

26th South African Masters Swimming LC Champs
Hillcrest Pool Pretoria 17-20 Mar 2010
Alphabetical Roster - Detailed

AMAK - Amakhosi MSC-BO (Amakhosi)

	Relay	Sex
1	Amakhosi MSC - 'A' Boatwright, Sally; Rawlins, Samantha; Townsend, Kirsty; Attree, Dominique	F100 #42 Women 4x50 Free Relay
2	Amakhosi MSC - 'A' Gower, Lynda; Maree, Melize; Reeves, Sally; Nancarrow, Kim	F160 #42 Women 4x50 Free Relay
3	Amakhosi MSC - 'B' Durrant, Jo-anne; Pretorius, Cecilia; McGregor, Gill; MacKenzie, Carla	F160 #42 Women 4x50 Free Relay
4	Amakhosi MSC - 'A' Boatwright, Sally; Townsend, Kirsty; Rawlins, Samantha; Attree, Dominique	F100 #25 Women 4x50 Medley Relay
5	Amakhosi MSC - 'A' Maree, Melize; Gower, Lynda; Nancarrow, Kim; Reeves, Sally	F160 #25 Women 4x50 Medley Relay
6	Amakhosi MSC - 'B' Pretorius, Cecilia; MacKenzie, Carla; McGregor, Gill; Durrant, Jo-anne	F160 #25 Women 4x50 Medley Relay
7	Amakhosi MSC - 'A' Reeves, Paul; Skidmore, Kerry; Krull, Richard; Reeves, Andy	M160 #41 Men 4x50 Free Relay
8	Amakhosi MSC - 'A' Wallace, Ronald; Wallach, Charles; Hillstrom, Joe; Meier, Keith	M240 #41 Men 4x50 Free Relay
9	Amakhosi MSC - 'B' Jevon, Dave; Townsend, Mike; Barson, Tony; Coetzee, Bradley	M160 #41 Men 4x50 Free Relay
10	Amakhosi MSC - 'A' Reeves, Andy; Reeves, Paul; Skidmore, Kerry; Krull, Richard	M160 #26 Men 4x50 Medley Relay
11	Amakhosi MSC - 'A' Wallace, Ronald; Wallach, Charles; Hillstrom, Joe; Meier, Keith	M240 #26 Men 4x50 Medley Relay
12	Amakhosi MSC - 'B' Jevon, Dave; Townsend, Mike; Coetzee, Bradley; Barson, Tony	M160 #26 Men 4x50 Medley Relay
13	Amakhosi MSC - 'A' Taberer, Kyle; Townsend, Kirsty; Pretorius, Cecilia; Krull, Richard	X76 #14 Mixed 4x50 Free Relay
14	Amakhosi MSC - 'A' Reeves, Andy; Rawlins, Samantha; Nancarrow, Kim; Coetzee, Bradley	X120 #14 Mixed 4x50 Free Relay
15	Amakhosi MSC - 'A' Reeves, Paul; Reeves, Sally; Maree, Melize; Skidmore, Kerry	X160 #14 Mixed 4x50 Free Relay
16	Amakhosi MSC - 'A' Taberer, Kyle; Townsend, Kirsty; Krull, Richard; Attree, Dominique	X76 #3 Mixed 4x50 Medley Relay
17	Amakhosi MSC - 'A' Reeves, Andy; Rawlins, Samantha; Coetzee, Bradley; Nancarrow, Kim	X120 #3 Mixed 4x50 Medley Relay
18	Amakhosi MSC - 'A' Pretorius, Cecilia; Coetzee, Butch; McGregor, Gill; Jevon, Dave	X160 #3 Mixed 4x50 Medley Relay
19	Amakhosi MSC - 'B' Skidmore, Kerry; Reeves, Paul; Maree, Melize; Reeves, Sally	X160 #3 Mixed 4x50 Medley Relay

Total Relays: 19**BLFI - Blackfin MSC-ES (Blackfin)**

	Relay	Sex
1	Blackfin MSC - 'A' Stewart, Jimmy; van Biljon, Deidre; Wild, Trevor; Labuschagne, Chiquita	X120 #14 Mixed 4x50 Free Relay

Total Relays: 1

26th South African Masters Swimming LC Champs**Hillcrest Pool Pretoria 17-20 Mar 2010****Alphabetical Roster - Detailed****COEL - Coelacanth MSC-NT (Coelacanth)**

Relay	Sex
1 Coelacanth MSC - 'A' Albertyn, Megan; de Beer, Hilde; van Rooyen, L'Re; Cowell, Joanne	F120 #42 Women 4x50 Free Relay
2 Coelacanth MSC - 'A' Bouwer, Marieke; Foster, Kim; Verryn, Sabine; Fraatz, Babs	F160 #42 Women 4x50 Free Relay
3 Coelacanth MSC - 'A' Kostelijk, Marijke; Hattingh, Erna; vd Walt, Maggie; Geraty, Gail	F200 #42 Women 4x50 Free Relay
4 Coelacanth MSC - 'A' Burger, Rita; Vorwerk Marren, Ingrid; McLaren, Isabel; Sandri, Angelika	F240 #42 Women 4x50 Free Relay
5 Coelacanth MSC - 'A' Grobler, Vilma; Wallace, Greta; Hanson, Ann; Fyfe, Joyce	F280 #42 Women 4x50 Free Relay
6 Coelacanth MSC - 'B' Spies, Roelien; Erasmus, Magda; Spies, Roefie; Marechal, Severine	F120 #42 Women 4x50 Free Relay
7 Coelacanth MSC - 'B' Dorlas, Sandra; Houtman, Neressa; Karle, Anne; Geldard, Natalie	F160 #42 Women 4x50 Free Relay
8 Coelacanth MSC - 'C' Dressler, Annemarie; Louw, Liesel; Ueckermann, Hannah; van Dam, Carola	F160 #42 Women 4x50 Free Relay
9 Coelacanth MSC - 'D' Smith, Jeanine; Orsmond, Tanja; Venter, Marli; vd Berg, Elsje	F160 #42 Women 4x50 Free Relay
10 Coelacanth MSC - 'A' van Rooyen, L'Re; Spies, Chanal; Albertyn, Megan; Cowell, Joanne	F120 #25 Women 4x50 Medley Relay
11 Coelacanth MSC - 'A' Dressler, Annemarie; Ueckermann, Hannah; Foster, Kim; Bouwer, Marieke	F160 #25 Women 4x50 Medley Relay
12 Coelacanth MSC - 'A' Hattingh, Erna; Kostelijk, Marijke; vd Walt, Maggie; Geraty, Gail	F200 #25 Women 4x50 Medley Relay
13 Coelacanth MSC - 'A' Burger, Rita; Wallace, Greta; Muir, Wendy; Hanson, Ann	F280 #25 Women 4x50 Medley Relay
14 Coelacanth MSC - 'B' Houtman, Neressa; Spies, Roelien; Meyer, Christine; Dollenberg, Jaclyn	F120 #25 Women 4x50 Medley Relay
15 Coelacanth MSC - 'B' Louw, Liesel; van Dam, Carola; Verryn, Sabine; Fraatz, Babs	F160 #25 Women 4x50 Medley Relay
16 Coelacanth MSC - 'C' Karle, Anne; Erasmus, Magda; Dorlas, Sandra; Geldard, Natalie	F160 #25 Women 4x50 Medley Relay
17 Coelacanth MSC - 'D' Oelofse, Mariette; Trusler, Ingrid; Vorster, Chane; vd Berg, Elsje	F160 #25 Women 4x50 Medley Relay
18 Coelacanth MSC - 'E' Venter, Marli; Russell, Marcilla; Spies, Roefie; Smith, Jeanine	F160 #25 Women 4x50 Medley Relay
19 Coelacanth MSC - 'F' Fyfe, Joyce; Symonds, Genevieve; Bolt, Sue; Marechal, Severine	F160 #25 Women 4x50 Medley Relay
20 Coelacanth MSC - 'A' Bouwer, Shaun; Kok, Johan; Thompson, Hendrik; Cawood, Anthony Jnr	M76 #41 Men 4x50 Free Relay
21 Coelacanth MSC - 'A' Osborn, Terence; Gray, Nico; Kok, Christoff; Mann, Jeff	M100 #41 Men 4x50 Free Relay
22 Coelacanth MSC - 'A' Stanton, Craig; Venter, Tyron; Tamsen, Arthur; Wedge, Craig	M120 #41 Men 4x50 Free Relay
23 Coelacanth MSC - 'A' Geldard, Darren; Neumann, Andrew; Albertyn, Gary; Ruck, Harald	M160 #41 Men 4x50 Free Relay
24 Coelacanth MSC - 'A' Swart, Xan; Morgan, Trevor; Den Bakker, Arnaud; Downes, Terry	M200 #41 Men 4x50 Free Relay
25 Coelacanth MSC - 'A' Arbuthnot, David; Fyfe, Derek; Pretorius, Boet; Cawood, Tony	M240 #41 Men 4x50 Free Relay
26 Coelacanth MSC - 'A' Haigh, Duncan; Theron, Sarel; Meyer, Koos; Merritt, Charlie	M280 #41 Men 4x50 Free Relay

