

## FINA 13th LC Champs @ Goteborg Sweden - 2010-07-31 to 2010-08-07

## Valhalla &amp; Lunby 50m pools at Goteborg Sweden

## Meet Summary

	Seed	Results	
<b>Alexander, Robbie - Male - Age: 42 - Wahoo-CG - DOB: 1968-08-10</b>			
#36 Men 40-44 50 Back Finals	NT	NS	
<b>Amner, Claire - Female - Age: 36 - Cape Town-WP - DOB: 1974-04-19</b>			
#1 Women 35-39 800 Free Finals	NT	11:00.43	(19)
1:17.01 2:40.27 (1:23.26) 4:04.91 (1:24.64) 5:29.73 (1:24.82)			
6:53.92 (1:24.19) 8:17.73 (1:23.81) 9:40.89 (1:23.16) 11:00.43 (1:19.54)			
#9 Women 35-39 400 IM Finals	NT	6:06.08	(15)
1:27.10 3:00.86 (1:33.76) 4:43.55 (1:42.69) 6:06.08 (1:22.53)			
#11 Women 35-39 200 Free Finals	NT	2:35.80	(25)
36.04 1:15.62 (39.58) 1:56.07 (40.45) 2:35.80 (39.73)			
#33 Women 35-39 200 Fly Finals	NT	3:07.73	(15)
40.09 1:25.85 (45.76) 2:15.56 (49.71) 3:07.73 (52.17)			
#37 Women 35-39 400 Free Finals	NT	5:24.67	(21)
1:17.03 2:39.82 (1:22.79) 4:03.19 (1:23.37) 5:24.67 (1:21.48)			
#39 Women 35-39 3000 Open Water Finals	NT	43:28.70	(21) SAOW
<b>Arbuthnot, Cheryl - Female - Age: 52 - Coelacanth-NT - DOB: 1958-10-19</b>			
#7 Women 50-54 100 Breast Finals	NT	2:19.39	(63)
1:02.39 2:19.39 (1:17.00)			
#21 Women 50-54 50 Breast Finals	NT	DQ	
#29 Women 50-54 200 Breast Finals	NT	NS	
<b>Arbuthnot, David - Male - Age: 57 - Coelacanth-NT - DOB: 1953-09-16</b>			
#10 Men 55-59 400 IM Finals	NT	6:40.85	(10)
1:29.04 3:14.99 (1:45.95) 5:14.49 (1:59.50) 6:40.85 (1:26.36)			
#16 Men 55-59 50 Free Finals	NT	30.52	(22)
#18 Men 55-59 200 IM Finals	NT	NS	
