



# NATIONALS 2012

*Cape Town*



14 - 18 MARCH 2012

## THE 28TH SOUTH AFRICAN MASTERS SWIMMING CHAMPIONSHIPS

<http://www.samastersswimming.com/>

Nationals News No: 2



### In this issue :

- \* Sponsors for Nationals 2012
- \* Entry Form for Open Water Swim
- \* Information on Functions
- \* Advertising in the Nationals Programme
- \* Timekeepers wanted

The 28th South African Masters Swimming Championships 2012 is proudly sponsored by :



**pwc**



Investments



# 28th SOUTH AFRICAN MASTERS SWIMMING CHAMPIONSHIPS

**OPEN WATER SWIM – 18 MARCH 2012**  
**BLUE ROCK DAM – SOMERSET WEST - 9h00**



PHYSICAL ADDRESS  
 Blue Rock Cable Waterski,  
 Sir Lowry's Pass,  
 Somerset West



## ENTRY FORM

Surname: \_\_\_\_\_ First Names: \_\_\_\_\_

Gender (indicate with an X): Male: \_\_\_\_\_ Female: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Date of Birth: Day: \_\_\_\_\_ Month: \_\_\_\_\_ Year: \_\_\_\_\_ Age on 31/12/12 \_\_\_\_\_

### Contact Details:

Tel: ( ) \_\_\_\_\_ Cell: \_\_\_\_\_ E-mail: \_\_\_\_\_

ID Number: \_\_\_\_\_

Club Name: \_\_\_\_\_ Region: \_\_\_\_\_

Emergency Contact number: \_\_\_\_\_

Please indicate with an X which event you will be entering:

Events and Categories – <b>Start time 09h00</b>		
Event 1	1Km	Mixed
Event 2	3Km	Mixed

Events 1 & 2 will be swum simultaneously. Swimmers entering the 1 km event will be required to leave the water on completion of the 1km swim.

Swimmers entering for the 3 km will only receive the time for the 3 km event i.e. they may not receive a time for the 1 km event as well.

Medals will be awarded for 1st, 2nd & 3rd places in all Masters age groups in both events. Competitors must be present to receive their medals.

Closing date for entries : 31 January 2012

- 1 All SA swimmers must be registered with SAMS in order to enter.
- 2 Kindly complete all sections of this form. Print clearly. NB – Make a copy for your records!
- 3 Return your entry-**with entry fees** (entry fees payable to YOUR CLUB-together with your Pool entry form ) to your Club President by 31/1/2012.
- 4 No refunds if competitor withdraws.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE OF CLUB PRESIDENT: \_\_\_\_\_



## Happy Hour Details announced!

We are happy to announce that we have secured the beautiful **King David Golf Club** as the venue for the annual Happy Hour function. Situated less than a ten minute drive from the pool at UWC along the Modderdam Road it is sure to be a great night as always. So please come along and join us for a great evening of socializing where you can catch up with friends old and new.

Details: 16th March @ 18:30

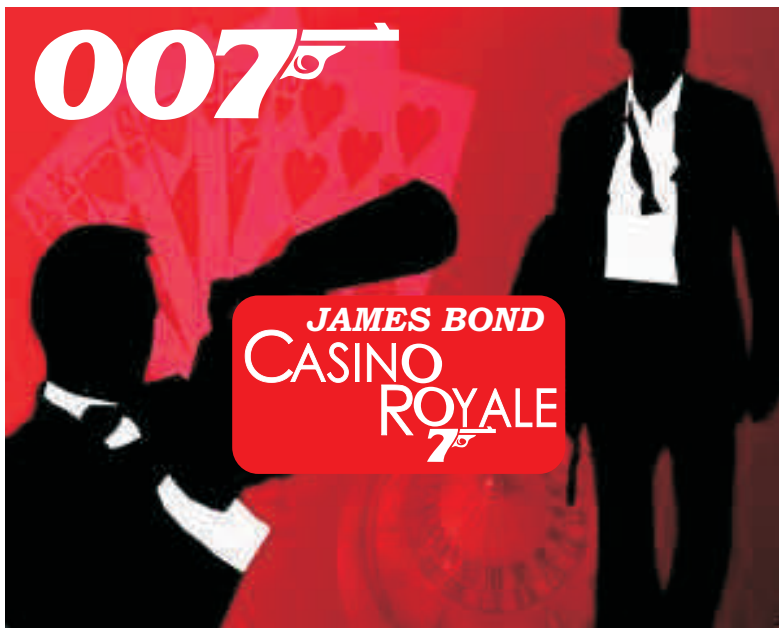
### Directions to King David Golf Club

From the centre of **Cape Town**, proceed east on the **N2**.  
 Exit the N2 at the **M22/Borcherds Quarry (Exit 18)** off-ramp.  
 Proceed along **Airport Approach Road** (heading towards Cape Town International Airport), and after 1km,  
 exit left onto **Borcherds Quarry Street(M22)**.  
 Proceed along Borcherds Quarry Street(M22), the airport will be on your right-hand side, then turn left into **Modderdam Road(M10)**.  
 On Modderdam Road(M10), take the first left into **Palotti Road**, and the golf club will be on your left-hand side.  
 From the entrance/exit of the **University of the Western Cape**, turn left into **Modderdam East Road**, traveling towards Table Mountain in the distance. Cross **De La Rey Rd** and **Stellenbosch Rd**. The Airport will be on your left side. Cross the **Borcherds Quarry** intersection and after about 500m, turn left into **Pallotti Rd**. Follow the signs to the golf club.



King David Golf Club

## DINNER DANCE, GRAND WEST CASINO



**JAMES BOND**  
**CASINO**  
 ♥ ♣ ♦ ♠ **ROYALE**  
**007**

The theme for the gala evening at Nationals 2012 is "**Casino Royale**" and the famous 007 agent, **James Bond**.

There is still plenty of time to get the old bod in shape for that tailored tux or the little black number.

We hope to see lots of dashing James Bonds and glamorous gals at the event.

Let the creative juices start to flow!

**Date** : 17 March @ 19:00  
**Venue** : Grand West Casino  
**Dress code** : Formal

**How to get to the Grand West Casino**

Directions to Grand West from the **airport**:  
 Take the **N2** towards Cape Town.  
 Take the **Goodwood/Malmesbury/N7** turnoff (this road eventually becomes **Vanguard Drive**)  
 Cross **Viking Road**.  
 Take the off-ramp before the bridge on your left.  
 Drive straight into **Grand West**.

## TIMEKEEPERS WANTED!

It would be greatly appreciated if each club could encourage any spouses or partner to assist with timekeeping. Anyone interested can contact Annemarie Odendaal on 083 446 6000 or email her on [odendaalannemarie0@gmail.com](mailto:odendaalannemarie0@gmail.com) should they able to assist.

# ADVERTISING IN THE NATIONALS PROGRAMME

The adverts for the Nationals programme need to be booked. Should you wish to advertise your products or company or just simply want to wish your fellow swimmers good luck, we would really appreciate if you would consider taking an advert.

Costs of advertising space in the 28th SA Masters National Swimming Championship Programme for 2012 are as follows:

Full page	R800 - A4 (210 x 297)
Half page	R450 - A5 (148 x 210)
Quarter page	R250 - A6 ( 105 x 148)
One liners	R50

Should you be interested in the above, please contact Marcelle on 0827498805 or via email - [marzi.s@mweb.co.za](mailto:marzi.s@mweb.co.za) as soon as possible to book your advert.

## Indoor pool at the University of the Western Cape