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Hillcrest Pool Pretoria 17-20 Mar 2010
Alphabetical Roster - Detailed

COEL - Coelacanth MSC-NT (Coelacanth)

Relay	Sex
27 Coelacanth MSC - 'B' Lombard, Dewan; Vreenegoor, Matt; Valente, Marco; Zietsman, Johan	M120 #41 Men 4x50 Free Relay
28 Coelacanth MSC - 'B' de Wet, Danie; Nel, Jan; Greeff, Francois; vd Westhuizen, Herman	M160 #41 Men 4x50 Free Relay
29 Coelacanth MSC - 'B' Westdyk, Michael; Titan, Christos; Lazarides, George; Uys, Hennie	M200 #41 Men 4x50 Free Relay
30 Coelacanth MSC - 'B' Burger, Francois; Duncombe, Bill; Eddy, Clive; Jv Rensburg, Henk	M240 #41 Men 4x50 Free Relay
31 Coelacanth MSC - 'B' Harrop-Allin, Anton; Mulder, Paul; Muir, Neville; Wallach, Ralph	M280 #41 Men 4x50 Free Relay
32 Coelacanth MSC - 'C' Swart, Petrus; Titan, Demetri; Keet, Johan; van Deventer, Japie	M160 #41 Men 4x50 Free Relay
33 Coelacanth MSC - 'A' Bouwer, Shaun; Cawood, Anthony Jnr; Kok, Johan; Kok, Christoff	M76 #26 Men 4x50 Medley Relay
34 Coelacanth MSC - 'A' Gray, Nico; Lombard, Dewan; Thompson, Hendrik; Greeff, Francois	M100 #26 Men 4x50 Medley Relay
35 Coelacanth MSC - 'A' Albertyn, Gary; Theron, Hennie; Mann, Jeff; Neumann, Andrew	M120 #26 Men 4x50 Medley Relay
36 Coelacanth MSC - 'A' Ruck, Harald; Nel, Jan; Geldard, Darren; vd Westhuizen, Herman	M160 #26 Men 4x50 Medley Relay
37 Coelacanth MSC - 'A' Morgan, Trevor; Pretorius, Boet; Snyman, Braam; Downes, Terry	M200 #26 Men 4x50 Medley Relay
38 Coelacanth MSC - 'A' Fyfe, Derek; Cawood, Tony; Den Bakker, Arnaud; Arbuthnot, David	M240 #26 Men 4x50 Medley Relay
39 Coelacanth MSC - 'B' Tamsen, Arthur; Seymore, Duane; Lee, Chris; Wedge, Craig	M160 #26 Men 4x50 Medley Relay
40 Coelacanth MSC - 'B' Uys, Hennie; Lazarides, George; Westdyk, Michael; Titan, Christos	M200 #26 Men 4x50 Medley Relay
41 Coelacanth MSC - 'B' Muir, Neville; Theron, Sarel; Eddy, Clive; Haigh, Duncan	M280 #26 Men 4x50 Medley Relay
42 Coelacanth MSC - 'C' Zietsman, Johan; Holtzhausen, Izak; Stanton, Craig; Osborn, Terence	M160 #26 Men 4x50 Medley Relay
43 Coelacanth MSC - 'C' Burger, Francois; Meyer, Koos; Vreenegoor, Matt; Duncombe, Bill	M200 #26 Men 4x50 Medley Relay
44 Coelacanth MSC - 'D' Sundelowitz, Selwyn; Swart, Xan; Tucker, Pete; Bester, Gustav	M160 #26 Men 4x50 Medley Relay
45 Coelacanth MSC - 'E' Grobler, Stoffel; Gray, David; Jv Rensburg, Henk; van Deventer, Japie	M160 #26 Men 4x50 Medley Relay
46 Coelacanth MSC - 'A' Bouwer, Shaun; Albertyn, Megan; Cowell, Joanne; Cawood, Anthony Jnr	X100 #14 Mixed 4x50 Free Relay
47 Coelacanth MSC - 'A' Bester, Gustav; Spies, Roelien; Spies, Chanal; Jv Rensburg, Henk	X120 #14 Mixed 4x50 Free Relay
48 Coelacanth MSC - 'A' Geldard, Darren; van Rooyen, L'Re; Ueckermann, Hannah; Neumann, Andrew	X160 #14 Mixed 4x50 Free Relay
49 Coelacanth MSC - 'A' Downes, Terry; Bouwer, Marieke; Foster, Kim; Ruck, Harald	X200 #14 Mixed 4x50 Free Relay
50 Coelacanth MSC - 'A' Theron, Sarel; Muir, Wendy; Hanson, Ann; Haigh, Duncan	X280 #14 Mixed 4x50 Free Relay
51 Coelacanth MSC - 'B' Kok, Johan; Dollenberg, Jaclyn; Meyer, Christine; Kok, Christoff	X100 #14 Mixed 4x50 Free Relay
52 Coelacanth MSC - 'B' Snyman, Braam; Vorster, Chane; Orsmond, Tanja; Zietsman, Johan	X120 #14 Mixed 4x50 Free Relay
53 Coelacanth MSC - 'B' Nel, Jan; Geldard, Natalie; Verryn, Sabine; Mann, Jeff	X160 #14 Mixed 4x50 Free Relay
54 Coelacanth MSC - 'B' Cawood, Tony; Geraty, Gail; Hattingh, Erna; Den Bakker, Arnaud	X200 #14 Mixed 4x50 Free Relay
55 Coelacanth MSC - 'B' Germishuis, Harry; Arbuthnot, Cheryl; Vorwerk Marren, Ingrid; Eddy, Clive	X240 #14 Mixed 4x50 Free Relay

