44	HIGH KZ	2007-12-09	KZNMSA (Highway) @ Kings Park	
6	39.84 S	F	Zambetti, Deane	44	WAHO CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	

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Number of Top Times: All Show Short Course Only

	Time	P/F/S	Name	Age/Yr				
7	45.46 S	F	Alexander, Lalla	41	WAHO CG	2007-06-10	GMS (Wahoo) @ Wahoo AC (Frostbite	
<b>Women 40-44 100 Fly</b>								
1	1:18.00 S	F	Mower, Conny	41	EACS KZ	2007-09-09	KZNMSA (East Coast) @ Kings Park	
<b>Women 40-44 200 Fly</b>								
1	4:44.50 S	F	McGregor, Gill	42	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
<b>Women 40-44 100 IM</b>								
1	1:16.41 S	F	Ottermann, Edith	41	CPTW WP	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
2	1:18.46 S	F	Mower, Conny	41	EACS KZ	2007-09-09	KZNMSA (East Coast) @ Kings Park	
3	1:22.44 S	F	Morris-Eyton, Heather	40	PHOE CG	2007-11-24	GMS (Killer Whales) @ Linden	
4	1:23.65 S	F	Samson, Jane	41	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
5	1:24.61 S	F	Bouwer, Marieke	44	COEL NT	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite	
6	1:26.09 S	F	Strydom, Caren	40	EACS KZ	2007-09-09	KZNMSA (East Coast) @ Kings Park	
7	1:29.18 S	F	Zambetti, Deane	44	WAHO CG	2007-05-12	GMS (Wahoo) @ Wahoo AC (Frostbite	
8	1:30.50 S	F	Ebing, Lisa	42	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
9	1:33.62 S	F	Fuchs, Mandi	43	DOLP WP	2007-07-19	WPMSA (Cape Town) @ Long Street	
10	1:33.81 S	F	Curtis, Alison	43	PHOE CG	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
11	1:43.17 S	F	Bloem, Renette	44	DOLP WP	2007-10-21	SAMS (WPMSA) SC Champs @ Stelle	
<b>Women 40-44 200 IM</b>								
1	3:04.97 S	F	Ebing, Lisa	42	EACS KZ	2008-04-06	KZNMSA (Barracuda) @ Gordon Roac	
2	3:09.19 S	F	Bouwer, Marieke	44	COEL NT	2007-10-28	SAMS (GMS) SC Champs @ Wahoo /	
3	3:18.23 S	F	Fuchs, Mandi	44	DOLP WP	2008-04-10	WPMSA (Cape Town) @ Long Street	
4	4:22.55 S	F	McGregor, Gill	42	AMAK BO	2007-10-28	SAMS (BMSA) SC Champs @ Hudsor	
<b>Women 40-44 400 IM</b>								
1	6:49.63 S	F	Bouwer, Marieke	44	COEL NT	2007-08-11	GMS SC Champs @ Wahoo AC	