

**South African Masters Swimming
2007-2008 Season**

Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08
Number of Top Times: All Show Long Course Only

Time	P/F/S	Name	Age/Yr				
Women 30-34 50 Free							
1	29.09 L	F	Cadiz, Perry	32	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth
2	30.43 L	F	Sabiston, Jaki	33	PHOE CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp
3	31.82 L	F	Bogner, Dominique	33	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
4	31.99 L	F	Mee, Hayley	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
5	33.41 L	F	Warrender, Catherine	32	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban
6	33.44 L	F	Cronje, Cathy	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
7	35.83 L	F	Hicks, Loraine	32	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban
8	38.52 L	F	Helps, Tracy	33	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
9	39.38 L	F	Martins, Maria	30	PHOE CG	2008-02-16	GMS (Phoenix) @ Wits Ed Campus
Women 30-34 100 Free							
1	1:03.27 L	F	Cadiz, Perry	32	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth
2	1:08.66 L	F	Sabiston, Jaki	33	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban
3	1:09.70 L	F	Mee, Hayley	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
4	1:11.57 L	F	Warrender, Catherine	32	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban
5	1:12.35 L	F	Bogner, Dominique	33	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
6	1:14.19 L	F	Terblanche, Rita	31	DOLP WP	2008-02-03	WPMSA LC Champs @ Various venue
7	1:30.69 L	F	Martins, Maria	30	PHOE CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp
8	1:31.55 L	F	Helps, Tracy	33	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
Women 30-34 200 Free							
1	2:25.70 L	F	Troup, Bianca	34	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban
2	2:33.28 L	F	Cadiz, Perry	32	CPTW WP	2008-02-03	WPMSA LC Champs @ Various venue
3	2:47.27 L	F	Bogner, Dominique	33	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
4	3:03.28 L	F	Martins, Maria	30	PHOE CG	2008-02-16	GMS (Phoenix) @ Wits Ed Campus
Women 30-34 400 Free							
1	5:05.15 L	F	Troup, Bianca	34	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban
2	5:52.69 L	F	Terblanche, Rita	31	DOLP WP	2008-02-03	WPMSA LC Champs @ Various venue
3	6:01.72 L	F	Bogner, Dominique	33	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
4	6:09.16 L	F	Martins, Maria	30	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban
5	6:43.79 L	F	Hicks, Loraine	32	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban
Women 30-34 800 Free							
1	14:00.37 L	F	Hicks, Loraine	32	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban
Women 30-34 1500 Free							
1	21:18.60 L	F	Bacchini, Nadia	30	WAHO CG	2007-09-29	TMS (Coelacanth) 1500 @ Hillcrest
2	21:54.89 L	F	Olivier, Idelette	31	BARR WP	2007-12-01	WPMSA (Cape Town) @ UWC
Women 30-34 50 Back							
1	33.43 L	F	Cadiz, Perry	32	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth
2	36.84 L	F	Mee, Hayley	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
3	38.34 L	F	Bogner, Dominique	33	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
4	41.21 L	F	Hicks, Loraine	32	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban
Women 30-34 100 Back							
1	1:13.51 L	F	Cadiz, Perry	32	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth
2	1:18.69 L	F	Mee, Hayley	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
3	1:32.77 L	F	Hicks, Loraine	32	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban
4	1:43.81 L	F	Helps, Tracy	33	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
Women 30-34 200 Back							
1	2:42.19 L	F	Cadiz, Perry	32	CPTW WP	2008-04-18	FINA 12th LC Champs @ Perth
2	2:44.91 L	F	Mee, Hayley	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban
3	2:53.78 L	F	Warrender, Catherine	32	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban
4	3:01.76 L	F	Bacchini, Nadia	31	WAHO CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp
5	3:21.12 L	F	Hicks, Loraine	32	EACS KZ	2008-03-12	SAMS 24th LC Champs @ Durban
Women 30-34 50 Breast							
1	44.27 L	F	Cronje, Cathy	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban

South African Masters Swimming
2007-2008 Season

Individual Top Times

Times since: 01-May-07 Times until: 30-Apr-08
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
2	48.80 L	F	Martins, Maria	30	PHOE CG	2008-03-01	GMS Interregional @ Wits Ed. Campu	
Women 30-34 100 Breast								
1	1:37.59 L	F	Cronje, Cathy	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
2	1:41.47 L	F	Martins, Maria	30	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 30-34 200 Breast								
1	3:32.04 L	F	Martins, Maria	30	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
2	3:38.16 L	F	Cronje, Cathy	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 30-34 50 Fly								
1	32.97 L	F	Cadiz, Perry	32	CPTW WP	2008-03-12	SAMS 24th LC Champs @ Durban	
2	35.29 L	F	Sabiston, Jaki	33	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
3	35.69 L	F	Mee, Hayley	34	WAHO CG	2008-02-14	TMS LC Champs @ Hillcrest	
4	35.88 L	F	Warrender, Catherine	32	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
5	38.12 L	F	Cronje, Cathy	34	WAHO CG	2008-03-12	SAMS 24th LC Champs @ Durban	
6	42.23 L	F	Martins, Maria	30	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 30-34 100 Fly								
1	1:14.38 L	F	Troup, Bianca	34	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 30-34 200 Fly								
1	2:48.22 L	F	Troup, Bianca	34	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 30-34 200 IM								
1	2:48.27 L	F	Troup, Bianca	34	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
2	2:56.56 L	F	Sabiston, Jaki	33	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
3	2:57.38 L	F	Warrender, Catherine	32	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
4	3:00.12 L	F	Bacchini, Nadia	31	WAHO CG	2008-01-26	GMS (Orphan Annie) @ Wits Ed Camp	
5	3:27.02 L	F	Martins, Maria	30	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	
Women 30-34 400 IM								
1	5:55.94 L	F	Troup, Bianca	34	PHOE CG	2008-03-12	SAMS 24th LC Champs @ Durban	