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Relay	Sex	
56 Coelacanth MSC - 'C' de Wet, Danie; Spies, Roefie; Fraatz, Babs; Wedge, Craig	X160	#14 Mixed 4x50 Free Relay
57 Coelacanth MSC - 'C' Lee, Chris; Bolt, Sue; Trusler, Ingrid; Pretorius, Boet	X200	#14 Mixed 4x50 Free Relay
58 Coelacanth MSC - 'D' Stanton, Craig; Karle, Anne; van Dam, Carola; Venter, Tyron	X120	#14 Mixed 4x50 Free Relay
59 Coelacanth MSC - 'D' Albertyn, Gary; Louw, Liesel; Homveld, Jade; Morgan, Trevor	X160	#14 Mixed 4x50 Free Relay
60 Coelacanth MSC - 'D' Sundelowitz, Selwyn; vd Berg, Elsje; Venter, Marli; Tucker, Pete	X200	#14 Mixed 4x50 Free Relay
61 Coelacanth MSC - 'E' Greeff, Francois; Marechal, Severine; Erasmus, Magda; Tamsen, Arthur	X120	#14 Mixed 4x50 Free Relay
62 Coelacanth MSC - 'E' Swart, Xan; Dorlas, Sandra; Dressler, Annemarie; vd Westhuizen, Herman	X160	#14 Mixed 4x50 Free Relay
63 Coelacanth MSC - 'F' Osborn, Terence; Kostelijk, Marijke; Sandri, Angelika; Thompson, Hendrik	X160	#14 Mixed 4x50 Free Relay
64 Coelacanth MSC - 'G' Lazarides, George; Houtman, Neressa; Smith, Jeanine; Westdyk, Michael	X160	#14 Mixed 4x50 Free Relay
65 Coelacanth MSC - 'A' Ruck, Harald; Ueckermann, Hannah; Cowell, Joanne; vd Westhuizen, Herman	X160	#3 Mixed 4x50 Medley Relay
66 Coelacanth MSC - 'A' Meyer, Christine; Spies, Chanal; Kok, Christoff; Lombard, Dewan	X76	#3 Mixed 4x50 Medley Relay
67 Coelacanth MSC - 'A' Louw, Liesel; Stanton, Craig; Neumann, Andrew; Geldard, Natalie	X120	#3 Mixed 4x50 Medley Relay
68 Coelacanth MSC - 'A' Hattingh, Erna; Meyer, Koos; Lee, Chris; Geraty, Gail	X240	#3 Mixed 4x50 Medley Relay
69 Coelacanth MSC - 'A' Muir, Neville; Mulder, Paul; Bolt, Sue; Grobler, Vilma	X280	#3 Mixed 4x50 Medley Relay
70 Coelacanth MSC - 'B' Dressler, Annemarie; Nel, Jan; Mann, Jeff; Fraatz, Babs	X160	#3 Mixed 4x50 Medley Relay
71 Coelacanth MSC - 'B' Snyman, Braam; Spies, Roefie; Den Bakker, Arnaud; Trusler, Ingrid	X200	#3 Mixed 4x50 Medley Relay
72 Coelacanth MSC - 'B' Albertyn, Gary; van Dam, Carola; van Rooyen, L'Re; Bouwer, Shaun	X120	#3 Mixed 4x50 Medley Relay
73 Coelacanth MSC - 'B' Fyfe, Joyce; Vorwerk Marren, Ingrid; Sundelowitz, Selwyn; Burger, Francois	X240	#3 Mixed 4x50 Medley Relay
74 Coelacanth MSC - 'C' Downes, Terry; Theron, Hennie; Foster, Kim; Albertyn, Megan	X160	#3 Mixed 4x50 Medley Relay
75 Coelacanth MSC - 'C' Burger, Rita; Russell, Marcilla; Pretorius, Boet; Greeff, Francois	X200	#3 Mixed 4x50 Medley Relay
76 Coelacanth MSC - 'C' Fyfe, Greg; Spies, Roelien; Jv Rensburg, Henk; Vorster, Chane	X120	#3 Mixed 4x50 Medley Relay
77 Coelacanth MSC - 'C' Eddy, Clive; Grobler, Stoffel; Sandri, Angelika; Hanson, Ann	X240	#3 Mixed 4x50 Medley Relay
78 Coelacanth MSC - 'D' Morgan, Trevor; Strydom, Juanita; de Wet, Danie; Bouwer, Marieke	X160	#3 Mixed 4x50 Medley Relay
79 Coelacanth MSC - 'D' Venter, Marli; Moller, Hesta; Tucker, Pete; Merritt, Charlie	X200	#3 Mixed 4x50 Medley Relay
80 Coelacanth MSC - 'D' Karle, Anne; Erasmus, Magda; Geldard, Darren; Thompson, Hendrik	X120	#3 Mixed 4x50 Medley Relay
81 Coelacanth MSC - 'E' Houtman, Neressa; Lazarides, George; Westdyk, Michael; Smith, Jeanine	X160	#3 Mixed 4x50 Medley Relay
82 Coelacanth MSC - 'E' Oelofse, Mariette; Swart, Xan; Verryn, Sabine; Arbuthnot, David	X200	#3 Mixed 4x50 Medley Relay
83 Coelacanth MSC - 'E' Gray, Nico; Dollenberg, Jaclyn; Bester, Gustav; vd Berg, Elsje	X120	#3 Mixed 4x50 Medley Relay
84 Coelacanth MSC - 'F' Marechal, Severine; Potgieter, Wim; Dorlas, Sandra; Wedge, Craig	X120	#3 Mixed 4x50 Medley Relay

26th South African Masters Swimming LC Champs**Hillcrest Pool Pretoria 17-20 Mar 2010****Alphabetical Roster - Detailed****COEL - Coelacanth MSC-NT (Coelacanth)**

