

GMS Short Course Records**Relays****GMS record - Records**

Women 76-99 4x50 Free Relay	59:59.99		Vacant
Women 76-99 4x100 Free Relay	59:59.99		Vacant
Women 76-99 4x200 Free Relay	59:59.99		Vacant
Women 76-99 4x50 Medley Relay	59:59.99		Vacant
Women 76-99 4x100 Medley Relay	59:59.99		Vacant
Women 100-119 4x50 Free Relay	59:59.99		Vacant
Women 100-119 4x100 Free Relay	59:59.99		Vacant
Women 100-119 4x200 Free Relay	59:59.99		Vacant
Women 100-119 4x50 Medley Relay	2:48.18	2004-11-28	Killer Whales (Jhb) C Bolton, N Labuschagne, C Coetzee, J Harvey
Women 100-119 4x100 Medley Relay	59:59.99		Vacant
Women 120-159 4x50 Free Relay	2:06.96	2006-10-29	Phoenix (Jhb) H Morris-Eyton, R Isakov, A Dressler, B Troup
Women 120-159 4x100 Free Relay	59:59.99		Vacant
Women 120-159 4x200 Free Relay	59:59.99		Vacant
Women 120-159 4x50 Medley Relay	59:59.99		Vacant
Women 120-159 4x100 Medley Relay	59:59.99		Vacant
Women 160-199 4x50 Free Relay	2:19.08	2009-05-16	Wahoo (Jhb) D Carroll, D Zambetti, T Helps, C Bridges
Women 160-199 4x100 Free Relay	5:52.86	2011-05-15	Wahoo (Jhb) D Carroll, M Adan, H Phipson, N Lee
Women 160-199 4x200 Free Relay	59:59.99		Vacant
Women 160-199 4x50 Medley Relay	2:36.56	2009-06-27	Phoenix (Jhb) A Jones, H Morris-Eyton, J Johnson, K Kennedy
Women 160-199 4x100 Medley Relay	59:59.99		Vacant
Women 200-239 4x50 Free Relay	2:24.21	2006-10-29	Phoenix (Jhb) A Curtis, L Crawford, A Jones, M Rollnick
Women 200-239 4x100 Free Relay	59:59.99		Vacant
Women 200-239 4x200 Free Relay	59:59.99		Vacant
Women 200-239 4x50 Medley Relay	2:56.24	2009-10-24	Wahoo (Jhb) E Alder, M Ferreira, H Lawless, T Helps
Women 200-239 4x100 Medley Relay	59:59.99		Vacant
Women 240-279 4x50 Free Relay	59:59.99		Vacant
Women 240-279 4x100 Free Relay	59:59.99		Vacant
Women 240-279 4x200 Free Relay	59:59.99		Vacant
Women 240-279 4x50 Medley Relay	59:59.99		Vacant
Women 240-279 4x100 Medley Relay	59:59.99		Vacant
Women 280-319 4x50 Free Relay	59:59.99		Vacant
Women 280-319 4x100 Free Relay	59:59.99		Vacant
Women 280-319 4x200 Free Relay	59:59.99		Vacant
Women 280-319 4x50 Medley Relay	59:59.99		Vacant
Women 280-319 4x100 Medley Relay	59:59.99		Vacant
Women 320-359 4x50 Free Relay	59:59.99		Vacant
Women 320-359 4x100 Free Relay	59:59.99		Vacant
Women 320-359 4x200 Free Relay	59:59.99		Vacant
Women 320-359 4x50 Medley Relay	59:59.99		Vacant
Women 320-359 4x100 Medley Relay	59:59.99		Vacant
Women 360-399 4x50 Free Relay	59:59.99		Vacant
Women 360-399 4x100 Free Relay	59:59.99		Vacant
Women 360-399 4x200 Free Relay	59:59.99		Vacant
Women 360-399 4x50 Medley Relay	59:59.99		Vacant
Women 360-399 4x100 Medley Relay	59:59.99		Vacant