#34 Men 55-59 200 Fly Finals	NT	3:18.95	(10)
44.07 1:33.73 (49.66) 2:26.70 (52.97) 3:18.95 (52.25)			
#40 Men 55-59 3000 Open Water Finals	NT	49:06.90	(20)
<b>Bell, Shona - Female - Age: 46 - Phoenix-CG - DOB: 1964-05-06</b>			
#39 Women 45-49 3000 Open Water Finals	NT	57:56.70	(25)
<b>Cheadle, Halton - Male - Age: 61 - Cape Town-WP - DOB: 1949-07-30</b>			
#10 Men 60-64 400 IM Finals	NT	6:09.32	(1) SAQT
SAMS record: 6:21.71L			
1:21.33 3:00.93 (1:39.60) 4:46.52 (1:45.59) 6:09.32 (1:22.80)			
#14 Men 60-64 50 Fly Finals	NT	31.05	(4)
SAMS record: 32.57L			
#18 Men 60-64 200 IM Finals	NT	2:42.32	(1) SAQT
SAMS record: 2:46.41L			
33.82 1:18.72 (44.90) 2:06.38 (47.66) 2:42.32 (35.94)			
#20 Men 60-64 100 Fly Finals	NT	1:11.14	(2) SAQT
SAMS record: 1:16.67L			
33.59 1:11.14 (37.55)			
#34 Men 60-64 200 Fly Finals	NT	3:12.24	(3)
38.71 1:26.57 (47.86) 2:20.11 (53.54) 3:12.24 (52.13)			
<b>Coetzee, Di - Female - Age: 55 - Cape Town-WP - DOB: 1955-11-12</b>			
#1 Women 55-59 800 Free Finals	NT	10:48.54	(2) SAQT
SAMS record: 11:02.89L			
1:14.94 2:36.76 (1:21.82) 3:59.07 (1:22.31) 5:22.12 (1:23.05)			
6:44.42 (1:22.30) 8:07.26 (1:22.84) 9:29.84 (1:22.58) 10:48.54 (1:18.70)			
#3 Women 55-59 200 Back Finals	NT	2:56.16	(2) SAQT
SAMS record: 2:57.36L			
41.13 1:25.80 (44.67) 2:11.74 (45.94) 2:56.16 (44.42)			
#11 Women 55-59 200 Free Finals	NT	2:30.55	(1) SAQT
35.21 1:13.40 (38.19) 1:51.84 (38.44) 2:30.55 (38.71)			
#31 Women 55-59 100 Back Finals	NT	1:20.36	(1) SAQT
SAMS record: 1:20.98L			
40.47 1:20.36 (39.89)			