Relay	Sex
85 Coelacanth MSC - 'G' Kok, Johan; Kosteljik, Marijke; Venter, Tyron; Homveld, Jade	X120 #3 Mixed 4x50 Medley Relay

Total Relays: 85

26th South African Masters Swimming LC Champs
Hillcrest Pool Pretoria 17-20 Mar 2010
Alphabetical Roster - Detailed

CPTW - Cape Town MSC-WP (Cape Town)

	Relay	Sex
1	Cape Town MSC - 'A' Cadiz, Perry; Delpont, Gillian; Steenkamp, Aletta; Richards, Kirsty	F100 #42 Women 4x50 Free Relay
2	Cape Town MSC - 'A' Isakov, Rachele; Strauss, Marcelle; Stanford, Tarryn; Ottermann, Edith	F120 #42 Women 4x50 Free Relay
3	Cape Town MSC - 'A' Kruger, Sanderina; Degenaar, Jean; Coetzee, Di; Stanford, Cecilia	F200 #42 Women 4x50 Free Relay
4	Cape Town MSC - 'A' Boyes, Luzanne; Odendaal, Anne-Marie; Rix, Tricia; Zundorf, Lenchen	F240 #42 Women 4x50 Free Relay
5	Cape Town MSC - 'A' Swanepoel, Miems; Truter, Renee; McLachlan, Eugenie; Kloos, Kascha	F280 #42 Women 4x50 Free Relay
6	Cape Town MSC - 'B' Brewis, Judy; Snyman, Hester; Hau, Di; Donnelly, Chris	F200 #42 Women 4x50 Free Relay
7	Cape Town MSC - 'A' Stanford, Tarryn; Steenkamp, Aletta; Isakov, Rachele; Ottermann, Edith	F120 #25 Women 4x50 Medley Relay
8	Cape Town MSC - 'A' Coetzee, Di; Strauss, Marcelle; Stanford, Cecilia; Kruger, Sanderina	F200 #25 Women 4x50 Medley Relay
9	Cape Town MSC - 'A' Zundorf, Lenchen; Odendaal, Anne-Marie; Collins, Judy; Rix, Tricia	F240 #25 Women 4x50 Medley Relay
10	Cape Town MSC - 'A' Swanepoel, Miems; Truter, Renee; Snyman, Hester; Kloos, Kascha	F280 #25 Women 4x50 Medley Relay
11	Cape Town MSC - 'B' Cadiz, Perry; Degenaar, Jean; Richards, Kirsty; Delpont, Gillian	F120 #25 Women 4x50 Medley Relay
12	Cape Town MSC - 'B' Brewis, Judy; Hau, Di; Donnelly, Chris; Boyes, Luzanne	F200 #25 Women 4x50 Medley Relay
13	Cape Town MSC - 'A' Brewis, Paul; Moore, Marc; Swart, Glenn; Palmer, Brett	M120 #41 Men 4x50 Free Relay
14	Cape Town MSC - 'A' Weber, Shirwyn; Richards, Tyron; Folscher, Danie; Carr, Michael	M160 #41 Men 4x50 Free Relay
15	Cape Town MSC - 'A' Holshausen, Rod; Arendse, Mike; Olivier, Marais; Kloos, Rainer	M200 #41 Men 4x50 Free Relay
16	Cape Town MSC - 'A' Shed, Tim; Cheadle, Halton; Wilson, Doug; Tozer, Tyrone	M240 #41 Men 4x50 Free Relay
17	Cape Town MSC - 'B' Nel, Leon; Hendricks, Nigel; Steenkamp, Neil; vd Merwe, Johan	M160 #41 Men 4x50 Free Relay
18	Cape Town MSC - 'B' Morrison, Allen; McLachlan, Dave; Hodges, Mark; Howieson, Doug	M240 #41 Men 4x50 Free Relay
19	Cape Town MSC - 'A' Weber, Shirwyn; Swart, Glenn; Palmer, Brett; Brewis, Paul	M100 #26 Men 4x50 Medley Relay
20	Cape Town MSC - 'A' Moore, Marc; Folscher, Danie; Price, Gregg; Steenkamp, Neil	M160 #26 Men 4x50 Medley Relay
21	Cape Town MSC - 'A' Hodges, Mark; Olivier, Marais; Holshausen, Rod; Nel, Leon	M200 #26 Men 4x50 Medley Relay
22	Cape Town MSC - 'A' Morrison, Allen; McLachlan, Dave; Hendricks, Nigel; Howieson, Doug	M240 #26 Men 4x50 Medley Relay
23	Cape Town MSC - 'B' Richards, Tyron; Kloos, Rainer; Carr, Michael; Ludick, Werner	M160 #26 Men 4x50 Medley Relay
24	Cape Town MSC - 'B' Wilson, Doug; Shed, Tim; Cheadle, Halton; Tozer, Tyrone	M240 #26 Men 4x50 Medley Relay

26th South African Masters Swimming LC Champs
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Alphabetical Roster - Detailed

CPTW - Cape Town MSC-WP (Cape Town)

