



Fédération Internationale
de Natation

CORNEL MARCULESCU
EXECUTIVE DIRECTOR

MEMORANDUM

TO: All FINA MEMBER FEDERATIONS
FROM: FINA, Lausanne
DATE: September 30, 2011
RE: 2012 Prohibited List

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EXECUTIVE DIRECTOR
CORNEL MARCULESCU

Dear Madam or Sir,

The 2012 List of Prohibited Substances and Methods is now available. This List will take effect on **January 1, 2012.**

Noteworthy changes compared to the 2011 List include:

Formoterol added as an exception to beta-2 agonists

One of the most significant changes is the removal of formoterol from Section 3 'Beta-2 Agonists' of the List when taken by inhalation at therapeutic dosages. Taking into account recent research results and requests by members of the sports community, inhaled formoterol at therapeutic doses is no longer prohibited.

The List prohibits the administration of all beta-2 agonists except salbutamol (maximum 1600 micrograms over 24 hours), salmeterol when taken by inhalation, and now formoterol (maximum 36 micrograms taken over 24 hours).

The issue of beta-2 agonists will continue to be a focus of WADA's research activity in order to ensure that the administration of large doses or by systemic routes of these substances is prevented and prohibited, but that the appropriate care and treatment of asthmatic athletes is facilitated.

Nicotine placed on monitoring program

In order to detect potential patterns of abuse, nicotine has been placed on WADA's 2012 Monitoring Program. It is not WADA's intention to target smokers, rather to monitor the effects nicotine can have on performance when taken in oral tobacco products such as snus.

Nicotine is one of several stimulants added to the Monitoring Program, along with the narcotics hydrocone and tramadol. Out-of-competition use of glucocorticosteroids has also been included.

We remain at your disposal for any questions you may have.

Sincerely,

Cornel Marculescu
Executive Director

CM/jl