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	Seed	Results
<b>Coetzee, Di - Female - Age: 55 - Cape Town-WP - DOB: 1955-11-12</b>		
#37 Women 55-59 400 Free Finals	NT	5:15.29 (2) SAQT
SAMS record: 5:19.05L		
1:14.48 2:35.30 (1:20.82) 3:56.69 (1:21.39)	5:15.29 (1:18.60)	
<b>Davie, Clare - Female - Age: 54 - Phoenix-CG - DOB: 1956-09-20</b>		
#1 Women 50-54 800 Free Finals	NT	NS
#3 Women 50-54 200 Back Finals	NT	2:58.64 (8)
42.16 1:26.44 (44.28) 2:12.51 (46.07)	2:58.64 (46.13)	
#11 Women 50-54 200 Free Finals	NT	2:43.08 (13)
38.10 1:18.44 (40.34) 2:00.01 (41.57)	2:43.08 (43.07)	
#31 Women 50-54 100 Back Finals	NT	1:23.61 (9)
40.73 1:23.61 (42.88)		
#37 Women 50-54 400 Free Finals	NT	5:34.99 (8)
1:20.62 2:45.94 (1:25.32) 4:11.64 (1:25.70)	5:34.99 (1:23.35)	
#39 Women 50-54 3000 Open Water Finals	NT	45:00.00 (6) SAOW
<b>Degenaar, Jean - Female - Age: 50 - Cape Town-WP - DOB: 1960-03-29</b>		
#3 Women 50-54 200 Back Finals	NT	2:54.99 (5)
39.68 1:22.96 (43.28) 2:08.55 (45.59)	2:54.99 (46.44)	
#17 Women 50-54 200 IM Finals	NT	2:50.31 (3) SAQT
35.30 1:18.18 (42.88) 2:08.98 (50.80)	2:50.31 (41.33)	
#19 Women 50-54 100 Fly Finals	NT	1:19.03 (7)
35.57 1:19.03 (43.46)		
#31 Women 50-54 100 Back Finals	NT	1:19.42 (4) SAQT
38.88 1:19.42 (40.54)		
#35 Women 50-54 50 Back Finals	NT	37.18 (5)
<b>Dokter, Monique - Female - Age: 45 - Cape Dolphin-WP - DOB: 1965-04-15</b>		
#3 Women 45-49 200 Back Finals	NT	2:50.65 (5)
37.39 1:19.20 (41.81) 2:05.12 (45.92)	2:50.65 (45.53)	
#31 Women 45-49 100 Back Finals	NT	1:15.93 (3)
35.79 1:15.93 (40.14)		
#35 Women 45-49 50 Back Finals	NT	34.82 (2)
SAMS record: 34.89L		
<b>Folscher, Danie - Male - Age: 52 - Cape Town-WP - DOB: 1958-07-19</b>		
#8 Men 50-54 100 Breast Finals	NT	NS
#10 Men 50-54 400 IM Finals	NT	5:55.04 (17)
1:20.90 2:59.25 (1:38.35) 4:35.55 (1:36.30)	5:55.04 (1:19.49)	
#18 Men 50-54 200 IM Finals	NT	DQ
#22 Men 50-54 50 Breast Finals	NT	39.94 (56)
#30 Men 50-54 200 Breast Finals	NT	2:58.10 (14)
39.78 1:24.04 (44.26) 2:10.46 (46.42)	2:58.10 (47.64)	
<b>Forbes, Damon - Male - Age: 41 - Wahoo-CG - DOB: 1969-08-20</b>		
#40 Men 40-44 3000 Open Water Finals	NT	NS
<b>Garrun, Cliff - Male - Age: 54 - Phoenix-CG - DOB: 1956-04-07</b>		
#2 Men 50-54 800 Free Finals	NT	11:46.61 (31)
1:22.67 2:54.47 (1:31.80) 4:24.40 (1:29.93)	5:54.18 (1:29.78)	
7:23.89 (1:29.71) 8:52.62 (1:28.73) 10:21.46 (1:28.84)	11:46.61 (1:25.15)	
#6 Men 50-54 100 Free Finals	NT	1:05.42 (25)
31.15 1:05.42 (34.27)		
#12 Men 50-54 200 Free Finals	NT	2:31.71 (31)
35.66 1:14.02 (38.36) 1:53.93 (39.91)	2:31.71 (37.78)	
#14 Men 50-54 50 Fly Finals	NT	NS
<b>Grobler, Francois - Male - Age: 42 - Wahoo-CG - DOB: 1968-09-05</b>		
#6 Men 40-44 100 Free Finals	NT	1:06.18 (84)
32.01 1:06.18 (34.17)		
#12 Men 40-44 200 Free Finals	NT	2:31.66 (50)
35.68 1:15.26 (39.58) 1:54.31 (39.05)	2:31.66 (37.35)	
#16 Men 40-44 50 Free Finals	NT	29.68 (105)