	Relay	Sex	
25	Cape Town MSC - 'A' Morrison, Allen; Kloos, Kascha; Rix, Tricia; McLachlan, Dave	X280	#14 Mixed 4x50 Free Relay
26	Cape Town MSC - 'A' Richards, Tyron; Steenkamp, Aletta; Richards, Kirsty; Weber, Shirwyn	X100	#14 Mixed 4x50 Free Relay
27	Cape Town MSC - 'A' Swart, Glenn; Stanford, Tarryn; Ottermann, Edith; Palmer, Brett	X120	#14 Mixed 4x50 Free Relay
28	Cape Town MSC - 'A' Nel, Leon; Strauss, Marcelle; Isakov, Rachele; Moore, Marc	X160	#14 Mixed 4x50 Free Relay
29	Cape Town MSC - 'A' Shead, Tim; Coetzee, Di; Stanford, Cecilia; vd Merwe, Johan	X200	#14 Mixed 4x50 Free Relay
30	Cape Town MSC - 'A' Wilson, Doug; Brewis, Judy; Kruger, Sanderina; Tozer, Tyrone	X240	#14 Mixed 4x50 Free Relay
31	Cape Town MSC - 'B' Howieson, Doug; Zundorf, Lenchen; Collins, Judy; Cheadle, Halton	X240	#14 Mixed 4x50 Free Relay
32	Cape Town MSC - 'B' Hendricks, Nigel; Degenaar, Jean; Coetzee, Elsmarie; Steenkamp, Neil	X160	#14 Mixed 4x50 Free Relay
33	Cape Town MSC - 'B' Kloos, Rainer; Donnelly, Chris; Hau, Di; Hodges, Mark	X200	#14 Mixed 4x50 Free Relay
34	Cape Town MSC - 'C' Cadiz, Perry; Delpport, Gillian; Carr, Michael; Ludick, Werner	X160	#14 Mixed 4x50 Free Relay
35	Cape Town MSC - 'C' Arendse, Mike; Snyman, Hester; Boyes, Luzanne; Olivier, Marais	X200	#14 Mixed 4x50 Free Relay
36	Cape Town MSC - 'A' Stanford, Tarryn; Swart, Glenn; Ottermann, Edith; Palmer, Brett	X120	#3 Mixed 4x50 Medley Relay
37	Cape Town MSC - 'A' Stanford, Cecilia; Shead, Tim; Isakov, Rachele; Moore, Marc	X160	#3 Mixed 4x50 Medley Relay
38	Cape Town MSC - 'A' Coetzee, Di; Folscher, Danie; Price, Gregg; Strauss, Marcelle	X200	#3 Mixed 4x50 Medley Relay
39	Cape Town MSC - 'A' Wilson, Doug; Tozer, Tyrone; Kruger, Sanderina; Brewis, Judy	X240	#3 Mixed 4x50 Medley Relay
40	Cape Town MSC - 'A' Morrison, Allen; Odendaal, Anne-Marie; McLachlan, Dave; Kloos, Kascha	X280	#3 Mixed 4x50 Medley Relay
41	Cape Town MSC - 'B' Weber, Shirwyn; Steenkamp, Aletta; Holshausen, Rod; Richards, Kirsty	X120	#3 Mixed 4x50 Medley Relay
42	Cape Town MSC - 'B' Degenaar, Jean; Olivier, Marais; Coetzee, Elsmarie; Steenkamp, Neil	X160	#3 Mixed 4x50 Medley Relay
43	Cape Town MSC - 'B' Kloos, Rainer; Boyes, Luzanne; Snyman, Hester; Arendse, Mike	X200	#3 Mixed 4x50 Medley Relay
44	Cape Town MSC - 'C' Cadiz, Perry; Richards, Tyron; Carr, Michael; Delpport, Gillian	X120	#3 Mixed 4x50 Medley Relay
45	Cape Town MSC - 'C' Hodges, Mark; Hau, Di; Hendricks, Nigel; Donnelly, Chris	X200	#3 Mixed 4x50 Medley Relay
46	Cape Town MSC - 'D' Howieson, Doug; Zundorf, Lenchen; Ludick, Werner; Collins, Judy	X200	#3 Mixed 4x50 Medley Relay

Total Relays: 46**DOLP - Cape Dolphin MSC-WP (Cape Dolphin)**

	Relay	Sex	
1	Cape Dolphin MSC - 'A' Webb, Liz; Fuchs, Mandi; Russell, Therese; Brimble, Mairi	F200	#42 Women 4x50 Free Relay
2	Cape Dolphin MSC - 'A' Dokter, Monique; Matley, Terry; Webb, Liz; Brimble, Mairi	F200	#25 Women 4x50 Medley Relay

Total Relays: 2

26th South African Masters Swimming LC Champs
Hillcrest Pool Pretoria 17-20 Mar 2010
Alphabetical Roster - Detailed

EACS - East Coast MSC-KZ (East Coast)

Relay	Sex
1 East Coast MSC - 'A' Bailey, Colleen; Tregenna, Gill; Clark, Rosemary; Bromfield, Morag	F240 #42 Women 4x50 Free Relay
2 East Coast MSC - 'A' Mower, Conny; Strydom, Caren; Campbell, Heather; Anderson, Debbie	F160 #42 Women 4x50 Free Relay
3 East Coast MSC - 'B' Hicks, Loraine; Bloxham, Michelle; Fabian, Wendy; McLeod, Fiona	F160 #42 Women 4x50 Free Relay
4 East Coast MSC - 'A' Bromfield, Morag; Tregenna, Gill; Bailey, Colleen; Clark, Rosemary	F240 #25 Women 4x50 Medley Relay
5 East Coast MSC - 'A' Strydom, Caren; Fabian, Wendy; Anderson, Debbie; Campbell, Heather	F160 #25 Women 4x50 Medley Relay
6 East Coast MSC - 'A' Angelos, Merle; Bloxham, Michelle; Mower, Conny; McLeod, Fiona	F200 #25 Women 4x50 Medley Relay
7 East Coast MSC - 'A' Garson, John; Schoeman, Adrian; Saunders, Jim; Hughes, Jimmy	M280 #41 Men 4x50 Free Relay
8 East Coast MSC - 'A' Harley, John; Hadenham, Leslie; Heuff, Roland; Baker, Raymond	M240 #41 Men 4x50 Free Relay
9 East Coast MSC - 'A' Doveton, Gary; van Rooijen, Gerhard; Deyi, Lwazi; Dahlmann, Sven	M160 #41 Men 4x50 Free Relay
10 East Coast MSC - 'A' Garson, John; Schoeman, Adrian; Hadenham, Leslie; Saunders, Jim	M280 #26 Men 4x50 Medley Relay
11 East Coast MSC - 'A' Hughes, Jimmy; Baker, Raymond; Robinson, Graham; Harley, John	M240 #26 Men 4x50 Medley Relay
12 East Coast MSC - 'A' Bartholomew, Alan; Deyi, Lwazi; Dahlmann, Sven; Doveton, Gary	M160 #26 Men 4x50 Medley Relay
13 East Coast MSC - 'A' Hughes, Jimmy; Bailey, Colleen; Bromfield, Morag; van Rooijen, Gerhard	X240 #14 Mixed 4x50 Free Relay
14 East Coast MSC - 'A' Strydom, Caren; Saunders, Jim; Mower, Conny; Bartholomew, Alan	X200 #14 Mixed 4x50 Free Relay
15 East Coast MSC - 'A' Campbell, Heather; Baker, Raymond; Anderson, Debbie; Dahlmann, Sven	X160 #14 Mixed 4x50 Free Relay
16 East Coast MSC - 'B' Harley, John; Tregenna, Gill; Clark, Rosemary; Doveton, Gary	X240 #14 Mixed 4x50 Free Relay
17 East Coast MSC - 'B' Hadenham, Leslie; Garson, John; Hicks, Loraine; McLeod, Fiona	X200 #14 Mixed 4x50 Free Relay
18 East Coast MSC - 'B' Fabian, Wendy; Berridge, Barbara; Heuff, Roland; Deyi, Lwazi	X160 #14 Mixed 4x50 Free Relay
19 East Coast MSC - 'C' Schoeman, Adrian; Angelos, Merle; Bloxham, Michelle; Robinson, Graham	X240 #14 Mixed 4x50 Free Relay
20 East Coast MSC - 'A' Bromfield, Morag; van Rooijen, Gerhard; Hadenham, Leslie; Bailey, Colleen	X240 #3 Mixed 4x50 Medley Relay
21 East Coast MSC - 'A' Campbell, Heather; Baker, Raymond; Anderson, Debbie; Doveton, Gary	X200 #3 Mixed 4x50 Medley Relay
22 East Coast MSC - 'A' Bartholomew, Alan; Fabian, Wendy; Dahlmann, Sven; Strydom, Caren	X160 #3 Mixed 4x50 Medley Relay
23 East Coast MSC - 'B' Hughes, Jimmy; Heuff, Roland; Mower, Conny; Clark, Rosemary	X240 #3 Mixed 4x50 Medley Relay
24 East Coast MSC - 'B' Harley, John; McLeod, Fiona; Hicks, Loraine; Garson, John	X200 #3 Mixed 4x50 Medley Relay
25 East Coast MSC - 'C' Angelos, Merle; Bloxham, Michelle; Robinson, Graham; Saunders, Jim	X240 #3 Mixed 4x50 Medley Relay