Men 76-99 4x50 Free Relay	59:59.99		Vacant
Men 76-99 4x100 Free Relay	59:59.99		Vacant
Men 76-99 4x200 Free Relay	59:59.99		Vacant
Men 76-99 4x50 Medley Relay	59:59.99		Vacant
Men 76-99 4x100 Medley Relay	59:59.99		Vacant
Men 100-119 4x50 Free Relay	1:54.79	2004-11-28	Killer Whales (Jhb) N Crawford, W van Staden, R Gibson, B Labuschagne
Men 100-119 4x100 Free Relay	59:59.99		Vacant
Men 100-119 4x200 Free Relay	59:59.99		Vacant

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Men 100-119 4x50 Medley Relay	2:11.63	2004-11-28	Killer Whales (Jhb) N Crawford, W van Staden, R Gibson, B Labuschagne
Men 100-119 4x100 Medley Relay	59:59.99		Vacant
Men 120-159 4x50 Free Relay	1:48.56	2005-11-26	Wahoo (Jhb) N Winstone, A Steynberg, D Neilan, P Fryer
Men 120-159 4x100 Free Relay	59:59.99		Vacant
Men 120-159 4x200 Free Relay	59:59.99		Vacant
Men 120-159 4x50 Medley Relay	2:06.50	2009-10-24	Wahoo (Jhb) M Phillips, G Parsons, A Steynberg, M Nel
Men 120-159 4x100 Medley Relay	59:59.99		Vacant
Men 160-199 4x50 Free Relay	1:50.19	2009-05-16	Wahoo (Jhb) A Steynberg, G Parsons, E Berning, J Hayes
Men 160-199 4x100 Free Relay	4:13.69	2011-05-15	Wahoo (Jhb) F Grobler, A Steynberg, O Sheftz, T von Bardeleben
Men 160-199 4x200 Free Relay	59:59.99		Vacant
Men 160-199 4x50 Medley Relay	59:59.99		Vacant
Men 160-199 4x100 Medley Relay	59:59.99		Vacant
Men 200-239 4x50 Free Relay	1:54.72	2006-10-29	Wahoo (Jhb) A Steynberg, H vd Hoven, G Harker, R Hatherly
Men 200-239 4x100 Free Relay	59:59.99		Vacant
Men 200-239 4x200 Free Relay	59:59.99		Vacant
Men 200-239 4x50 Medley Relay	59:59.99		Vacant
Men 200-239 4x100 Medley Relay	59:59.99		Vacant
Men 240-279 4x50 Free Relay	2:16.83	2009-05-16	Wahoo (Jhb) R Hatherly, B Nelson, P Hutchings, G Harker
Men 240-279 4x100 Free Relay	59:59.99		Vacant
Men 240-279 4x200 Free Relay	59:59.99		Vacant
Men 240-279 4x50 Medley Relay	59:59.99		Vacant
Men 240-279 4x100 Medley Relay	59:59.99		Vacant
Men 280-319 4x50 Free Relay	3:35.53	1999-09-01	Old Eds (Jhb)
Men 280-319 4x100 Free Relay	59:59.99		Vacant
Men 280-319 4x200 Free Relay	59:59.99		Vacant
Men 280-319 4x50 Medley Relay	59:59.99		Vacant
Men 280-319 4x100 Medley Relay	59:59.99		Vacant
Men 320-359 4x50 Free Relay	59:59.99		Vacant
Men 320-359 4x100 Free Relay	59:59.99		Vacant
Men 320-359 4x200 Free Relay	59:59.99		Vacant
Men 320-359 4x50 Medley Relay	59:59.99		Vacant
Men 320-359 4x100 Medley Relay	59:59.99		Vacant
Men 360-399 4x50 Free Relay	59:59.99		Vacant
Men 360-399 4x100 Free Relay	59:59.99		Vacant
Men 360-399 4x200 Free Relay	59:59.99		Vacant
Men 360-399 4x50 Medley Relay	59:59.99		Vacant