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	Seed	Results
<b>Grobler, Francois - Male - Age: 42 - Wahoo-CG - DOB: 1968-09-05</b>		
#40 Men 40-44 3000 Open Water Finals	NT	46:56.20 (55)
<b>Hall, Gary - Male - Age: 38 - Phoenix-CG - DOB: 1972-09-25</b>		
#6 Men 35-39 100 Free Finals	NT	59.27 (20)
28.57 59.27 (30.70)		
#8 Men 35-39 100 Breast Finals	NT	1:14.66 (20)
35.13 1:14.66 (39.53)		
#16 Men 35-39 50 Free Finals	NT	27.15 (38)
#22 Men 35-39 50 Breast Finals	NT	33.11 (18)
<b>Hillstrom, Joe - Male - Age: 66 - Amakhosi-BO - DOB: 1944-12-21</b>		
#4 Men 65-69 200 Back Finals	NT	3:39.15 (17)
53.84 1:49.76 (55.92) 2:45.96 (56.20) 3:39.15 (53.19)		
#20 Men 65-69 100 Fly Finals	NT	1:42.50 (15)
48.48 1:42.50 (54.02)		
#32 Men 65-69 100 Back Finals	NT	1:40.47 (11)
49.57 1:40.47 (50.90)		
#34 Men 65-69 200 Fly Finals	NT	3:52.59 (10)
55.08 1:54.11 (59.03) 2:55.36 (1:01.25) 3:52.59 (57.23)		
#38 Men 65-69 400 Free Finals	NT	6:48.24 (20)
1:34.95 3:18.30 (1:43.35) 5:03.91 (1:45.61) 6:48.24 (1:44.33)		
#40 Men 65-69 3000 Open Water Finals	NT	57:10.20 (21)
<b>Holshausen, Rod - Male - Age: 52 - Cape Town-WP - DOB: 1958-05-07</b>		
#2 Men 50-54 800 Free Finals	NT	10:31.52 (11)
1:11.33 2:29.39 (1:18.06) 3:48.84 (1:19.45) 5:09.77 (1:20.93)		
6:30.69 (1:20.92) 7:51.79 (1:21.10) 9:12.92 (1:21.13) 10:31.52 (1:18.60)		
#12 Men 50-54 200 Free Finals	NT	2:25.18 (23)
32.92 1:08.96 (36.04) 1:47.13 (38.17) 2:25.18 (38.05)		
#20 Men 50-54 100 Fly Finals	NT	1:12.42 (18)
33.21 1:12.42 (39.21)		
#34 Men 50-54 200 Fly Finals	NT	2:45.77 (9)
34.76 1:14.21 (39.45) 1:56.20 (41.99) 2:45.77 (49.57)		
#38 Men 50-54 400 Free Finals	NT	5:04.71 (14)
1:10.51 2:28.27 (1:17.76) 3:47.19 (1:18.92) 5:04.71 (1:17.52)		
<b>Kennedy, Karen - Female - Age: 44 - Phoenix-CG - DOB: 1966-05-24</b>		
#1 Women 40-44 800 Free Finals	NT	11:13.97 (17)
1:17.49 2:41.33 (1:23.84) 4:08.23 (1:26.90) 5:34.56 (1:26.33)		
7:01.20 (1:26.64) 8:27.86 (1:26.66) 9:52.94 (1:25.08) 11:13.97 (1:21.03)		
#5 Women 40-44 100 Free Finals	NT	1:09.17 (23)
31.88 1:09.17 (37.29)		
#11 Women 40-44 200 Free Finals	NT	2:33.85 (21)
35.09 1:14.01 (38.92) 1:54.85 (40.84) 2:33.85 (39.00)		
#15 Women 40-44 50 Free Finals	NT	31.82 (37)
#37 Women 40-44 400 Free Finals	NT	5:31.74 (24)
1:15.79 2:39.13 (1:23.34) 4:06.68 (1:27.55) 5:31.74 (1:25.06)		
#39 Women 40-44 3000 Open Water Finals	NT	46:50.30 (24)
<b>Kloos, Kascha - Female - Age: 85 - Cape Town-WP - DOB: 1925-04-10</b>		
#1 Women 85-89 800 Free Finals	NT	24:34.07 (1)
2:47.65 5:59.42 (3:11.77) 9:10.38 (3:10.96) 12:17.30 (3:06.92)		
15:23.46 (3:06.16) 18:30.16 (3:06.70) 21:35.81 (3:05.65) 24:34.07 (2:58.26)		
#3 Women 85-89 200 Back Finals	NT	6:41.00 (4)
1:37.99 3:20.07 (1:42.08) 5:03.51 (1:43.44) 6:41.00 (1:37.49)		
#15 Women 85-89 50 Free Finals	NT	1:11.88 (3)
#21 Women 85-89 50 Breast Finals	NT	1:30.79 (3)
SAMS record: 1:37.45L		
#35 Women 85-89 50 Back Finals	NT	1:26.43 (4)
<b>Kloos, Rainer - Male - Age: 55 - Cape Town-WP - DOB: 1955-06-29</b>		
#6 Men 55-59 100 Free Finals	NT	1:11.57 (32)
34.04 1:11.57 (37.53)		