Total Relays: 25

26th South African Masters Swimming LC Champs**Hillcrest Pool Pretoria 17-20 Mar 2010****Alphabetical Roster - Detailed****ETSM - ET Stingrays MSC-ES (ET Stingrays)**

	Relay	Sex
1	ET Stingrays MSC - 'A' Roets, Gillian; Potts, Miemie; Booyens, Ronelle; Segakweng, Priscilla	F160 #42 Women 4x50 Free Relay
2	ET Stingrays MSC - 'A' vd Walt, Carol; Harris, Laraine; Wepener, Rhoda; de Beer, Stephanie	F200 #42 Women 4x50 Free Relay
3	ET Stingrays MSC - 'A' Potts, Miemie; Harris, Laraine; vd Walt, Carol; de Beer, Stephanie	F240 #25 Women 4x50 Medley Relay
4	ET Stingrays MSC - 'A' Roets, Gillian; Wepener, Rhoda; Booyens, Ronelle; du Plooy, Christie	F200 #25 Women 4x50 Medley Relay
5	ET Stingrays MSC - 'A' van Dijk, Petrus; Gordon-Davis, Keith; Gordon-Davis, Brian; Miller, Sean	M200 #26 Men 4x50 Medley Relay
6	ET Stingrays MSC - 'A' Gordon-Davis, Brian; de Beer, Stephanie; vd Walt, Carol; Trenor, John	X240 #14 Mixed 4x50 Free Relay
7	ET Stingrays MSC - 'A' Miller, Sean; Roets, Gillian; Potts, Miemie; Gordon-Davis, Keith	X200 #14 Mixed 4x50 Free Relay
8	ET Stingrays MSC - 'A' vd Walt, Carol; Potts, Miemie; Gordon-Davis, Brian; Trenor, John	X240 #3 Mixed 4x50 Medley Relay
9	ET Stingrays MSC - 'A' Miller, Sean; Roets, Gillian; Gordon-Davis, Keith; Booyens, Ronelle	X160 #3 Mixed 4x50 Medley Relay

Total Relays: 9**FRST - Free State MSC-FS (Free State)**

	Relay	Sex
1	Free State MSC - 'A' Pieterse, Elzanie; Rottanburg, Dawn; Scott, Amelia; van Niekerk, Carolyn	F160 #42 Women 4x50 Free Relay
2	Free State MSC - 'A' Lordan, Beth; van Niekerk, Antoinette; Loxton, Shani; Craig, Elsa	F240 #42 Women 4x50 Free Relay
3	Free State MSC - 'A' van Niekerk, Antoinette; Loxton, Shani; Craig, Elsa; Lordan, Beth	F240 #25 Women 4x50 Medley Relay
4	Free State MSC - 'A' Guiney, Gwyn; van Niekerk, Carolyn; Scott, Amelia; Pieterse, Elzanie	F160 #25 Women 4x50 Medley Relay
5	Free State MSC - 'A' Pieterse, Boela; Stainforth, Chris; Kropman, Derek; Bitzer, Rudolf	M160 #41 Men 4x50 Free Relay
6	Free State MSC - 'A' Pieterse, Boela; Schoeman, Danie; Kropman, Derek; Stainforth, Chris	M160 #26 Men 4x50 Medley Relay
7	Free State MSC - 'A' Kropman, Derek; Lordan, Beth; Schoeman, Danie; Craig, Elsa	X200 #14 Mixed 4x50 Free Relay
8	Free State MSC - 'A' Stainforth, Chris; Pieterse, Elzanie; Bitzer, Rudolf; van Niekerk, Carolyn	X120 #14 Mixed 4x50 Free Relay
9	Free State MSC - 'B' Hefer, Seef; van Niekerk, Antoinette; Pieterse, Boela; Loxton, Shani	X200 #14 Mixed 4x50 Free Relay
10	Free State MSC - 'A' Pieterse, Elzanie; Schoeman, Danie; Kropman, Derek; van Niekerk, Carolyn	X160 #3 Mixed 4x50 Medley Relay
11	Free State MSC - 'A' van Niekerk, Antoinette; Pieterse, Boela; Craig, Elsa; Stainforth, Chris	X200 #3 Mixed 4x50 Medley Relay
12	Free State MSC - 'B' Bitzer, Rudolf; Lordan, Beth; Scott, Amelia; Hefer, Seef	X200 #3 Mixed 4x50 Medley Relay

Total Relays: 12

26th South African Masters Swimming LC Champs**Hillcrest Pool Pretoria 17-20 Mar 2010****Alphabetical Roster - Detailed****HIGH - Highway MSC-KZ (Highway)**

	Relay	Sex
1	Highway MSC - 'A' Thompson, Terry; Thatcher, Annette; Harrison, Peta; Schaanick, Juanine	F160 #42 Women 4x50 Free Relay
2	Highway MSC - 'B' Goldstein, Heather; Koen, Ina; Gray, Ann; Ireland, Jenny	F200 #42 Women 4x50 Free Relay
3	Highway MSC - 'A' Thatcher, Annette; Thompson, Terry; Ireland, Jenny; Schaanick, Juanine	F200 #25 Women 4x50 Medley Relay
4	Highway MSC - 'B' Koen, Ina; Shuttleworth, Bev; Goldstein, Heather; Harrison, Peta	F200 #25 Women 4x50 Medley Relay

Total Relays: 4

26th South African Masters Swimming LC Champs
Hillcrest Pool Pretoria 17-20 Mar 2010
Alphabetical Roster - Detailed

PHOE - Phoenix MSC-CG (Phoenix)

