

South African Masters Swimming 2007-2008 Season

Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Women 35-39 50 Free								
1	29.00 L	T	Anderson, Deborah	37	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	29.93 L	F	Denny, Nicky	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
3	29.95 L	F	Isakov, Rachelle	38	CPTW WP	2008-03-01	GMS Interregional @ Wits Ed. Campu	
4	30.06 L	F	Clark, Heather	37	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
5	31.58 L	F	Dolkens, Jenni	37	WAHO CG	2008-03-01	GMS Interregional @ Wits Ed. Campu	
6	32.63 L	F	Coetzee, Michelle	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
7	34.35 L	F	d'Ewes, Norelle	36	DOLP WP	2008-02-03	WPMSA LC Champs @ Various venue	
8	35.36 L	F	Neethling, Priscilla	38	WINE WP	2008-01-19	WPMSA @ UWC	
9	36.02 L	F	Hernandez Elvira, Elmarie	35	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
10	38.46 L	F	Mallows, Bev	38	DOLP WP	2008-01-19	WPMSA @ UWC	
11	45.13 L	F	Davis, Michelle	39	HIGH KZ	2008-01-26	KZNMSA LC Champs @ Kings Park	
12	1:03.21 L	F	Smith, Gwendoline	38	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 100 Free								
1	1:04.43 L	F	Isakov, Rachelle	38	CPTW WP	2008-03-12	SAMS 24th LC Champs @ Durban	
2	1:05.82 L	F	Denny, Nicky	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
3	1:05.91 L	F	Anderson, Deborah	37	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
4	1:06.92 L	F	Clark, Heather	37	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
5	1:12.81 L	F	Dolkens, Jenni	36	WAHO CG	2007-11-10	TMS Int Reg @ Hillcrest	
6	1:13.92 L	F	Coetzee, Michelle	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
7	1:20.22 L	F	Hernandez Elvira, Elmarie	35	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
8	1:22.49 L	F	Neethling, Priscilla	38	WINE WP	2008-01-19	WPMSA @ UWC	
9	1:24.50 L	F	Mallows, Bev	38	DOLP WP	2008-02-03	WPMSA LC Champs @ Various venue	
Women 35-39 200 Free								
1	2:35.21 L	F	Dolkens, Jenni	37	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
2	2:46.33 L	F	Coetzee, Michelle	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
3	2:58.44 L	F	Hernandez Elvira, Elmarie	35	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 400 Free								
1	5:08.00 L	F	Clark, Heather	37	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	5:13.00 L	F	Isakov, Rachelle	38	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth	
3	5:39.60 L	F	Dolkens, Jenni	37	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
4	6:00.00 L	F	Coetzee, Michelle	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 800 Free								
1	11:28.66 L	F	Anderson, Deborah	37	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	11:43.28 L	F	Dolkens, Jenni	37	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
3	12:17.13 L	F	Isakov, Rachelle	38	CPTW WP	2008-02-16	GMS (Phoenix) @ Wits Ed Campus	
4	12:29.30 L	F	Coetzee, Michelle	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 50 Back								
1	37.00 L	F	Dolkens, Jenni	37	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
2	37.56 L	F	Isakov, Rachelle	38	CPTW WP	2008-02-16	GMS (Phoenix) @ Wits Ed Campus	
3	43.49 L	F	Mallows, Bev	38	DOLP WP	2008-02-03	WPMSA LC Champs @ Various venue	
4	1:02.54 L	F	Smith, Gwendoline	38	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 100 Back								
1	1:22.73 L	F	Dolkens, Jenni	37	WAHO CG	2008-04-18	FINA 12th LC Champs @ Perth	
2	1:24.81 L	F	d'Ewes, Norelle	36	DOLP WP	2008-02-03	WPMSA LC Champs @ Various venue	
3	1:36.89 L	F	Mallows, Bev	38	DOLP WP	2008-01-19	WPMSA @ UWC	
4	2:44.32 L	F	Smith, Gwendoline	38	SEAL KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 200 Back								
1	3:07.70 L	F	Dolkens, Jenni	37	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 50 Breast								
1	38.87 L	F	Clark, Heather	37	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
2	39.39 L	F	Denny, Nicky	35	DOLP WP	2008-02-03	WPMSA LC Champs @ Various venue	
3	47.71 L	F	Neethling, Priscilla	38	WINE WP	2008-01-19	WPMSA @ UWC	

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	Time	P/F/S	Name	Age/Yr				
4	51.06 L	F	Hernandez Elvira, Elmarie	35	UN-NT NT	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
5	55.68 L	F	Davis, Michelle	39	HIGH KZ	2008-01-26	KZNMSA LC Champs @ Kings Park	
Women 35-39 100 Breast								
1	1:25.92 L	F	Denny, Nicky	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
2	1:46.90 L	F	Neethling, Priscilla	38	WINE WP	2008-01-19	WPMSA @ UWC	
3	1:52.97 L	F	Hernandez Elvira, Elmarie	35	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 200 Breast								
1	3:58.11 L	F	Hernandez Elvira, Elmarie	35	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 50 Fly								
1	29.93 L	F	Isakov, Rachelle	38	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth	
2	32.25 L	F	Anderson, Deborah	37	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	33.02 L	F	Denny, Nicky	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
4	33.99 L	F	Clark, Heather	37	HIGH KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 100 Fly								
1	1:07.37 L	F	Isakov, Rachelle	38	CPTW WP	2008-03-12	SAMS 24th LC Champs @ Durban	
2	1:18.38 L	F	Anderson, Deborah	37	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
3	1:19.09 L	F	Clark, Heather	36	HIGH KZ	2007-11-18	KZNMSA (Highway) @ Kings Park	
Women 35-39 200 Fly								
1	2:33.00 L	F	Isakov, Rachelle	38	CPTW WP	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 200 IM								
1	2:35.71 L	F	Isakov, Rachelle	38	CPTW WP	2008-03-12	SAMS 24th LC Champs @ Durban	
2	2:43.76 L	F	Denny, Nicky	35	DOLP WP	2008-03-12	SAMS 24th LC Champs @ Durban	
3	2:47.23 L	F	Anderson, Deborah	37	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban	
4	3:34.97 L	F	Hernandez Elvira, Elmarie	35	COEL NT	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 35-39 400 IM								
1	5:31.13 L	F	Isakov, Rachelle	38	CPTW WP	2008-03-12	SAMS 24th LC Champs @ Durban	