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	Seed	Results		
<b>Kloos, Rainer - Male - Age: 55 - Cape Town-WP - DOB: 1955-06-29</b>				
#12 Men 55-59 200 Free Finals	NT	2:54.66	(43)	
38.75 1:22.61 (43.86) 2:09.88 (47.27)	2:54.66 (44.78)			
#14 Men 55-59 50 Fly Finals	NT	35.47	(27)	
#16 Men 55-59 50 Free Finals	NT	32.07	(38)	
#36 Men 55-59 50 Back Finals	NT	DNF		
<b>Kruger, Sanderina - Female - Age: 61 - Cape Town-WP - DOB: 1949-10-16</b>				
#5 Women 60-64 100 Free Finals	NT	1:07.39	(2)	SAQT
33.11 1:07.39 (34.28)				
#11 Women 60-64 200 Free Finals	NT	2:29.54	(1)	SAQT
WORLD record: 2:31.50L SAMS record: 2:33.36L				
33.55 1:10.60 (37.05) 1:50.25 (39.65)	2:29.54 (39.29)			
#13 Women 60-64 50 Fly Finals	NT	35.01	(3)	SAQT
SAMS record: 35.41L				
#15 Women 60-64 50 Free Finals	NT	30.74	(2)	SAQT
#31 Women 60-64 100 Back Finals	NT	1:23.96	(1)	SAQT
SAMS record: 1:28.05L				
41.01 1:23.96 (42.95)				
<b>Larcombe, Peter - Male - Age: 63 - East Coast-KZ - DOB: 1947-09-28</b>				
#2 Men 60-64 800 Free Finals	NT	12:13.75	(14)	
1:25.07 2:55.59 (1:30.52) 4:27.18 (1:31.59) 5:59.58 (1:32.40)				
7:32.82 (1:33.24) 9:07.45 (1:34.63) 10:42.19 (1:34.74) 12:13.75 (1:31.56)				
#12 Men 60-64 200 Free Finals	NT	NS		
#20 Men 60-64 100 Fly Finals	NT	1:36.95	(11)	
43.89 1:36.95 (53.06)				
#34 Men 60-64 200 Fly Finals	NT	NS		
#38 Men 60-64 400 Free Finals	NT	6:02.00	(12)	
1:24.83 2:56.72 (1:31.89) 4:29.99 (1:33.27) 6:02.00 (1:32.01)				
#40 Men 60-64 3000 Open Water Finals	NT	49:29.20	(13)	
<b>Lavett, Barbara - Female - Age: 42 - Highway-KZ</b>				
#1 Women 40-44 800 Free Finals	NT	10:42.71	(10)	
1:12.95 2:32.93 (1:19.98) 3:54.01 (1:21.08) 5:16.10 (1:22.09)				
6:38.08 (1:21.98) 8:00.13 (1:22.05) 9:22.19 (1:22.06) 10:42.71 (1:20.52)				
#37 Women 40-44 400 Free Finals	NT	5:13.81	(12)	
1:12.64 2:31.97 (1:19.33) 3:52.94 (1:20.97) 5:13.81 (1:20.87)				
#39 Women 40-44 3000 Open Water Finals	NT	40:34.30	(8)	SAOW
<b>Lavett, Peter - Male - Age: 42 - Unattached</b>				
#40 Men 40-44 3000 Open Water Finals	NT	NS		
<b>Lawrenson, Kieren - Male - Age: 36 - East Coast-KZ - DOB: 1974-09-27</b>				
#8 Men 35-39 100 Breast Finals	NT	1:11.60	(12)	
32.73 1:11.60 (38.87)				
#14 Men 35-39 50 Fly Finals	NT	27.37	(7)	
#16 Men 35-39 50 Free Finals	NT	26.05	(18)	
#22 Men 35-39 50 Breast Finals	NT	31.72	(9)	
SAMS record: 31.78L				
#30 Men 35-39 200 Breast Finals	NT	2:41.44	(5)	
35.76 1:16.36 (40.60) 1:58.99 (42.63) 2:41.44 (42.45)				
#40 Men 35-39 3000 Open Water Finals	NT	43:42.70	(26)	
<b>Ludick, Werner - Male - Age: 47 - Cape Town-WP - DOB: 1963-12-21</b>				
#6 Men 45-49 100 Free Finals	NT	1:06.03	(57)	
29.91 1:06.03 (36.12)				
#16 Men 45-49 50 Free Finals	NT	29.19	(56)	
#32 Men 45-49 100 Back Finals	NT	1:19.08	(36)	
36.64 1:19.08 (42.44)				
#36 Men 45-49 50 Back Finals	NT	35.06	(33)	
<b>Mills, Colleen - Female - Age: 39 - Unattached</b>				
#39 Women 35-39 3000 Open Water Finals	NT	1:00:49.60	(46)	