Relay	Sex
1 Phoenix MSC - 'A' Bacchini, Nadia; Hunter, Samantha; Long, Adele; Johnson, Justine	F100 #42 Women 4x50 Free Relay
2 Phoenix MSC - 'A' Troup, Bianca; Kennedy, Karen; Baker, Leisel; Morris-Eyton, Heather	F160 #42 Women 4x50 Free Relay
3 Phoenix MSC - 'A' Stein, Karen; van Wyk, Natalie; Wilcox, Pat; Bronkhorst, Liz	F200 #42 Women 4x50 Free Relay
4 Phoenix MSC - 'A' Crawford, Linda; Jones, Anne; Williamson, Gloria; Rollnick, Marissa	F240 #42 Women 4x50 Free Relay
5 Phoenix MSC - 'B' Vermeulen, Junel; Leone-Allner, Rene; Nichols, Philippa; Curtis, Alison	F160 #42 Women 4x50 Free Relay
6 Phoenix MSC - 'A' Hunter, Samantha; Morris-Eyton, Heather; Troup, Bianca; Kennedy, Karen	F120 #25 Women 4x50 Medley Relay
7 Phoenix MSC - 'A' Stein, Karen; Baker, Leisel; Bacchini, Nadia; Bronkhorst, Liz	F160 #25 Women 4x50 Medley Relay
8 Phoenix MSC - 'A' Davie, Clare; van Wyk, Natalie; Vermeulen, Junel; Rollnick, Marissa	F200 #25 Women 4x50 Medley Relay
9 Phoenix MSC - 'A' Jones, Anne; Wilcox, Pat; Crawford, Linda; Williamson, Gloria	F240 #25 Women 4x50 Medley Relay
10 Phoenix MSC - 'B' Leone-Allner, Rene; Nichols, Philippa; Hudson, Saranne; Long, Adele	F120 #25 Women 4x50 Medley Relay
11 Phoenix MSC - 'A' Fok, Andrew; van Wyk, Ettienne; Hurley, Steven; Hall, Gary	M120 #41 Men 4x50 Free Relay
12 Phoenix MSC - 'A' Shukan, Brian; Dempster, Phillip; Byrnes, Michael; Brits, Rudi	M160 #41 Men 4x50 Free Relay
13 Phoenix MSC - 'A' Wolpe, Russel; Jacobs, Kenny; Phillips, Tony; Johnston, Don	M280 #41 Men 4x50 Free Relay
14 Phoenix MSC - 'B' Vermeulen, Alan; Stiglmayr, Gerhard; vd Barselaar, Micheal; Dube, Langa	M120 #41 Men 4x50 Free Relay
15 Phoenix MSC - 'B' Allner, Anton; Maltby, Derek; Greaves, Gordon; Ponsonby, Peter	M160 #41 Men 4x50 Free Relay
16 Phoenix MSC - 'A' Ponsonby, Peter; Greaves, Gordon; Phillips, Tony; Brits, Rudi	M200 #26 Men 4x50 Medley Relay
17 Phoenix MSC - 'A' Johnston, Don; Wolpe, Russel; Maltby, Derek; Jacobs, Kenny	M280 #26 Men 4x50 Medley Relay
18 Phoenix MSC - 'A' van Wyk, Ettienne; Hall, Gary; Byrnes, Michael; Fok, Andrew	M120 #26 Men 4x50 Medley Relay
19 Phoenix MSC - 'A' Allner, Anton; Dube, Langa; Shukan, Brian; Hurley, Steven	M160 #26 Men 4x50 Medley Relay
20 Phoenix MSC - 'A' Fok, Andrew; Troup, Bianca; Kennedy, Karen; Hall, Gary	X120 #14 Mixed 4x50 Free Relay
21 Phoenix MSC - 'A' Byrnes, Michael; Davie, Clare; Shukan, Brian; Morris-Eyton, Heather	X160 #14 Mixed 4x50 Free Relay
22 Phoenix MSC - 'A' Greaves, Gordon; Vermeulen, Junel; O'Brien, Eugene; Rollnick, Marissa	X200 #14 Mixed 4x50 Free Relay
23 Phoenix MSC - 'A' Jones, Anne; Phillips, Tony; Lotkin, Roy; Crawford, Linda	X240 #14 Mixed 4x50 Free Relay
24 Phoenix MSC - 'A' Johnston, Don; Wilcox, Pat; Jacobs, Kenny; Williamson, Gloria	X280 #14 Mixed 4x50 Free Relay
25 Phoenix MSC - 'B' Kukard, Duncan; Nichols, Philippa; Hunter, Samantha; Allner, Anton	X120 #14 Mixed 4x50 Free Relay
26 Phoenix MSC - 'B' Bacchini, Nadia; Baker, Leisel; Brits, Rudi; Ponsonby, Peter	X160 #14 Mixed 4x50 Free Relay

26th South African Masters Swimming LC Champs**Hillcrest Pool Pretoria 17-20 Mar 2010****Alphabetical Roster - Detailed****PHOE - Phoenix MSC-CG (Phoenix)**

	Relay	Sex
27	Phoenix MSC - 'A' Hunter, Samantha; Hall, Gary; Fok, Andrew; Bacchini, Nadia	X120 #3 Mixed 4x50 Medley Relay
28	Phoenix MSC - 'A' Kennedy, Karen; Morris-Eyton, Heather; Byrnes, Michael; Hurley, Steven	X160 #3 Mixed 4x50 Medley Relay
29	Phoenix MSC - 'A' Vermeulen, Junel; Greaves, Gordon; Ponsonby, Peter; Rollnick, Marissa	X200 #3 Mixed 4x50 Medley Relay
30	Phoenix MSC - 'A' Jones, Anne; Jacobs, Kenny; Maltby, Derek; Wilcox, Pat	X240 #3 Mixed 4x50 Medley Relay
31	Phoenix MSC - 'A' Johnston, Don; Wolpe, Russel; Crawford, Linda; Williamson, Gloria	X280 #3 Mixed 4x50 Medley Relay
32	Phoenix MSC - 'B' Leone-Allner, Rene; Nichols, Philippa; Shukan, Brian; Brits, Rudi	X160 #3 Mixed 4x50 Medley Relay
33	Phoenix MSC - 'B' Allner, Anton; van Wyk, Natalie; Phillips, Tony; Bronkhorst, Liz	X200 #3 Mixed 4x50 Medley Relay

Total Relays: 33**POSEI - Poseidon Moscow-RUS-ZZ (Poseidon Moscow)**

	Relay	Sex
1	Poseidon Moscow-RUS - 'A' Starshinin, Alexander; Bashmakov, Alexander; Zeleniy, Eveny; Makarychev, Sergey	M200 #41 Men 4x50 Free Relay
2	Poseidon Moscow-RUS - 'A' Makarychev, Sergey; Starshinin, Alexander; Zeleniy, Eveny; Bashmakov, Alexander	M200 #26 Men 4x50 Medley Relay

Total Relays: 2

26th South African Masters Swimming LC Champs**Hillcrest Pool Pretoria 17-20 Mar 2010****Alphabetical Roster - Detailed****WAHO - Wahoo MSC-CG (Wahoo)**