Men 360-399 4x100 Medley Relay	59:59.99		Vacant
Mixed 76-99 4x50 Free Relay	2:01.00	2006-10-29	Wahoo (Jhb) S Hunter, S May, N Bacchini, J Hoch
Mixed 76-99 4x100 Free Relay	59:59.99		Vacant
Mixed 76-99 4x200 Free Relay	59:59.99		Vacant
Mixed 76-99 4x50 Medley Relay	59:59.99		Vacant
Mixed 76-99 4x100 Medley Relay	59:59.99		Vacant
Mixed 100-119 4x50 Free Relay	2:01.69	2006-10-29	Wahoo (Jhb) E Scholtz, T Gordon, A Squire, C Cronje
Mixed 100-119 4x100 Free Relay	59:59.99		Vacant
Mixed 100-119 4x200 Free Relay	59:59.99		Vacant
Mixed 100-119 4x50 Medley Relay	2:29.59	2006-11-25	Killer Whales (Jhb) r Gibson, J Wagner, T Parsons, T Gardiner
Mixed 100-119 4x100 Medley Relay	59:59.99		Vacant
Mixed 120-159 4x50 Free Relay	1:54.18	2006-10-29	Wahoo (Jhb) N Winstone, A Fok, J Dolkens, T Souster
Mixed 120-159 4x100 Free Relay	59:59.99		Vacant
Mixed 120-159 4x200 Free Relay	59:59.99		Vacant

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Mixed 120-159 4x50 Medley Relay	59:59.99		Vacant
Mixed 120-159 4x100 Medley Relay	59:59.99		Vacant
Mixed 160-199 4x50 Free Relay	1:57.21	2006-10-29	Phoenix (Jhb) G Price, R Isakov, D Wilson, H Morris-Eyton
Mixed 160-199 4x100 Free Relay	59:59.99		Vacant
Mixed 160-199 4x200 Free Relay	59:59.99		Vacant
Mixed 160-199 4x50 Medley Relay	59:59.99		Vacant
Mixed 160-199 4x100 Medley Relay	59:59.99		Vacant
Mixed 200-239 4x50 Free Relay	59:59.99		Vacant
Mixed 200-239 4x100 Free Relay	59:59.99		Vacant
Mixed 200-239 4x200 Free Relay	59:59.99		Vacant
Mixed 200-239 4x50 Medley Relay	59:59.99		Vacant
Mixed 200-239 4x100 Medley Relay	59:59.99		Vacant
Mixed 240-279 4x50 Free Relay	2:37.21	2006-10-29	Wahoo (Jhb) P Hutchings, G v Wimmersperg, B Nelson, M Ferreira
Mixed 240-279 4x100 Free Relay	59:59.99		Vacant
Mixed 240-279 4x200 Free Relay	59:59.99		Vacant
Mixed 240-279 4x50 Medley Relay	59:59.99		Vacant
Mixed 240-279 4x100 Medley Relay	59:59.99		Vacant
Mixed 280-319 4x50 Free Relay	59:59.99		Vacant
Mixed 280-319 4x100 Free Relay	59:59.99		Vacant
Mixed 280-319 4x200 Free Relay	59:59.99		Vacant
Mixed 280-319 4x50 Medley Relay	59:59.99		Vacant
Mixed 280-319 4x100 Medley Relay	59:59.99		Vacant
Mixed 320-359 4x50 Free Relay	59:59.99		Vacant
Mixed 320-359 4x100 Free Relay	59:59.99		Vacant
Mixed 320-359 4x200 Free Relay	59:59.99		Vacant
Mixed 320-359 4x50 Medley Relay	59:59.99		Vacant
Mixed 320-359 4x100 Medley Relay	59:59.99		Vacant
Mixed 360-399 4x50 Free Relay	59:59.99		Vacant
Mixed 360-399 4x100 Free Relay	59:59.99		Vacant
Mixed 360-399 4x200 Free Relay	59:59.99		Vacant
Mixed 360-399 4x50 Medley Relay	59:59.99		Vacant
Mixed 360-399 4x100 Medley Relay	59:59.99		Vacant