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	Seed	Results		
<b>Morris-Eyton, Heather - Female - Age: 43 - Phoenix-CG - DOB: 1967-07-06</b>				
#7 Women 40-44 100 Breast Finals	NT	1:15.83	(1)	SAQT
SAMS record: 1:16.33L				
36.22	1:15.83 (39.61)			
#21 Women 40-44 50 Breast Finals	NT	DQ		
#29 Women 40-44 200 Breast Finals	NT	2:40.76	(1)	SAQT
SAMS record: 2:43.16L				
36.50	1:17.16 (40.66)	1:58.92 (41.76)	2:40.76 (41.84)	
#37 Women 40-44 400 Free Finals	NT	5:06.85	(9)	
1:10.81	2:26.28 (1:15.47)	3:46.03 (1:19.75)	5:06.85 (1:20.82)	
#39 Women 40-44 3000 Open Water Finals	NT	41:11.50	(10)	SAOW
<b>Philipps, Bronwyn - Female - Age: 41 - Coelacanth-NT - DOB: 1969-01-01</b>				
#11 Women 40-44 200 Free Finals	NT	NS		
#37 Women 40-44 400 Free Finals	NT	NS		
#39 Women 40-44 3000 Open Water Finals	NT	NS		
<b>Picard, Amanda - Female - Age: 42 - Cape Town-WP - DOB: 1968-09-22</b>				
#1 Women 40-44 800 Free Finals	NT	9:55.35	(2)	SAQT
SAMS record: 10:17.59L				
1:07.80	2:21.78 (1:13.98)	3:36.50 (1:14.72)	4:51.75 (1:15.25)	
6:07.05 (1:15.30)	7:23.04 (1:15.99)	8:39.47 (1:16.43)	9:55.35 (1:15.88)	
#11 Women 40-44 200 Free Finals	NT	2:18.16	(2)	
31.75	1:06.56 (34.81)	1:42.39 (35.83)	2:18.16 (35.77)	
#37 Women 40-44 400 Free Finals	NT	4:47.44	(1)	SAQT
SAMS record: 4:56.41L				
1:07.60	2:20.78 (1:13.18)	3:34.75 (1:13.97)	4:47.44 (1:12.69)	
#39 Women 40-44 3000 Open Water Finals	NT	37:56.00	(1)	SAOW
<b>Rix, Tricia - Female - Age: 67 - Cape Town-WP - DOB: 1943-02-07</b>				
#3 Women 65-69 200 Back Finals	NT	4:21.37	(15)	
1:03.61	2:11.29 (1:07.68)	3:19.29 (1:08.00)	4:21.37 (1:02.08)	
#7 Women 65-69 100 Breast Finals	NT	2:05.17	(27)	
1:00.30	2:05.17 (1:04.87)			
#17 Women 65-69 200 IM Finals	NT	4:37.53	(14)	
1:20.45	2:30.05 (1:09.60)	3:40.42 (1:10.37)	4:37.53 (57.11)	
#21 Women 65-69 50 Breast Finals	NT	56.40	(24)	
#29 Women 65-69 200 Breast Finals	NT	4:26.29	(18)	
1:02.45	2:11.50 (1:09.05)	3:20.60 (1:09.10)	4:26.29 (1:05.69)	
<b>Sharkey, Therese - Female - Age: 55 - Winelands-WP - DOB: 1955-03-06</b>				
#3 Women 55-59 200 Back Finals	NT	3:08.35	(3)	
45.76	1:33.53 (47.77)	2:22.48 (48.95)	3:08.35 (45.87)	
#9 Women 55-59 400 IM Finals	NT	6:57.62	(6)	
1:51.94	3:30.52 (1:38.58)	5:30.94 (2:00.42)	6:57.62 (1:26.68)	
#31 Women 55-59 100 Back Finals	NT	1:25.87	(4)	
41.87	1:25.87 (44.00)			
#35 Women 55-59 50 Back Finals	NT	40.49	(3)	
#37 Women 55-59 400 Free Finals	NT	5:57.30	(7)	
1:26.12	2:57.71 (1:31.59)	4:29.31 (1:31.60)	5:57.30 (1:27.99)	
<b>Shed, Tim - Male - Age: 58 - Cape Town-WP - DOB: 1952-11-10</b>				
#8 Men 55-59 100 Breast Finals	NT	1:14.98	(2)	SAQT
35.16	1:14.98 (39.82)			
#18 Men 55-59 200 IM Finals	NT	2:28.88	(1)	SAQT
31.89	1:11.14 (39.25)	1:53.32 (42.18)	2:28.88 (35.56)	
#22 Men 55-59 50 Breast Finals	NT	33.19	(2)	SAQT
#30 Men 55-59 200 Breast Finals	NT	2:49.02	(1)	SAQT
38.69	1:21.46 (42.77)	2:05.62 (44.16)	2:49.02 (43.40)	
#32 Men 55-59 100 Back Finals	NT	1:10.73	(1)	SAQT
34.51	1:10.73 (36.22)			
<b>Stanford, Cecilia - Female - Age: 49 - Cape Town-WP - DOB: 1961-06-10</b>				