	Relay	Sex
1	Wahoo MSC - 'A' Phipson, Heather; Helps, Tracy; Lee, Niki; Scholtz, Eurika	F120 #42 Women 4x50 Free Relay
2	Wahoo MSC - 'A' Bridges, Carole; Hickling, Surika; Damons, Tracy-Ann; Adan, Marilyn	F160 #42 Women 4x50 Free Relay
3	Wahoo MSC - 'A' Vettori, Stella; Zambetti, Deane; Alder, Elaine; Lawless, Helen	F200 #42 Women 4x50 Free Relay
4	Wahoo MSC - 'A' Helps, Tracy; Scholtz, Eurika; Vettori, Stella; Zambetti, Deane	F160 #25 Women 4x50 Medley Relay
5	Wahoo MSC - 'A' Adan, Marilyn; Ferreira, Mercia; Lee, Niki; Parsons, Sue	F200 #25 Women 4x50 Medley Relay
6	Wahoo MSC - 'B' Alder, Elaine; Bridges, Carole; Lawless, Helen; Phipson, Heather	F200 #25 Women 4x50 Medley Relay
7	Wahoo MSC - 'A' Parsons, Graeme; Steynberg, Andre; Winstone, Nick; Phillips, Michael	M120 #41 Men 4x50 Free Relay
8	Wahoo MSC - 'A' Forrester, Andrew; Phipson, Mark; Kitching, Dale; Dreyer, Bertus	M160 #41 Men 4x50 Free Relay
9	Wahoo MSC - 'A' Harker, Guy; Tustin, Royden; Mountjoy, Mark; Hickling, Glenn	M200 #41 Men 4x50 Free Relay
10	Wahoo MSC - 'A' Myers, Winton; Hutchings, Peter; Galvin, Patrick; Mitchell, Tocher	M280 #41 Men 4x50 Free Relay
11	Wahoo MSC - 'B' Collins, Stuart; Johnson, Andrew; Sheftz, Owen; Berning, Emil	M120 #41 Men 4x50 Free Relay
12	Wahoo MSC - 'B' Davies, Mike; Crowther, Bobbie; Hatherly, Bob; van Heerden, Carel	M200 #41 Men 4x50 Free Relay
13	Wahoo MSC - 'A' May, Stephen; Hayes, Johan; Sheftz, Owen; Winstone, Nick	M120 #26 Men 4x50 Medley Relay
14	Wahoo MSC - 'A' Collins, Stuart; Forrester, Andrew; Parsons, Graeme; Berning, Emil	M160 #26 Men 4x50 Medley Relay
15	Wahoo MSC - 'A' Steynberg, Andre; Hatherly, Bob; Haupt, Steve; Harker, Guy	M200 #26 Men 4x50 Medley Relay
16	Wahoo MSC - 'A' May, Walter; van Heerden, Carel; Galvin, Patrick; Johnson, Andrew	M240 #26 Men 4x50 Medley Relay
17	Wahoo MSC - 'B' Mountjoy, Mark; Phipson, Mark; Hickling, Glenn; Tustin, Royden	M160 #26 Men 4x50 Medley Relay
18	Wahoo MSC - 'B' Myers, Winton; Mitchell, Tocher; Davies, Mike; Grobler, Francois	M200 #26 Men 4x50 Medley Relay
19	Wahoo MSC - 'A' Parsons, Graeme; Scholtz, Eurika; Zambetti, Deane; Winstone, Nick	X120 #14 Mixed 4x50 Free Relay
20	Wahoo MSC - 'A' Johnson, Andrew; Lee, Niki; Vettori, Stella; Steynberg, Andre	X160 #14 Mixed 4x50 Free Relay
21	Wahoo MSC - 'A' Myers, Winton; Damons, Tracy-Ann; Capstickdale, Vanessa; Hatherly, Bob	X200 #14 Mixed 4x50 Free Relay
22	Wahoo MSC - 'A' van Heerden, Carel; Alder, Elaine; Lawless, Helen; Galvin, Patrick	X240 #14 Mixed 4x50 Free Relay
23	Wahoo MSC - 'B' Hayes, Johan; Helps, Tracy; Phipson, Heather; Sheftz, Owen	X120 #14 Mixed 4x50 Free Relay
24	Wahoo MSC - 'B' Hickling, Glenn; Bridges, Carole; Hickling, Surika; Phipson, Mark	X160 #14 Mixed 4x50 Free Relay
25	Wahoo MSC - 'B' Harker, Guy; Adan, Marilyn; Ferreira, Mercia; May, Walter	X240 #14 Mixed 4x50 Free Relay
26	Wahoo MSC - 'C' Forrester, Andrew; Parsons, Sue; Goldschmeding, Cornelia; Miller, Mervyn	X160 #14 Mixed 4x50 Free Relay

26th South African Masters Swimming LC Champs**Hillcrest Pool Pretoria 17-20 Mar 2010****Alphabetical Roster - Detailed****WAHO - Wahoo MSC-CG (Wahoo)**

	Relay	Sex
27	Wahoo MSC - 'A' Lee, Niki; Zambetti, Deane; Sheftz, Owen; Parsons, Graeme	X120 #3 Mixed 4x50 Medley Relay
28	Wahoo MSC - 'A' Alexander, Lalla; Ferreira, Mercia; May, Stephen; Davies, Mike	X160 #3 Mixed 4x50 Medley Relay
29	Wahoo MSC - 'A' Alder, Elaine; Harker, Guy; Steynberg, Andre; Vettori, Stella	X200 #3 Mixed 4x50 Medley Relay
30	Wahoo MSC - 'A' Adan, Marilyn; van Heerden, Carel; Lawless, Helen; May, Walter	X240 #3 Mixed 4x50 Medley Relay
31	Wahoo MSC - 'B' Helps, Tracy; Scholtz, Eurika; Berning, Emil; Winstone, Nick	X120 #3 Mixed 4x50 Medley Relay
32	Wahoo MSC - 'B' Damons, Tracy-Ann; Goldschmeding, Cornelia; Tustin, Royden; Kitching, Dale	X160 #3 Mixed 4x50 Medley Relay
33	Wahoo MSC - 'B' Galvin, Patrick; Hickling, Surika; Hickling, Glenn; Parsons, Sue	X200 #3 Mixed 4x50 Medley Relay

Total Relays: 33**WINE - Winelands MSC-WP (Winelands)**

	Relay	Sex
1	Winelands MSC - 'A' Frost, David; Platte, Gary; Lewis, Edgar; Louw, Attie	M200 #41 Men 4x50 Free Relay
2	Winelands MSC - 'A' Louw, Attie; Lewis, Edgar; Platte, Gary; Frost, David	M200 #26 Men 4x50 Medley Relay
3	Winelands MSC - 'A' Neethling, Priscilla; Frost, David; Lewis, Edgar; Louw, Niki	X160 #14 Mixed 4x50 Free Relay
4	Winelands MSC - 'A' Sharkey, Therese; Louw, Attie; Platte, Gary; Neethling, Priscilla	X200 #3 Mixed 4x50 Medley Relay

Total Relays: 4**Total Athletes: 0****Total Relay: 275**