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## Meet Summary

	Seed	Results		
<b>Stanford, Cecilia - Female - Age: 49 - Cape Town-WP - DOB: 1961-06-10</b>				
#5 Women 45-49 100 Free Finals	NT	1:03.84	(2)	SAQT
31.58 1:03.84 (32.26)				
#7 Women 45-49 100 Breast Finals	NT	1:24.83	(8)	
SAMS record: 1:25.01L				
40.73 1:24.83 (44.10)				
#13 Women 45-49 50 Fly Finals	NT	31.67	(4)	
SAMS record: 32.01L				
#17 Women 45-49 200 IM Finals	NT	2:36.41	(2)	SAQT
32.48 1:11.88 (39.40) 1:59.31 (47.43)		2:36.41 (37.10)		
#19 Women 45-49 100 Fly Finals	NT	1:10.17	(2)	SAQT
33.02 1:10.17 (37.15)				
<b>Strauss, Marcelle - Female - Age: 46 - Cape Town-WP - DOB: 1964-08-24</b>				
#5 Women 45-49 100 Free Finals	NT	1:06.12	(5)	
31.07 1:06.12 (35.05)				
#7 Women 45-49 100 Breast Finals	NT	1:31.10	(19)	
42.80 1:31.10 (48.30)				
#11 Women 45-49 200 Free Finals	NT	2:25.95	(4)	
32.72 1:08.88 (36.16) 1:47.54 (38.66)		2:25.95 (38.41)		
#15 Women 45-49 50 Free Finals	NT	29.99	(6)	
#29 Women 45-49 200 Breast Finals	NT	3:14.36	(9)	
43.90 1:33.41 (49.51) 2:23.91 (50.50)		3:14.36 (50.45)		
<b>Sundelowitz, Selwyn - Male - Age: 60 - Coelacanth-NT - DOB: 1950-06-19</b>				
#2 Men 60-64 800 Free Finals	NT	11:41.32	(9)	
1:23.21 2:50.56 (1:27.35) 4:19.49 (1:28.93) 5:49.29 (1:29.80)				
7:18.57 (1:29.28) 8:48.10 (1:29.53) 10:17.71 (1:29.61) 11:41.32 (1:23.61)				
#4 Men 60-64 200 Back Finals	NT	3:14.15	(11)	
47.48 1:35.49 (48.01) 2:24.71 (49.22) 3:14.15 (49.44)				
#10 Men 60-64 400 IM Finals	NT	7:02.72	(13)	
1:49.53 3:37.46 (1:47.93) 5:33.83 (1:56.37) 7:02.72 (1:28.89)				
#38 Men 60-64 400 Free Finals	NT	5:44.20	(9)	
1:22.28 2:50.15 (1:27.87) 4:19.01 (1:28.86) 5:44.20 (1:25.19)				
#40 Men 60-64 3000 Open Water Finals	NT	46:51.30	(11)	SAOW
<b>Tozer, Tyrone - Male - Age: 60 - Cape Town-WP - DOB: 1950-06-18</b>				
#6 Men 60-64 100 Free Finals	NT	1:03.55	(4)	
29.93 1:03.55 (33.62)				
#12 Men 60-64 200 Free Finals	NT	2:22.09	(3)	SAQT
33.42 1:10.31 (36.89) 1:47.55 (37.24) 2:22.09 (34.54)				
#16 Men 60-64 50 Free Finals	NT	29.01	(6)	
#18 Men 60-64 200 IM Finals	NT	2:43.50	(2)	SAQT
SAMS record: 2:46.41L				
34.67 1:18.47 (43.80) 2:07.34 (48.87) 2:43.50 (36.16)				
#38 Men 60-64 400 Free Finals	NT	5:09.68	(2)	
SAMS record: 5:13.40L				
1:10.42 2:29.40 (1:18.98) 3:50.93 (1:21.53) 5:09.68 (1:18.75)				
<b>van Heerden, Carel - Male - Age: 60 - Wahoo-CG - DOB: 1950-06-26</b>				
#8 Men 60-64 100 Breast Finals	NT	1:39.36	(29)	
43.92 1:39.36 (55.44)				
#16 Men 60-64 50 Free Finals	NT	35.51	(46)	
#22 Men 60-64 50 Breast Finals	NT	42.28	(31)	
#30 Men 60-64 200 Breast Finals	NT	3:40.35	(22)	
50.45 1:46.50 (56.05) 2:44.31 (57.81) 3:40.35 (56.04)				
#40 Men 60-64 3000 Open Water Finals	NT	NS		
<b>vd Merwe, Johan - Male - Age: 45 - Cape Town-WP - DOB: 1965-02-26</b>				
#6 Men 45-49 100 Free Finals	NT	57.21	(6)	
27.27 57.21 (29.94)				

## FINA 13th LC Champs @ Goteborg Sweden - 2010-07-31 to 2010-08-07

## Valhalla &amp; Lunby 50m pools at Goteborg Sweden

## Meet Summary

	Seed		Results	
<b>vd Merwe, Johan - Male - Age: 45 - Cape Town-WP - DOB: 1965-02-26</b>				
#8 Men 45-49 100 Breast Finals	NT		1:12.25	(4)
SAMS record: 1:12.38L				
33.50	1:12.25 (38.75)			
#12 Men 45-49 200 Free Finals	NT		2:06.80	(5)
29.16	1:01.37 (32.21)	1:33.52 (32.15)	2:06.80 (33.28)	
#22 Men 45-49 50 Breast Finals	NT		32.45	(7)
SAMS record: 32.47L				
#30 Men 45-49 200 Breast Finals	NT		2:39.20	(2) SAQT
SAMS record: 2:42.36L				
36.55	1:17.44 (40.89)	1:58.36 (40.92)	2:39.20 (40.84)	

Total Athletes: 40